

# Your plan travels anywhere. Take advantage of it.

UC Medicare Choice gives  
you benefits when you travel  
outside the United States.



# There's so much to take advantage of with your plan.

As a UC Medicare Choice member, your plan covers care when you're traveling outside the United States. UnitedHealthcare will reimburse you for any services or prescriptions you may need while traveling minus any copays that may apply.

## Here are some of the covered services:<sup>1</sup>

In general, these benefits are not covered by Medicare if performed outside of the United States, but they are covered by your UC Medicare Choice plan.



**Doctor office visits**



**Hospital care**



**Specialist office visits**



**Emergency room services**



## Your UC Medicare Choice plan benefits outside the United States:

| Medical Benefits   |  |
|--|--|
| <b>Deductible</b>  | \$0  |
| Maximum Out-of-Pocket Amount (does not include prescription drugs) | \$1,500  |
| <b>Copay</b>   |  |
| Doctor Office Visit  | \$30 copay*  |
| Specialist Office Visit  | \$30 copay*  |
| Urgently Needed Services   | \$30 copay (worldwide)<br>If you are admitted to the hospital within 24 hours, you pay the inpatient hospital copay instead of the Urgently Needed Services copay. |
| Emergency Room   | \$65 copay (worldwide)<br>If you are admitted to the hospital within 24 hours, you pay the inpatient hospital copay instead of the Emergency copay.                |
| Inpatient Hospitalization  | \$250 copay per stay*  |
| Prescription Benefits **   |  |
| <b>1–30 Day Supply</b>   | \$25 copay   |
| <b>30+ Day Supply</b>  | \$50 copay   |

Remember: You will be required to pay out of pocket for services. After submitting a claim you will be reimbursed for the services minus the copay.

\* May not apply towards out-of-pocket maximum amount.

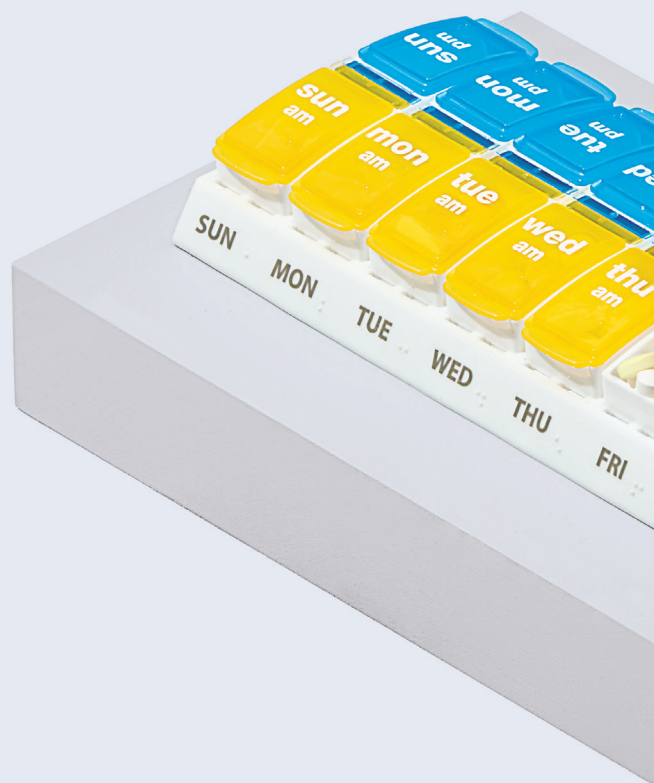
\*\* Only for drugs approved by the Food & Drug Administration (FDA)

# Things to do before you leave the United States.

- ✓ Refill prescriptions and pick up any over-the-counter medications you may need.
- ✓ You are able to refill prescriptions for up to a six-month supply once every plan year, as long as you are eligible for coverage for the entire six months.
- ✓ Pack enough medication for the trip, plus a few more in case you get delayed.
- ✓ Let your doctor know where you're going and ask if you need any immunizations.
- ✓ Bring a list of your medications and dosages just in case you need to visit a doctor while traveling.
- ✓ If you are flying, make sure to keep your medications in your carry on bag for safe keeping.



If you travel or live outside the United States for more than six months, you'll need to call the UC Retirement Administration Service Center (RASC) toll-free at **1-800-888-8267** (in the United States) or **1-510-987-0200** (from outside the United States) from 8:30 a.m. – 4:30 p.m. PT, Monday – Friday. Or, you can visit [ucnet.universityofcalifornia.edu](https://ucnet.universityofcalifornia.edu).





## In case of an emergency.

You may be wondering if emergency care and urgently needed services would be covered when you are traveling outside the United States. The answer is yes!

Go straight to an Emergency Room for anything life threatening or disabling, such as:

- chest pain
- loss of consciousness
- broken bones

Urgent Care is great for things like:

- minor allergic reaction
- mild asthma
- X-rays
- stitches



# How to make sure you get reimbursed.

## Information needed for submitting your medical claim form:

- ✓ **Member information**
- ✓ **Diagnosis**
- ✓ **Description of service(s)**, doctor or hospital name and address and the country where you received services
- ✓ **Itemized bill** (date, description, charge for each service)
- ✓ **Billed amounts** in foreign currency or U.S. dollars
- ✓ **Proof of payment**, like a credit card receipt
- ✓ **Medical reports**, including ambulance trip report, emergency room report, admitting history, surgical procedure, etc.

## Information needed for submitting your prescription drug claim form:

- ✓ **Member information**
- ✓ **Drug name**
- ✓ **Strength**
- ✓ **Dosage form**
- ✓ **Quantity dispensed**
- ✓ **Day supply**
- ✓ **Individual cost of each drug**
- ✓ **Proof of payment**
- ✓ **Provider name**

## Important Reminders



You will first need to pay for the cost of the services in full. Be sure to ask for a written, detailed bill showing the specific services provided to you, along with proof of payment. When you return home, send a copy of the itemized bill, receipt and reimbursement form(s) to UnitedHealthcare at the address on the back of your member ID card.

You should be prepared to assist us in obtaining all of the information necessary to properly process your request for reimbursement, including medical records if needed.



Keep photocopies of all documents for your personal records. And store your travel documents in a safe place, in case proof of travel is required.



The reimbursement process may take up to 45 business days from the date all required documents are received by UnitedHealthcare. Reimbursements must be submitted within one year from the date of service. Reimbursement requests received after one year may not be able to be processed.

**Request a  
claim form.**

**Call us:** 1-866-887-9533 TTY 711,  
8 a.m. – 8 p.m. PT, Monday – Friday

**Online:** [retiree.uhc.com/uc](https://retiree.uhc.com/uc)

**Have questions?  
We're here to help.**

**To contact UnitedHealthcare:**

Call toll-free **1-800-887-9533** TTY **711**,  
8 a.m. – 8 p.m. PT, Monday – Friday. Or visit online at  
[www.retiree.uhc.com/uc](http://www.retiree.uhc.com/uc).

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Call toll-free in the United States **1-800-888-8267**  
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<sup>1</sup> See your Evidence of Coverage (EOC) for a detailed description of benefits and limitations.

Plans are insured through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract and a Medicare-approved Part D sponsor. Enrollment in these plans depends on the plan's contract renewal with Medicare.

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