



# 2026 Plan Guide

### State Health Benefit Plan

UnitedHealthcare® Group Medicare Advantage (PPO)

**Group Number:** 12472, 12473, 12474, 12475

Effective: January 1, 2026 through December 31, 2026





# With the UnitedHealthcare Group Medicare Advantage (PPO) plan, you get more

The State Health Benefit Plan (SHBP) has selected UnitedHealthcare® Group Medicare Advantage (PPO) plans as options for your retiree medical coverage — a standard plan and a premium plan. UnitedHealthcare has been serving SHBP retirees since 2009. With over 70,000 members, 1 you can feel confident about choosing UnitedHealthcare.



### Read through this Plan Guide to get to know your plan options

The guide includes:

- A description of the plans and how they work
- Information about benefits, programs and services, and how much they cost
- Information about covered drugs and how much they cost
- What you can expect after you're enrolled in a plan

Please keep this Plan Guide. It has information that will be helpful once you become a member. You can also get information on the prescription drug plan by visiting **retiree.uhc.com/shbp** and selecting **Coverage and benefits**. Or, select the **Chat now** button to connect with one of our knowledgeable Customer Service Advocates.

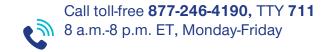
You can also get plan information at the website below. Use the Group Number on the front cover of this book to access plan materials online.



### Why choose UnitedHealthcare?

- 96% satisfaction rate with SHBP retirees<sup>2</sup>
- Dedicated and experienced Customer Service team just for SHBP retirees that you can call when you have questions or need help setting up doctor appointments. You can choose from 31,000+ providers and hospitals in the state of Georgia. Plus, see any provider in the U.S. (in or out-of-network) at the same cost share, as long as they have not opted out of Medicare<sup>3</sup>
- In addition to having coverage for thousands of brand name and generic drugs, you are also covered for over 1,300 bonus drugs<sup>1</sup> beyond those of standard Part D plans
- We're committed to being there for SHBP retirees every step of the way





### Take action

- When you (or your spouse or dependent) turn 65 or are ready to retire, you must provide your Medicare information directly to SHBP one month prior to the event.
- Most people become eligible for Medicare when they turn age 65. You can enroll in Medicare as early as three months before your 65th birthday month.
- If you (and your spouse/dependents) are age 65 or older and actively working, you (and your spouse/dependents) can delay enrolling in Medicare until you are ready to retire, but you must provide the Medicare Part B information directly to SHBP one month prior to your retirement.
- Make sure you are enrolled in Medicare Part A (if applicable) and Part B. You must continue to pay your Medicare Part B premiums to remain in the SHBP Medicare Advantage plan.
- If you are disenrolled OR if you don't provide your Medicare information to SHBP one month prior to turning 65 or retirement, SHBP will roll your coverage into a non-Medicare Advantage SHBP plan option and you will have to pay 100% of the cost of the premiums.

### **Important note:**

Remember to redeem well-being incentive points before transferring into a Medicare Advantage plan, as points are not automatically redeemed and transferred for Medicare Advantage members. **You can provide your Medicare information to SHBP one of two ways:** 

1. You can go online to the SHBP Enrollment Portal at **mySHBPga.adp.com** and enter the information through the Medicare Management link

### OR

2. Call the SHBP Member Services Center at **1-800-610-1863**, 8:30 a.m. – 5 p.m. ET, Monday–Friday If you are not currently a UnitedHealthcare member, we hope you will choose us for your retiree coverage.

If you are already a UnitedHealthcare member, we appreciate your membership and hope to continue to serve you in the years to come. We'll be there every step of the way.



### Take control of your health

We can help you get access to the care you need when you need it. Let us help you find ways to save money on your health care so you can focus on what matters most to you.

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<sup>&</sup>lt;sup>1</sup> 2024 Internal data. UnitedHealthcare Group SHBP member utilization.

<sup>&</sup>lt;sup>2</sup> 2024 UnitedHealthcare Customer Experience Survey scores for Group Medicare Advantage plan members.

<sup>&</sup>lt;sup>3</sup> Provider must accept Medicare, agree to see the member, and agree to bill the plan. Y0066 GRP\_INTRO\_2026\_C



## More than health insurance

With a UnitedHealthcare Group Medicare Advantage (PPO) plan you get medical and prescription drug coverage and so much more. More benefits. More savings. More experience. More choices. More convenience

### Here's just some of what these plans offer



No medical deductible



**\$0 copay for an eye exam** every 12 months and \$125 allowance every 12 months to spend on frames or contact lenses



**\$0 copay** for home-delivered meals, transportation to medical appointments and the pharmacy, and non-medical personal care to assist with daily activities after a hospital or skilled nursing facility stay



**Earn rewards** to spend on eligible items like gifts, clothing, groceries and more



Free delivery with Optum® Home
Delivery Pharmacy for prescriptions
you take regularly\*



Free standard gym membership at participating locations



Free yearly in-home visit with Optum® HouseCalls as offered by UnitedHealthcare



**\$0 copay for a hearing exam** and \$1,000 allowance to spend on a broad selection of hearing aids for both ears every 4 years



Virtual doctor and behavioral health visits using your computer, tablet or smartphone – anytime, day or night



A large network of providers through our Medicare National Network



Free diabetic supplies like needles and test strips



Review the Summary of Benefits in this guide for more details

\*Optum® Home Delivery Pharmacy and Optum Rx affiliates are not available in all areas.

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# **More from your** health plan

SHBP has chosen to offer UnitedHealthcare Group Medicare Advantage (PPO) plans with two different plan options — a standard plan and a premium plan. Both plans work the same. The word "Group" means that these plans are designed just for a plan sponsor, like SHBP. Only eligible SHBP retirees and their eligible spouses and dependents can enroll in one of these plans. Your PPO plan is a Medicare Advantage plan, also known as Medicare Part C. This plan has all the benefits of Medicare Part A (hospital coverage) and Medicare Part B (doctor and outpatient care) plus extra programs that go beyond Original Medicare (Medicare Parts A and B). Medicare has rules about what types of coverage you can add or combine with a group-sponsored Medicare Advantage plan.

### Here's how this PPO plan works



Get care from providers in or out-ofnetwork as long as they accept Medicare and the plan



You don't need a referral to see a specialist or other provider



Select a primary care provider (PCP) to oversee and help manage your

It's not required by the plan, but it's very beneficial for your long-term health and well-being.



You pay a standard copay or coinsurance, or \$0 in some cases, to see a provider in or outof-network

We work closely with our network (contracted) providers to make sure they have access to resources and tools to help them work with you for better health outcomes.



### This plan has separate maximum annual out-of-pocket amounts for medical and prescription drugs

If you reach your plan's medical limit, the plan will pay 100% of your Medicare-covered services for the rest of the plan year. After you and others on your behalf have paid a combined total of \$2,100 for your prescription drugs, you won't pay anything for your Medicare-covered Part D drugs for the rest of the calendar year.



**Emergency and urgently needed** services are covered anywhere in the world



This plan includes prescription drug coverage for thousands of brand name and generic drugs

> Scan this code to view the Drug List



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# More ways to learn about your plan

It's important that you understand your plan and what benefits are covered. You can find the Drug List, Provider and Pharmacy directories and more at retiree.uhc.com/ shbp.



### Review the online Drug List to see what prescription drugs are covered

And what drug tier they are in. Generally, the lower the drug tier, the less you'll pay.



### Review the online Provider Directory to see if your providers are in the network

It's okay if they're not. This plan allows you to see out-ofnetwork providers at the same cost share as long as they accept Medicare and the plan.



### **Review the online Pharmacy Directory to see what** pharmacies are in our network

If your pharmacy is not in the network, you will need to select a new network pharmacy to pay your plan's lowest cost for prescription drugs.



### Review the Summary of Benefits in this guide to see how much you'll pay for medical services and prescription drugs

You can also review the Summary of Benefits online.

If you're not sure if you are enrolled in Medicare Part B, check with Social Security at ssa.gov/locator or call 1-800-772-1213, TTY 1-800-325-0778, 8 a.m.-7 p.m., Monday-Friday, or call your local office.

You may be disenrolled from this plan if you stop paying your Medicare Part B premium.

### You're eligible to enroll in this plan if you:



Are entitled to Medicare Part A and enrolled in Medicare Part B.



Continue to pay your Part B premium (unless it's paid for you).



Remember: If you drop or are disenrolled from your group-sponsored retiree coverage, you will not be able to re-enroll.



# **Summary of Benefits 2026**

UnitedHealthcare® Group Medicare Advantage (PPO) Group Name (Plan Sponsor): State Health Benefit Plan Group Numbers: 12472, 12473, 12474, 12475 H2001-816-000 H2001-819-000

Look inside to learn more about the plan and the health and drug services it covers. Contact us for more information about the plan.



retiree.uhc.com/shbp



Toll-free 877-246-4190, TTY 711 8 a.m.-8 p.m. ET, Monday-Friday

United Healthcare **Group Medicare Advantage** 

# **Summary of Benefits**

January 1, 2026 - December 31, 2026

This is a summary of what we cover and what you pay. Review the Evidence of Coverage (EOC) for a complete list of covered services, limitations and exclusions. You can see it online at retiree.uhc.com/shbp or you can call Customer Service for help. When you enroll in the plan, you will get more information on how to view your plan details online.

### UnitedHealthcare® Group Medicare Advantage (PPO)

Medical premium and limits	Standard plan In-network and out-of-network	Premium plan In-network and out-of-network
Monthly plan premium	Contact your group plan be determine your actual prem	
Maximum out-of-pocket amount (does not include prescription drugs)	Your plan has an annual combined in-network and out-of-network out-of-pocket maximum of \$3,500 for this plan year.	Your plan has an annual combined in-network and out-of-network out-of-pocket maximum of \$2,500 for this plan year.
	If you reach the limit on out-of-pocket costs, you keep getting covered hospital and medical services and we will pay the full cost for the rest of the plan year.	If you reach the limit on out-of-pocket costs, you keep getting covered hospital and medical services and we will pay the full cost for the rest of the plan year.
	Please note that you will still need to pay your monthly premiums, if applicable, and cost- sharing for your Part D prescription drugs.	Please note that you will still need to pay your monthly premiums, if applicable, and cost- sharing for your Part D prescription drugs.

Medical benefits		Standard plan In-network and out-of-network	Premium plan In-network and out-of-network
Inpatient hospital	care <sup>1</sup>	20% coinsurance per stay	20% coinsurance per stay
		Our plan covers an unlimited number of days for an inpatient hospital stay.	Our plan covers an unlimited number of days for an inpatient hospital stay.
Outpatient hospital <sup>1</sup>	Ambulatory surgical center	\$95 copay	\$50 copay
Cost sharing for additional plan	(ASC) Outpatient surgery	\$95 copay	\$50 copay
covered services will apply.	Outpatient hospital services, including observation	\$95 copay	\$50 copay
Doctor	Primary care provider	\$25 copay	\$15 copay
	Virtual visit	\$0 copay	\$0 copay
	Specialist <sup>1</sup>	\$30 copay	\$25 copay

Medical benefits		Standard plan In-network and out-of-network	Premium plan In-network and out-of-network
Preventive	Routine physical	\$0 copay, 1 per plan year*	\$0 copay, 1 per plan year*
services	Medicare-covered	\$0 copay	\$0 copay
		Abdominal aortic aneur	ysm screening
		Alcohol misuse counse	ling
		<ul> <li>Annual wellness visit</li> </ul>	
		Bone mass measurement	ent
		<ul> <li>Breast cancer screenin</li> </ul>	g (mammogram)
		<ul> <li>Cardiovascular disease</li> </ul>	(behavioral therapy)
		<ul> <li>Cardiovascular screening</li> </ul>	ng
		<ul> <li>Cervical and vaginal ca</li> </ul>	ncer screening
	Colorectal cancer screenings (co occult blood test, flexible sigmoid		· · · · · · · · · · · · · · · · · · ·
<ul> <li>Depression screening</li> </ul>			
		<ul> <li>Diabetes screenings and monitoring</li> </ul>	
		<ul> <li>Diabetes — Self-management training</li> </ul>	
		<ul> <li>Dialysis training</li> </ul>	
		<ul> <li>Glaucoma screening</li> </ul>	
		<ul> <li>Hepatitis C screening</li> </ul>	
		<ul> <li>HIV screening</li> </ul>	
		<ul> <li>Kidney disease educati</li> </ul>	on
		<ul> <li>Lung cancer with low d</li> </ul>	ose computed tomography
		<ul> <li>(LDCT) screening</li> </ul>	
		<ul> <li>Medical nutrition therap</li> </ul>	y services
		<ul> <li>Medicare Diabetes Prev</li> </ul>	ention Program (MDPP)
		<ul> <li>Obesity screenings and</li> </ul>	counseling
		<ul> <li>Prostate cancer screen</li> </ul>	
		<ul> <li>Sexually transmitted inf counseling</li> </ul>	ections screenings and
			counseling (counseling for obacco-related disease)
		<ul> <li>Vaccines, including the pneumonia, or COVID-1</li> </ul>	•

• "Welcome to Medicare" preventive visit (one-time)

Medical benefits		Standard plan In-network and out-of-network	Premium plan In-network and out-of-network
Preventive services (continued)	Medicare-covered	Any additional preventive services approved by Medicare during the contract year will be covered.  This plan covers preventive care screenings and	
Emergency care		annual physical exams at 10 \$50 copay (worldwide)	\$50 copay (worldwide)
		If you are admitted to the hospital within 72 hours, you pay the inpatient hospital care cost sharing instead of the emergency care copay. See the "Inpatient Hospital Care" section of this booklet for other costs.	If you are admitted to the hospital within 72 hours, you pay the inpatient hospital care cost sharing instead of the emergency care copay. See the "Inpatient Hospital Care" section of this booklet for other costs.
Urgently needed se	ervices	\$25 copay (worldwide)	\$20 copay (worldwide)
		If you are admitted to the hospital within 72 hours, you pay the inpatient hospital care cost sharing instead of the urgently needed services copay. See the "Inpatient Hospital Care" section of this booklet for other costs.	If you are admitted to the hospital within 72 hours, you pay the inpatient hospital care cost sharing instead of the urgently needed services copay. See the "Inpatient Hospital Care" section of this booklet for other costs.

Medical benefits		Standard plan In-network and out-of-network	Premium plan In-network and out-of-network
Diagnostic tests, lab and radiology services, and X-rays	Complex radiology services (e.g. MRI, CT scan) <sup>1</sup>	If a complex radiology service is performed and processed at a hospital or free-standing facility:	If a complex radiology service is performed and processed at a hospital or free-standing facility:
		20% coinsurance	20% coinsurance
		If a complex radiology service is performed and processed in a doctor's office:	If a complex radiology service is performed and processed in a doctor's office:
		\$35 copay	\$35 copay
	Lab services <sup>1</sup>	\$0 copay	\$0 copay
	Diagnostic tests and procedures <sup>1</sup>	If a diagnostic test is performed and processed at a hospital or free- standing facility:	If a diagnostic test is performed and processed at a hospital or free- standing facility:
		\$95 copay	\$50 copay
		If a diagnostic test is performed and processed in a doctor's office:	If a diagnostic test is performed and processed in a doctor's office:
		\$0 copay	\$0 copay
	Therapeutic radiology <sup>1</sup>	If a therapeutic radiology service is performed and processed at a hospital or free-standing facility:	If a therapeutic radiology service is performed and processed at a hospital or free-standing facility:
		20% coinsurance	20% coinsurance
		If a therapeutic radiology service is performed and processed in a doctor's office:	If a therapeutic radiology service is performed and processed in a doctor's office:
		\$35 copay	\$35 copay
	Outpatient X-rays <sup>1</sup>	\$0 copay	\$0 copay

Medical benefits		Standard plan In-network and out-of-network	Premium plan In-network and out-of-network
Hearing services	Exam to diagnose and treat hearing and balance issues <sup>1</sup>	\$30 copay	\$25 copay
	Routine hearing exam	\$0 copay, 1 exam per plan year*	\$0 copay, 1 exam per plan year*
	Hearing aids	The plan pays up to a \$1,000 allowance for hearing aids (combined for both ears) every 4 years.*	The plan pays up to a \$1,000 allowance for hearing aids (combined for both ears) every 4 years.*
Vision services	Exam to diagnose and treat diseases and conditions of the eye <sup>1</sup>	\$25 copay	\$15 copay
	Eyewear after cataract surgery	\$0 copay	\$0 copay
	Routine eye exam	\$0 copay, 1 exam every 12 months*	\$0 copay, 1 exam every 12 months*
	Routine eyewear	Plan pays up to \$125 combined allowance for eyeglasses and contact lenses every 12 months.*	Plan pays up to \$125 combined allowance for eyeglasses and contact lenses every 12 months.*
Mental health	Inpatient visit <sup>1</sup>	20% coinsurance per stay	20% coinsurance per stay
		Our plan covers an unlimited number of days for an inpatient hospital stay.	Our plan covers an unlimited number of days for an inpatient hospital stay.
	Outpatient group therapy visit <sup>1</sup>	\$30 copay	\$25 copay
	Outpatient individual therapy visit <sup>1</sup>	\$30 copay	\$25 copay
	Outpatient therapy or office visit with a psychiatrist <sup>1</sup>	\$30 copay	\$25 copay
	Virtual behavioral visits	\$0 copay	\$0 copay

Medical benefits		Standard plan In-network and out-of-network	Premium plan In-network and out-of-network
Skilled nursing fac	ility (SNF)¹	\$0 copay per day: days 1-20	\$0 copay per day: days 1-20
		\$50 copay per day: days 21-100	\$25 copay per day: days 21-100
		Our plan covers up to 100 days in a SNF per benefit period.	Our plan covers up to 100 days in a SNF per benefit period.
Outpatient Rehabilitation (physical, occupational, or speech/language therapy) <sup>1</sup>		\$25 copay	\$10 copay
Ambulance <sup>2</sup>		\$50 copay	\$50 copay
Routine transporta	tion	Not covered	Not covered
Medicare Part B Drugs	Chemotherapy drugs <sup>1</sup>	20% coinsurance	20% coinsurance
Part B drugs may be subject to Step Therapy. See your Evidence of Coverage for details.	Other Part B drugs <sup>1</sup>	20% coinsurance	20% coinsurance

### Drug payment stages

The dollar amount you pay for each prescription filled can vary, depending on the coverage stage you're in. You may pay a copay, or fixed amount, for some covered drugs and coinsurance, which is a percentage of the total cost, for other covered drugs.

Prescription drugs	
Deductible	The plan does not have a prescription drug deductible. Your coverage starts in the Initial Coverage stage.
Initial coverage	In this stage, you'll pay your plan copays or coinsurance. The plan pays the rest. Once you, and others on your behalf, have paid a combined total of \$2,100 you move to the Catastrophic Coverage stage.

	Standard plan	Premium plan
Tier drug coverage (After you pay your deductible, if applicable)	Retail Cost-Sharing 31-day supply	Retail Cost-Sharing 31-day supply
Tier 1: Preferred Generic	\$0 copay for select generics** \$15 copay for all other generics	\$0 copay for select generics** \$15 copay for all other generics
Tier 2: Preferred Brand <sup>1</sup>	\$45 copay	\$45 copay
Tier 3: Non-Preferred Drug <sup>1</sup>	\$85 copay	\$85 copay
Tier 4: Specialty Tier <sup>1</sup>	\$85 copay	\$85 copay
Tier drug coverage (After you pay your deductible, if applicable)	Mail Order or Retail Cost-Sharing 100-day supply	Mail Order or Retail Cost-Sharing 100-day supply
Tier 1: Preferred Generic	\$0 copay for select generics** \$37.50 copay for all other generics	\$0 copay for select generics** \$37.50 copay for all other generics
Tier 2: Preferred Brand <sup>1</sup>	\$112.50 copay	\$112.50 copay
Tier 3: Non-Preferred Drug <sup>1</sup>	\$212.50 copay	\$212.50 copay
Tier 4: Specialty Tier <sup>1</sup>	\$212.50 copay	\$212.50 copay
Catastrophic Coverage	Once you're in this stage, you won't pay anything for your Medicare-covered Part D drugs for the rest of the plan year.	
	Once you're in this stage, you won't	't pay anything for your

You will pay a maximum of \$35 for a 1-month supply of each Part D insulin product covered by our plan. Most adult Part D vaccines are covered at no cost to you.

If the actual cost for a drug is less than the normal cost-sharing amount for that drug, you will pay the actual cost, not the higher cost-sharing amount.

SHBP offers drug coverage in addition to your Part D prescription drug benefit. The drug copays in this section are for drugs that are covered by both your Part D benefit and your additional drug coverage. For more information, see your Additional Drug Coverage list. You can also view the Certificate of Coverage at retiree.uhc.com/shbp or call Customer Service to have a hard copy sent to you.

If you reside in a long-term care facility, you will pay the same for a 31-day supply as a 31-day supply at a retail pharmacy.

<sup>\*\*</sup>Please see the Additional Drug Coverage list for more information on generic drugs with a \$0 copay.

### You may qualify for Extra Help from Medicare

Extra Help is a program for people with limited incomes who need help paying Part D premiums, deductibles and copays. There's no penalty for applying, and you can re-apply every year. To see if you qualify for Extra Help, call:

- The Social Security Administration at 1-800-772-1213, TTY 1-800-325-0778
- Your state Medicaid office



### The UnitedHealthcare Savings Promise

UnitedHealthcare is committed to keeping your prescription drug costs down. As a UnitedHealthcare member, you have our Savings Promise that you'll get the lowest price available. That low price may be your plan copay, the pharmacy's retail price or our contracted price with the pharmacy.

Additional benefits		Standard plan In-network and out-of-network	Premium plan In-network and out-of-network
Acupuncture services	Medicare-covered acupuncture (for chronic low back pain)	\$18 copay	\$18 copay
Chiropractic services	Medicare-covered chiropractic care (manual manipulation of the spine to correct subluxation) <sup>1</sup>	\$18 copay	\$18 copay
	Routine chiropractic services	\$30 copay, up to 20 visits per plan year*	\$25 copay, up to 20 visits per plan year*

Additional benefits		Standard plan In-network and out-of-network	Premium plan In-network and out-of-network
2	Diabetes	\$0 copay	\$0 copay
	monitoring supplies <sup>1</sup>	We only cover Contour® and Accu-Chek® brands.	We only cover Contour® and Accu-Chek® brands.
Diabetes management		Other brands are not covered by your plan.	Other brands are not covered by your plan.
		Covered glucose monitors include: Contour Plus Blue, Contour Next EZ, Contour Next Gen, Contour Next One, Accu-Chek Guide Me and Accu-Chek Guide.	Covered glucose monitors include: Contour Plus Blue, Contour Next EZ, Contour Next Gen, Contour Next One, Accu-Chek Guide Me and Accu-Chek Guide.
		Test strips: Contour, Contour Plus, Contour Next, Accu-Chek Guide and Accu-Chek Aviva Plus.	Test strips: Contour, Contour Plus, Contour Next, Accu-Chek Guide and Accu-Chek Aviva Plus.
	Medicare covered Continuous Glucose Monitors (CGMs) and supplies <sup>1</sup>	\$0 copay	\$0 copay
	Diabetes self-management training	\$0 copay	\$0 copay
	Therapeutic shoes or inserts <sup>1</sup>	20% coinsurance	20% coinsurance

Additional benefits		Standard plan In-network and out-of-network	Premium plan In-network and out-of-network
Diabetes Prevention Management Progr		\$0 copay for Real Appeal®, an online weight management and healthy lifestyle program proven to help you achieve lifelong results.  Call or go online to get started today. 1-844-924-7325, TTY 711 or uhc.realappeal.com *Real Appeal is available at no additional cost to members with a BMI of 19 and higher. If you are pregnant, please speak with your primary care provider (PCP) before joining the program.	\$0 copay for Real Appeal®, an online weight management and healthy lifestyle program proven to help you achieve lifelong results.  Call or go online to get started today. 1-844-924-7325, TTY 711 or uhc.realappeal.com *Real Appeal is available at no additional cost to members with a BMI of 19 and higher. If you are pregnant, please speak with your primary care provider (PCP) before joining the program.
equipment (DME) and related supplies	Durable medical equipment (e.g., wheelchairs, oxygen) <sup>1</sup>	20% coinsurance	20% coinsurance
	Prosthetics (e.g., braces, artificial limbs) <sup>1</sup>	20% coinsurance	20% coinsurance
Fitness prog SilverSneake		\$0 copay for SilverSneakers, a health and fitness program designed for Medicare plan members. It includes a standard monthly membership at participating fitness locations plus online classes, workshops and more.  Call or go online to learn more and to get your SilverSneakers ID number. 1-888-338-1722, TTY 711 or SilverSneakers.com/ StartHere.	\$0 copay for SilverSneakers, a health and fitness program designed for Medicare plan members. It includes a standard monthly membership at participating fitness locations plus online classes, workshops and more.  Call or go online to learn more and to get your SilverSneakers ID number. 1-888-338-1722, TTY 711 or SilverSneakers.com/ StartHere.

Additional benefits		Standard plan In-network and out-of-network	Premium plan In-network and out-of-network
Foot care (podiatry	Foot exams and treatment <sup>1</sup>	\$30 copay	\$25 copay
services)	Routine foot care	\$25 copay, 6 visits per plan year*	\$15 copay, 6 visits per plan year*
UnitedHealth Healthy at Healthy a	ome	\$0 copay for the following benefits for up to 30 days following each inpatient hospital and SNF stay:  • 28 home-delivered meals, referral required  • 12 one-way trips to medically related appointments and the pharmacy, up to 50 miles per trip, referral required  • 6 hours of non-medical personal care services like companionship, meal prep, medication reminders and more with a professional caregiver, no referral required  Services must be provided by approved vendors. Call Customer Service for more information, to request a referral after each discharge and to use your	\$0 copay for the following benefits for up to 30 days following each inpatient hospital and SNF stay:  • 28 home-delivered meals, referral required  • 12 one-way trips to medically related appointments and the pharmacy, up to 50 miles per trip, referral required  • 6 hours of non-medical personal care services like companionship, meal prep, medication reminders and more with a professional caregiver, no referral required  Services must be provided by approved vendors. Call Customer Service for more information, to request a referral after each discharge and to use your
Home health	n care¹	benefits. \$0 copay	\$0 copay

Additional benefits		Standard plan In-network and out-of-network	Premium plan In-network and out-of-network
Hospice		You pay nothing for hospice care from any Medicare-approved hospice. You may have to pay part of the costs for drugs and respite care. Hospice is covered by Original Medicare, outside of our plan.	You pay nothing for hospice care from any Medicare-approved hospice. You may have to pay part of the costs for drugs and respite care. Hospice is covered by Original Medicare, outside of our plan.
Opioid treatment p	rogram services¹	\$0 copay	\$0 copay
Outpatient substance use disorder services	Outpatient group therapy visit <sup>1</sup>	\$30 copay	\$25 copay
	Outpatient individual therapy visit <sup>1</sup>	\$30 copay	\$25 copay
Renal dialysis <sup>1</sup>		20% coinsurance	20% coinsurance

<sup>&</sup>lt;sup>1</sup>Some of the network benefits listed may require your provider to obtain prior authorization. You never need approval in advance for plan covered services from out-of-network providers. Please refer to the Evidence of Coverage for a complete list of services that may require prior authorization.

<sup>&</sup>lt;sup>2</sup>Authorization is required for non-emergency Medicare-covered ambulance air transportation. Authorization is not required for non-emergency Medicare-covered ambulance ground. Emergency ambulance (ground or air) does not require authorization.

<sup>\*</sup>Benefits are combined in and out-of-network.

### About this plan

UnitedHealthcare® Group Medicare Advantage (PPO) is a Medicare Advantage PPO plan with a Medicare contract.

To join this plan, you must be entitled to Medicare Part A and/or be enrolled in Medicare Part B, live in our service area as listed below, be a United States citizen or lawfully present in the United States, and meet the eligibility requirements of the SHBP.

Our service area includes the 50 United States, the District of Columbia and all US territories.

If you are not entitled to Medicare Part A, please refer to SHBP's enrollment materials, or contact SHBP directly to determine if you are eligible to enroll in our plan. Some plan sponsors have made arrangements with us to purchase Medicare Part A on your behalf.

### About providers and network pharmacies

UnitedHealthcare® Group Medicare Advantage (PPO) has a network of doctors, hospitals, pharmacies and other providers. You can see any provider (network or out-of-network) at the same cost share, as long as they accept the plan and have not opted out of or been excluded or precluded from the Medicare Program. If you use pharmacies that are not in our network, the plan may not pay for those drugs, or you may pay more than you pay at a network pharmacy.

You can go to retiree.uhc.com/shbp to search for a network provider or pharmacy using the online directories. You can also view the plan Drug List (Formulary) to see what drugs are covered and if there are any restrictions.

### **Required Information**

UnitedHealthcare® Group Medicare Advantage (PPO) is insured through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract and a Medicare-approved Part D sponsor. Enrollment in the plan depends on the plan's contract renewal with Medicare.

Plans may offer supplemental benefits in addition to Part C and Part D benefits.

If you want to know more about the coverage and costs of Original Medicare, look in your current "Medicare & You" handbook. View it online at medicare.gov or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

UnitedHealthcare does not discriminate on the basis of race, color, national origin, sex, age, or disability in health programs and activities.

UnitedHealthcare provides free services to help you communicate with us such as documents in other languages, Braille, large print, audio, or you can ask for an interpreter. For more information, please call Customer Service at the number on your member ID card or the front of your plan booklet.

UnitedHealthcare ofrece servicios gratuitos para ayudarle a que se comunique con nosotros. Por ejemplo, documentos en otros idiomas, braille, en letra grande o en audio. O bien, usted puede pedir un intérprete. Para obtener más información, llame a Servicio al Cliente al número que se encuentra en su tarjeta de ID de miembro o en la portada de la guía de su plan.

This information is available for free in other languages. Please call our Customer Service number located on the first page of this book.

Benefits, features and/or devices vary by plan/area. Limitations and exclusions may apply.

Optum® Home Delivery Pharmacy and Optum Rx are affiliates of UnitedHealthcare Insurance Company. You are not required to use Optum Home Delivery Pharmacy for medications you take regularly. If you have not used Optum Home Delivery Pharmacy, you must approve the first prescription order sent directly from your doctor to the pharmacy before it can be filled. There may be other pharmacies in our network. Optum Home Delivery Pharmacy and Optum Rx affiliates are not available in all areas.

The Formulary, pharmacy network, and/or provider network may change at any time. You will receive notice when necessary.

You must continue to pay your Medicare Part B premium.

Out-of-network/non-contracted providers are under no obligation to treat UnitedHealthcare members, except in emergency situations. Please call our customer service number or see your Evidence of Coverage for more information, including the cost-sharing that applies to out-of-network services.

Always talk with your doctor before starting an exercise program.

- 1. Participating locations ("PL") are not owned or operated by Tivity Health, Inc. or its affiliates. Use of PL facilities and amenities are limited to terms and conditions of PL basic membership. Facilities and amenities vary by PL.
- 2. Membership includes SilverSneakers instructor-led group fitness classes. Some locations offer members additional classes. Classes vary by location.

SilverSneakers is a registered trademark of Tivity Health, Inc. © 2025 Tivity Health, Inc. All rights reserved.

# **Additional Drug Coverage**

Your plan provides prescription drug coverage beyond what is listed in the plan's Drug List (Formulary).

### retiree.uhc.com/shbp

To see the complete Drug List, scan the QR code or visit



### **Lower-cost Medicare prescription drugs**

The following Medicare prescription drugs are available at a \$0 copay.

Drug name	Drug name	
Alendronate (10mg Tablet)	Bupropion (150mg SR Tablet)	
Alendronate (35mg Tablet)	Bupropion (150mg Tablet) (for tobacco	
Alendronate (70mg Tablet)	cessation)	
Atenolol (100mg Tablet)	Bupropion (200mg SR Tablet)	
Atenolol (25mg Tablet)	Bupropion (75mg Tablet)	
Atenolol (50mg Tablet)	Captopril (100mg Tablet)	
Atenolol/Chlorthalidone (100-25mg Tablet)	Captopril (12.5mg Tablet)	
Atenolol/Chlorthalidone (50-25mg Tablet)	Captopril (25mg Tablet)	
Benazepril (10mg Tablet)	Captopril (50mg Tablet)	
Benazepril (20mg Tablet)	Chlorthalidone (25mg Tablet)	
Benazepril (40mg Tablet)	Chlorthalidone (50mg Tablet)	
Benazepril (5mg Tablet)	Citalopram (10mg Tablet)	
Benazepril/Hydrochlorothiazide (10-12.5mg	Citalopram (20mg Tablet)	
Tablet)	Citalopram (40mg Tablet)	
Benazepril/Hydrochlorothiazide (20-12.5mg	Enalapril (10mg Tablet)	
Tablet)	Enalapril (2.5mg Tablet)	
Benazepril/Hydrochlorothiazide (20-25mg	Enalapril (20mg Tablet)	
Tablet)	Enalapril (5mg Tablet)	
Benazepril/Hydrochlorothiazide (5-6.25mg	Enalapril/Hydrochlorothiazide (10-25mg Tablet)	
Tablet)	Enalapril/Hydrochlorothiazide (5-12.5mg Tablet)	
Bisoprolol/Hydrochlorothiazide (10-6.25mg Tablet)	Fluoxetine (10mg Capsule)	
Bisoprolol/Hydrochlorothiazide (2.5-6.25mg	Fluoxetine (10mg Tablet) (for depression or	
Tablet)	mood disorders)	
Bisoprolol/Hydrochlorothiazide (5-6.25mg	Fluoxetine (20mg Capsule)	
Tablet)	Fluoxetine (20mg Tablet) (for depression or	
Bupropion (100mg SR Tablet)	mood disorders)	
Bupropion (100mg Tablet)	Fluoxetine (40mg Capsule)	
	<ul> <li>Glimepiride (1mg Tablet)</li> </ul>	

Drug name	Drug name
Glimepiride (2mg Tablet)	Metformin (850mg Tablet)
Glimepiride (4mg Tablet)	Metoprolol Succinate (100mg ER Tablet)
Glipizide (10mg Tablet)	Metoprolol Succinate (25mg ER Tablet)
Glipizide (5mg Tablet)	Metoprolol Succinate (50mg ER Tablet)
Glipizide (ER & XL 10mg Tablet)	Metoprolol Tartrate (100mg Tablet)
Glipizide (ER & XL 2.5mg Tablet)	Metoprolol Tartrate (25mg Tablet)
Glipizide (ER & XL 5mg Tablet)	Metoprolol Tartrate (50mg Tablet)
Glipizide/Metformin (2.5-250mg Tablet)	Mirtazapine (15mg ODT Tablet)
Glipizide/Metformin (2.5-500mg Tablet)	Mirtazapine (15mg Tablet)
Glipizide/Metformin (5-500mg Tablet)	Mirtazapine (30mg ODT Tablet)
Hydrochlorothiazide (12.5mg Capsule & Tablet)	Mirtazapine (30mg Tablet)
Hydrochlorothiazide (25mg Tablet)	Mirtazapine (45mg ODT Tablet)
Hydrochlorothiazide (50mg Tablet)	Mirtazapine (45mg Tablet)
Lisinopril (10mg Tablet)	Mirtazapine (7.5mg Tablet)
Lisinopril (2.5mg Tablet)	Paroxetine (10mg Tablet)
Lisinopril (20mg Tablet)	Paroxetine (20mg Tablet)
Lisinopril (30mg Tablet)	Paroxetine (30mg Tablet)
Lisinopril (40mg Tablet)	Paroxetine (40mg Tablet)
Lisinopril (5mg Tablet)	Pioglitazone (15mg Tablet)
Lisinopril/Hydrochlorothiazide (10-12.5mg	Pioglitazone (30mg Tablet)
Tablet)	Pioglitazone (45mg Tablet)
Lisinopril/Hydrochlorothiazide (20-12.5mg	Pravastatin (10mg Tablet)
Tablet)	Pravastatin (20mg Tablet)
Lisinopril/Hydrochlorothiazide (20-25mg Tablet)	Pravastatin (40mg Tablet)
Lovastatin (10mg Tablet)	Pravastatin (80mg Tablet)
Lovastatin (20mg Tablet)	Repaglinide (0.5mg Tablet)
Lovastatin (40mg Table )	Repaglinide (1mg Tablet)
Metformin (1000mg Tablet)	Repaglinide (2mg Tablet)
Metformin (500mg ER 24 Hour Tablet) (generic	Simvastatin (10mg Tablet)
Fortamet)	Simvastatin (20mg Tablet)
Metformin (500mg ER Tablet)(generic	Simvastatin (40mg Tablet)
Glucophage XR)	Simvastatin (5mg Tablet)
Metformin (500mg Tablet)	Simvastatin (80mg Tablet)
Metformin (750mg ER Tablet)(generic Glucophage XR)	

See the Evidence of Coverage (EOC) for information about the appeals and grievance process for these prescription drugs and supplies.

### **Bonus drug list**

Your plan includes coverage for the following prescription drugs that are not listed on your plan's Drug List. Each drug is placed into a tier. See the Summary of Benefits for tier descriptions and costs.

Payments for these bonus drugs don't count towards your Medicare Part D out-of-pocket maximum.

You cannot file a Medicare appeal or grievance for these drugs and Extra Help from Medicare does not apply to these drugs.

Drug name	Drug tier	Coverage rules or limits on use	
Analgesics - drugs to treat pain, inflammation, and muscle and joint conditions			
Inflammation			
Salsalate	1		
Urinary Tract Pain			
Phenazopyridine	1		
Anorexiants - drugs to promote weight loss			
Phentermine	1	QL (maximum of 1 capsule/tablet per day)	
Anticoagulants - drugs to prevent clotting			
Heparin Lock Flush	1		
Dermatological agents - drugs to treat skin co	onditions		
Dry, Itchy Skin			
Sulfacetamide Sodium (Liquid Wash 10%)	1		
Sulfacetamide Sodium w/Sulfur (Cream 10-5%)	1		
Itching Or Pain			
Pramoxine/Hydrocortisone (Cream 1-2.5%)	1		
Gastrointestinal agents - drugs to treat bowe	l, intestine	and stomach conditions	
Hemorrhoids			
Hydrocortisone Acetate (Suppository 25 mg)	1		
Lidocaine/Hydrocortisone (Perianal Cream 3%-0.5%)	1		
Irritable Bowel Or Ulcers			
Hyoscyamine Sulfate	1		
Levbid	3		

**Bold type = Brand name drug** Plain type = Generic drug

	tier	Coverage rules or limits on use
Genitourinary agents - drugs to treat bladder	, genital a	nd kidney conditions
<b>Erectile Dysfunction</b>		
Edex	3	QL (maximum of 12 cartridges per month)
Avanafil	1	QL (maximum of 12 tablets per month)
Sildenafil (25 mg, 50 mg, 100 mg)	1	QL (maximum of 12 tablets per month)
Tadalafil	1	QL (maximum of 12 tablets per month)
Vardenafil	1	QL (maximum of 12 tablets per month)
Sexual Desire Disorder		
Addyi	3	QL (maximum of 1 tablet per day)
Vyleesi	3	QL (maximum of 8 injections per 30 days)
Urinary Tract Infection		
Uro-MP (118 mg)	3	
Urinary Tract Spasm And Pain		
Belladonna Alkaloids & Opium (Suppositories)	1	MME, 7D, DL
Hormonal agents - hormone replacement/modifying drugs		
Thyroid Supplement		
Armour Thyroid	3	
NP Thyroid	1	
Nutritional supplements - drugs to treat vitam	nin & mine	ral deficiencies
Potassium Supplement		
K-Phos (Tab)	3	
Potassium Bicarbonate (Effervescent Tab 25 mEq)	1	
Vitamins And Minerals		
Cyanocobalamin (Injection) (Vitamin B12) (1000 mcg)	1	
Folic Acid (1 mg) (Rx only)	1	

**Bold type = Brand name drug** Plain type = Generic drug

Drug name	Drug tier	Coverage rules or limits on use	
Folic Acid-Vitamin B6-Vitamin B12 Tablet (2.5-25-1 mg)	1		
Phytonadione (Tab)	1		
Reno (Cap)	1		
Vitamin D (50,000 unit) (Rx only)	1		
Respiratory tract agents - drugs to treat allergies, cough, cold and lung conditions			
Cough And Cold			
Benzonatate (100 mg, 200 mg)	1		
Brompheniramine/Pseudoephedrine/ Dextromethorphan (Syrup)	1		
Guaifenesin/Codeine (Syrup)	1	DL	
Hydrocodone Polst/Chlorpheniramine (ER Susp) (generic for Tussionex)	1	DL	
Hydrocodone/Homatropine	1	DL	
Promethazine/Codeine (Syrup)	1	DL	
Promethazine/Dextromethorphan (Syrup)	1		

**Bold type = Brand name drug** Plain type = Generic drug

Drugs with coverage rules or limits are noted in the chart and described below.

### **QL** - Quantity limits

The plan will only cover a certain amount of this drug for one copay or over a certain number of days. These limits can help ensure safe and effective use of the drug.

### **MME - Morphine Milligram Equivalent**

Additional quantity limits may apply to all opioid drugs used to treat pain. This additional limit is called a cumulative Morphine Milligram Equivalent (MME). It's designed to monitor safe dosing levels of opioids for people who may be taking more than one opioid drug for pain management. If your doctor or prescriber prescribes more than this amount or thinks the limit is not right for your situation, you or your doctor or prescriber can ask the plan to cover the additional quantity.

### 7D - 7-day limit

An opioid drug used to treat pain may be limited to a 7-day supply if you don't have a recent history of using opioids. This limit helps minimize long-term opioid use. If you are new to the plan and have a recent history of using opioids, the pharmacy may override the limit when appropriate.

### **DL** - Dispensing limit

Dispensing limits apply to this drug. This drug is limited to a one-month supply per prescription.

BDL: U - GDCH

This information is not a complete description of benefits. Contact the plan for more information.

Limitations, copay, and restrictions may apply.

Benefits and/or copay/coinsurance may change each plan/benefit year.

The Drug List may change at any time. You will receive notice when necessary.

This information is available for free in other languages. Please call our Customer Service number on the cover.

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# Here's what you can expect next

Once you are a member, the UnitedHealthcare Customer Service team and your online account make it easier to get the care you need, when and how you need it.



### Manage your plan online

If you haven't done so already, use your Medicare number or member ID number and email address to create an account at **retiree.uhc.com/shbp**. Online you can:

- Look up your latest claim information and complete your health assessment
- Find network providers, pharmacies, your Drug List (Formulary) and other benefit information and plan materials
- Learn more about health and wellness topics
- Sign up to get plan information and your Explanation of Benefits online

### Once your coverage begins

- Schedule your annual wellness visit
- Get a yearly in-home visit with Optum® HouseCalls as offered by UnitedHealthcare. Visit **UHCHouseCalls.com** to learn more
- Get your medications with free delivery through Optum® Home Delivery Pharmacy\*

### Benefits and costs may change at the end of your plan year

We'll send you an Annual Notice of Changes before your plan year ends that will tell you about any changes to your plan for the next plan year.

# Thank you for trusting UnitedHealthcare with your health care coverage

If you have any questions, please call the toll-free number on the back of this Plan Guide. This number will also be on your member ID card when you get it.

Scan this code to access the member site



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<sup>\*</sup>Optum® Home Delivery Pharmacy and Optum Rx affiliates are not available in all areas.

# Statements of understanding

### By enrolling in this plan, I agree to the following:

This is a Medicare Advantage Plan contracted with the federal government. This is not a Medicare Supplement Plan.

I need to keep my Medicare Part A and Part B, and continue to pay my Medicare Part B and, if applicable, Part A premiums, if they are not paid for by Medicaid or a third party. To be eligible for this plan, I must live in the plan's service area and be a United States citizen or be lawfully present in the U.S.

The service area includes the 50 United States, the District of Columbia and all U.S. territories.

I may not be covered while out of the country, except for limited coverage near the U.S. border. However, under this plan, when I am outside of the U.S. I am covered for emergency or urgently needed care.

- ✓ I can only have one Medicare Advantage or Prescription Drug Plan at a time.
  - Enrolling in this plan will automatically disenroll me from any other Medicare health plan.
  - If I enroll in a different Medicare Advantage Plan or Medicare Part D Prescription Drug Plan, I will be automatically disenrolled from this plan.
  - If I disenroll from this plan, I will be automatically transferred to Original Medicare.
  - Enrolling in this plan will automatically disenroll me from a Prescription Drug Plan but will not disenroll me from a Medicare Supplement Plan (Medigap plan).
  - If I choose to enroll in a non-employer-sponsored Medicare Advantage Plan, or another employer-sponsored Medicare Advantage Plan not offered by SHBP, I will be automatically enrolled in a non-Medicare Advantage SHBP Plan option and will have to pay 100% of the premium.
  - Enrollment in this plan is for the entire plan year. I may leave this plan only at certain times of the year or under special conditions.
- My information will be released to Medicare and other plans, only as necessary, for treatment, payment and health care operations.

Medicare may also release my information for research and other purposes that follow all applicable federal statutes and regulations.

For members of the Group Medicare Advantage Plan.

I understand that when my coverage begins, I must get all of my medical and prescription drug benefits from the plan. Benefits and services provided by the plan and contained in the Evidence of Coverage (EOC) document will be covered. Neither Medicare nor the plan will pay for benefits or services that are not covered.

### Notice of nondiscrimination

Our Companies comply with applicable civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability, or sex (including pregnancy, sexual orientation, and gender identity). We do not exclude people or treat them less favorably because of race, color, national origin, age, disability, or sex.

We provide free aids and services to help you communicate with us. You can ask for interpreters and/or for communications in other languages or formats such as large print. We also provide reasonable modifications for persons with disabilities.

If you need these services, call the toll-free number on your member identification card (TTY **711**).

If you believe that we failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can send a complaint to the Civil Rights Coordinator:

Civil Rights Coordinator UnitedHealthcare Civil Rights Grievance P.O. Box 30608

Salt Lake City, UT 84130

UHC\_Civil\_Rights@uhc.com

Optum Civil Rights Coordinator

1 Optum Circle

Eden Prairie, MN 55344

Optum\_Civil\_Rights@Optum.com

If you need help filing a complaint, call the toll-free number on your member identification card (TTY **711**).

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights:

Online: https://ocrportal.hhs.gov/ocr/portal/lobby.jsf

Phone: **1-800-368-1019, 800-537-7697** (TDD)

Mail: U.S. Department of Health and Human Services

200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201

Complaint forms are available at: http://www.hhs.gov/ocr/office/file/index.html.

This notice is available at: https://www.uhc.com/nondiscrimination-med https://www.optum.com/en/language-assistance-nondiscrimination.html

# Notice of availability of language assistance services and alternate formats

**ATTENTION:** Free language assistance services and free communications in other formats, such as large print, are available to you. Call the toll-free number on your member identification card.

**ማሳሰቢያ፦ አማርኛ (Amharic)** የሚናንሩ ከሆነ፣ ነፃ የቋንቋ እንዛ አንልግሎቶች እና ነፃ ተግባቦቶች እንደ ትልቅ እትም ባሉ ሌሎች ቅርፀቶች ለእርስዎ ይገኛሉ። በአባልነት መታወቂያ ካርድዎ ላይ ያለውን ነፃ የስልከ ቁጥር ይደውሉ።

**ملاحظة**: إذا كنت تتحدث **اللغة العربية (Arabic)**، ستتوفر لك خدمات المساعدة اللغوية المجانية والمراسلات المجانية بتنسيقات أخرى، مثل الطباعة بأحرف كبيرة. اتصل بالرقم المجاني المدون على بطاقة تعريف العضو خاصتك.

দেখুন: আপনি যদি বাংলায় (Bengali) কথা বলেন, তাহলে বিনামূল্যে ভাষা সহায়তা পরিষেবা এবং বড় মুদ্রণের মতো অন্যান্য ফরম্যাটে যোগাযোগগুলি আপনার জন্য বিনামূল্যে উপলব্ধ। আপনার সদস্যের পরিচয়পত্রের কার্ডের টোল-ফ্রি নম্বরে কল করুন

請注意:如果您說中文 (Chinese),您可以獲得免費語言協助服務和大字體等其他格式的免費通訊。請致電您的會員身份卡上的免付費電話號碼。

**توجه**: اگر به زبان **فارسی (Farsi)** صحبت میکنید، خدمات رایگان کمک زبانی و ارتباطات رایگان در قالبهای دیگر، مانند چاپ بزرگ، در دسترس شما هستند. با شماره رایگان مندرج روی کارت شناسایی عضویتتان تماس بگیرید.

**ATTENTION**: Si vous parlez **français** (**French**), des services d'assistance linguistique et des communications dans d'autres formats, notamment en gros caractères, sont mis à votre disposition gratuitement. Appelez le numéro gratuit figurant sur votre carte de membre.

**ATANSYON**: Si w pale **Kreyòl Ayisyen (Haitian Creole)**, gen sèvis lang gratis ak kominikasyon nan lòt fòma lo disponib, tankou sa ki enprime ak gwo lèt. Rele nimewo gratis ki sou kat idantifikasyon manm ou an.

ATENSION: No agsasaoka iti Ilocano (Ilocano), magun-odmo dagiti libre a serbisio ti tulong iti pagsasao ken libre a komunikasion iti dadduma a pormat, kas iti dadakkel a letra. Tawagan ti awan-bayadna a numero a masarakan iti kard a pakabigbigam kas miembro.

注意事項:日本語 (Japanese) を話される場合、無料の言語支援サービスや、拡大文字など他の形式での無料のコミュニケーションをご利用いただけます。会員証に記載されているフリーダイアルにお電話ください。

알림 사항: 한국어(Korean)를 사용하시는 경우 무료 언어 지원 서비스와 대형 활자체 등 다른 형식으로 된 의사 소통 매체를 이용하실 수 있습니다. 회원 ID 카드에 나와 있는 무료 전화번호로 전화해 주십시오.

**UWAGA**: Dla osób mówiących po **polsku** (**Polish**) dostępne są bezpłatne usługi pomocy językowej i bezpłatne komunikaty w innych formatach, takich jak duży druk. Prosimy zadzwonić pod bezpłatny numer podany na karcie identyfikacyjnej.

ATENÇÃO: se você fala **português** (**Portuguese**), tem à sua disposição serviços gratuitos de assistência linguística e comunicações gratuitas em outros formatos, como caracteres grandes. Ligue para o número gratuito que se encontra no seu cartão de identificação de membro.

**ВНИМАНИЕ**! Если вы говорите на **русском** языке (Russian), вам доступны бесплатные услуги языковой поддержки и бесплатные материалы в других форматах, например напечатанные крупным шрифтом. Звоните по бесплатному номеру телефона, указанному на вашей идентификационной карте участника.

**ATENCIÓN**: Si habla **español (Spanish)**, hay servicios de asistencia de idiomas y comunicaciones en otros formatos como letra grande, sin cargo, a su disposición. Llame al número gratuito que figura en su tarjeta de identificación de miembro.

**PAUNAWA**: Kung nagsasalita ka ng **Tagalog (Tagalog)**, may makukuha kang mga libreng serbisyo ng tulong sa wika at libreng komunikasyon sa ibang mga format, tulad ng malalaking print. Tawagan ang walang bayad na numero na nasa iyong ID card ng miyembro.

**LƯU Ý**: Nếu quý vị nói **Tiếng Việt (Vietnamese)**, quý vị sẽ được cung cấp các dịch vụ hỗ trợ ngôn ngữ miễn phí và các phương tiện trao đổi liên lạc miễn phí ở các định dạng khác, chẳng hạn như bản in chữ lớn. Gọi đến số điện thoại miễn phí có trên thẻ định danh thành viên của quý vị.

אויפמערק: אויב איר רעדט אידיש (Yiddish), קענט איר באקומען אומזיסטע שפראך הילף סערוויסעס און אומזיסטע קאמיוניקאציע אויף אנדערע פארמאטן, אזוי ווי גרויסע אותיות. רופט דעם אומזיסטן נומער אויף אייער מעמבער אידענטיפיקאציע קארטל.

# **NOTES**

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