

# Annual notice of changes 2022

Medicare Advantage plan  
with prescription drugs

## UnitedHealthcare® Group Medicare Advantage (PPO)

Group Name (Plan Sponsor): UC Medicare Choice

Group Number: 15896



Toll-free **1-866-887-9533**, TTY **711**

8 a.m. - 8 p.m. PT, Monday - Friday



**[www.UHCRetiree.com/uc](http://www.UHCRetiree.com/uc)**

Use your UnitedHealthcare member ID card to register your account online. Once registered, you can access plan details and search for providers, pharmacies and prescription drugs covered in the plan.

### **Do we have the right address for you?**

If not, please let us know so we can keep you informed about your plan.



## Find updates to your plan for next year

This notice provides information about updates to your plan, but it doesn't include all of the details. Throughout this notice you will be directed to [www.UHCRetiree.com/uc](http://www.UHCRetiree.com/uc) to review the details online, which are available anytime.

### Provider Directory

Review the 2022 Provider Directory online to make sure your providers (primary care provider, specialists, hospitals, etc.) will be in the network next year.

### Pharmacy Directory

Review the 2022 Pharmacy Directory online to see which pharmacies are in our network next year.

### Drug List (Formulary)

You can look up which drugs will be covered by your plan next year and review any new restrictions on our website.

### Evidence of Coverage (EOC)

Review your 2022 EOC for details about plan costs and benefits. The EOC is the legal, detailed description of your plan benefits. It explains your rights and the rules you need to follow to get covered services and prescription drugs. It also has information about the quality program, how medical coverage decisions are made and your Rights and Responsibilities as a member. You can also find information about your prescription drug coverage in the **Certificate of Coverage**.

### Would you rather get paper copies?

If you want a paper copy of what is listed above, please contact our Customer Service at 1-866-887-9533 (TTY users should call 711). Hours are 8 a.m. - 8 p.m. PT, Monday - Friday.

### Would you rather get less paper?

Simplify your life with online delivery of plan materials. You can securely access your plan documents online anytime, anywhere. Register at [www.UHCRetiree.com/uc](http://www.UHCRetiree.com/uc) to sign up for online delivery today.

# Annual notice of changes for the 2022 plan year



**You are currently enrolled as a member of UnitedHealthcare® Group Medicare Advantage (PPO).**

Next plan year, there will be some changes to the plan's costs and benefits. **This booklet tells about the changes.**

Members enrolled in our plan through a former employer, union group or trust administrator (plan sponsor) can make plan changes at times designated by your plan sponsor.

## What to do now

### 1. Ask: Which changes apply to you

- Check the changes to our benefits and costs to see if they affect you.
  - It's important to review your coverage now to make sure it will meet your needs next plan year.
  - Do the changes affect the services you use?
  - Look in Section 1 for information about benefit and cost changes for our plan.
  
- Check the changes in the booklet to our prescription drug coverage to see if they affect you.
  - Will your drugs be covered?
  - Are your drugs in a different tier, with different cost sharing?
  - Do any of your drugs have new restrictions, such as needing approval from us before you fill your prescription?
  - Can you keep using the same pharmacies? Are there changes to the cost of using this pharmacy?
  - Review the 2022 Drug List and look in Section 1.6 for information about changes to our drug coverage.
  - Your drug costs may have risen since last year. Talk to your doctor about lower cost alternatives that may be available for you; this may save you in annual out-of-pocket costs throughout the year. To get additional information on drug prices visit [go.medicare.gov/drugprices](https://www.go.medicare.gov/drugprices), and click the "dashboards" link in the middle of the second Note toward the

bottom of the page. These dashboards highlight which manufacturers have been increasing their prices and also show other year-to-year drug price information. Keep in mind that your plan benefits will determine exactly how much your own drug costs may change.

- Check to see if your doctors and other providers will be in our network next plan year.
  - Are your doctors, including specialists you see regularly, in our network?
  - What about the hospitals or other providers you use?
  - Look in Section 1.3 for information about our Provider Directory.
  - Because you are a member of the UnitedHealthcare® Group Medicare Advantage (PPO) plan, you can see any provider (network or out-of-network) at the same cost share, as long as they accept the plan and have not opted out of or been excluded or precluded from the Medicare Program.
- Think about your overall health care costs.
  - How much will you spend out-of-pocket for the services and prescription drugs you use regularly?
  - How much will you spend on your premium and deductibles (if applicable)?
- Think about whether you are happy with our plan.

## 2. Choose: Decide whether you want to change your plan

- If you want to **keep** UnitedHealthcare® Group Medicare Advantage (PPO), you don't need to do anything. You will stay in UnitedHealthcare® Group Medicare Advantage (PPO).
- Members enrolled in our plan through a plan sponsor can make plan changes at times designated by your plan sponsor.
- You should consult with your plan sponsor regarding the availability of other “employer-sponsored” coverage before you enroll in a plan not offered by your plan sponsor, or before ending your membership in our plan outside of your plan sponsor’s open enrollment period. It is important to understand your plan sponsor’s eligibility policies, and the possible impact to your retiree health care coverage options and other retirement benefits before submitting a request to enroll in a plan not offered by your plan sponsor, or a request to end your membership in our plan.

## Additional Resources

- UnitedHealthcare does not discriminate on the basis of race, color, national origin, sex, age, or disability in health programs and activities.
- UnitedHealthcare provides free services to help you communicate with us such as letters in other languages, Braille, large print, audio, or you can ask for an interpreter. Please contact our Customer Service number at 1-866-887-9533 for additional information (TTY users should call 711). Hours are 8 a.m. - 8 p.m. PT, Monday - Friday.

- UnitedHealthcare ofrece servicios gratuitos para ayudarle a que se comunique con nosotros. Por ejemplo, cartas en otros idiomas, braille, letra grande, audio o bien, usted puede pedir un intérprete. Comuníquese con nuestro número de Servicio al Cliente al 1-866-887-9533, para obtener información adicional (los usuarios de TTY deben comunicarse al 711). Los horarios de atención son de 8 a.m. a 8 p.m., hora del Pacífico, de lunes a viernes.
- **Coverage under this Plan qualifies as Qualifying Health Coverage (QHC)** and satisfies the Patient Protection and Affordable Care Act's (ACA) individual shared responsibility requirement. Please visit the Internal Revenue Service (IRS) website at [www.irs.gov/Affordable-Care-Act/Individuals-and-Families](http://www.irs.gov/Affordable-Care-Act/Individuals-and-Families) for more information.

### **About UnitedHealthcare® Group Medicare Advantage (PPO)**

- Plans are insured through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract. Enrollment in the plan depends on the plan's contract renewal with Medicare.
- When this booklet says "we," "us," or "our," it means UnitedHealthcare Insurance Company or one of its affiliates. When it says "plan" or "our plan," it means UnitedHealthcare® Group Medicare Advantage (PPO).

## Summary of important costs for 2022

The table below compares the 2021 costs and 2022 costs for UnitedHealthcare® Group Medicare Advantage (PPO) in several important areas. **Please note this is only a summary of changes.** A copy of the Evidence of Coverage is located on our website at [www.UHCRetiree.com/uc](http://www.UHCRetiree.com/uc). You may also call Customer Service to ask us to mail you an Evidence of Coverage.

Cost	2021 (this plan year)	2022 (next plan year)
<b>Maximum out-of-pocket amounts</b> This is the <u>most</u> you will pay out-of-pocket for your covered Part A and Part B services. (See Section 1.2 for details.)	From in-network and out-of-network providers combined: \$1,500	From in-network and out-of-network providers combined: \$1,500
<b>Doctor office visits</b>	Primary care visits: You pay a \$20 copayment per visit (in-network).  You pay a \$20 copayment per visit (out-of-network).  Specialist visits: You pay a \$20 copayment per visit (in-network).  You pay a \$20 copayment per visit (out-of-network).	Primary care visits: You pay a \$20 copayment per visit (in-network).  You pay a \$20 copayment per visit (out-of-network).  Specialist visits: You pay a \$20 copayment per visit (in-network).  You pay a \$20 copayment per visit (out-of-network).
<b>Inpatient hospital stays</b> Includes inpatient acute, inpatient rehabilitation, long-term care hospitals, and other types of inpatient hospital services. Inpatient hospital care starts the day you are formally admitted to the hospital with a doctor's order. The day before you are discharged is your last inpatient day.	You pay a \$250 copayment for each Medicare-covered hospital stay for unlimited days (in-network).  You pay a \$250 copayment for each Medicare-covered hospital stay for unlimited days (out-of-network).	You pay a \$250 copayment for each Medicare-covered hospital stay for unlimited days (in-network).  You pay a \$250 copayment for each Medicare-covered hospital stay for unlimited days (out-of-network).



**Questions?** Call our Customer Service Department at **1-866-887-9533**, TTY **711**, 8 a.m. - 8 p.m. PT, Monday - Friday

Cost	2021 (this plan year)	2022 (next plan year)
<p><b>Part D prescription drug coverage</b> (See Section 1.6 for details.)</p>	<p>Deductible: Because we have no deductible, this payment stage does not apply to you.</p> <p>Copays/Coinsurance for a one-month (30-day) supply during the Initial Coverage Stage:</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Drug Tier 1: Standard retail cost-sharing (in-network) \$5 copayment</li> <li><input type="checkbox"/> Drug Tier 2: Standard retail cost-sharing (in-network) \$25 copayment</li> <li><input type="checkbox"/> Drug Tier 3: Standard retail cost-sharing (in-network) \$40 copayment</li> <li><input type="checkbox"/> Drug Tier 4: Standard retail cost-sharing (in-network) \$25 copayment</li> </ul>	<p>Deductible: Because we have no deductible, this payment stage does not apply to you.</p> <p>Copays/Coinsurance for a one-month (30-day) supply during the Initial Coverage Stage:</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Drug Tier 1: Standard retail cost-sharing (in-network) \$5 copayment</li> <li><input type="checkbox"/> Drug Tier 2: Standard retail cost-sharing (in-network) \$25 copayment</li> <li><input type="checkbox"/> Drug Tier 3: Standard retail cost-sharing (in-network) \$40 copayment</li> <li><input type="checkbox"/> Drug Tier 4: Standard retail cost-sharing (in-network) \$25 copayment</li> </ul>



**Questions?** Call our Customer Service Department at **1-866-887-9533**, TTY **711**, 8 a.m. - 8 p.m. PT, Monday - Friday

# Annual notice of changes for 2022

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## Section 1 Changes to Benefits and Costs for Next Plan Year

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### Section 1.1 Changes to the Monthly Premium

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Your plan sponsor will notify you of any changes to your plan premium amount, if applicable.

### Section 1.2 Changes to Your Maximum Out-of-Pocket Amounts

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To protect you, Medicare requires all health plans to limit how much you pay “out-of-pocket” during the year. These limits are called the “maximum out-of-pocket amounts.” Once you reach this amount, you generally pay nothing for covered Part A and Part B services for the rest of the plan year.

Cost	2021 (this plan year)	2022 (next plan year)
<p><b>Combined maximum out-of-pocket amount</b></p> <p>Your costs for covered medical services (such as copays) from in-network and out-of-network providers count toward your combined maximum out-of-pocket amount. Your plan premium and costs for prescription drugs do not count toward your maximum out-of-pocket amount for medical services.</p>	<p>\$1,500</p> <p>Once you have paid \$1,500 out-of-pocket for covered services, you will pay nothing for your covered services from in-network or out-of-network providers for the rest of the plan year.</p>	<p>\$1,500</p> <p>Once you have paid \$1,500 out-of-pocket for covered services, you will pay nothing for your covered services from in-network or out-of-network providers for the rest of the plan year.</p>

### Section 1.3 Changes to the Provider Network

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There are changes to our network of providers for the next plan year. An updated Provider Directory is located on our website at [www.UHCRetiree.com/uc](http://www.UHCRetiree.com/uc). You may also call Customer Service for updated provider information or to ask us to mail you a Provider Directory. Please review the 2022 Provider Directory to see if your providers (primary care provider, specialists, hospitals, etc.) are in our network. Because you are a member of the UnitedHealthcare Group Medicare Advantage (PPO) plan, **you can see any provider (network or out-of-network) at the same cost share, as long as they accept the plan and have not opted out of or been excluded or precluded from the Medicare Program.**

It is important that you know that we may make changes to our network of hospitals, doctors, and specialists (providers) that are part of your plan during the plan year. There are a number of



Cost	2021 (this plan year)	2022 (next plan year)
<p><b>Plan Year Benefits</b></p>	<p>The plan's coverage begins January 1, 2021.</p>	<p>The plan's coverage begins January 1, 2022.</p> <p>Please see your Evidence of Coverage for information on Benefits and Costs for Medical Services.</p>
<p><b>Diabetes Self-Management Training, Diabetic Services and Supplies - Diabetes Monitoring Supplies</b></p>	<p>You pay a \$0 copayment (in-network).</p> <p>We only cover Accu-Chek® and OneTouch® brands.</p> <p>Covered glucose monitors include: OneTouch Verio Flex®, OneTouch Verio Reflect®, Accu-Chek® Guide Me, and Accu-Chek® Guide.</p> <p>Test strips: OneTouch Verio®, OneTouch Ultra®, Accu-Chek® Guide, Accu-Chek® Aviva Plus, and Accu-Chek® SmartView.</p> <p>Other brands are not covered by your plan. If you use a brand of supplies that is not covered by your plan, you should speak with your doctor to get a new prescription for a covered brand.</p>	<p>You pay a \$0 copayment (in-network).</p> <p>We only cover Accu-Chek® and OneTouch® brands.</p> <p>Covered glucose monitors include: OneTouch Verio Flex®, OneTouch Verio Reflect®, OneTouch® Verio, OneTouch® Ultra 2, Accu-Chek® Guide Me, and Accu-Chek® Guide.</p> <p>Test strips: OneTouch Verio®, OneTouch Ultra®, Accu-Chek® Guide, Accu-Chek® Aviva Plus, and Accu-Chek® SmartView.</p> <p>Other brands are not covered by your plan. If you use a brand of supplies that is not covered by your plan, you should speak with your doctor to get a new prescription for a covered brand.</p>

Cost	2021 (this plan year)	2022 (next plan year)
<p><b>Diabetes Self-Management Training, Diabetic Services and Supplies - Diabetes Monitoring Supplies</b></p>	<p>You pay a \$0 copayment (out-of-network).</p> <p>We only cover Accu-Chek® and OneTouch® brands.</p> <p>Covered glucose monitors include: OneTouch Verio Flex®, OneTouch Verio Reflect®, Accu-Chek® Guide Me, and Accu-Chek® Guide.</p> <p>Test strips: OneTouch Verio®, OneTouch Ultra®, Accu-Chek® Guide, Accu-Chek® Aviva Plus, and Accu-Chek® SmartView.</p> <p>Other brands are not covered by your plan. If you use a brand of supplies that is not covered by your plan, you should speak with your doctor to get a new prescription for a covered brand.</p>	<p>You pay a \$0 copayment (out-of-network).</p> <p>We only cover Accu-Chek® and OneTouch® brands.</p> <p>Covered glucose monitors include: OneTouch Verio Flex®, OneTouch Verio Reflect®, OneTouch® Verio, OneTouch® Ultra 2, Accu-Chek® Guide Me, and Accu-Chek® Guide.</p> <p>Test strips: OneTouch Verio®, OneTouch Ultra®, Accu-Chek® Guide, Accu-Chek® Aviva Plus, and Accu-Chek® SmartView.</p> <p>Other brands are not covered by your plan. If you use a brand of supplies that is not covered by your plan, you should speak with your doctor to get a new prescription for a covered brand.</p>

Cost	2021 (this plan year)	2022 (next plan year)
<p><b>Fitness Benefit</b></p>	<p>You have access to SilverSneakers®, a Medicare fitness program. SilverSneakers includes a \$0 membership fee for a standard, monthly membership at a participating fitness center.</p> <p>To get your SilverSneakers ID number or learn more about this benefit, visit <a href="http://SilverSneakers.com">SilverSneakers.com</a> or call 1-888-423-4632, TTY 711, 7 a.m. to 7 p.m. CT, Monday through Friday.</p>	<p>You will have access to Renew Active® by UnitedHealthcare at no additional cost. Renew Active is the gold standard in Medicare fitness programs for body and mind. It includes a gym membership at a fitness location you select from our nationwide network.</p> <p>To learn more about Renew Active today visit <a href="http://UHCRenewActive.com">UHCRenewActive.com</a>. Once you become a member you will need a confirmation code. Sign in to your plan website, go to Health &amp; Wellness and look for Renew Active to obtain your code or call the number on the back of your UnitedHealthcare member ID card.</p>

Cost	2021 (this plan year)	2022 (next plan year)
<b>Opioid treatment program services</b>	<p>You pay a \$0 copayment for the following Medicare-covered services from programs that treat opioid use disorder (OUD):</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> FDA-approved medications to treat OUD, and the dispensing and administration of these medications</li> <li><input type="checkbox"/> Substance use counseling</li> <li><input type="checkbox"/> Individual and group therapy</li> <li><input type="checkbox"/> Drug tests</li> </ul>	<p>You pay a \$0 copayment for the following Medicare-covered services from programs that treat opioid use disorder (OUD):</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> FDA-approved medications to treat OUD, and the dispensing and administration of these medications</li> <li><input type="checkbox"/> Substance use counseling</li> <li><input type="checkbox"/> Individual and group therapy</li> <li><input type="checkbox"/> Drug tests</li> <li><input type="checkbox"/> Intake activities</li> <li><input type="checkbox"/> Assessments to review your progress and treatment plan</li> </ul>
<b>Physician/Practitioner Services, Medicare-covered Remote Patient Monitoring Services</b>	<p>Your cost share depends on the service you receive. You may pay the amount for non-radiological diagnostic services, primary care services, or specialist physician services.</p>	<p>You pay a \$20 copayment (in-network).</p> <p>You pay a \$20 copayment (out-of-network).</p>

**Section 1.6****Changes to Part D Prescription Drug Coverage****Changes to Our Drug List**

Our list of covered drugs is called a Formulary or “Drug List.” **You can get the complete Drug List** by calling Customer Service (1-866-887-9533) or visiting our website ([www.UHCRetiree.com/uc](http://www.UHCRetiree.com/uc)) to look up which drugs will be covered by your plan.

We made changes to our Drug List, including changes to the drugs we cover and changes to the restrictions that apply to our coverage for certain drugs. **Review the Drug List to make sure your drugs will be covered next plan year and to see if there will be any restrictions.**

If you are affected by a change in drug coverage, you can:

- Work with your doctor (or other prescriber) and ask the plan to make an exception to cover the drug. **We encourage current members to ask for an exception before next year.**
- To learn what you must do to ask for an exception, see Chapter 9 of your **Evidence of Coverage (What to do if you have a problem or complaint (coverage decisions, appeals, complaints))** or call Customer Service.
- Work with your doctor (or other prescriber) to find a different drug** that we cover. You can call Customer Service to ask for a list of covered drugs that treat the same medical condition.

In some situations, we are required to cover a temporary supply of a drug that is not on the Drug List (Formulary) or when it is restricted in some way in the first 90 days of the plan year or the first 90 days of membership to avoid a gap in therapy. (To learn more about when you can get a temporary supply and how to ask for one, see Chapter 5, Section 5.2 of the **Evidence of Coverage**.) During the time when you are getting a temporary supply of a drug, you should talk with your doctor to decide what to do when your temporary supply runs out. You can either switch to a different drug covered by the plan or ask the plan to make an exception for you and cover your current drug.

If you have obtained approval for a Drug List (Formulary) exception this year, please refer to the approved through date provided on your approval letter to determine when your approval expires. After the date of expiration on your approval letter, you may need to obtain a new approval in order for the plan to continue to cover the drug, if the drug still requires an exception and you and your doctor feel it is needed. To learn what you must do to ask for an exception, see Chapter 9 of your Evidence of Coverage or call Customer Service.

Most of the changes in the Drug List are new for the beginning of each year. However, during the year, we might make other changes that are allowed by Medicare rules.

When we make these changes to the Drug List during the year, you can still work with your doctor (or other prescriber) and ask us to make an exception to cover the drug. We will also continue to update our website as scheduled and provide other required information to reflect drug changes. (To learn more about the changes we may make to the Drug List, see Chapter 5, Section 6 of the Evidence of Coverage.)

### **Changes to Prescription Drug Costs**

**Note:** If you are in a program that helps pay for your drugs (“Extra Help”), **the information about costs for Part D prescription drugs may not apply to you.** We sent you a separate insert, called the “Evidence of Coverage Rider for People Who Get Extra Help Paying for Prescription Drugs” (also called the “Low Income Subsidy Rider” or the “LIS Rider”), which tells you about your drug costs. If you receive “Extra Help” you will receive a “LIS Rider.” If you don’t receive it, please call Customer Service and ask for the "LIS Rider" to be sent to you.

There are four “drug payment stages.” How much you pay for a Part D drug depends on which drug payment stage you are in. (You can look in Chapter 6, Section 2 of your **Evidence of**



**Coverage** for more information about the stages.)

The information below shows the changes for next year to the first two stages – the Yearly Deductible Stage and the Initial Coverage Stage. (Most members do not reach the other two stages – the Coverage Gap Stage or the Catastrophic Coverage Stage. To get information about your costs in these stages, look at Chapter 6, Sections 6 and 7, in the **Evidence of Coverage**, which is located on our website at [www.UHCRetiree.com/uc](http://www.UHCRetiree.com/uc). You may also call Customer Service to ask us to mail you an **Evidence of Coverage**.)

### Changes to the Deductible Stage

Stage	2021 (this plan year)	2022 (next plan year)
<b>Stage 1: Yearly (Part D) Deductible Stage</b>	Because we have no deductible, this payment stage does not apply to you.	Because we have no deductible, this payment stage does not apply to you.

### Changes to Your Cost-sharing in the Initial Coverage Stage

Your cost-sharing in the initial coverage stage may be changing from a copayment to coinsurance or a coinsurance to copayment. Please see the following chart for the changes from 2021 to 2022.

To learn how copayments and coinsurance work, look at Chapter 6, Section 1.2, **Types of out-of-pocket costs you may pay for covered drugs** in your **Evidence of Coverage**.

Stage	2021 (this plan year)	2022 (next plan year)
<p><b>Stage 2: Initial Coverage Stage</b>            During this stage, the plan pays its share of the cost of your drugs and <b>you pay your share of the cost</b>. Your cost-sharing in the initial coverage stage may be changing from a copayment to coinsurance or a coinsurance to copayment. Please see the columns to the right for the changes from 2021 to 2022.</p> <p>The costs in this row are for a one-month (30-day) supply when you fill</p>	<p>Your cost for a one-month supply filled at a network pharmacy with standard cost-sharing:</p> <p><b>Tier 1 – Preferred Generic:</b>            You pay \$5 per prescription.</p> <p><b>Tier 2 - Preferred Brand:</b></p>	<p>Your cost for a one-month supply filled at a network pharmacy with standard cost-sharing:</p> <p><b>Tier 1 – Preferred Generic:</b>            You pay \$5 per prescription.</p> <p><b>Tier 2 - Preferred Brand:</b></p>



Stage	2021 (this plan year)	2022 (next plan year)
<p>your prescription at a network pharmacy that provides standard cost-sharing.</p> <p>For information about the costs for mail-order prescriptions, look in Chapter 6, Section 5 of your <b>Evidence of Coverage</b>.</p> <p>We changed the tier for some of the drugs on our Drug List. To see if your drugs will be in a different tier, look them up on the Drug List.</p>	<p>You pay \$25 per prescription.</p> <p><b>Tier 3 - Non-preferred Drug:</b></p> <p>You pay \$40 per prescription.</p> <p><b>Tier 4 - Specialty Tier:</b></p> <p>You pay \$25 per prescription.</p> <hr/> <p>Once your total drug costs have reached \$4,130, you will move to the next stage (the Coverage Gap Stage).</p>	<p>You pay \$25 per prescription.</p> <p><b>Tier 3 - Non-preferred Drug:</b></p> <p>You pay \$40 per prescription.</p> <p><b>Tier 4 - Specialty Tier:</b></p> <p>You pay \$25 per prescription.</p> <hr/> <p>Once your total drug costs have reached \$4,430, you will move to the next stage (the Coverage Gap Stage).</p>

**Changes to the Coverage Gap and Catastrophic Coverage Stages**

The other two drug coverage stages – the Coverage Gap Stage and the Catastrophic Coverage Stage – are for people with high drug costs. **Most members do not reach the Coverage Gap Stage or the Catastrophic Coverage Stage.** For information about your costs in these stages, look at Chapter 6, Sections 6 and 7, in your **Evidence of Coverage**.

**Section 2 Deciding Which Plan to Choose**

**Section 2.1 If You Want to Stay in UnitedHealthcare® Group Medicare Advantage (PPO)**

**To stay in our plan you don’t need to do anything.** If you do not sign up for a different plan or change to Original Medicare, you will automatically be enrolled in our UnitedHealthcare® Group Medicare Advantage (PPO).

**Section 2.2 If You Want to Change Plans**

**You should consult with your plan sponsor regarding the availability of other “employer-sponsored” coverage before you enroll in a plan not offered by your plan sponsor, or before**

**ending your membership in our plan outside of your plan sponsor’s open enrollment period. It is important to understand your plan sponsor’s eligibility policies, and the possible impact to your retiree health care coverage options and other retirement benefits before submitting a request to enroll in a plan not offered by your plan sponsor, or a request to end your membership in our plan.**

To learn more about Original Medicare and the different types of Medicare plans, read **Medicare & You 2022 handbook**, call your State Health Insurance Assistance Program (see Section 4), or call Medicare (see Section 6.2).

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### **Section 3                      Deadline for Changing Plans**

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**Because you are enrolled in our plan through your plan sponsor, you are only allowed to make plan changes at times designated by your plan sponsor.**

**Important Note:** You may join or leave a plan only at certain times designated by your plan sponsor. If you choose to enroll in a Medicare health plan or Medicare prescription drug plan that is not offered by your plan sponsor, you may lose the option to enroll in a plan offered by your plan sponsor in the future. You could also lose coverage for other retirement benefits you may currently have through your plan sponsor. Once enrolled in our plan, if you choose to end your membership outside of your plan sponsor’s open enrollment period, re-enrollment in any plan your plan sponsor offers may not be permitted, or you may have to wait until their next open enrollment period.

**You should consult with your plan sponsor regarding the availability of other “employer-sponsored” coverage before you enroll in a plan not offered by your plan sponsor, or before ending your membership in our plan outside of your plan sponsor’s open enrollment period. It is important to understand your plan sponsor’s eligibility policies, and the possible impact to your retiree health care coverage options and other retirement benefits before submitting a request to enroll in a plan not offered by your plan sponsor, or a request to end your membership in our plan.**

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### **Section 4                      Programs That Offer Free Counseling about Medicare**

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The State Health Insurance Assistance Program (SHIP) is a government program with trained counselors in every state.

State Health Insurance Assistance Program is independent (not connected with any insurance company or health plan). It is a state program that gets money from the Federal government to give **free** local health insurance counseling to people with Medicare. State Health Insurance Assistance Program counselors can help you with your Medicare questions or problems. They can help you understand your Medicare plan choices and answer questions about switching plans. You can find your SHIP number and address in Chapter 2, Section 3 of the **Evidence of Coverage**.

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## Section 5 Programs That Help Pay for Prescription Drugs

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You may qualify for help paying for prescription drugs. Below we list different kinds of help:

- “Extra Help” from Medicare.** People with limited incomes may qualify for “Extra Help” to pay for their prescription drug costs. If you qualify, Medicare could pay up to 75% or more of your drug costs including monthly prescription drug premiums, annual deductibles, and coinsurance. Additionally, those who qualify will not have a coverage gap or late enrollment penalty. Many people are eligible and don’t even know it. To see if you qualify, call:
  - 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048, 24 hours a day/7 days a week;
  - The Social Security Office at 1-800-772-1213 between 8 a.m. and 7 p.m., Monday through Friday. TTY users should call 1-800-325-0778 (applications); or
  - Your State Medicaid Office (applications).
- Help from your state’s pharmaceutical assistance program.** State Pharmaceutical Assistance Program helps people pay for prescription drugs based on their financial need, age, or medical condition. To learn more about the program, check with your State Health Insurance Assistance Program (the name and phone numbers for this organization are in Chapter 2, Section 3 of your **Evidence of Coverage**).
- Prescription Cost-sharing Assistance for Persons with HIV/AIDS.** The AIDS Drug Assistance Program (ADAP) helps ensure that ADAP-eligible individuals living with HIV/AIDS have access to life-saving HIV medications. Individuals must meet certain criteria, including proof of State residence and HIV status, low income as defined by the State, and uninsured/under-insured status. Medicare Part D prescription drugs that are also covered by ADAP qualify for prescription cost-sharing assistance through the ADAP in your State. For information on eligibility criteria, covered drugs, or how to enroll in the program, please call the ADAP in your State. You can find your State’s ADAP contact information in Chapter 2 of the **Evidence of Coverage**.

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## Section 6 Questions?

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### Section 6.1 Getting Help from UnitedHealthcare® Group Medicare Advantage (PPO)

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Questions? We’re here to help. Please call Customer Service at 1-866-887-9533. (TTY only, call 711.) We are available for phone calls 8 a.m. - 8 p.m. PT, Monday - Friday. Calls to these numbers are free.

### Read your 2022 Evidence of Coverage (it has details about next plan year’s benefits and costs)

This **Annual Notice of Changes** gives you a summary of changes in your benefits and costs for 2022. For details, look in the 2022 **Evidence of Coverage** for UnitedHealthcare® Group Medicare Advantage (PPO). The **Evidence of Coverage** is the legal, detailed description of your plan benefits. It explains your rights and the rules you need to follow to get covered services and

prescription drugs. A copy of the Evidence of Coverage is located on our website at [www.UHCRetiree.com/uc](http://www.UHCRetiree.com/uc). You may also call Customer Service to ask us to mail you an Evidence of Coverage.

### **Visit our Website**

You can also visit our website at [www.UHCRetiree.com/uc](http://www.UHCRetiree.com/uc). As a reminder, our website has the most up-to-date information about our provider network (Provider Directory) and our list of covered drugs (Formulary).

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## **Section 6.2 Getting Help from Medicare**

To get information directly from Medicare:

### **Call 1-800-MEDICARE (1-800-633-4227)**

You can call 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

### **Visit the Medicare Website**

You can visit the Medicare website ([www.medicare.gov](http://www.medicare.gov)). It has information about cost, coverage, and quality ratings to help you compare Medicare health plans. You can find information about plans available in your area by using the Medicare Plan Finder on the Medicare website. (To view the information about plans, go to [www.medicare.gov/plan-compare](http://www.medicare.gov/plan-compare)).

### **Read Medicare & You 2022**

You can read the **Medicare & You 2022** Handbook. Every year in the fall, this booklet is mailed to people with Medicare. It has a summary of Medicare benefits, rights and protections, and answers to the most frequently asked questions about Medicare. If you don't have a copy of this booklet, you can get it at the Medicare website ([www.medicare.gov](http://www.medicare.gov)) or by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.