

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan <https://www.health-benefits.opm.gov/pshb>. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately.

This is only a summary. Please read the PSHB Plan brochure 73-931 that contains the complete terms of this plan. **All benefits are subject to the definitions, limitations, and exclusions set forth in the PSHB Plan brochure.** Benefits may vary if you have other coverage, such as Medicare. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can get the PSHB Plan brochure at www.uhcfeds.com, and view the Glossary at www.uhcfeds.com. You can call 1-877-835-9861 to request a copy of either document.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$750 /Self Only,\$1,500 /Self Plus One, \$1,500 /Self and Family in-network; \$3,000 Self Only, \$6,000 Self Plus One, \$6,000 Self and Family out-of-network	Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. Copayments and coinsurance amounts do not count toward your deductible, which generally starts over January 1. When a covered service/supply is subject to a deductible, only the Plan allowance for the service/supply counts toward the deductible.
Are there services covered before you meet your deductible?	Yes	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. This <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services?	Yes	You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these services. Pharmacy Tier 3 and Tier 4 have a separate deductible of \$250 Self Only and \$500 Self Plus One or Self and Family. There are no other deductibles for specific services.
What is the out-of-pocket limit for this plan?	\$7,350 Self Only/ \$14,700 Self Plus One or Self and Family in-network; \$15,000 Self Only, \$30,000 Self Plus One, \$30,000 Self and Family out-of-network	The <u>out-of-pocket limit</u> , or catastrophic maximum, is the most you could pay in a year for covered services.
What is not included in the out-of-pocket limit?	Chiropractic services; not covered services, premiums, charges that exceed day or dollar limit; balance billing charges	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .

Will you pay less if you use a <u>network provider</u>?	Yes. See www.uhc.com or call 1-877-835-9861 for a list of <u>network providers</u> .	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a provider in the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services. If prior authorization is required for services -you are responsible for obtaining.
Do you need a <u>referral</u> to see a <u>specialist</u>?	Yes.	This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a <u>referral</u> before you see the <u>specialist</u> .

 All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	
If you visit a health care <u>provider's</u> office or clinic	Primary care visit to treat an injury or illness	\$0 all ages/visit	40% coinsurance +	Out-of-Network (OON) - plus charges that exceed our plan allowance (this note applies to all OON benefits)
	<u>Specialist</u> visit	\$60 copay/visit (not subject to deductible)	40% coinsurance +	
	<u>Preventive care/screening/immunization</u>	Nothing	You pay 100%	Services must be billed as preventive
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	20% coinsurance	Not covered	
	Imaging (CT/PET scans, MRIs)	20% coinsurance	Not covered	Prior authorization required
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	40% coinsurance +	
	Physician/surgeon fees	20% coinsurance	40% coinsurance +	
If you need immediate medical attention	<u>Emergency room care</u>	20% coinsurance	40% coinsurance +	Waived if admitted
	<u>Emergency medical transportation</u>	20% coinsurance	40% coinsurance +	
	<u>Urgent care</u>	\$60 copay/visit (not subject to deductible)	40% coinsurance +	

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	
If you have a hospital stay	Facility fee (e.g., hospital room)	20% coinsurance	40% coinsurance +	
	Physician/surgeon fees	20% coinsurance	40% coinsurance +	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	20% coinsurance	40% coinsurance +	Facility based treatment 20% coinsurance
	Inpatient services	20% coinsurance	40% coinsurance +	
If you are pregnant	Office visits	\$60 specialist copay for 1st visit (not subject to deductible)	40% coinsurance +	20% coinsurance maternity care
	Childbirth/delivery professional services	20% coinsurance	40% coinsurance +	
	Childbirth/delivery facility services	20% coinsurance	40% coinsurance +	
If you need help recovering or have other special health needs	<u>Home health care</u>	20% coinsurance	40% coinsurance +	Must contain a medical component;
	<u>Rehabilitation services</u>	20% coinsurance	40% coinsurance +	Visit limitations
	<u>Habilitation services</u>	20% coinsurance	40% coinsurance +	Subject to medical necessity
	<u>Skilled nursing care</u>	20% coinsurance	40% coinsurance +	In facility 60 days per year
	<u>Durable medical equipment</u>	20% coinsurance	Not covered	Some prior auth required
	<u>Hospice services</u>	20% coinsurance	40% coinsurance +	
If your child needs dental or eye care	Children's eye exam	\$0 copay	40% coinsurance +	Routine eye exam is preventive care
	Children's glasses	Not covered	Not covered	See Non-PSHB benefits
	Children's dental check-up	Not covered	Not covered	See Non-PSHB benefits

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your PSHB Plan brochure for more information and a list of any other <u>excluded services</u> .)			
• Cosmetic procedures	• Long-term care	• Private-duty nursing	
• Dental care Adults	• Non-emergency care when traveling outside of the US	• Routine foot care covered for diabetics only	
• Dental care children		• Services that exceed day limit	
Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your PSHB Plan brochure.)			
• Acupuncture	• Hearing Aids -\$2500 maximum per ear every 3years	• Real Appeal (Weight Loss)	
• Bariatric surgery			

- Chiropractic care
- Non-PSHB PPO dental – children and adults
- Routine Eye care- examination for vision correction

Your Rights to Continue Coverage: You can get help if you want to continue your coverage after it ends. See the PSHB Plan brochure, contact your HR office/retirement system, contact your plan at 877-835-9861 or visit <https://www.health-benefits.opm.gov/pshb>. Generally, if you lose coverage under the plan, then, depending on the circumstances, you may be eligible for a 31-day free extension of coverage, a conversion policy (a non-PSHB individual policy), spouse equity coverage, or temporary continuation of coverage (TCC). Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: If you are dissatisfied with a denial of coverage for claims under your plan, you may be able to appeal. For information about your appeal rights please see Section 3, “How you get care,” and Section 8 “The disputed claims process,” in your PSHB Plan brochure. If you need assistance, you can contact: [insert applicable contact information from instructions].

Does this plan provide Minimum Essential Coverage? [Yes]

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? [Yes]

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

[Spanish (Español): Para obtener asistencia en Español, llame al [insert telephone number].]

[Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa [insert telephone number].]

[Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 [insert telephone number].]

[Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijigo holne' [insert telephone number].]

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall <u>deductible</u>	\$500
■ <u>Specialist [cost sharing]</u>	\$60
■ <u>Hospital (facility) [cost sharing]</u>	20%
■ <u>Other [cost sharing]</u>	20%

This EXAMPLE event includes services like:

Specialist office visits (*prenatal care*)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (*ultrasounds and blood work*)
Specialist visit (*anesthesia*)

Total Example Cost	\$12,700
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In this example, Peg would pay:

Cost Sharing	
<u>Deductibles</u>	\$500
<u>Copayments</u>	\$60
<u>Coinsurance</u>	\$2500
What isn't covered	
Limits or exclusions	\$
The total Peg would pay is	\$3,600

Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall <u>deductible</u>	\$500
■ <u>Specialist [cost sharing]</u>	\$60
■ <u>Hospital (facility) [cost sharing]</u>	20%
■ <u>Other [cost sharing]</u>	20%

This EXAMPLE event includes services like:

Primary care physician office visits (*including disease education*)
Diagnostic tests (*blood work*)
Prescription drugs
Durable medical equipment (*glucose meter*)

Total Example Cost	\$5,600
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In this example, Joe would pay:

Cost Sharing	
<u>Deductibles</u>	\$500
<u>Copayments</u>	\$400
<u>Coinsurance</u>	\$1,100
What isn't covered	
Limits or exclusions	\$
The total Joe would pay is	\$2,000

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The plan's overall <u>deductible</u>	\$500
■ <u>Specialist [cost sharing]</u>	\$60
■ <u>Hospital (facility) [cost sharing]</u>	20%
■ <u>Other [cost sharing]</u>	20%

This EXAMPLE event includes services like:

Emergency room care (*including medical supplies*)
Diagnostic test (*x-ray*)
Durable medical equipment (*crutches*)
Rehabilitation services (*physical therapy*)

Total Example Cost	\$2,800
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In this example, Mia would pay:

Cost Sharing	
<u>Deductibles</u>	\$500
<u>Copayments</u>	\$10
<u>Coinsurance</u>	\$626
What isn't covered	
Limits or exclusions	\$
The total Mia would pay is	\$1,136