

## **Evidence of Coverage 2023**

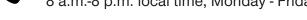
UnitedHealthcare® Group Medicare Advantage (PPO)

Group Name (Plan Sponsor): Colorado PERA Medicare Advantage # 1

Group Number: 15703



€ Toll-free **1-844-280-7754**, TTY **711** 8 a.m.-8 p.m. local time, Monday - Friday





retiree.uhc.com/peracare

## United Healthcare

#### **January 1, 2023 - December 31, 2023**

## **Evidence of Coverage**

#### Your Medicare Health Benefits and Services and Prescription Drug Coverage as a Member of our plan

This document gives you the details about your Medicare health care and prescription drug coverage from January 1, 2023 - December 31, 2023.



This is an important legal document. Please keep it in a safe place.

For questions about this document, please contact Customer Service at 1-844-280-7754. (TTY users should call 711). Hours are 8 a.m.-8 p.m. local time, Monday - Friday.

This plan, UnitedHealthcare® Group Medicare Advantage (PPO), is insured through UnitedHealthcare Insurance Company or one of its affiliates. (When this **Evidence of Coverage** says "we," "us," or "our," it means UnitedHealthcare. When it says "plan" or "our plan," it means UnitedHealthcare® Group Medicare Advantage (PPO).)

UnitedHealthcare does not discriminate on the basis of race, color, national origin, sex, age, or disability in health programs and activities.

UnitedHealthcare provides free services to help you communicate with us such as documents in other languages, Braille, large print, audio, or you can ask for an interpreter. For more information, please call Customer Service at the number on your member ID card or the front of your plan booklet.

UnitedHealthcare ofrece servicios gratuitos para ayudarle a que se comunique con nosotros. Por ejemplo, documentos en otros idiomas, braille, en letra grande o en audio. O bien, usted puede pedir un intérprete. Comuníquese con nuestro número de Servicio al Cliente al número que se encuentra en su tarjeta de ID de miembro o en la portada de la quía de su plan.

Benefits and/or copayments/coinsurance may change on January 1, 2024.

The formulary, pharmacy network, and provider network may change at any time. You will receive notice when necessary. We will notify affected enrollees about changes at least 30 days in advance.

This document explains your benefits and rights. Use this document to understand about:

\[
\textstyle \text{Your plan premium and cost sharing;}
\]

\[
\textstyle \text{Your medical and prescription drug benefits;}
\]

☐ How to file a complaint if you are not satisfied with a service or treatment;
☐ How to contact us if you need further assistance; and,

 $\hfill\square$  Other protections required by Medicare law.

OMB Approval 0938-1051 (Expires: February 29, 2024)

# **2023 Evidence of Coverage Table of Contents**

Chapter 1:	Getting star	ted as a member	1
	Section 1	Introduction	2
	Section 2	What makes you eligible to be a plan member?	3
	Section 3	Important membership materials you will receive	4
	Section 4	Your monthly costs for the plan	5
	Section 5	More information about your monthly premium	8
	Section 6	Keeping your plan membership record up to date	8
	Section 7	How other insurance works with our plan	9
Chapter 2:	Important p	hone numbers and resources	.11
	Section 1	UnitedHealthcare® Group Medicare Advantage (PPO) Contacts (how to contact us, including how to reach Customer Service)	
	Section 2	Medicare (how to get help and information directly from the Federal Medicare program)	
	Section 3	State Health Insurance Assistance Program (free help, information, and answers to your questions about Medicare)	.18
	Section 4	Quality Improvement Organization	27
	Section 5	Social Security	38
	Section 6	Medicaid	.39
	Section 7	Information about programs to help people pay for their prescription drugs	
	Section 8	How to contact the Railroad Retirement Board	.58
	Section 9	Do you have "group insurance" or other health insurance from an employer?	.59
Chapter 3:	Using the pl	an for your medical services	60
	Section 1	Things to know about getting your medical care as a member of our plan	
	Section 2	Using network and out-of-network providers to get your medical care	
	Section 3	How to get services when you have an emergency or urgent need for care or during a disaster	r
	Section 4	What if you are billed directly for the full cost of your services?	65

	Section 5	How are your medical services covered when you are in a "clinical research study"?	
	Section 6	Rules for getting care in a "religious non-medical health care institution"	67
	Section 7	Rules for ownership of durable medical equipment	68
Chapter 4:	Medical Be	nefits Chart (what is covered and what you pay)	70
	Section 1	Understanding your out-of-pocket costs for covered services	71
	Section 2	Use the Medical Benefits Chart to find out what is covered and ho much you will pay	
	Section 3	What Medical services are not covered by the plan?	127
	Section 4	Other additional benefits (not covered under Original Medicare)	133
Chapter 5:	Using the p	lan's coverage for Part D prescription drugs	. 139
	Section 1	Introduction	140
	Section 2	Fill your prescription at a network pharmacy or through the plan's preferred mail-order service	
	Section 3	Your drugs need to be on the plan's "Drug List"	143
	Section 4	There are restrictions on coverage for some drugs	144
	Section 5	What if one of your drugs is not covered in the way you'd like it to covered?	
	Section 6	What if your coverage changes for one of your drugs?	149
	Section 7	What types of drugs are not covered by the plan?	151
	Section 8	Filling a prescription	152
	Section 9	Part D drug coverage in special situations	152
	Section 10	Programs on drug safety and managing medications	153
Chapter 6:	What you pa	ay for your Part D prescription drugs	. 156
	Section 1	Introduction	157
	Section 2	What you pay for a drug depends on which "drug payment stage" are in when you get the drug	
	Section 3	We send you reports that explain payments for your drugs and wh payment stage you are in	
	Section 4	There is no deductible for the plan	161
	Section 5	During the Initial Coverage Stage, the plan pays its share of your costs and you pay your share	_
	Section 6	Costs in the Coverage Gap Stage	

	Section 7	During the Catastrophic Coverage Stage, the plan pays most of the cost for your drugs	
	Section 8	Additional benefits information	164
	Section 9	Part D Vaccines. What you pay for depends on how and where you them	_
Chapter 7:	Asking us to	o pay our share of a bill you have received for covered medical	
	services or	drugs	.167
	Section 1	Situations in which you should ask us to pay our share of the cost your covered services or drugs	
	Section 2	How to ask us to pay you back or to pay a bill you have received	170
	Section 3	We will consider your request for payment and say yes or no	171
Chapter 8:	Your rights	and responsibilities	. 172
	Section 1	Our plan must honor your rights and cultural sensitivities as a men of the plan	
	Section 2	You have some responsibilities as a member of the plan	. 186
Chapter 9:	What to do	if you have a problem or complaint (coverage decisions, appeals	<b>;</b> ,
	complaints	)	188
	Section 1	Introduction	189
	Section 2	Where to get more information and personalized assistance	189
	Section 3	To deal with your problem, which process should you use?	. 190
	Section 4	A guide to the basics of coverage decisions and appeals	. 190
	Section 5	Your medical care: How to ask for a coverage decision or make ar appeal of a coverage decision	
	Section 6	Your Part D prescription drugs: How to ask for a coverage decision make an appeal	n or
	Section 7	How to ask us to cover a longer inpatient hospital stay if you think doctor is discharging you too soon	
	Section 8	How to ask us to keep covering certain medical services if you thir your coverage is ending too soon	
	Section 9	Taking your appeal to Level 3 and beyond	222
	Section 10	How to make a complaint about quality of care, waiting times, customer service, or other concerns	224
Chapter 10:	Ending you	r membership in the plan	. 228

	Section 1	Introduction to ending your membership in our plan	229
	Section 2	When can you end your membership in our plan?	229
	Section 3	Until your membership ends, you must keep getting your medical services and drugs through our plan	
	Section 4	We must end your membership in the plan in certain situations	
Chapter 11:	Legal notice	es	. 232
	Section 1	Notice about governing law	233
	Section 2	Notice about non-discrimination	233
	Section 3	Notice about Medicare Secondary Payer subrogation rights	233
	Section 4	Third party liability and subrogation	233
	Section 5	Member liability	234
	Section 6	Medicare-covered services must meet requirement of reasonable necessary	
	Section 7	Non duplication of benefits with automobile, accident or liability coverage	
	Section 8	Acts beyond our control	
	Section 9	Contracting medical providers and network hospitals are independent contractors	dent
	Section 10	Technology assessment	236
	Section 11	Member statements	236
	Section 12	Information upon request	236
	Section 13	2023 Enrollee Fraud & Abuse Communication	237
	Section 14	Commitment of Coverage Decisions	237
	Section 15	Renew ActiveTM Terms and Conditions	
Chapter 12:	Definitions	of important words	240

# Chapter 1

Getting started as a member

#### Section 1 Introduction

## Section 1.1 You are enrolled in UnitedHealthcare® Group Medicare Advantage (PPO), which is a Medicare PPO

You are covered by Medicare, and you have chosen to get your Medicare health care and your prescription drug coverage through our plan, UnitedHealthcare® Group Medicare Advantage (PPO). We are required to cover all Part A and Part B services. However, cost sharing and provider access in this plan differ from Original Medicare.

Our plan is a Medicare Advantage PPO Plan (PPO stands for Preferred Provider Organization). Like all Medicare health plans, this Medicare PPO is approved by Medicare and run by a private company.

Coverage under this Plan qualifies as Qualifying Health Coverage (QHC) and satisfies the Patient Protection and Affordable Care Act's (ACA) individual shared responsibility requirement. Please visit the Internal Revenue Service (IRS) website at: www.irs.gov/Affordable-Care-Act/individuals-and-families for more information.

#### Section 1.2 What is the Evidence of Coverage document about?

This **Evidence of Coverage** document tells you how to get your medical care and prescription drugs. It explains your rights and responsibilities, what is covered, what you pay as a member of the plan, and how to file a complaint if you are not satisfied with a decision or treatment.

When the Agreement is purchased by the Group to provide benefits under a welfare plan governed by the Employee Retirement Income Security Act (ERISA), 29 U.S.C. §1001 et seq., we are not the plan administrator or named fiduciary of the welfare plan, as those terms are used in ERISA.

The words "coverage" and "covered services" refer to the medical care, services and prescription drugs available to you as a member of the plan.

It's important for you to learn what the plan's rules are and what services are available to you. We encourage you to set aside some time to look through this **Evidence of Coverage** document.

If you are confused, concerned or just have a question, please contact Customer Service.

#### Section 1.3 Legal information about the Evidence of Coverage

This **Evidence of Coverage** is part of our contract with you about how the plan covers your care. Other parts of this contract include your enrollment form or your verbal or electronic election of our plan, the **List of Covered Drugs (Formulary)**, and any notices you receive from us about changes to your coverage or conditions that affect your coverage. These notices are sometimes called "riders" or "amendments."

The contract is in effect for months in which you are enrolled in the plan between January 1, 2023 and December 31, 2023.

Each plan year, Medicare allows us to make changes to the plans that we offer. This means we can change the costs and benefits of the plan after December 31, 2023. We can also choose to stop offering the plan, or to offer it in a different service area, after December 31, 2023.

Medicare (the Centers for Medicare & Medicaid Services) must approve our plan each year. You can continue each year to get Medicare coverage as a member of our plan as long as we choose to continue to offer the plan and Medicare renews its approval of the plan.

#### 

## Section 2.2 Here is the plan service area for UnitedHealthcare® Group Medicare Advantage (PPO)

Our plan is available only to individuals who live in our plan service area. To remain a member of our plan, you must continue to reside in the plan service area. The service area is described below.

Our service area includes the 50 United States and the District of Columbia, Puerto Rico, the United States Virgin Islands, Guam, American Samoa, and the Northern Mariana Islands.

If you plan to move out of the service area, you cannot remain a member of this plan. Please contact Customer Service **and your plan sponsor** to see if we have a plan in your new area.

It is also important that you call Social Security if you move or change your mailing address. You can find phone numbers and contact information for Social Security in Chapter 2, Section 5.

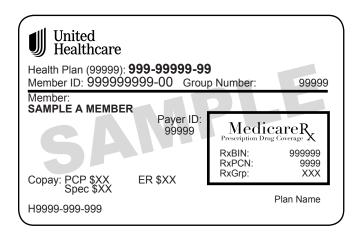
#### Section 2.3 U.S. Citizen or Lawful Presence

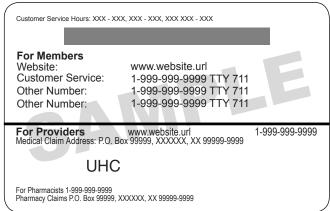
A member of a Medicare health plan must be a U.S. citizen or lawfully present in the United States. Medicare (the Centers for Medicare & Medicaid Services) will notify UnitedHealthcare® Group Medicare Advantage (PPO) if you are not eligible to remain a member on this basis. UnitedHealthcare® Group Medicare Advantage (PPO) must disenroll you if you do not meet this requirement.

#### Section 3 Important membership materials you will receive

#### Section 3.1 Your UnitedHealthcare member ID card

While you are a member of our plan, you must use your UnitedHealthcare member ID card whenever you get services covered by this plan and for prescription drugs you get at network pharmacies. You should also show the provider your Medicaid card, if applicable. Here's a sample UnitedHealthcare member ID card to show you what yours will look like:





Do NOT use your red, white, and blue Medicare card for covered medical services while you are a member of this plan. If you use your Medicare card instead of your UnitedHealthcare member ID card, you may have to pay the full cost of medical services yourself. Keep your Medicare card in a safe place. You may be asked to show it if you need hospital services, hospice services, or participate in Medicare approved clinical research studies also called clinical trials. Note: If you are not entitled to Medicare Part A coverage, hospice services are not covered by the plan or by Medicare.

If your UnitedHealthcare member ID card is damaged, lost, or stolen, call Customer Service right away and we will send you a new card.

#### Section 3.2 Provider Directory

The **Provider Directory** lists our network providers and durable medical equipment suppliers. **Network providers** are the doctors and other health care professionals, medical groups, durable medical equipment suppliers, hospitals, and other health care facilities that have an agreement with us to accept our payment and any plan cost-sharing as payment in full.

As a member of our plan, you can choose to receive care from out-of-network providers. Our plan will cover services from either in-network or out-of-network providers, as long as the provider accepts the plan and has not opted out of or been excluded or precluded from the Medicare

Program, and the services are covered benefits and medically necessary. See Chapter 3 (Using the plan's coverage for your medical services) for more specific information.

The most recent list of providers and suppliers is available on our website at retiree.uhc.com/peracare.

If you don't have your copy of the **Provider Directory**, you can request a copy from Customer Service.

#### Section 3.3 Pharmacy Directory

The pharmacy directory lists our network pharmacies. **Network pharmacies** are all of the pharmacies that have agreed to fill covered prescriptions for our plan members. You can use the Pharmacy Directory to find the network pharmacy you want to use. See Chapter 5, Section 2.5 for information on when you can use pharmacies that are not in the plan's network.

If you don't have the **Pharmacy Directory**, you can get a copy from Customer Service. You can also find this information on our website at retiree.uhc.com/peracare.

#### Section 3.4 The plan's List of Covered Drugs (Formulary)

The plan has a **List of Covered Drugs (Formulary)**. We call it the "Drug List" for short. It tells which Part D prescription drugs are covered under the Part D benefit included in our plan. The drugs on this list are selected by the plan with the help of a team of doctors and pharmacists. The list must meet requirements set by Medicare. Medicare has approved the plan's Drug List.

The Drug List also tells you if there are any rules that restrict coverage for your drugs.

We will provide you a copy of the Drug List. The Drug List we provide you includes information for the covered drugs that are most commonly used by our members. However, we cover additional drugs that are not included in the provided Drug List. If one of your drugs is not listed in the Drug List, you should visit our website or contact Customer Service to find out if we cover it. To get the most complete and current information about which drugs are covered, you can visit the plan's website (retiree.uhc.com/peracare) or call Customer Service.

#### Section 4 Your monthly costs for the plan

Yc	our costs may include the following:
	□ Plan Premium (Section 4.1)
	☐ Medicare Part B Premium (Section 4.2)
	☐ Part D Late Enrollment Penalty (Section 4.3)
	☐ Income Related Monthly Adjusted Amount (Section 4.4)

Medicare Part B and Part D premiums differ for people with different incomes. If you have questions about these premiums review your copy of Medicare & You 2023 handbook, the section called "2023 Medicare Costs." If you need a copy you can download it from the Medicare website

(www.medicare.gov). Or, you can order a printed copy by phone at 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users call 1-877-486-2048.

#### Section 4.1 Plan premium

Your former employer, union group or trust administrator (plan sponsor) is responsible for paying your monthly plan premium to UnitedHealthcare on your behalf. Your plan sponsor determines the amount of any retiree contribution toward the monthly premium for our plan. Your plan sponsor will notify you if you must pay any portion of your monthly premium for our plan.

#### Section 4.2 Medicare Part B Premium

#### Many members are required to pay other Medicare premiums

You must continue paying your Medicare premiums to remain a member of the plan. This includes your premium for Part B. It may also include a premium for Part A which affects members who aren't eligible for premium free Part A.

#### Section 4.3 Part D Late Enrollment Penalty

Some members are required to pay a Part D late enrollment penalty. The Part D late enrollment penalty is an additional premium that must be paid for Part D coverage if at any time after your initial enrollment period is over, there is a period of 63 days or more in a row when you did not have Part D or other creditable prescription drug coverage. "Creditable prescription drug coverage" is coverage that meets Medicare's minimum standards since it is expected to pay, on average, at least as much as Medicare's standard prescription drug coverage. The cost of the late enrollment penalty depends on how long you went without Part D or other creditable prescription drug coverage. You will have to pay this penalty for as long as you have Part D coverage.

The Part D late enrollment penalty is added to your monthly premium. (For members who must pay a late enrollment penalty, the amount of the penalty will be added to the bill we send to your plan sponsor.) When you first enroll in our plan, we let you know the amount of the penalty. Your Part D late enrollment penalty is considered part of your plan premium.

You will not have to pay it if:

☐ You receive "Extra Help" from Medicare to pay for your prescription drugs.	
$\square$ You have gone less than 63 days in a row without creditable coverage.	
□ You have had creditable drug coverage through another source such as a former employed union, TRICARE, or Department of Veterans Affairs. Your insurer or your human resource department will tell you each year if your drug coverage is creditable coverage. This information may be sent to you in a letter or included in a newsletter from the plan. Kee information, because you may need it if you join a Medicare drug plan later.	ces

 Note: Any notice must state that you had "creditable" prescription drug coverage that is expected to pay as much as Medicare's standard prescription drug plan pays.  Note: The following are not creditable prescription drug coverage: prescription drug discount cards, free clinics, and drug discount websites.

#### Medicare determines the amount of the penalty. Here is how it works:

☐ If you went 63 days or more without Part D or other creditable prescription drug cover you were first eligible to enroll in Part D, the plan will count the number of full months did not have coverage. The penalty is 1% for every month that you did not have credit coverage. For example, if you go 14 months without coverage, the penalty will be 149.	that you table
☐ Then Medicare determines the amount of the average monthly premium for Medicare plans in the nation from the previous year. For 2023, this average premium amount is	•
□ To calculate your monthly penalty, you multiply the penalty percentage and the averamonthly premium and then round it to the nearest 10 cents. In the example here it we 14% times \$32.74, which equals \$4.58. This rounds to \$4.60. This amount would be the plan sponsor's monthly premium for someone with a Part D late enrollment premium for some premium f	ould be added <b>to</b>

There are three important things to note about this monthly Part D late enrollment penalty:

$\hfill \Box$ First, the penalty may change each year, because the average monthly premium can chang
each year.
☐ Second, <b>you will continue to pay a penalty</b> every month for as long as you are enrolled in a
plan that has Medicare Part D drug benefits, even if you change plans.
Third if you are under CE and surroughly receiving Medicare benefits the Dort Diete carellage

☐ Third, if you are <u>under</u> 65 and currently receiving Medicare benefits, the Part D late enrollment penalty will reset when you turn 65. After age 65, your Part D late enrollment penalty will be based only on the months that you don't have coverage after your initial enrollment period for aging into Medicare.

If you disagree about your Part D late enrollment penalty, you or your representative can ask for a review. Generally, you must request this review **within 60 days** from the date on the first letter you receive stating you have to pay a late enrollment penalty. However, if you were paying a penalty before joining our plan, you may not have another chance to request a review of that late enrollment penalty.

#### Section 4.4 Income Related Monthly Adjustment Amount

Some members may be required to pay an extra charge, known as the Part D Income Related Monthly Adjustment Amount, also known as IRMAA. The extra charge is figured out using your modified adjusted gross income as reported on your IRS tax return from 2 years ago. If this amount is above a certain amount, you'll pay the standard premium amount and the additional IRMAA. For more information on the extra amount you may have to pay based on your income, visit https://www.medicare.gov/drug-coverage-part-d/costs-for-medicare-drug-coverage/monthly-premium-for-drug-plans.

If you have to pay an extra amount, Social Security, not your Medicare plan, will send you a letter telling you what that extra amount will be. The extra amount will be withheld from your Social Security, Railroad Retirement Board, or Office of Personnel Management benefit check, no matter

how you usually pay your plan premium, unless your monthly benefit isn't enough to cover the extra amount owed. If your benefit check isn't enough to cover the extra amount, you will get a bill from Medicare. You must pay the extra amount to the government. It cannot be paid with your monthly plan premium. If you do not pay the extra amount you will be disenrolled from the plan and lose prescription drug coverage.

If you disagree about paying an extra amount, you can ask Social Security to review the decision. To find out more about how to do this, contact Social Security at 1-800-772-1213 (TTY 1-800-325-0778).

#### Section 5 More information about your monthly premium

#### Section 5.1 Can we change your monthly plan premium during the year?

Monthly plan premium changes and employer-sponsored benefit changes are subject to contractual arrangements between your plan sponsor and us, and as a result, monthly plan premiums generally do not change during the plan year. Your plan sponsor is responsible for notifying you of any monthly plan premium changes or retiree contribution changes (the portion of your monthly plan premium your plan sponsor requires you to pay) prior to the date when the change becomes effective.

However, in some cases, your plan sponsor may need to start paying or may be able to stop paying a Late Enrollment Penalty. (The Late Enrollment Penalty may apply if you had a continuous period of 63 days or more when you didn't have "creditable" prescription drug coverage.) This could happen if you become eligible for the "Extra Help" program or if you lose your eligibility for the "Extra Help" program during the year:

If your plan sponsor currently pays the Part D late enrollment penalty and you become eligible
for "Extra Help" during the year, your plan sponsor would no longer pay your penalty.
If you lose Extra Help, you may be subject to the late enrollment penalty if you go 63 days or
more in a row without Part D or other creditable prescription drug coverage.

You can find out more about the "Extra Help" program in Chapter 2, Section 7.

#### Section 6 Keeping your plan membership record up to date

Your membership record has information from your enrollment form, including your address and telephone number. It shows your specific plan coverage.

#### Let us know about these changes:

☐ Changes to your name, your address, or your phone number.
☐ Changes in any other medical or drug insurance coverage you have (such as from your
employer, your spouse's employer, Workers' Compensation, or Medicaid).

<ul> <li>If you have any liability claims, such as claims from an automobile accident.</li> <li>If you have been admitted to a nursing home.</li> <li>If your designated responsible party (such as a caregiver) changes.</li> <li>If you are participating in a clinical research study. (Note: You are not required to tell your plan about the clinical research studies you intend to participate in but we encourage you to do so)</li> <li>If any of this information changes, please let us know by calling Customer Service.</li> </ul>
It is also important to contact Social Security if you move or change your mailing address. You can
find phone numbers and contact information for Social Security in Chapter 2, Section 5.
Section 7 How other insurance works with our plan
Other insurance
Medicare requires that we collect information from you about any other medical or drug insurance coverage that you have. That's because we must coordinate any other coverage you have with your benefits under our plan. This is called Coordination of Benefits.
Once each year, we will send you a letter that lists any other medical or drug insurance coverage that we know about. Please read over this information carefully. If it is correct, you don't need to do anything. If the information is incorrect, or if you have other coverage that is not listed, please call Customer Service. You may need to give your plan member ID number to your other insurers (once you have confirmed their identity) so your bills are paid correctly and on time.
When you have other insurance (like employer group health coverage), there are rules set by Medicare that decide whether our plan or your other insurance pays first. The insurance that pays first is called the "primary payer" and pays up to the limits of its coverage. The one that pays second, called the "secondary payer," only pays if there are costs left uncovered by the primary coverage. The secondary payer may not pay all of the uncovered costs. If you have other insurance, tell your doctor, hospital, and pharmacy.
These rules apply for employer or union group health plan coverage:
☐ If you have retiree coverage, Medicare pays first.
☐ If your group health plan coverage is based on your or a family member's current employment, who pays first depends on your age, the number of people employed by your employer, and whether you have Medicare based on age, disability, or End-Stage Renal Disease (ESRD):
o If you're under 65 and disabled and you or your family member is still working, your group health plan pays first if the employer has 100 or more employees or at least one employer in a multiple employer plan that has more than 100 employees.
o If you're over 65 and you or your spouse is still working, your group health plan pays first if the employer has 20 or more employees or at least one employer in a multiple employer plan that has more than 20 employees.

These types of coverage usually pay first for services related to each type:

months after you become eligible for Medicare.

☐ If you have Medicare because of ESRD, your group health plan will pay first for the first 30

☐ No-fault insurance (including automobile insurance)
☐ Liability (including automobile insurance)
☐ Black lung benefits
☐ Workers' Compensation
Medicaid and TRICARE never pay first for Medicare-covered services. They only pay after Medicare, employer group health plans, and/or Medigap have paid.

## Chapter 2

Important phone numbers and resources

# Section 1 UnitedHealthcare® Group Medicare Advantage (PPO) Contacts (how to contact us, including how to reach Customer Service)

#### How to contact our plan's Customer Service

For assistance with claims, billing, or UnitedHealthcare member ID card questions, please call or write to our plan Customer Service. We will be happy to help you.

Method	Customer Service - Contact Information
Call	1-844-280-7754 Calls to this number are free. Hours of Operation: 8 a.m8 p.m. local time, Monday - Friday Customer Service also has free language interpreter services available for non-English speakers.
TTY	711 Calls to this number are free. Hours of Operation: 8 a.m8 p.m. local time, Monday - Friday
Write	UnitedHealthcare Customer Service Department P.O. Box 30770, Salt Lake City, UT 84130-0770
Website	retiree.uhc.com/peracare

## How to contact us when you are asking for a coverage decision or appeal about your medical care

A coverage decision is a decision we make about your benefits and coverage or about the amount we will pay for your medical services or Part D prescription drugs. An appeal is a formal way of asking us to review and change a coverage decision we have made. For more information on asking for coverage decisions or appeals about your medical care or Part D prescription drugs, see Chapter 9 (What to do if you have a problem or complaint (coverage decisions, appeals, complaints)).

You may call us if you have questions about our coverage decision process.

Method	Coverage Decisions for Medical Care - Contact Information
Call	1-844-280-7754 Calls to this number are free. Hours of Operation: 8 a.m8 p.m. local time, Monday - Friday
TTY	711

Method	Coverage Decisions for Medical Care - Contact Information
	Calls to this number are free. Hours of Operation: 8 a.m8 p.m. local time, Monday - Friday
Write	UnitedHealthcare P.O. Box 30770, Salt Lake City, UT 84130-0770
Website	retiree.uhc.com/peracare

Method	Appeals for Medical Care - Contact Information
Call	1-844-280-7754 Calls to this number are free. Hours of Operation: 8 a.m8 p.m. local time, Monday - Friday For fast/expedited appeals for medical care: 1-844-280-7754 Calls to this number are free. Hours of Operation: 8 a.m8 p.m. local time, Monday - Friday
TTY	711 Calls to this number are free. Hours of Operation: 8 a.m8 p.m. local time, Monday - Friday
Fax	1-888-517-7113 For fast/expedited appeals for medical care only: 1-866-373-1081
Write	UnitedHealthcare Appeals and Grievances Department P.O. Box 6106, MS CA124-0157, Cypress, CA 90630-0016
Website	retiree.uhc.com/peracare

Method	Coverage Decisions for Part D Prescription Drugs – Contact Information
Call	1-844-280-7754 Calls to this number are free. Hours of Operation: 8 a.m8 p.m. local time, Monday - Friday
TTY	711

Method	Coverage Decisions for Part D Prescription Drugs - Contact Information
	Calls to this number are free. Hours of Operation: 8 a.m8 p.m. local time, Monday - Friday
Fax	1-844-403-1028
Write	OptumRx Prior Authorization Department P.O. Box 25183, Santa Ana, CA 92799
Website	retiree.uhc.com/peracare

Method	Appeals for Part D Prescription Drugs - Contact Information
Call	1-844-280-7754 Calls to this number are free. Hours of Operation: 8 a.m8 p.m. local time, Monday - Friday For fast/expedited appeals for Part D prescription drugs: 1-844-280-7754 Calls to this number are free. Hours of Operation: 8 a.m8 p.m. local time, Monday - Friday
TTY	711
	Calls to this number are free. Hours of Operation: 8 a.m8 p.m. local time, Monday - Friday
Fax	For standard Part D prescription drug appeals: 1-866-308-6294 For fast/expedited Part D prescription drug appeals: 1-866-308-6296
Write	UnitedHealthcare Part D Appeal and Grievance Department P.O. Box 6106, MS CA124-0197, Cypress, CA 90630-0016
Website	retiree.uhc.com/peracare

#### How to contact us when you are making a complaint about your medical care

You can make a complaint about us or one of our network providers, or pharmacies, including a complaint about the quality of your care. This type of complaint does not involve coverage or payment disputes. For more information on making a complaint about your medical care, see Chapter 9 (What to do if you have a problem or complaint (coverage decisions, appeals, complaints)).

Complaints about Medical Care - Contact Information
1-844-280-7754 Calls to this number are free. Hours of Operation: 8 a.m8 p.m. local time, Monday - Friday For fast/expedited complaints about medical care: 1-844-280-7754 Calls to this number are free. Hours of Operation: 8 a.m8 p.m. local time, Monday - Friday
711  Calls to this number are free.  Hours of Operation: 8 a.m8 p.m. local time, Monday - Friday
1-888-517-7113 For fast/expedited complaints about medical care only: 1-866-373-1081
UnitedHealthcare Appeals and Grievances Department P.O. Box 6106, MS CA124-0157, Cypress, CA 90630-0016
You can submit a complaint about UnitedHealthcare® Group Medicare Advantage (PPO) directly to Medicare. To submit an online complaint to Medicare, go to www.medicare.gov/MedicareComplaintForm/home.aspx.

Method	Complaints about Part D Prescription Drugs - Contact Information
Call	1-844-280-7754 Calls to this number are free. Hours of Operation: 8 a.m8 p.m. local time, Monday - Friday For fast/expedited complaints about Part D prescription drugs: 1-844-280-7754 Calls to this number are free. Hours of Operation: 8 a.m8 p.m. local time, Monday - Friday
TTY	711  Calls to this number are free.  Hours of Operation: 8 a.m8 p.m. local time, Monday - Friday
Fax	For standard Part D prescription drug complaints:  1-866-308-6294  For fast/expedited Part D prescription drug complaints:

Method	Complaints about Part D Prescription Drugs - Contact Information
	1-866-308-6296
Write	UnitedHealthcare Part D Appeal and Grievance Department P.O. Box 6106, MS CA124-0197, Cypress, CA 90630-0016
Medicare Website	You can submit a complaint about UnitedHealthcare® Group Medicare Advantage (PPO) directly to Medicare. To submit an online complaint to Medicare, go to www.medicare.gov/MedicareComplaintForm/home.aspx.

## Where to send a request asking us to pay for our share of the cost for medical care or a drug you have received.

If you have received a bill or paid for services (such as a provider bill) that you think we should pay for, you may need to ask us for reimbursement or to pay the provider bill. See Chapter 7 (Asking us to pay our share of a bill you have received for covered medical services or drugs).

Please note: If you send us a payment request and we deny any part of your request, you can appeal our decision. See Chapter 9 (What to do if you have a problem or complaint (coverage decisions, appeals, complaints)) for more information.

Method	Payment Requests - Contact Information
Call	1-844-280-7754 Calls to this number are free. Hours of Operation: 8 a.m8 p.m. local time, Monday - Friday
TTY	711  Calls to this number are free.  Hours of Operation: 8 a.m8 p.m. local time, Monday - Friday
Write	Medical claims payment requests: UnitedHealthcare P.O. Box 30995, Salt Lake City, UT 84130-0995 Part D prescription drug payment requests: OptumRx P.O. Box 650287, Dallas, TX 75265-0287
Website	retiree.uhc.com/peracare

## Section 2 Medicare (how to get help and information directly from the Federal Medicare program)

Medicare is the Federal health insurance program for people 65 years of age or older, some people under age 65 with disabilities, and people with End-Stage Renal Disease (permanent kidney failure requiring dialysis or a kidney transplant).

The Federal agency in charge of Medicare is the Centers for Medicare & Medicaid Services (sometimes called "CMS"). This agency contracts with Medicare Advantage organizations, including us.

Method	Medicare - Contact Information
Call	1-800-MEDICARE, or 1-800-633-4227 Calls to this number are free. 24 hours a day, 7 days a week.
TTY	1-877-486-2048 This number requires special telephone equipment and is only for people who have difficulties with hearing or speaking. Calls to this number are free.
Website	www.medicare.gov
	This is the official government website for Medicare. It gives you up-to-date information about Medicare and current Medicare issues. It also has information about hospitals, nursing homes, physicians, home health agencies, and dialysis facilities. It includes documents you can print directly from your computer. You can also find Medicare contacts in your state.
	The Medicare website also has detailed information about your Medicare eligibility and enrollment options with the following tools:
	available Medicare prescription drug plans, Medicare health plans, and Medigap (Medicare Supplement Insurance) policies in your area. Because your coverage is provided by a plan sponsor, you will not find UnitedHealthcare® Group Medicare Advantage (PPO) plans listed on www.medicare.gov. These tools provide an <b>estimate</b> of what your out-of-pocket costs might be in different Medicare plans.
	You can also use the website to tell Medicare about any complaints you have about UnitedHealthcare® Group Medicare Advantage (PPO):   Tell Medicare about your complaint: You can submit a complaint about UnitedHealthcare® Group Medicare Advantage (PPO) directly

Method Medicare - Contact Information	
	to Medicare. To submit a complaint to Medicare, go to www.medicare.gov/MedicareComplaintForm/home.aspx. Medicare takes your complaints seriously and will use this information to help improve the quality of the Medicare program.
	If you don't have a computer, your local library or senior center may be able to help you visit this website using its computer. Or, you can call Medicare and tell them what information you are looking for. They will find the information on the website and review the information with you. (You can call Medicare at 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.)

## Section 3 State Health Insurance Assistance Program (free help, information, and answers to your questions about Medicare)

The State Health Insurance Assistance Program (SHIP) is a government program with trained counselors in every state. Here is a list of the State Health Insurance Assistance Programs in each state we serve:

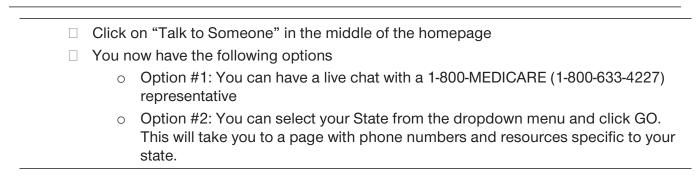
- Alaska Alaska Medicare Information Office
- Alabama Alabama State Health Insurance Assistance Program (SHIP)
- Arkansas Arkansas Senior Health Insurance Information Program (SHIIP)
- American Samoa American Samoa Senior Health Insurance Program
- Arizona Arizona State Health Insurance Assistance Program
- California California Health Insurance Counseling & Advocacy Program (HICAP)
- Colorado Colorado Senior Health Insurance Assistance Program (SHIP)
- Connecticut Connecticut CHOICES Senior Health Insurance Program
- District of Columbia Department of Aging and Community Living
- Delaware Delaware Medicare Assistance Bureau (DMAB)
- Florida Florida Serving Health Insurance Needs of Elders (SHINE)
- Georgia GeorgiaCares Senior Health Insurance Plan
- Guam Guam Medicare Assistance Program (GUAM MAP)
- Hawaii Hawaii SHIP
- Iowa Iowa Senior Health Insurance Information Program (SHIIP)
- Idaho Idaho Senior Health Insurance Benefits Advisors (SHIBA)
- Illinois Illinois Senior Health Insurance Program (SHIP)
- Indiana Indiana State Health Insurance Assistance Program (SHIP)
- Kansas Kansas Senior Health Insurance Counseling for Kansas (SHICK)
- Kentucky Kentucky State Health Insurance Assistance Program (SHIP)
- Louisiana Louisiana Senior Health Insurance Information Program (SHIIP)
- Massachusetts Massachusetts Serving the Health Insurance Needs of Everyone (SHINE)
- Maryland Maryland Department of Aging Senior Health Insurance Assistance Program (SHIP)
- Maine Maine State Health Insurance Assistance Program (SHIP)

- Michigan Michigan MMAP, Inc. Senior Health Insurance Program
- Minnesota Minnesota State Health Insurance Assistance Program/Senior LinkAge Line
- Missouri Missouri CLAIM Senior Health Insurance Program
- Northern Mariana Islands North Mariana Islands Senior Health Insurance Program
- Mississippi Mississippi Department of Human Services, Division of Aging & Adult Services
- Montana Montana State Health Insurance Assistance Program (SHIP)
- North Carolina North Carolina Seniors Health Insurance Information Program (SHIIP)
- North Dakota North Dakota Senior Health Insurance Counseling (SHIC)
- Nebraska Nebraska Senior Health Insurance Information Program (SHIIP)
- New Hampshire New Hampshire SHIP ServiceLink Aging and Disability Resource Center
- New Jersey New Jersey State Health Insurance Assistance Program (SHIP)
- New Mexico New Mexico Benefits Counseling Program SHIP
- Nevada Nevada State Health Insurance Assistance Program (SHIP)
- New York New York Health Insurance Information Counseling and Assistance Program (HIICAP)
- Ohio Ohio Senior Health Insurance Information Program (OSHIIP)
- Oklahoma Oklahoma Medicare Assistance Program (MAP)
- Oregon Oregon Senior Health Insurance Benefits Assistance (SHIBA)
- Pennsylvania Pennsylvania Senior Health Insurance Program
- Puerto Rico Puerto Rico State Health Insurance Assistance Program (SHIP)
- Rhode Island Rhode Island State Health Insurance Assistance Program (SHIP)
- South Carolina South Carolina (I-CARE) Insurance Counseling Assistance and Referrals for Elders
- South Dakota South Dakota Senior Health Information & Insurance Education (SHIINE)
- Tennessee Tennessee Commission on Aging & Disability TN SHIP
- Texas Texas Department of Aging and Disability Services (HICAP)
- Utah Utah Senior Health Insurance Information Program (SHIP)
- Virginia Virginia Insurance Counseling and Assistance Program (VICAP)
- Virgin Islands of the U.S. Virgin Islands State Health Insurance Assistance Program (VISHIP)
- Vermont Vermont State Health Insurance Assistance Program (SHIP)
- Washington Washington Statewide Health Insurance Benefits Advisors (SHIBA)
- Wisconsin Wisconsin State Health Insurance Plan (SHIP)
- West Virginia West Virginia State Health Insurance Assistance Program (WV SHIP)
- Wyoming Wyoming State Health Insurance Information Program (WSHIIP)

Your SHIP is an independent (not connected with any insurance company or health plan) state program that gets money from the Federal government to give free local health insurance counseling to people with Medicare.

SHIP counselors can help you understand your Medicare rights, help you make complaints about your medical care or treatment, and help you straighten out problems with your Medicare bills. SHIP counselors can also help you with Medicare questions or problems and help you understand your Medicare plan choices and answer questions about switching plans.

Method to access SHIP and other resources	
	Visit www.medicare.gov



State Health Insurance Assistance Programs (SHIP) - Contact Information	
Alaska   Alaska Medicare Information Office 550 W 7th Ave, STE1230 Anchorage, AK 99501 http://dhss.alaska.gov/dsds/Pages/medicare	1-800-478-6065 TTY 1-800-770-8973
Alabama   Alabama State Health Insurance Assistance Program (SHIP) 201 Monroe ST, STE 350 Montgomery, AL 36104 www.AlabamaAgeline.gov	1-877-425-2243 TTY 711
Arkansas   Arkansas Senior Health Insurance Information Program (SHIIP)  1 Commerce Way Little Rock, AR 72202 www.shiipar.com/landing-page	1-800-224-6330 TTY 711
American Samoa   American Samoa Senior Health Insurance Program ASTCA Executive BLDG #306, P.O. Box 6101 Pago Pago, AS 96799 www.medicaid.as.gov	1-684-699-4777 TTY 711
Arizona   Arizona State Health Insurance Assistance Program 1366 E Thomas RD, STE 108 ATTN: SHIP Phoenix, AZ 85104 https://des.az.gov/services/older-adults/medicare-assistance	1-800-432-4040 TTY 711
California   California Health Insurance Counseling & Advocacy Program (HICAP) 2880 Gateway Oaks Dr, STE 200 Sacramento, CA 95833 http://www.aging.ca.gov/hicap/	1-800-434-0222 TTY 1-800-735-2929

State Health Insurance Assistance Programs (SHIP) - Contact Information	
Colorado   Colorado Senior Health Insurance Assistance Program (SHIP) 1560 Broadway, STE 850 Denver, CO 80202 https://doi.colorado.gov/insurance-products/health-insurance/ senior-health-care-medicare	1-888-696-7213 TTY 711
Connecticut   Connecticut CHOICES Senior Health Insurance Program  55 Farmington AVE, FL 12 Hartford, CT 06105-3730 https://portal.ct.gov/AgingandDisability/Content-Pages/ Programs/CHOICES-Connecticuts-program-for-Health-insurance-assistance-Outreach-Information-and-referral-Couns	1-800-994-9422 TTY 711
District of Columbia   Department of Aging and Community Living 500 K ST NE Washington, DC 20002 https://dcoa.dc.gov/	1-202-724-5626 TTY 711
Delaware   Delaware Medicare Assistance Bureau (DMAB) 1351 WN ST, STE 101 Dover, DE 19904 https://insurance.delaware.gov/divisions/dmab/	1-800-336-9500 TTY 711
Florida   Florida Serving Health Insurance Needs of Elders (SHINE) 4040 Esplanade Way, STE 270 Tallahassee, FL 32399-7000 www.floridashine.org	1-800-963-5337 TTY 1-800-955-8770
Georgia   GeorgiaCares Senior Health Insurance Plan 2 Peachtree ST NW, FL 33 Atlanta, GA 30303 https://aging.georgia.gov/georgiacares-ship	1-866-552-4464 TTY 711
Guam   Guam Medicare Assistance Program (GUAM MAP) 130 University DR, STE 8, University Castle Mall Mangilao, GU 96913 http://dphss.guam.gov/	1-671-735-7421 TTY 1-671-735-7415
Hawaii   Hawaii SHIP  No. 1 Capitol District, 250 S Hotel ST, STE 406 Honolulu, HI 96813-2831  www.hawaiiship.org	1-888-875-9229 TTY 1-866-810-4379

State Health Insurance Assistance Programs (SHIP) - Contact Information	
Iowa   Iowa Senior Health Insurance Information Program (SHIIP) 1963 Bell Avenue, STE 100 Des Moines, IA 50315 shiip.iowa.gov	1-800-351-4664 TTY 1-800-735-2942
Idaho   Idaho Senior Health Insurance Benefits Advisors (SHIBA) 700 W State St Boise, ID 83720 http://www.doi.idaho.gov/SHIBA/	1-800-247-4422 TTY 711
Illinois   Illinois Senior Health Insurance Program (SHIP) One Natural Resources Way, STE 100 Springfield, IL 62702-1271 http://www.illinois.gov/aging/ship/Pages/default.aspx	1-800-252-8966 TTY 711
Indiana   Indiana State Health Insurance Assistance Program (SHIP) 311 W Washington ST, STE 200 Indianapolis, IN 46204-2787 http://www.in.gov/ship	1-800-452-4800 TTY 1-866-846-0139
Kansas   Kansas Senior Health Insurance Counseling for Kansas (SHICK)  New England BLDG, 503 S Kansas AVE Topeka, KS 66603-3404 http://www.kdads.ks.gov/SHICK/shick_index.html	1-800-860-5260 TTY 1-785-291-3167
Kentucky   Kentucky State Health Insurance Assistance Program (SHIP) 275 E Main ST, 3E-E Frankfort, KY 40621 https://chfs.ky.gov/agencies/dail/Pages/ship.aspx	1-877-293-7447 TTY 1-800-627-4702
Louisiana   Louisiana Senior Health Insurance Information Program (SHIIP) P.O. Box 94214 Baton Rouge, LA 70804 http://www.ldi.la.gov/SHIIP/	1-800-259-5300 TTY 711
Massachusetts   Massachusetts Serving the Health Insurance Needs of Everyone (SHINE) 1 Ashburton PL, RM 517 Boston, MA 02108 http://www.mass.gov/elders/healthcare/shine/serving-the-health-information-needs-of-elders.html	1-800-243-4636 TTY 1-800-439-2370

State Health Insurance Assistance Programs (SHIP) - Contact Information	
Maryland   Maryland Department of Aging - Senior Health Insurance Assistance Program (SHIP) 301 W Preston ST, STE 1007 Baltimore, MD 21201 https://aging.maryland.gov/Pages/state-health-insurance-program.aspx	1-800-243-3425 TTY 711
Maine   Maine State Health Insurance Assistance Program (SHIP)  11 State House Station, 41 Anthony AVE Augusta, ME 04333 https://www.maine.gov/dhhs/oads/community-support/ship.html	1-800-262-2232 TTY 711
Michigan   Michigan MMAP, Inc. Senior Health Insurance Program 6105 W Saint Joseph Highway, STE 204 Lansing, MI 48917 www.mmapinc.org	1-800-803-7174 TTY 711
Minnesota   Minnesota State Health Insurance Assistance Program/Senior LinkAge Line 540 Cedar Street St. Paul, MN 55164-0976 https://mn.gov/senior-linkage-line	1-800-333-2433 TTY 1-800-627-3529
Missouri   Missouri CLAIM Senior Health Insurance Program 1105 Lakeview AVE Columbia, MO 65201 www.missouriclaim.org	1-800-390-3330 TTY 711
Northern Mariana Islands   North Mariana Islands Senior Health Insurance Program P.O. Box 5795 CHRB Saipan, MP 96950 http://commerce.gov.mp/	1-670-664-3000 TTY 711
Mississippi   Mississippi Department of Human Services, Division of Aging & Adult Services 200 S Lamar ST Jackson, MS 39201 http://www.mdhs.ms.gov/adults-seniors/services-for-seniors/state-health-insurance-assistance-program/	1-601-359-4500 TTY 711
Montana   Montana State Health Insurance Assistance Program (SHIP) 1100 N Last Chance Gulch, FL 4 Helena, MT 59601 http://dphhs.mt.gov/sltc/aging/ship	1-800-551-3191 TTY 711

State Health Insurance Assistance Programs (SHIP) - Contact Information	
North Carolina   North Carolina Seniors Health Insurance Information Program (SHIIP) 325 N Salisbury ST Raleigh, NC 27603 http://www.ncdoi.com/SHIIP	1-855-408-1212 TTY 711
North Dakota   North Dakota Senior Health Insurance Counseling (SHIC) 600 E BLVD AVE Bismarck, ND 58505-0320 https://www.insurance.nd.gov/consumers/shic-medicare	1-888-575-6611 TTY 1-800-366-6888
Nebraska   Nebraska Senior Health Insurance Information Program (SHIIP) 2717 S. 8th Street, STE 4 Lincoln, NE 68508 https://doi.nebraska.gov/consumer/senior-health	1-800-234-7119 TTY 711
New Hampshire   New Hampshire SHIP - ServiceLink Aging and Disability Resource Center 25 Roxbury St, STE 106 Keene, NH 03431 https://www.servicelink.nh.gov	1-866-634-9412 TTY 1-800-735-2964
New Jersey   New Jersey State Health Insurance Assistance Program (SHIP) P.O. Box 715 Trenton, NJ 08625-0715 http://www.state.nj.us/humanservices/doas/services/ship/index.html	1-800-792-8820 TTY 711
New Mexico   New Mexico Benefits Counseling Program SHIP 2250 Cerrillos Rd Santa Fe, NM 87505 www.nmaging.state.nm.us	1-800-432-2080 TTY 1-505-476-4937
Nevada   Nevada State Health Insurance Assistance Program (SHIP) 3416 Goni RD, STE D-132 Carson City, NV 89706 http://adsd.nv.gov/Programs/Seniors/SHIP/SHIP_Prog/	1-800-307-4444 TTY 711
New York   New York Health Insurance Information Counseling and Assistance Program (HIICAP)  2 Empire State Plaza, FL 5 Albany, NY 12223  www.aging.ny.gov/health-insurance-information-counseling-and-assistance	1-800-701-0501 TTY 711

State Health Insurance Assistance Programs (SHIP) - Contact Information	
Ohio   Ohio Senior Health Insurance Information Program (OSHIIP) 50 W Town ST, STE 300, FL 3 Columbus, OH 43215 https://insurance.ohio.gov/wps/portal/gov/odi/consumers	1-800-686-1578 TTY 1-614-644-3745
Oklahoma   Oklahoma Medicare Assistance Program (MAP) 400 NE 50th ST Oklahoma City, OK 73105 www.map.oid.ok.gov	1-800-763-2828 TTY 711
Oregon   Oregon Senior Health Insurance Benefits Assistance (SHIBA) 350 Winter St NE Salem, OR 97309 oregonshiba.org	1-800-722-4134 TTY 711
Pennsylvania   Pennsylvania Senior Health Insurance Program 555 Walnut ST, FL 5 Harrisburg, PA 17101-1919 aging.pa.gov	1-800-783-7067 TTY 711
Puerto Rico   Puerto Rico State Health Insurance Assistance Program (SHIP) Ponce de León AVE, PDA 16, EDIF 1064, 3er nivel San Juan, PR 00919-1179 www.oppea.pr.gov	1-787-721-6121 TTY 711
Rhode Island   Rhode Island State Health Insurance Assistance Program (SHIP) 25 Howard AVE, BLDG 57 Cranston, RI 02920 https://oha.ri.gov/	1-401-462-3000 TTY 1-401-462-0740
South Carolina   South Carolina (I-CARE) Insurance Counseling Assistance and Referrals for Elders 1301 Gervais ST, STE 350 Columbia, SC 29201 https://aging.sc.gov/	1-800-868-9095 TTY 711
South Dakota   South Dakota Senior Health Information & Insurance Education (SHIINE) 2520 E Franklin St Pierre, SD 57501 www.shiine.net	1-877-331-4834 TTY 711

State Health Insurance Assistance Programs (SHIP) - Contact Information	
Tennessee   Tennessee Commission on Aging & Disability - TN SHIP  Andrew Jackson BLDG, 502 Deaderick ST, FL 9 Nashville, TN 37243-0860  www.tn.gov/aging/our-programs/state-health-insurance-assistance-program-shiphtml	1-877-801-0044 TTY 711
Texas   Texas Department of Aging and Disability Services (HICAP) P.O. Box 13247 Austin, TX 78711 https://hhs.texas.gov/services/health/medicare	1-800-252-9240 TTY 1-512-424-6597
Utah   Utah Senior Health Insurance Information Program (SHIP) 195 N 1950 W Salt Lake City, UT 84116 https://daas.utah.gov	1-800-541-7735 TTY 711
Virginia   Virginia Insurance Counseling and Assistance Program (VICAP) 1610 Forest AVE, STE 100 Henrico, VA 23229 https://www.vda.virginia.gov/vicap.htm	1-800-552-3402 TTY 711
Virgin Islands of the U.S.   Virgin Islands State Health Insurance Assistance Program (VISHIP) 1131 King ST, STE 101 St. Croix, VI 00820 https://ltg.gov.vi/departments/vi-ship-medicare/	1-340-773-6449 TTY 711
Vermont   Vermont State Health Insurance Assistance Program (SHIP) P.O. Box 321 Jericho, VT 05465 www.vermont4a.org	1-800-642-5119 TTY 711
Washington   Washington Statewide Health Insurance Benefits Advisors (SHIBA) P.O. Box 40255 Olympia, WA 98504-0255 www.insurance.wa.gov/statewide-health-insurance-benefits-advisors-shiba	1-800-562-6900 TTY 1-360-586-0241
Wisconsin   Wisconsin State Health Insurance Plan (SHIP) 1402 Pankratz ST, STE 111 Madison, WI 53704 www.longtermcare.wi.gov	1-800-242-1060 TTY 711

#### State Health Insurance Assistance Programs (SHIP) - Contact Information

### West Virginia | West Virginia State Health Insurance Assistance Program (WV SHIP)

TTY 711

1900 Kanawha BLVD E Charleston, WV 25305 www.wvship.org

## Wyoming | Wyoming State Health Insurance Information Program (WSHIIP)

1-800-856-4398

1-877-987-4463

TTY 711

106 W Adams AVE Riverton, WY 82501 www.wyomingseniors.com

#### Section 4 Quality Improvement Organization

There is a designated Quality Improvement Organization serving Medicare beneficiaries in each state. Here is a list of the Quality Improvement Organizations in each state we serve:

- Alaska KEPRO
- Alabama KEPRO
- Arkansas KEPRO
- American Samoa Livanta BFCC-QIO Program
- Arizona Livanta BFCC-QIO Program
- California Livanta BFCC-QIO Program
- Colorado KEPRO
- Connecticut KEPRO
- District of Columbia Livanta BFCC-QIO Program
- Delaware Livanta BFCC-QIO Program
- Florida KEPRO
- Georgia KEPRO
- Guam Livanta BFCC-QIO Program
- Hawaii Livanta BFCC-QIO Program
- Iowa Livanta BFCC-QIO Program
- Idaho KEPRO
- Illinois Livanta BFCC-QIO Program
- Indiana Livanta BFCC-QIO Program
- Kansas Livanta BFCC-QIO Program
- Kentucky KEPRO
- Louisiana KEPRO
- Massachusetts KEPRO
- Maryland Livanta BFCC-QIO Program
- Maine KEPRO
- Michigan Livanta BFCC-QIO Program

- Minnesota Livanta BFCC-QIO Program
- Missouri Livanta BFCC-QIO Program
- Northern Mariana Islands Livanta BFCC-QIO Program
- Mississippi KEPRO
- Montana KEPRO
- North Carolina KEPRO
- North Dakota KEPRO
- Nebraska Livanta BFCC-QIO Program
- New Hampshire KEPRO
- New Jersey Livanta BFCC-QIO Program
- New Mexico KEPRO
- Nevada Livanta BFCC-QIO Program
- New York Livanta BFCC-QIO Program
- Ohio Livanta BFCC-QIO Program
- Oklahoma KEPRO
- Oregon KEPRO
- Pennsylvania Livanta BFCC-QIO Program
- Puerto Rico Livanta BFCC-QIO Program
- Rhode Island KEPRO
- South Carolina KEPRO
- South Dakota KEPRO
- Tennessee KEPRO
- Texas KEPRO
- U.S. Minor Outlying Islands KEPRO
- Utah KEPRO
- Virginia Livanta BFCC-QIO Program
- Virgin Islands of the U.S. Livanta BFCC-QIO Program
- Vermont KEPRO
- Washington KEPRO
- Wisconsin Livanta BFCC-QIO Program
- West Virginia Livanta BFCC-QIO Program
- Wyoming KEPRO

Your state's Quality Improvement Organization has a group of doctors and other health care professionals who are paid by Medicare to check on and help improve the quality of care for people with Medicare. The state's Quality Improvement Organization is an independent organization. It is not connected with our plan.

You should contact your state's Quality Improvement Organization in any of these situations:

Tou have a complaint about the quality of care you have received.
You think coverage for your hospital stay is ending too soon.
You think coverage for your home health care, skilled nursing facility care, or Comprehensive
Outpatient Rehabilitation Facility (CORF) services are ending too soon.

Quality Improvement Organization (QIO) - Contact Information	
Alaska   KEPRO 5700 Lombardo CTR DR, STE 100 Seven Hills, FL 44131 www.keproqio.com	1-888-305-6759 TTY 711 9 a.m 5 p.m. local time, Monday - Friday; 11 a.m. 3 p.m. local time, weekends and holidays
Alabama   KEPRO 5201 W Kennedy BLVD, STE 900 Tampa, FL 33609 www.keproqio.com	1-888-317-0751 TTY 711 9 a.m 5 p.m. local time, Monday - Friday; 11 a.m 3 p.m. local time, weekends and holidays
Arkansas   KEPRO 5201 W Kennedy BLVD, STE 900 Tampa, FL 33609 www.keproqio.com	1-888-315-0636 TTY 711 9 a.m 5 p.m. local time, Monday - Friday; 11 a.m 3 p.m. local time, weekends and holidays
American Samoa   Livanta BFCC-QIO Program 10820 Guilford RD, STE 202 Annapolis Junction, MD 20701 www.livantaqio.com	1-877-588-1123 TTY 1-855-887-6668
Arizona   Livanta BFCC-QIO Program 10820 Guilford RD, STE 202 Annapolis Junction, MD 20701 www.livantaqio.com	1-877-588-1123 TTY 1-855-887-6668 9 a.m 5 p.m. local time, Monday - Friday; 11 a.m 3 p.m. local time, weekends and holidays
California   Livanta BFCC-QIO Program 10820 Guilford RD, STE 202 Annapolis Junction, MD 20701 www.livantaqio.com	1-877-588-1123 TTY 1-855-887-6668 9 a.m 5 p.m. local time, Monday - Friday; 11 a.m 3 p.m. local time, weekends and holidays

Quality Improvement Organization (QIO) - Contact Information	
Colorado   KEPRO 5700 Lombardo CTR DR, STE 100 Seven Hills, FL 44131 www.keproqio.com	1-888-317-0891 TTY 711 9 a.m 5 p.m. local time, Monday - Friday; 11 a.m 3 p.m. local time, weekends and holidays
Connecticut   KEPRO 5700 Lombardo CTR DR, STE 100 Seven Hills, FL 44131 www.keproqio.com	1-888-319-8452 TTY 711 9 a.m 5 p.m. local time, Monday - Friday; 11 a.m 3 p.m. local time, weekends and holidays
District of Columbia   Livanta BFCC-QIO Program 10820 Guilford RD, STE 202 Annapolis Junction, MD 20701 www.livantaqio.com	1-888-396-4646 TTY 1-888-985-2660 9 a.m 5 p.m. local time, Monday - Friday; 11 a.m 3 p.m. local time, weekends and holidays
Delaware   Livanta BFCC-QIO Program 10820 Guilford RD, STE 202 Annapolis Junction, MD 20701 www.livantaqio.com	1-888-396-4646 TTY 1-888-985-2660 9 a.m 5 p.m. local time, Monday - Friday; 11 a.m 3 p.m. local time, weekends and holidays
Florida   KEPRO 5201 W Kennedy BLVD, STE 900 Tampa, FL 33609 www.keproqio.com	1-888-317-0751 TTY 711 9 a.m 5 p.m. local time, Monday - Friday; 11 a.m 3 p.m. local time, weekends and holidays
Georgia   KEPRO 5201 W Kennedy BLVD, STE 900 Tampa, FL 33609 www.keproqio.com	1-888-317-0751 TTY 711 9 a.m 5 p.m. local time, Monday - Friday; 11 a.m 3 p.m. local time, weekends and holidays

Quality Improvement Organization (QIO) - Contact Information	
Guam   Livanta BFCC-QIO Program 10820 Guilford RD, STE 202 Annapolis Junction, MD 20701 www.livantaqio.com	1-877-588-1123 TTY 1-855-887-6668 9 a.m 5 p.m. local time Monday - Friday; 11 a.m. 3 p.m. local time, weekends and holidays
Hawaii   Livanta BFCC-QIO Program 10820 Guilford RD, STE 202 Annapolis Junction, MD 20701 www.livantaqio.com	1-877-588-1123 TTY 1-855-887-6668 9 a.m 5 p.m. local time Monday - Friday; 11 a.m. 3 p.m. local time, weekends and holidays
Iowa   Livanta BFCC-QIO Program 10820 Guilford RD, STE 202 Annapolis Junction, MD 20701 www.livantaqio.com	1-888-755-5580 TTY 1-888-985-9295 9 a.m 5 p.m. local time Monday - Friday; 11 a.m. 3 p.m. local time, weekends and holidays
Idaho   KEPRO 5700 Lombardo CTR DR, STE 100 Seven Hills, FL 44131 www.keproqio.com	1-888-305-6759 TTY 711 9 a.m 5 p.m. local time, Monday - Friday; 11 a.m. 3 p.m. local time, weekends and holidays
Illinois   Livanta BFCC-QIO Program 10820 Guilford RD, STE 202 Annapolis Junction, MD 20701 www.livantaqio.com	1-888-524-9900 TTY 1-888-985-8775 9 a.m 5 p.m. local time, Monday - Friday; 11 a.m. 3 p.m. local time, weekends and holidays
Indiana   Livanta BFCC-QIO Program 10820 Guilford RD, STE 202 Annapolis Junction, MD 20701 www.livantaqio.com	1-888-524-9900 TTY 1-888-985-8775 9 a.m 5 p.m. local time, Monday - Friday; 11 a.m. 3 p.m. local time, weekends and holidays

Quality Improvement Organization (QIO) - Contact Information		
Kansas   Livanta BFCC-QIO Program 10820 Guilford RD, STE 202 Annapolis Junction, MD 20701 www.livantaqio.com	1-888-755-5580 TTY 1-888-985-9295 9 a.m 5 p.m. local time, Monday - Friday; 11 a.m 3 p.m. local time, weekends and holidays	
Kentucky   KEPRO 5201 W Kennedy BLVD, STE 900 Tampa, FL 33609 www.keproqio.com	1-888-317-0751 TTY 711 9 a.m 5 p.m. local time, Monday - Friday; 11 a.m 3 p.m. local time, weekends and holidays	
Louisiana   KEPRO 5201 W Kennedy BLVD, STE 900 Tampa, FL 33609 www.keproqio.com	1-888-315-0636 TTY 711 9 a.m 5 p.m. local time, Monday - Friday; 11 a.m 3 p.m. local time, weekends and holidays	
Massachusetts   KEPRO 5700 Lombardo CTR DR, STE 100 Seven Hills, FL 44131 www.keproqio.com	1-888-319-8452 TTY 711 9 a.m 5 p.m. local time, Monday - Friday; 11 a.m 3 p.m. local time, weekends and holidays	
Maryland   Livanta BFCC-QIO Program 10820 Guilford RD, STE 202 Annapolis Junction, MD 20701 www.livantaqio.com	1-888-396-4646 TTY 1-888-985-2660 9 a.m 5 p.m. local time, Monday - Friday; 11 a.m 3 p.m. local time, weekends and holidays	
Maine   KEPRO 5700 Lombardo CTR DR, STE 100 Seven Hills, FL 44131 www.keproqio.com	1-888-319-8452 TTY 711 9 a.m 5 p.m. local time, Monday - Friday; 11 a.m 3 p.m. local time, weekends and holidays	

Quality Improvement Organization (QIO) - Contact Information	n
Michigan   Livanta BFCC-QIO Program 10820 Guilford RD, STE 202 Annapolis Junction, MD 20701 www.livantaqio.com	1-888-524-9900 TTY 1-888-985-8775 9 a.m 5 p.m. local time Monday - Friday; 11 a.m. 3 p.m. local time, weekends and holidays
Minnesota   Livanta BFCC-QIO Program 10820 Guilford RD, STE 202 Annapolis Junction, MD 20701 www.livantaqio.com	1-888-524-9900 TTY 1-888-985-8775 9 a.m 5 p.m. local time, Monday - Friday; 11 a.m. 3 p.m. local time, weekends and holidays
Missouri   Livanta BFCC-QIO Program 10820 Guilford RD, STE 202 Annapolis Junction, MD 20701 www.livantaqio.com	1-888-755-5580 TTY 1-888-985-9295 9 a.m 5 p.m. local time, Monday - Friday; 11 a.m. 3 p.m. local time, weekends and holidays
Northern Mariana Islands   Livanta BFCC-QIO Program 10820 Guilford RD, STE 202 Annapolis Junction, MD 20701 www.livantaqio.com	1-877-588-1123 TTY 1-855-887-6668
Mississippi   KEPRO 5201 W Kennedy BLVD, STE 900 Tampa, FL 33609 www.keproqio.com	1-888-317-0751 TTY 711 9 a.m 5 p.m. local time, Monday - Friday; 11 a.m. 3 p.m. local time, weekends and holidays
Montana   KEPRO 5700 Lombardo CTR DR, STE 100 Seven Hills, FL 44131 www.keproqio.com	1-888-317-0891 TTY 711 9 a.m 5 p.m. local time, Monday - Friday; 11 a.m. 3 p.m. local time, weekends and holidays

Quality Improvement Organization (QIO) - Contact Information		
North Carolina   KEPRO 5201 W Kennedy BLVD, STE 900 Tampa, FL 33609 www.keproqio.com	1-888-317-0751 TTY 711 9 a.m 5 p.m. local time, Monday - Friday; 11 a.m 3 p.m. local time, weekends and holidays	
North Dakota   KEPRO 5700 Lombardo CTR DR, STE 100 Seven Hills, FL 44131 www.keproqio.com	1-888-317-0891 TTY 711 9 a.m 5 p.m. local time, Monday - Friday; 11 a.m 3 p.m. local time, weekends and holidays	
Nebraska   Livanta BFCC-QIO Program 10820 Guilford RD, STE 202 Annapolis Junction, MD 20701 www.livantaqio.com	1-888-755-5580 TTY 1-888-985-9295 9 a.m 5 p.m. local time, Monday - Friday; 11 a.m 3 p.m. local time, weekends and holidays	
New Hampshire   KEPRO 5700 Lombardo CTR DR, STE 100 Seven Hills, FL 44131 www.keproqio.com	1-888-319-8452 TTY 711 9 a.m 5 p.m. local time, Monday - Friday; 11 a.m 3 p.m. local time, weekends and holidays	
New Jersey   Livanta BFCC-QIO Program 10820 Guilford RD, STE 202 Annapolis Junction, MD 20701 www.livantaqio.com	1-866-815-5440 TTY 1-866-868-2289 9 a.m 5 p.m. local time, Monday - Friday; 11 a.m 3 p.m. local time, weekends and holidays	
New Mexico   KEPRO 5201 W Kennedy BLVD, STE 900 Tampa, FL 33609 www.keproqio.com	1-888-315-0636 TTY 711 9 a.m 5 p.m. local time, Monday - Friday; 11 a.m 3 p.m. local time, weekends and holidays	

Quality Improvement Organization (QIO) - Contact Information	
Nevada   Livanta BFCC-QIO Program 10820 Guilford RD, STE 202 Annapolis Junction, MD 20701 www.livantaqio.com	1-877-588-1123 TTY 1-855-887-6668 9 a.m 5 p.m. local time, Monday - Friday; 11 a.m 3 p.m. local time, weekends and holidays
New York   Livanta BFCC-QIO Program 10820 Guilford RD, STE 202 Annapolis Junction, MD 20701 www.livantaqio.com	1-866-815-5440 TTY 1-866-868-2289 9 a.m 5 p.m. local time, Monday - Friday; 11 a.m 3 p.m. local time, weekends and holidays
Ohio   Livanta BFCC-QIO Program 10820 Guilford RD, STE 202 Annapolis Junction, MD 20701 www.livantaqio.com	1-888-524-9900 TTY 1-888-985-8775 9 a.m 5 p.m. local time, Monday - Friday; 11 a.m 3 p.m. local time, weekends and holidays
Oklahoma   KEPRO 5201 W Kennedy BLVD, STE 900 Tampa, FL 33609 www.keproqio.com	1-888-315-0636 TTY 711 9 a.m 5 p.m. local time, Monday - Friday; 11 a.m 3 p.m. local time, weekends and holidays
Oregon   KEPRO 5700 Lombardo CTR DR, STE 100 Seven Hills, FL 44131 www.keproqio.com	1-888-305-6759 TTY 711 9 a.m 5 p.m. local time, Monday - Friday; 11 a.m 3 p.m. local time, weekends and holidays
Pennsylvania   Livanta BFCC-QIO Program 10820 Guilford RD, STE 202 Annapolis Junction, MD 20701 www.livantaqio.com	1-888-396-4646 TTY 1-888-985-2660 9 a.m 5 p.m. local time, Monday - Friday; 11 a.m 3 p.m. local time, weekends and holidays

Quality Improvement Organization (QIO) - Contact Information		
Puerto Rico   Livanta BFCC-QIO Program 10820 Guilford RD, STE 202 Annapolis Junction, MD 20701 www.livantaqio.com	1-787-520-5743 TTY 1-866-868-2289 9 a.m 5 p.m. local time, Monday - Friday; 11 a.m 3 p.m. local time, weekends and holidays	
Rhode Island   KEPRO 5700 Lombardo CTR DR, STE 100 Seven Hills, FL 44131 www.keproqio.com	1-888-319-8452 TTY 711 9 a.m 5 p.m. local time, Monday - Friday; 11 a.m 3 p.m. local time, weekends and holidays	
South Carolina   KEPRO 5201 W Kennedy BLVD, STE 900 Tampa, FL 33609 www.keproqio.com	1-888-317-0751 TTY 711 9 a.m 5 p.m. local time, Monday - Friday; 11 a.m 3 p.m. local time, weekends and holidays	
South Dakota   KEPRO 5700 Lombardo CTR DR, STE 100 Seven Hills, FL 44131 www.keproqio.com	1-888-317-0891 TTY 711 9 a.m 5 p.m. local time, Monday - Friday; 11 a.m 3 p.m. local time, weekends and holidays	
Tennessee   KEPRO 5201 W Kennedy BLVD, STE 900 Tampa, FL 33609 www.keproqio.com	1-888-317-0751 TTY 711 9 a.m 5 p.m. local time, Monday - Friday; 11 a.m 3 p.m. local time, weekends and holidays	
Texas   KEPRO 5201 W Kennedy BLVD, STE 900 Tampa, FL 33609 www.keproqio.com	1-888-315-0636 TTY 711 9 a.m 5 p.m. local time, Monday - Friday; 11 a.m 3 p.m. local time, weekends and holidays	

1
1-888-317-0891 TTY 711
1-888-317-0891 TTY 711 9 a.m 5 p.m. local time, Monday - Friday; 11 a.m. 3 p.m. local time, weekends and holidays
1-888-396-4646 TTY 1-888-985-2660 9 a.m 5 p.m. local time, Monday - Friday; 11 a.m. 3 p.m. local time, weekends and holidays
1-340-773-6334 TTY 1-866-868-2289
1-888-319-8452 TTY 711 9 a.m 5 p.m. local time, Monday - Friday; 11 a.m. 3 p.m. local time, weekends and holidays
1-888-305-6759 TTY 711 9 a.m 5 p.m. local time, Monday - Friday; 11 a.m. 3 p.m. local time, weekends and holidays
1-888-524-9900 TTY 1-888-985-8775 9 a.m 5 p.m. local time, Monday - Friday; 11 a.m. 3 p.m. local time, weekends and holidays

Quality Improvement Organization (QIO) - Contact Information	n
West Virginia   Livanta BFCC-QIO Program 10820 Guilford RD, STE 202 Annapolis Junction, MD 20701 www.livantaqio.com	1-888-396-4646 TTY 1-888-985-2660 9 a.m 5 p.m. local time, Monday - Friday; 11 a.m 3 p.m. local time, weekends and holidays
Wyoming   KEPRO 5700 Lombardo CTR DR, STE 100 Seven Hills, FL 44131 www.keproqio.com	1-888-317-0891 TTY 711 9 a.m 5 p.m. local time, Monday - Friday; 11 a.m. 3 p.m. local time, weekends and holidays

#### Section 5 Social Security

Social Security is responsible for determining eligibility and handling enrollment for Medicare. U.S. citizens and lawful permanent residents who are 65 or older, or who have a disability or End-Stage Renal Disease and meet certain conditions, are eligible for Medicare. If you are already getting Social Security checks, enrollment into Medicare is automatic. If you are not getting Social Security checks, you have to enroll in Medicare. To apply for Medicare, you can call Social Security or visit your local Social Security office.

Social Security is also responsible for determining who has to pay an extra amount for their Part D drug coverage because they have a higher income. If you got a letter from Social Security telling you that you have to pay the extra amount and have questions about the amount or if your income went down because of a life-changing event, you can call Social Security to ask for reconsideration.

If you move or change your mailing address, it is important that you contact Social Security to let them know.

Method	Social Security - Contact Information
Call	1-800-772-1213 Calls to this number are free. Available 8:00 am to 7:00 pm, Monday through Friday. You can use Social Security's automated telephone services to get recorded information and conduct some business 24 hours a day.
TTY	1-800-325-0778 This number requires special telephone equipment and is only for people who have difficulties with hearing or speaking.

Method	Social Security - Contact Information
	Calls to this number are free. Available 8:00 am to 7:00 pm, Monday through Friday.
Website	www.ssa.gov

#### Section 6 Medicaid

Medicaid is a joint Federal and state government program that helps with medical costs for certain people with limited incomes and resources. Some people with Medicare are also eligible for Medicaid.

The programs offered through Medicaid help people with Medicare pay their Medicare costs, such as their Medicare premiums. These "Medicare Savings Programs" include:

	Qualified Medicare Beneficiary (QMB): Helps pay Medicare Part A and Part B premiums, and	
	other cost-sharing (like deductibles, coinsurance, and copayments). (Some people with QMB	
	are also eligible for full Medicaid benefits (QMB+).)	
☐ Specified Low-Income Medicare Beneficiary (SLMB): Helps pay Part B premiums. (Some		

Specified Low-Income Medicare Beneficiary (SLMB): Helps pay Part B premiums.	. (Some
people with SLMB are also eligible for full Medicaid benefits (SLMB+).)	

☐ **Qualifying Individual (QI):** Helps pay Part B premiums.

☐ Qualified Disabled & Working Individuals (QDWI): Helps pay Part A premiums.

To find out more about Medicaid and its programs, contact your state Medicaid agency.

1-800-478-7778
TTY 711
8 a.m 5 p.m. AKT,
Monday - Friday
1-800-362-1504
TTY 1-800-253-0799
8 a.m 4:30 p.m. CT,
_

State Medicaid Programs - Contact Information	
Arkansas   Arkansas Division of Medical Services Department of Human Services  Donaghey Plaza S, P.O. Box 1437 Slot S401 Little Rock, AR 72203-1437  https://humanservices.arkansas.gov/divisions-shared-services/medical-services/	1-800-482-8988 TTY 1-800-285-1131 8 a.m 4:30 p.m. CT, Monday - Friday
American Samoa   American Samoa Medicaid State Agency ASCTA Executive BLDG #306, P.O. Box 6101 Pago Pago, AS 96799 http://medicaid.as.gov/	1-684-699-4777 TTY 711
Arizona   Arizona Health Care Cost Containment System (AHCCCS) 801 E Jefferson ST Phoenix, AZ 85034 www.azahcccs.gov	1-855-432-7587 TTY 1-800-367-8939 8 a.m 5 p.m. MT, Monday - Friday
Arizona   Arizona Department of Economic Security / Division of Developmental Disabilities (DDD) 1789 W Jefferson ST Phoenix, AZ 85007 https://des.az.gov/services/disabilities/developmental-disabilities	1-844-770-9500 TTY 711 8 a.m 5 p.m. MT, Monday - Friday
California   Medi-Cal - Managed Care Operations Division Department of Health Care Services P.O. Box 989009 West Sacramento, CA 95798-9850 https://www.healthcareoptions.dhcs.ca.gov/	1-800-430-4263 TTY 1-800-430-7077 8 a.m 5 p.m. PT, Monday - Friday
Colorado   Colorado Department of Health Care Policy and Financing 1570 Grant ST Denver, CO 80203-1818 www.healthfirstcolorado.com	1-800-221-3943 TTY 711 8 a.m 4:30 p.m. MT, Monday - Friday
Connecticut   Connecticut State Medicaid 55 Farmington AVE Hartford, CT 06105-3730 portal.ct.gov/husky	1-877-284-8759 TTY 1-866-492-5276 8:30 a.m 6:00 p.m. local time, Monday - Friday
District of Columbia   DC Department of Human Services 64 New York AVE NE, FL 6 Washington, DC 20002 https://dhs.dc.gov/service/medical-assistance	1-202-671-4200 TTY 711 8 a.m 6 p.m. ET, Monday - Friday

State Medicaid Programs - Contact Information	
Delaware   Delaware Health and Social Services 1901 N Dupont HWY, Lewis BLDG New Castle, DE 19720 http://dhss.delaware.gov/dhss/	1-302-255-9040 TTY 711 8 a.m 4:30 p.m. ET, Monday - Friday
Florida   Florida Medicaid Agency for Health Care Administration (AHCA) 2727 Mahan DR, MS 6 Tallahassee, FL 32308 https://ahca.myflorida.com/	1-888-419-3456 TTY 1-800-955-8771 8 a.m 5 p.m. ET, Monday - Friday
Georgia   Georgia Department of Community Health 1249 Donald Lee Hollowell Parkway Atlanta, GA 30318 https://medicaid.georgia.gov/	1-877-423-4746 TTY 711 8 a.m 5 p.m. ET, Monday - Friday
Guam   Guam Department of Public Health and Social Services Bureau of Health Care Financing 123 Chalan Kareta Mangilao, GU 96913-6304 http://www.dphss.guam.gov/	1-671-735-7243 TTY 711 8 a.m 5 p.m. CHT, Monday - Friday
Hawaii   Department of Human Services 1390 Miller ST, RM 209 Honolulu, HI 96813 https://humanservices.hawaii.gov/	1-808-586-5390 TTY 711 7:45 a.m 4:30 p.m. HT, Monday - Friday
Iowa   Department of Human Services (Iowa Medicaid Enterprise) 1305 E Walnut Street FL 5 Des Moines, IA 50319 http://dhs.iowa.gov/	1-800-338-8366 TTY 1-800-735-2942 8 a.m 4:30 p.m. local time, Monday - Friday
Idaho   Idaho Department of Health and Welfare P.O. Box 83720 Boise, ID 83720-0026 https://healthandwelfare.idaho.gov	1-877-456-1233 TTY 1-888-791-3004 7 a.m 7 p.m. MT, Monday - Friday
Illinois   Illinois Department of Healthcare and Family Services 100 S Grand AVE E Springfield, IL 62704 http://www2.illinois.gov/hfs/	1-800-843-6154 TTY 1-800-447-6404 8:30 a.m 7 p.m. CT, Monday - Friday

State Medicaid Programs - Contact Information	
Indiana   Louisiana Department of Health 628 N 4th Street Baton Rouge, LA 70802 https://ldh.la.gov/	1-225-342-9500 TTY 711 8 a.m 4:30 p.m. ET, Monday - Friday
Kansas   Kansas Dept. of Health and Environment 900 SW Jackson ST Topeka, KS 66612 http://www.kancare.ks.gov/	1-800-792-4884 TTY 711 8 a.m 5 p.m. CT, Monday - Friday
Kentucky   Kentucky Cabinet for Health and Family Services 275 E Main ST Frankfort, KY 40621 https://chfs.ky.gov/	1-800-635-2570 TTY 711 8 a.m 5 p.m. ET, Monday - Friday
Louisiana   Louisiana Department of Health 628 N 4th Street Baton Rouge, LA 70802 https://ldh.la.gov/	1-225-342-9500 TTY 711 8 a.m 4:30 p.m. local time, Monday - Friday
Massachusetts   Executive Office of Health and Human Services 100 Hancock ST, FL 6 Quincy, MA 02171 http://www.mass.gov/eohhs/gov/departments/masshealth/	1-800-841-2900 TTY 1-800-497-4648 8 a.m 5 p.m. ET, Monday - Friday
Maryland   Maryland Department of Health 201 W Preston ST Baltimore, MD 21201-2399 https://health.maryland.gov/pages/index.aspx	1-877-463-3464 TTY 1-800-735-2258 8 a.m 5 p.m. ET, Monday - Friday
Maine   Office of MaineCare Services 11 State House Station Augusta, ME 04333-0011 https://www.maine.gov/dhhs/oms/	1-800-977-6740 TTY 711 8 a.m 5 p.m. ET, Monday - Friday
Michigan   Department of Health and Human Services 333 S Grand AVE, P.O. Box 30195 Lansing, MI 48909 http://www.michigan.gov/mdhhs/	1-517-373-3740 TTY 1-800-649-3777 8 a.m 5 p.m. ET, Monday - Friday

State Medicaid Programs - Contact Information	
Minnesota   Minnesota Department of Human Services P.O. Box 64989 St. Paul, MN 55164-0989 http://mn.gov/dhs	1-800-657-3739 TTY 1-800-627-3529 8 a.m 5 p.m. CT, Monday - Friday
Missouri   MO HealthNet Division Department of Social Services 615 Howerton CT, P.O. Box 6500 Jefferson City, MO 65102-6500 https://www.dss.mo.gov/mhd/	1-573-526-4274 TTY 1-800-735-2966 8 a.m 5 p.m. CT, Monday - Friday
Northern Mariana Islands   State Medicaid Administration Office Government BLDG # 1252, Capital Hill RD, Caller Box 100007 Saipan, MP 96950 http://medicaid.cnmi.mp/	1-670-664-4880 TTY 711
Mississippi   State of Mississippi Division of Medicaid 550 High ST STE, 1000 Sillers BLDG Jackson, MS 39201-1399 http://www.medicaid.ms.gov/	1-800-421-2408 TTY 711 7:30 a.m 5 p.m. CT, Monday - Friday
Montana   Montana Healthcare Programs P.O. Box 202951 Helena, MT 59620-2951 https://dphhs.mt.gov/MontanaHealthcarePrograms	1-888-362-8312 TTY 1-800-833-8503 8 a.m 5 p.m. MT, Monday - Friday
North Carolina   Division of Medical Assistance 2501 Mail Service CTR Raleigh, NC 27699-2501 https://dma.ncdhhs.gov/medicaid	1-888-245-0179 TTY 1-877-452-2514 8 a.m 5 p.m. ET, Monday - Friday
North Dakota   North Dakota Department of Human Services 600 E BLVD AVE, Department 325 Bismarck, ND 58505-0250 http://www.nd.gov/dhs/services/medicalserv/medicaid	1-800-755-2604 TTY 1-800-366-6888 8 a.m 5 p.m. CT, Monday - Friday
Nebraska   Nebraska Department of Health and Human Services 301 Centennial Mall S Lincoln, NE 68509 http://dhhs.ne.gov/Pages/default.aspx	1-402-471-3121 TTY 1-800-471-7352 8 a.m 5 p.m. CT, Monday - Friday

Human Services   TTY 1-800-735-2964   8 a.m 4 p.m. ET, https://www.dhhs.nh.gov/ombp/medicaid/   Monday - Friday	New Hampshire   New Hampshire Department of Health and	1-844-275-3447
129 Pleasant ST Concord, NH 03301-3852 https://www.dhhs.nh.gov/ombp/medicaid/       8 a.m 4 p.m. ET, Monday - Friday         New Jersey   Department of Human Services Division of Medical Assistance & Health Services       1-800-701-0710 TTY 711 8 a.m 5 p.m. ET, https://www.state.nj.us/humanservices/dmahs/         New Mexico   NM Human Services Department       1-888-997-2583 TTY 1-855-227-5485 Attps://www.hsd.state.nm.us/         New Ag Santa Fe, NM 87504-2348 https://www.hsd.state.nm.us/       1-800-992-0900 TTY 711 Attp://dhcfp.nv.gov         Nevada   Nevada Department of Health and Human Services 1100 E Williams ST, STE 101 Carson City, NV 89701 http://dhcfp.nv.gov       1-800-992-0900 TTY 711 Attp://monday - Friday         New York   New York State Department of Health Corning Tower, Empire State Plaza Albany, NY 12237 http://www.health.state.ny.us/health_care/medicaid/index.htm       1-800-541-2831 TTY 711 As a.m 5 p.m. ET, Monday - Friday         Ohio   Ohio Department of Medicaid 50 W Town ST, STE 400 Columbus, OH 43215 https://medicaid.ohio.gov/       1-800-324-8680 TTY 711 T a.m 8 p.m. ET, Monday - Friday; 8 a.m 5 p.m. ET, Saturday         Oklahoma   Oklahoma Health Care Authority 4345 N Lincoln BLVD Oklahoma City, OK 73105 http://www.okhca.org       1-800-987-7767 TTY 711 As a.m 5 p.m. CT, Monday - Friday         Oregon   Oregon Health Authority 500 Summer ST, NE, E-20 Salem, OR 97301-1097 https://www.oregon.gov/oha/HSD/OHP       1-503-947-2340 TTY 711 As a.m 5 p.m. PT, DT, DT, DT, DT, DT, DT, DT, DT, DT, D		
New Jersey   Department of Human Services Division of Medical Assistance & Health Services TTY 711 P.O. Box 712 Trenton, NJ 08625-0712 https://www.state.nj.us/humanservices/dmahs/ New Mexico   NM Human Services Department   1-888-997-2583 P.O. Box 2348 Santa Fe, NM 87504-2348 https://www.hsd.state.nm.us/ Nevada   Nevada Department of Health and Human Services   1-800-992-0900   TTY 711 http://dhcfp.nv.gov   1-800-541-2831   1-8		
Medical Assistance & Health Services         TTY 711           P.O. Box 712 Trenton, NJ 08625-0712         8 a.m 5 p.m. ET, Monday - Friday           New Mexico   NM Human Services Department         1-888-997-2583           P.O. Box 2348 Santa Fe, NM 87504-2348         TTY 1-855-227-5485           https://www.hsd.state.nm.us/         8 a.m 5 p.m. MT, Monday - Friday           Nevada   Nevada Department of Health and Human Services         1-800-992-0900           1100 E Williams ST, STE 101 Carson City, NV 89701         TTY 711           http://dhcfp.nv.gov         8 a.m 5 p.m. PT, Monday - Friday           New York   New York State Department of Health         1-800-992-0900           Corning Tower, Empire State Plaza Albany, NY 12237         TTY 711           http://www.health.state.ny.us/health_care/medicaid/index.htm         8 a.m 5 p.m. ET, Monday - Friday           Ohio   Ohio Department of Medicaid         1-800-324-8680           50 W Town ST, STE 400 Columbus, OH 43215         TTY 711           https://medicaid.ohio.gov/         7 a.m 8 p.m. ET, Monday - Friday; 8 a.m. 5 p.m. ET, Saturday           Oklahoma   Oklahoma Health Care Authority         1-800-987-7767           4345 N Lincoln BLVD Oklahoma City, OK 73105         TTY 711           http://www.okhca.org         8 a.m 5 p.m. CT, Monday - Friday           Oregon   Oregon Health Authority         1-503-947-2340 <th>·</th> <th>• • • • • • • • • • • • • • • • • • •</th>	·	• • • • • • • • • • • • • • • • • • •
P.O. Box 712 Trenton, NJ 08625-0712       8 a.m 5 p.m. ET, https://www.state.nj.us/humanservices/dmahs/       8 a.m 5 p.m. ET, Monday - Friday         New Mexico   NM Human Services Department       1-888-997-2583         P.O. Box 2348 Santa Fe, NM 87504-2348       TTY 1-855-227-5485         https://www.hsd.state.nm.us/       8 a.m 5 p.m. MT, Monday - Friday         Nevada   Nevada Department of Health and Human Services       1-800-992-0900         1100 E Williams ST, STE 101 Carson City, NV 89701       TTY 711         http://dhcfp.nv.gov       8 a.m 5 p.m. PT, Monday - Friday         New York   New York State Department of Health       1-800-992-0900         Corning Tower, Empire State Plaza Albany, NY 12237       TTY 711         http://www.health.state.ny.us/health_care/medicaid/index.htm       8 a.m 5 p.m. ET, Monday - Friday         Ohio   Ohio Department of Medicaid       1-800-324-8680         50 W Town ST, STE 400 Columbus, OH 43215       TTY 711         https://medicaid.ohio.gov/       7 a.m 8 p.m. ET, Monday - Friday; 8 a.m. 5 p.m. ET, Saturday         Oklahoma   Oklahoma Health Care Authority       1-800-987-7767         4345 N Lincoln BLVD Oklahoma City, OK 73105       TTY 711         http://www.okhca.org       8 a.m 5 p.m. CT, Monday - Friday         Oregon   Oregon Health Authority       1-503-947-2340         TTY 711       8 a.m 5 p.m. PT, </td <td></td> <td></td>		
https://www.state.nj.us/humanservices/dmahs/Monday - FridayNew Mexico   NM Human Services Department1-888-997-2583P.O. Box 2348 Santa Fe, NM 87504-2348TTY 1-855-227-5485https://www.hsd.state.nm.us/8 a.m 5 p.m. MT, Monday - FridayNevada   Nevada Department of Health and Human Services1-800-992-09001100 E Williams ST, STE 101 Carson City, NV 89701TTY 711http://dhcfp.nv.gov1-800-992-0900New York   New York State Department of Health1-800-541-2831Corning Tower, Empire State Plaza Albany, NY 12237TTY 711http://www.health.state.ny.us/health_care/medicaid/index.htm1-800-541-2831TTY 7118 a.m 5 p.m. ET, Monday - FridayOhio   Ohio Department of Medicaid1-800-324-868050 W Town ST, STE 400 Columbus, OH 43215TTY 711https://medicaid.ohio.gov/7 a.m 8 p.m. ET, Monday - Friday; 8 a.m. 5 p.m. ET, SaturdayOklahoma   Oklahoma Health Care Authority1-800-987-77674345 N Lincoln BLVD Oklahoma City, OK 73105TTY 711http://www.okhca.org1-800-987-7767Oregon   Oregon Health Authority1-503-947-2340500 Summer ST, NE, E-20 Salem, OR 97301-1097TTY 711https://www.oregon.gov/oha/HSD/OHP8 a.m 5 p.m. PT,		
New Mexico   NM Human Services Department P.O. Box 2348 Santa Fe, NM 87504-2348 https://www.hsd.state.nm.us/  Nevada   Nevada Department of Health and Human Services 1-800-992-0900 1100 E Williams ST, STE 101 Carson City, NV 89701 http://dhcfp.nv.gov  New York   New York State Department of Health Corning Tower, Empire State Plaza Albany, NY 12237 http://www.health.state.ny.us/health_care/medicaid/index.htm  Ohio   Ohio Department of Medicaid S0 W Town ST, STE 400 Columbus, OH 43215 https://medicaid.ohio.gov/  Oklahoma   Oklahoma Health Care Authority 4345 N Lincoln BLVD Oklahoma City, OK 73105 http://www.okhca.org  Oregon   Oregon Health Authority 500 Summer ST, NE, E-20 Salem, OR 97301-1097 https://www.oregon.gov/oha/HSD/OHP  1-800-927-2583 TTY 711 1-800-992-0900 TTY 711 1-800-992-0900 TTY 711 8 a.m 5 p.m. PT, Monday - Friday  1-800-947-2340 TTY 711 8 a.m 5 p.m. CT, Monday - Friday  1-503-947-2340 TTY 711 https://www.oregon.gov/oha/HSD/OHP	•	
P.O. Box 2348 Santa Fe, NM 87504-2348       TTY 1-855-227-5485         https://www.hsd.state.nm.us/       8 a.m 5 p.m. MT, Monday - Friday         Nevada   Nevada Department of Health and Human Services       1-800-992-0900         1100 E Williams ST, STE 101 Carson City, NV 89701       TTY 711         http://dhcfp.nv.gov       8 a.m 5 p.m. PT, Monday - Friday         New York   New York State Department of Health       1-800-541-2831         Corning Tower, Empire State Plaza Albany, NY 12237       TTY 711         http://www.health.state.ny.us/health_care/medicaid/index.htm       8 a.m 5 p.m. ET, Monday - Friday         Ohio   Ohio Department of Medicaid       1-800-324-8680         50 W Town ST, STE 400 Columbus, OH 43215       TTY 711         https://medicaid.ohio.gov/       7 a.m 8 p.m. ET, Monday - Friday; 8 a.m. 5 p.m. ET, Saturday         Oklahoma   Oklahoma Health Care Authority       1-800-987-7767         4345 N Lincoln BLVD Oklahoma City, OK 73105       TTY 711         http://www.okhca.org       8 a.m 5 p.m. CT, Monday - Friday         Oregon   Oregon Health Authority       1-503-947-2340         500 Summer ST, NE, E-20 Salem, OR 97301-1097       TTY 711         https://www.oregon.gov/oha/HSD/OHP       8 a.m 5 p.m. PT,	nttps://www.state.nj.us/numanservices/dmans/	Monday - Friday
https://www.hsd.state.nm.us/  Nevada   Nevada Department of Health and Human Services 1100 E Williams ST, STE 101 Carson City, NV 89701  http://dhcfp.nv.gov  New York   New York State Department of Health Corning Tower, Empire State Plaza Albany, NY 12237  http://www.health.state.ny.us/health_care/medicaid/index.htm  Ohio   Ohio Department of Medicaid 50 W Town ST, STE 400 Columbus, OH 43215  https://medicaid.ohio.gov/  Oklahoma   Oklahoma Health Care Authority 4345 N Lincoln BLVD Oklahoma City, OK 73105  http://www.okhca.org  Oregon   Oregon Health Authority 500 Summer ST, NE, E-20 Salem, OR 97301-1097  https://www.oregon.gov/oha/HSD/OHP  8 a.m 5 p.m. PT, Monday - Friday  1-800-987-7767 TTY 711  8 a.m 5 p.m. CT, Monday - Friday  1-503-947-2340 TTY 711  8 a.m 5 p.m. PT,		
Nevada   Nevada Department of Health and Human Services  1-800-992-0900  TTY 711  http://dhcfp.nv.gov  New York   New York State Department of Health Corning Tower, Empire State Plaza Albany, NY 12237  http://www.health.state.ny.us/health_care/medicaid/index.htm  Ty 711  https://www.health.state.ny.us/health_care/medicaid/index.htm  Ty 711  https://medicaid.ohio.gov/  New York   New York State Department of Health Corning Tower, Empire State Plaza Albany, NY 12237  TTY 711  8 a.m 5 p.m. ET, Monday - Friday  TTY 711  7 a.m 8 p.m. ET, Monday - Friday; 8 a.m. 5 p.m. ET, Saturday  Oklahoma   Oklahoma Health Care Authority  4345 N Lincoln BLVD Oklahoma City, OK 73105  TTY 711  http://www.okhca.org  Oregon   Oregon Health Authority  Toos-947-2340  TTY 711  https://www.oregon.gov/oha/HSD/OHP  8 a.m 5 p.m. PT,		
Nevada   Nevada Department of Health and Human Services 1-800-992-0900 1100 E Williams ST, STE 101 Carson City, NV 89701 http://dhcfp.nv.gov  New York   New York State Department of Health Corning Tower, Empire State Plaza Albany, NY 12237 http://www.health.state.ny.us/health_care/medicaid/index.htm  New York   New York State Department of Health Corning Tower, Empire State Plaza Albany, NY 12237 http://www.health.state.ny.us/health_care/medicaid/index.htm  New York   New York State Department of Health Corning Tower, Empire State Plaza Albany, NY 12237 http://www.health.state.ny.us/health_care/medicaid/index.htm  Nonday - Friday  New York   New York State Department of Health 1-800-541-2831 TTY 711 Nonday - Friday  1-800-324-8680 TTY 711 Nonday - Friday; 8 a.m 8 p.m. ET, Monday - Friday; 8 a.m 5 p.m. ET, Saturday  New York   New York State Department of Health 1-800-324-8680 TTY 711 Nonday - Friday; 8 a.m 5 p.m. ET, Monday - Friday; 8 a.m 5 p.m. CT, Monday - Friday  Oregon   Oregon Health Authority 1-503-947-2340 TTY 711 https://www.oregon.gov/oha/HSD/OHP  8 a.m 5 p.m. PT,	https://www.hsd.state.nm.us/	
1100 E Williams ST, STE 101 Carson City, NV 89701  http://dhcfp.nv.gov  New York   New York State Department of Health Corning Tower, Empire State Plaza Albany, NY 12237  http://www.health.state.ny.us/health_care/medicaid/index.htm  Ohio   Ohio Department of Medicaid W Town ST, STE 400 Columbus, OH 43215  https://medicaid.ohio.gov/  Oklahoma   Oklahoma Health Care Authority 4345 N Lincoln BLVD Oklahoma City, OK 73105  http://www.okhca.org  Oregon   Oregon Health Authority 500 Summer ST, NE, E-20 Salem, OR 97301-1097  https://www.oregon.gov/oha/HSD/OHP  TTY 711  8 a.m 5 p.m. PT, Monday - Friday  TTY 711  8 a.m 5 p.m. CT, Monday - Friday		Monday - Friday
http://dhcfp.nv.gov  8 a.m 5 p.m. PT, Monday - Friday  New York   New York State Department of Health Corning Tower, Empire State Plaza Albany, NY 12237 http://www.health.state.ny.us/health_care/medicaid/index.htm  Ohio   Ohio Department of Medicaid 50 W Town ST, STE 400 Columbus, OH 43215 https://medicaid.ohio.gov/  Oklahoma   Oklahoma Health Care Authority 4345 N Lincoln BLVD Oklahoma City, OK 73105 http://www.okhca.org  Oregon   Oregon Health Authority 500 Summer ST, NE, E-20 Salem, OR 97301-1097 https://www.oregon.gov/oha/HSD/OHP  8 a.m 5 p.m. PT, Monday - Friday  1-503-947-2340 TTY 711 https://www.oregon.gov/oha/HSD/OHP  8 a.m 5 p.m. PT,	Nevada   Nevada Department of Health and Human Services	1-800-992-0900
New York   New York State Department of Health Corning Tower, Empire State Plaza Albany, NY 12237 http://www.health.state.ny.us/health_care/medicaid/index.htm Ohio   Ohio Department of Medicaid 50 W Town ST, STE 400 Columbus, OH 43215 https://medicaid.ohio.gov/ Try 711 https://medicaid.ohio.gov/ Oklahoma   Oklahoma Health Care Authority 4345 N Lincoln BLVD Oklahoma City, OK 73105 http://www.okhca.org  Oregon   Oregon Health Authority 500 Summer ST, NE, E-20 Salem, OR 97301-1097 https://www.oregon.gov/oha/HSD/OHP  Monday - Friday  1-800-987-7767 TTY 711 8 a.m 5 p.m. CT, Monday - Friday		
New York   New York State Department of Health Corning Tower, Empire State Plaza Albany, NY 12237 http://www.health.state.ny.us/health_care/medicaid/index.htm TTY 711 http://www.health.state.ny.us/health_care/medicaid/index.htm  Ohio   Ohio Department of Medicaid 50 W Town ST, STE 400 Columbus, OH 43215 https://medicaid.ohio.gov/ T7 a.m 8 p.m. ET, Monday - Friday; 8 a.m. 5 p.m. ET, Saturday  Oklahoma   Oklahoma Health Care Authority 4345 N Lincoln BLVD Oklahoma City, OK 73105 http://www.okhca.org  Oregon   Oregon Health Authority 500 Summer ST, NE, E-20 Salem, OR 97301-1097 https://www.oregon.gov/oha/HSD/OHP  1-800-947-2340 TTY 711 8 a.m 5 p.m. PT,	http://dhcfp.nv.gov	
Corning Tower, Empire State Plaza Albany, NY 12237  http://www.health.state.ny.us/health_care/medicaid/index.htm  Ohio   Ohio Department of Medicaid  50 W Town ST, STE 400 Columbus, OH 43215  https://medicaid.ohio.gov/  Oklahoma   Oklahoma Health Care Authority  4345 N Lincoln BLVD Oklahoma City, OK 73105  http://www.okhca.org  Oregon   Oregon Health Authority  500 Summer ST, NE, E-20 Salem, OR 97301-1097  https://www.oregon.gov/oha/HSD/OHP  TTY 711  8 a.m 5 p.m. CT, Monday - Friday  1-503-947-2340  TTY 711  8 a.m 5 p.m. PT,		Monday - Friday
http://www.health.state.ny.us/health_care/medicaid/index.htm  8 a.m 5 p.m. ET, Monday - Friday  Ohio   Ohio Department of Medicaid  1-800-324-8680  TTY 711  https://medicaid.ohio.gov/  Oklahoma   Oklahoma Health Care Authority  4345 N Lincoln BLVD Oklahoma City, OK 73105  http://www.okhca.org  Oregon   Oregon Health Authority  500 Summer ST, NE, E-20 Salem, OR 97301-1097  https://www.oregon.gov/oha/HSD/OHP  8 a.m 5 p.m. PT,	New York   New York State Department of Health	1-800-541-2831
Ohio   Ohio Department of Medicaid 50 W Town ST, STE 400 Columbus, OH 43215 https://medicaid.ohio.gov/  Oklahoma   Oklahoma Health Care Authority 4345 N Lincoln BLVD Oklahoma City, OK 73105 http://www.okhca.org  Oregon   Oregon Health Authority 500 Summer ST, NE, E-20 Salem, OR 97301-1097 https://www.oregon.gov/oha/HSD/OHP  Monday - Friday  1-800-324-8680 TTY 711 https://monday - Friday; 8 a.m 5 p.m. ET, Monday - Friday  1-800-987-7767 TTY 711 8 a.m 5 p.m. CT, Monday - Friday		
Ohio   Ohio Department of Medicaid 50 W Town ST, STE 400 Columbus, OH 43215 https://medicaid.ohio.gov/  Oklahoma   Oklahoma Health Care Authority 4345 N Lincoln BLVD Oklahoma City, OK 73105 http://www.okhca.org  Oregon   Oregon Health Authority 500 Summer ST, NE, E-20 Salem, OR 97301-1097 https://www.oregon.gov/oha/HSD/OHP 1-800-324-8680 TTY 711 1-800-324-8680 TTY 711 1-800-987-767 TTY 711 8 a.m 5 p.m. CT, Monday - Friday 1-503-947-2340 TTY 711 8 a.m 5 p.m. PT,	http://www.health.state.ny.us/health_care/medicaid/index.htm	
50 W Town ST, STE 400 Columbus, OH 43215  https://medicaid.ohio.gov/  Cklahoma   Oklahoma Health Care Authority  4345 N Lincoln BLVD Oklahoma City, OK 73105  http://www.okhca.org  Cregon   Oregon Health Authority  500 Summer ST, NE, E-20 Salem, OR 97301-1097  https://www.oregon.gov/oha/HSD/OHP  TTY 711  8 a.m 5 p.m. CT, Monday - Friday  TTY 711  1-503-947-2340  TTY 711  8 a.m 5 p.m. PT,		Monday - Friday
https://medicaid.ohio.gov/  Oklahoma   Oklahoma Health Care Authority 4345 N Lincoln BLVD Oklahoma City, OK 73105 http://www.okhca.org  1-800-987-7767 TTY 711 8 a.m 5 p.m. CT, Monday - Friday  Oregon   Oregon Health Authority 500 Summer ST, NE, E-20 Salem, OR 97301-1097 https://www.oregon.gov/oha/HSD/OHP 8 a.m 5 p.m. PT,	Ohio   Ohio Department of Medicaid	1-800-324-8680
Oklahoma   Oklahoma Health Care Authority 4345 N Lincoln BLVD Oklahoma City, OK 73105 http://www.okhca.org  Oregon   Oregon Health Authority 500 Summer ST, NE, E-20 Salem, OR 97301-1097 https://www.oregon.gov/oha/HSD/OHP  Monday - Friday; 8 a.m. 5 p.m. ET, Saturday  1-800-987-7767 TTY 711 8 a.m 5 p.m. CT, Monday - Friday  1-503-947-2340 TTY 711 8 a.m 5 p.m. PT,	50 W Town ST, STE 400 Columbus, OH 43215	TTY 711
Oklahoma   Oklahoma Health Care Authority 4345 N Lincoln BLVD Oklahoma City, OK 73105 http://www.okhca.org  Oregon   Oregon Health Authority 500 Summer ST, NE, E-20 Salem, OR 97301-1097 https://www.oregon.gov/oha/HSD/OHP 5 p.m. ET, Saturday 1-800-987-7767 TTY 711 8 a.m 5 p.m. CT, Monday - Friday 1-503-947-2340 TTY 711 8 a.m 5 p.m. PT,	https://medicaid.ohio.gov/	• • • • • • • • • • • • • • • • • • •
Oklahoma   Oklahoma Health Care Authority 4345 N Lincoln BLVD Oklahoma City, OK 73105 http://www.okhca.org  Oregon   Oregon Health Authority 500 Summer ST, NE, E-20 Salem, OR 97301-1097 https://www.oregon.gov/oha/HSD/OHP  1-800-987-7767 TTY 711 8 a.m 5 p.m. CT, Monday - Friday  1-503-947-2340 TTY 711 8 a.m 5 p.m. PT,		
4345 N Lincoln BLVD Oklahoma City, OK 73105  http://www.okhca.org  8 a.m 5 p.m. CT, Monday - Friday  Oregon   Oregon Health Authority 500 Summer ST, NE, E-20 Salem, OR 97301-1097 https://www.oregon.gov/oha/HSD/OHP  8 a.m 5 p.m. PT,		5 p.m. E1, Saturday
http://www.okhca.org  8 a.m 5 p.m. CT, Monday - Friday  Oregon   Oregon Health Authority 500 Summer ST, NE, E-20 Salem, OR 97301-1097 https://www.oregon.gov/oha/HSD/OHP  8 a.m 5 p.m. CT, Monday - Friday  1-503-947-2340 TTY 711 8 a.m 5 p.m. PT,	Oklahoma   Oklahoma Health Care Authority	1-800-987-7767
Oregon   Oregon Health Authority 500 Summer ST, NE, E-20 Salem, OR 97301-1097 https://www.oregon.gov/oha/HSD/OHP 1-503-947-2340 TTY 711 8 a.m 5 p.m. PT,	•	
Oregon   Oregon Health Authority         1-503-947-2340           500 Summer ST, NE, E-20 Salem, OR 97301-1097         TTY 711           https://www.oregon.gov/oha/HSD/OHP         8 a.m 5 p.m. PT,	http://www.okhca.org	• • • • • • • • • • • • • • • • • • •
500 Summer ST, NE, E-20 Salem, OR 97301-1097       TTY 711         https://www.oregon.gov/oha/HSD/OHP       8 a.m 5 p.m. PT,		Monday - Friday
https://www.oregon.gov/oha/HSD/OHP 8 a.m 5 p.m. PT,	Oregon   Oregon Health Authority	1-503-947-2340
Monday - Friday	https://www.oregon.gov/oha/HSD/OHP	•

State Medicaid Programs - Contact Information	
Pennsylvania   Pennsylvania Department of Human Services P.O. Box 5959 Harrisburg, PA 17110-0959 http://www.dhs.pa.gov/	1-800-692-7462 TTY 1-800-451-5886 8 a.m 5 p.m. ET, Monday - Friday
Puerto Rico   Government of Puerto Rico, Department of Health Medicaid Program P.O. Box 70184 San Juan, PR 00936-8184 https://medicaid.pr.gov	1-787-765-2929 TTY 1-787-625-6955 8 a.m 6 p.m. ET, Monday - Friday
Rhode Island   Executive Office of Health and Human Services (EOHHS)  3 West Road Cranston, RI 02920 http://www.eohhs.ri.gov/	1-401-462-5274 TTY 711 8:30 a.m 4 p.m. ET, Monday - Friday
South Carolina   South Carolina Department of Health and Human Services P.O. Box 8206 Columbia, SC 29202-8206 http://www.scdhhs.gov/	1-888-549-0820 TTY 1-888-842-3620 8 a.m 6 p.m. ET, Monday - Friday
South Dakota   South Dakota Department of Social Services, Division of Medical Services 700 Governors DR Pierre, SD 57501 http://dss.sd.gov/medicaid/	1-800-597-1603 TTY 711 8 a.m 5 p.m. CT, Monday - Friday
Tennessee   Division of TennCare 310 Great Circle RD Nashville, TN 37243 https://www.tn.gov/tenncare/	1-800-342-3145 TTY 711 8 a.m 4:30 p.m. CT, Monday - Friday
Texas   Texas Medicaid Health and Human Services Commission 4900 N Lamar BLVD, P.O. Box 13247 Austin, TX 78751 https://hhs.texas.gov/about-hhs/find-us	1-512-424-6500 TTY 1-512-424-6597 8 a.m 5 p.m. CT, Monday - Friday
Utah   Utah Department of Health, Medicaid and Health Financing P.O. Box 143106 Salt Lake City, UT 84114-3106 https://medicaid.utah.gov/	1-800-662-9651 TTY 711 8 a.m 5 p.m. MT, Monday - Friday; 8 a.m 11 a.m. MT, Thursday

State Medicaid Programs - Contact Information	
Virginia   Department of Medical Assistance Services 600 E Broad ST Richmond, VA 23219 http://www.dmas.virginia.gov/	1-855-242-8282 TTY 711 8 a.m 6 p.m. ET, Monday - Friday
Virgin Islands of the U.S.   U.S. Virgin Islands Bureau of Health Insurance & Medical Assistance 1303 Hospital Ground, Knud Hansen Complex, BLDG A St. Thomas, VI 00802 www.dhs.gov.vi	1-340-715-6929 TTY 711
Vermont   Department of Vermont Health Access 280 ST DR Waterbury, VT 05671 http://www.greenmountaincare.org/	1-800-250-8427 TTY 711 8 a.m 5 p.m. ET, Monday - Friday
Washington   Washington State Health Care Authority P.O. Box 45531 Olympia, WA 98504 www.hca.wa.gov/health-care-services-supports/apple-health-medicaid-coverage	1-800-562-3022 TTY 711 7 a.m 5 p.m. PT, Monday - Friday
Wisconsin   Wisconsin Department of Health Services 1 W Wilson ST Madison, WI 53703 https://www.dhs.wisconsin.gov/health-care-coverage/index.htm	1-800-362-3002 TTY 711 8 a.m 6 p.m. CT, Monday - Friday
West Virginia   West Virginia Bureau for Medical Services 350 Capitol ST, RM 251 Charleston, WV 25301 http://www.dhhr.wv.gov/bms/Pages/default.aspx	1-304-558-1700 TTY 711 8:30 a.m 5 p.m. ET, Monday - Friday
Wyoming   Wyoming Department of Health 122 W 25th St., 4th FL West Cheyenne, WY 82001 http://health.wyo.gov/healthcarefin/medicaid/	1-307-777-7531 TTY 1-855-329-5205 9 a.m 5 p.m. MT, Monday - Friday

# Section 7 Information about programs to help people pay for their prescription drugs

The Medicare.gov website (https://www.medicare.gov/drug-coverage-part-d/costs-for-medicare-drug-coverage/costs-in-the-coverage-gap/5-ways-to-get-help-with-prescription-costs) provides

information on how to lower your prescription drug costs. For people with limited incomes, there are also other programs to assist, described below.

#### Medicare's "Extra Help" Program

Medicare provides "Extra Help" to pay prescription drug costs for people who have limited income and resources. Resources include your savings and stocks, but not your home or car. If you qualify, you get help paying for any Medicare drug plan's monthly premium, yearly deductible, and prescription copayments. This "Extra Help" also counts toward your out-of-pocket costs.

If you automatically qualify for "Extra Help" Medicare will mail you a letter. You will not have to apply. If you do not automatically qualify you may be able to get "Extra Help" to pay for your prescription drug premiums and costs. To see if you qualify for getting "Extra Help," call:

☐ 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048, 24 hours a day, 7
days a week;
$\hfill\Box$ The Social Security Office at 1-800-772-1213, between 8 am to 7 pm, Monday through Friday. TTY users should call 1-800-325-0778 (applications); or
☐ Your State Medicaid Office (applications). (See Section 6 of this chapter for contact information.)
you believe you have qualified for "Extra Help" and you believe that you are paying an incorrect

If you believe you have qualified for "Extra Help" and you believe that you are paying an incorrect cost-sharing amount when you get your prescription at a pharmacy, our plan has a process for you to either request assistance in obtaining evidence of your proper copayment level, or, if you already have the evidence, to provide this evidence to us.

Please call the customer service number in Chapter 2 Section 1. Our Customer Service
Advocates can help get your copayment amount corrected.
When we receive the evidence showing your copayment level, we will update our system

When we receive the evidence showing your copayment level, we will update our system so that you can pay the correct copayment when you get your next prescription at the pharmacy. If you overpay your copayment, we will reimburse you. Either we will forward a check to you in the amount of your overpayment or we will offset future copayments. If the pharmacy hasn't collected a copayment from you and is carrying your copayment as a debt owed by you, we may make the payment directly to the pharmacy. If a state paid on your behalf, we may make payment directly to the state. Please contact Customer Service if you have questions.

There are programs in Puerto Rico, the Virgin Islands, Guam, the Northern Mariana Islands, and American Samoa to help people with limited income and resources pay their Medicare costs. Programs vary in these areas. Call your local Medical Assistance (Medicaid) office to find out more about their rules (phone numbers are in Section 6 of this chapter). Or call 1-800-MEDICARE (1-800-633-4227) 24 hours a day, 7 days a week and say "Medicaid" for more information. TTY users should call 1-877-486-2048. You can also visit www.medicare.gov for more information.

#### What if you have coverage from a State Pharmaceutical Assistance Program (SPAP)?

Many states and the U.S. Virgin Islands offer help paying for prescriptions, drug plan premiums and/or other drug costs. If you are enrolled in a State Pharmaceutical Assistance Program (SPAP), or any other program that provides coverage for Part D drugs (other than "Extra Help"), you still get the 70% discount on covered brand name drugs. Also, the plan may pay a portion of the costs of

brand name drugs in the coverage gap. The 70% discount and any portion paid by the plan are both applied to the price of the drug before any SPAP or other coverage.

### What if you have coverage from an AIDS Drug Assistance Program (ADAP)? What is the AIDS Drug Assistance Program (ADAP)?

The AIDS Drug Assistance Program (ADAP) helps ADAP-eligible individuals living with HIV/AIDS have access to life-saving HIV medications. Medicare Part D prescription drugs that are also on the ADAP formulary qualify for prescription cost-sharing assistance. **Note:** To be eligible for the ADAP operating in your State, individuals must meet certain criteria, including proof of State residence and HIV status, low income as defined by the State, and uninsured/under-insured status.

If you change plans please notify your local ADAP enrollment worker so you can continue to receive assistance. For information on eligibility criteria, covered drugs, or how to enroll in the program, please call your state ADAP office listed below.

AIDS Drug Assistance Program (ADAP) - Contact Information	
Alaska   Alaskan AIDS Assistance Association 1057 W Fireweed LN, STE 102 Anchorage, AK 99503 http://www.alaskanaids.org/index.php/client-services/adap	1-800-478-2437 9 a.m5 p.m. local time, Monday-Friday
Alabama   Alabama AIDS Drug Assistance Program Office of HIV Prevention and Care, 201 Monroe ST, STE 1400 Montgomery, AL 36104 http://www.alabamapublichealth.gov/hiv/adap.html	1-866-574-9964 8 a.m5 p.m. local time, Monday-Friday
Arkansas   Arkansas Department of Health, Ryan White Program - Part B 4815 W Markham ST, Slot 33 Little Rock, AR 72205 https://www.healthy.arkansas.gov/programs-services/topics/ryan-white-faqs	1-501-661-2408 8 a.m4:30 p.m. local time, Monday-Friday
American Samoa   American Samoa Department of Health Faagaalu RD 1 Pago Pago, AS 96799 https://www.americansamoa.gov/departments	1-684-633-1433 8 a.m5 p.m. local time, Monday-Friday
Arizona   Arizona Department of Health Services ADAP 150 N 18th AVE, STE 110 Phoenix, AZ 85007 https://www.azdhs.gov/preparedness/epidemiology-disease-control/disease-integration-services/index.php#aids-drug-assistance-program-home	1-800-334-1540 8 a.m5 p.m. local time, Monday-Friday

AIDS Drug Assistance Program (ADAP) - Contact Information		
California   Department of Health Services - ADAP P.O. Box 997426, MS 7704 Sacramento, CA 95899-7426 https://www.cdph.ca.gov/Programs/CID/DOA/Pages/ OA_adap_medpartd.aspx	1-844-421-7050 8 a.m5 p.m. local time, Monday-Friday	
Colorado   Colorado State Drug Assistance Program (SDAP) ADAP-3800, 4300 Cherry Creek DR S Denver, CO 80246-1530 https://cdphe.colorado.gov/state-drug-assistance-program	1-303-692-2716 9 a.m5 p.m. local time, Monday-Friday	
Connecticut   Connecticut ADAP Magellan Health Services P.O. Box 9971 Glen Allen, VA 23060 https://ctdph.magellanrx.com	1-800-424-3310 8 a.m4 p.m. local time, Monday-Friday	
District of Columbia   District of Columbia ADAP 899 N Capitol ST NE, STE 400 Washington, DC 20002 https://dchealth.dc.gov/node/137072	1-202-671-4900 8 a.m4:30 p.m. local time, Monday-Friday	
Delaware   Delaware Division of Public Health Ryan White Program 540 S DuPont HWY Dover, DE 19901 http://www.dhss.delaware.gov/dhss/dph/dpc/hivtreatment.html	1-302-744-1050 8 a.m4:30 p.m. local time, Monday-Friday	
Florida   Florida Department of Health ADAP HIV/AIDS Section, 4052 Bald Cypress Way Tallahassee, FL 32399 http://www.floridahealth.gov/diseases-and-conditions/aids/adap/index.html	1-800-352-2437 8 a.m9 p.m. local time, Monday-Friday	
Georgia   Georgia AIDS Drug Assistance Program (ADAP) 2 Peachtree ST NW, FL 15 Atlanta, GA 30303-3186 https://dph.georgia.gov/health-topics/office-hivaids/hiv-care/aids-drug-assistance-program-adap	1-404-656-9805 8 a.m5 p.m. local time, Monday-Friday	
Guam   Bureau of Communicable Disease Control - STD/HIV/ Viral Hepatitis Program 520 West Santa Monica Avenue, RM 126 Dededo, GU 96913 http://www.dphss.guam.gov/document/ryan-white-hivaids- program-brochure	1-671-735-3603 8 a.m5 p.m. local time, Monday-Friday	
Hawaii   Hawaii Harm Reduction Services Branch 3627 Kilauea AVE, STE 306 Honolulu, HI 96816 http://health.hawaii.gov/harmreduction/hiv-aids/hiv-programs/hiv-medical-management-services/	1-808-733-9360 7:45 a.m4:30 p.m. local time, Monday-Friday	

AIDS Drug Assistance Program (ADAP) - Contact Information	
Iowa   Iowa AIDS Drug Assistance Program (ADAP) 321 E 12th ST Des Moines, IA 50319-0075 https://www.idph.iowa.gov/hivstdhep/hiv/support	1-515-725-2011 8 a.m4:30 p.m. local time, Monday-Friday
Idaho   Idaho AIDS Drug Assistance Program (IDADAP) 450 W State ST, FL 4 Boise, ID 83720-0036 https://www.idph.iowa.gov/hivstdhep/hiv/support	1-208-334-5612 8 a.m5 p.m. local time, Monday-Friday
Illinois   Illinois ADAP 525 W Jefferson ST, FL 1 Springfield, IL 62761 https://www.dph.illinois.gov/topics-services/diseases-and-conditions/hiv-aids/ryan-white-care-and-hopwa-services	1-800-825-3518 8:30 a.m4:00 p.m. local time, Monday-Friday
Indiana   Indiana HIV Medical Services Program 2 N Meridian ST, STE 6C Indianapolis, IN 46206 http://www.in.gov/isdh/17740.htm	1-866-588-4948 8 a.m5 p.m. local time, Monday-Friday
Kansas   Kansas AIDS Drug Assistance Program 1000 SW Jackson ST, STE 210 Topeka, KS 66612 http://www.kdheks.gov/sti_hiv/ryan_white_care.htm	1-785-296-6174 8 a.m5 p.m. local time, Monday-Friday
Kentucky   Kentucky AIDS Drug Assistance Program (KADAP) HIV/AIDS Branch, 275 E Main ST, HS2E-C Frankfort, KY 40621 https://chfs.ky.gov/agencies/dph/dehp/hab/Pages/services.aspx	1-502-564-6539 8 a.m4:30 p.m. local time, Monday-Friday
Louisiana   Louisiana Office of Public Health STD/HIV Program, 1450 Poydras ST, STE 2136 New Orleans, LA 70112 http://new.dhh.louisiana.gov/index.cfm/page/1099	1-504-568-7474 8 a.m5 p.m. local time, Monday-Friday
Massachusetts   Community Research Initiative/HDAP The Schrafft's City CTR, 529 Main ST, STE 301 Charlestown, MA 02129 http://crine.org/hdap/	1-617-502-1700 8 a.m5 p.m. local time, Monday-Friday
Maryland   Maryland AIDS Drug Assistance Program Prevention and Health Promotion Administration, 201 W Preston ST Baltimore, MD 21201 https://phpa.health.maryland.gov/OIDPCS/CHCS/Pages/ madap.aspx	1-800-205-6305 8:30 a.m4:30 p.m. local time, Monday-Friday

AIDS Drug Assistance Program (ADAP) - Contact Information		
Maine   Maine AIDS Drug Assistance Program  11 State House Station, 286 Water ST Augusta, ME 04330  http://www.maine.gov/dhhs/mecdc/infectious-disease/hiv-std/ services/aids-drug-assist.shtml	1-207-287-3747 8 a.m5 p.m. local time, Monday-Friday	
Michigan   Michigan Drug Assistance Program HIV Care & Prevention, P.O. Box 30727 Lansing, MI 48909 https://www.michigan.gov/mdhhs/ 0,5885,7-339-71550_2955_2982_70541-456735-,00.html	1-888-826-6565 8 a.m5 p.m. local time, Monday-Friday	
Minnesota   Minnesota HIV/AIDS Programs Department of Human Services, P.O. Box 64972 St. Paul, MN 55164-0972 http://mn.gov/dhs/people-we-serve/adults/health-care/hiv-aids/contact-us/index.jsp	1-800-657-3761 8:30 a.m4:30 p.m. local time, Monday-Friday	
Missouri   Missouri Bureau of HIV, STD and Hepatitis Department of Health and Senior Services, P.O. Box 570 Jefferson City, MO 65102-0570 https://health.mo.gov/living/healthcondiseases/communicable/ hivaids/casemgmt.php	1-573-751-6439 8 a.m5 p.m. local time, Monday-Friday	
Mississippi   Mississippi Department of Health, STD/HIV Office 570 E Woodrow Wilson DR, P.O. Box 1700 Jackson, MS 39215-1700 http://msdh.ms.gov/msdhsite/_static/14,0,150.html	1-601-576-7723 8 a.m5 p.m. local time, Monday-Friday	
Montana   Montana AIDS Drug Assistance Program (ADAP) DPHHS, Cogswell BLDG C-211, 1400 Broadway ST Helena, MT 59620-2951 https://dphhs.mt.gov/publichealth/hivstd/Treatment/ mtryanwhiteprog	1-406-444-3565 8 a.m5 p.m. local time, Monday-Friday	
North Carolina   Communicable Disease Branch N.C. Dept of Health and Human Services, 1902 Mail Service Center Raleigh, NC 27699-1902 https://epi.dph.ncdhhs.gov/cd/hiv/hmap.html	1-919-733-3419 8 a.m5 p.m. local time, Monday-Friday	
North Dakota   North Dakota Department of Health, Division of Disease Control 2635 E Main AVE, P.O. Box 5520 Bismarck, ND 58506-5520 http://www.ndhealth.gov/hiv/contact/	1-800-472-2180 8 a.m5 p.m. local time, Monday-Friday	

AIDS Drug Assistance Program (ADAP) - Contact Information	
Nebraska   Nebraska Department of Health & Human Services Ryan White HIV/AIDS Program, P.O. Box 95026 Lincoln, NE 68509-5026 http://dhhs.ne.gov/Pages/Ryan-White.aspx	1-402-471-2101 8 a.m5 p.m. local time, Monday-Friday
New Hampshire   New Hampshire CARE Program 129 Pleasant ST Concord, NH 03301 https://www.dhhs.nh.gov/dphs/bchs/std/care.htm	1-800-852-3345 8 a.m4:30 p.m. local time, Monday-Friday
New Jersey   New Jersey AIDS Drug Distribution Program (ADDP) P.O. Box 360 Trenton, NJ 08625-0360 http://www.state.nj.us/health/hivstdtb/hiv-aids/medications.shtml	1-877-613-4533 8 a.m4:30 p.m. local time, Monday-Friday
New Mexico   New Mexico Department of Health , AIDS Drug Assistance Program 1190 S Saint Francis DR, STE 1200 Santa Fe, NM 87505 http://nmhealth.org/about/phd/idb/hats/	1-505-827-2435 8 a.m5 p.m. local time, Monday-Friday
Nevada   Nevada Office of HIV/AIDS 4126 Technology Way, STE 200 Carson City, NV 89706 http://dpbh.nv.gov/Programs/HIV-Ryan/Ryan_White_Part_BHome/	1-775-684-3499 8 a.m5 p.m. local time, Monday-Friday
New York   New York AIDS Drug Assistance Program HIV Uninsured Care Programs, Empire STA, P.O. Box 2052 Albany, NY 12220-0052 http://www.health.ny.gov/diseases/aids/general/resources/adap/	1-800-542-2437 8 a.m5 p.m. local time, Monday-Friday
Ohio   Ohio Department of Health HIV Care Services Section, 246 N High ST Columbus, OH 43215 https://odh.ohio.gov/wps/portal/gov/odh/know-our-programs/ ryan-white-part-b-hiv-client-services/welcome-to	1-800-777-4775 8 a.m5 p.m. local time, Monday-Friday
Oklahoma   Oklahoma AIDS Coordination & Information Services Oklahoma Department of Health, 2400 N. Lincoln BLVD Oklahoma City, OK 73111 https://oklahoma.gov/okdhs/services/health/aids-coordination-and-information-services.html	1-405-271-5816 8 a.m5 p.m. local time, Monday-Friday

AIDS Drug Assistance Program (ADAP) – Contact Information	
Oregon   Oregon CAREAssist 800 NE Oregon ST, STE 1105 Portland, OR 97232 http://public.health.oregon.gov/DiseasesConditions/ HIVSTDViralHepatitis/HIVCareTreatment/CAREAssist/Pages/ index.aspx	1-971-673-0144 8 a.m5 p.m. local time, Monday-Friday
Pennsylvania   Pennsylvania Special Pharmaceutical Benefits Program  Department of Health, 625 Forster S, H&W BLDG, RM 611  Harrisburg, PA 17120  https://www.health.pa.gov/topics/programs/HIV/Pages/Special-Pharmaceutical-Benefits.aspx	1-800-922-9384 8 a.m4:30 p.m. local time, Monday-Friday
Puerto Rico   Puerto Rico Departmento de Salud, Programa Ryan White Parte B P.O. Box 70184 San Juan, PR 00936-8184 http://www.salud.gov.pr/Dept-de-Salud/Pages/Directorio.aspx	1-787-765-2929 8 a.m4:30 p.m. local time, Monday-Friday
Rhode Island   Rhode Island AIDS Drug Assistance Program Department of Health, 3 West RD Cranston, RI 02920 http://health.ri.gov/diseases/hivaids/about/stayinghealthy/	1-401-222-5960 8:30 a.m4:30 p.m. local time, Monday-Friday
South Carolina   South Carolina AIDS Drug Assistance Program (ADAP)  DHEC, STD/HIV Division, 2600 Bull ST Columbia, SC 29201  http://www.scdhec.gov/Health/DiseasesandConditions/ InfectiousDiseases/HIVandSTDs/AIDSDrugAssistancePlan/	1-800-856-9954 8 a.m5 p.m. local time, Monday-Friday
South Dakota   Ryan White Part B CARE Program South Dakota Department of Health, 615 E 4th ST Pierre, SD 57501-1700 https://doh.sd.gov/diseases/infectious/ryanwhite/	1-800-592-1861 8 a.m5 p.m. local time, Monday-Friday
Tennessee   Tennessee HIV Drug Assistance Program (HDAP) Department of Health, 710 James Robertson PKWY Nashville, TN 37243 https://www.tn.gov/health/health-program-areas/std/std/ ryanwhite.html	1-615-741-7500 8 a.m4:30 p.m. local time, Monday-Friday
Texas   Texas HIV Medication Program ATTN: MSJA, MC 1873, P.O. Box 149347 Austin, TX 78714-9387 www.dshs.state.tx.us/hivstd/meds	1-800-255-1090 8 a.m5 p.m. local time, Monday-Friday

AIDS Drug Assistance Program (ADAP) - Contact Information	
Utah   Utah Department of Health, Bureau of Epidemiology 288 N 1460 W, P.O. Box 142104 Salt Lake City, UT 84114-2104 http://health.utah.gov/epi/treatment/	1-801-538-6191 8 a.m5 p.m. local time, Monday-Friday
Virginia   Virginia AIDS Drug Assistance Program (ADAP) Office of Disease Prevention, 109 Governor ST, FL 6 Richmond, VA 23219 https://www.vdh.virginia.gov/disease-prevention/vamap/	1-800-533-4148 8 a.m5 p.m. local time, Monday-Friday
Virgin Islands of the U.S.   US Virgin Islands STD/HIV/TB Program USVI Department of Health, Old Municipal Hospital Complex, BLDG 1 St. Thomas, VI 00802 https://doh.vi.gov/programs/communicable-diseases	1-340-774-9000
Vermont   VT Medication Assistance Program Health Surveillance Division, P.O. Box 70 Burlington, VT 05402 http://healthvermont.gov/prevent/aids/aids_index.aspx	1-802-863-7240 7:45 a.m4:30 p.m. local time, Monday-Friday
Washington   Washington Early Intervention Program (EIP) Client Services, P.O. Box 47841 Olympia, WA 98504-7841 https://www.doh.wa.gov/YouandYourFamily/IllnessandDisease/ HIV/ClientServices/ADAPandEIP	1-877-376-9316 8 a.m5 p.m. local time, Monday-Friday
Wisconsin   Wisconsin AIDS Drug Assistance Program (ADAP) Department of Health Services, 1 W Wilson ST Madison, WI 53703 https://www.dhs.wisconsin.gov/hiv/adap-consumer-client.htm	1-800-991-5532 8 a.m5 p.m. local time, Monday-Friday
West Virginia   West Virginia AIDS Drug Assistance Program (ADAP) 350 Capitol ST, RM 125 Charleston, WV 25301 https://oeps.wv.gov/aboutus/Pages/about_dsh.aspx	1-800-642-8244 8 a.m4 p.m. local time, Monday-Friday
Wyoming   Wyoming Department of Health Communicable Disease Unit HIV Treatment Program, 401 Hathaway BLDG Cheyenne, WY 82002 https://health.wyo.gov/publichealth/communicable-disease-unit/ hivaids/	1-307-777-7529 8 a.m5 p.m. local time, Monday-Friday

#### **State Pharmaceutical Assistance Programs**

Many states have State Pharmaceutical Assistance Programs that help some people pay for prescription drugs based on financial need, age, medical condition or disabilities. Each state has different rules to provide drug coverage to its members.

Here is a list of the State Pharmaceutical Assistance Programs in each state we serve:

- California Department of Health Services ADAP
- Colorado Colorado Department of Health Care Policy & Financing
- Connecticut Connecticut AIDS Drug Assistance Program (CADAP)
- District of Columbia District of Columbia Department of Health
- Delaware Delaware Prescription Assistance Program
- Guam Guam Medically Indigent Program (MIP)
- Idaho Idaho AIDS Drug Assistance Program (IDADAP)
- Indiana HoosierRx
- Louisiana Louisiana Department of Health
- Massachusetts Prescription Advantage Executive Office of Elder Affairs
- Maryland Maryland Senior Prescription Drug Assistance Program (SPDAP)
- Maine Office of MaineCare Services
- Missouri MissouriRx Plan (MORx)
- Montana Montana Big Sky Rx
- New Jersey New Jersey Pharmaceutical Assistance To The Aged & Disabled (PAAD)
- Nevada Nevada Senior/Disability Rx Program
- New York New York State EPIC Program
- Pennsylvania Pennsylvania PACE
- Rhode Island Rhode Island Office of Health Aging
- Texas Texas HIV State Pharmaceutical Assistance Program (SPAP)
- Virginia Virginia Medication Assistance Program (MAP)
- Virgin Islands of the U.S. US Virgin Islands Pharmaceutical Assistance Program
- Vermont Green Mountain Care Prescription Assistance
- Wisconsin Wisconsin SeniorCare Pharmaceutical Assistance Program

#### **State Pharmaceutical Assistance Programs - Contact Information** California | Department of Health Services - ADAP 1-844-421-7050 Insurance Assistance Section, P.O. Box 997426, MS 7704 TTY 711 8 a.m.-5 p.m. local time, Sacramento, CA 95899-7426 https://www.cdph.ca.gov/Programs/CID/DOA/Pages/ Monday-Friday OA adap medpartd.aspx Colorado | Colorado Department of Health Care Policy & 1-800-221-3943 TTY 711 Financing 9 a.m.-5 p.m. local time, 1570 Grant ST Denver, CO 80103-1818 Monday-Friday https://www.colorado.gov/hcpf/contact-hcpf

State Pharmaceutical Assistance Programs - Contact Information	
Connecticut   Connecticut AIDS Drug Assistance Program (CADAP) c/o Magellan Health, 15 Cornell RD, STE 2201 Lathan, NY 12110 https://ctdph.magellanrx.com/	1-800-424-3310 TTY 711 8 a.m4 p.m. local time, Monday-Friday
District of Columbia   District of Columbia Department of Health AIDS Drug Assistance Program (ADAP) 899 N Capitol ST NE Washington, DC 20002 https://dchealth.dc.gov/node/137072	1-202-671-4900 TTY 711 8:15 a.m 4:45 p.m. local time, Monday - Friday
Delaware   Delaware Prescription Assistance Program P.O. Box 950, MANOR BRANCH New Castle, DE 19720 https://dhss.delaware.gov/dhss/dmma/dpap.html	1-844-245-9580 TTY 711 8 a.m4:30 p.m. local time, Monday-Friday
Guam   Guam Medically Indigent Program (MIP) Bureau of Economic Security, 520 W Santa Monica AVE Dededo, GU 95929 http://dphss.guam.gov/bureau-of-economic-security/	1-671-635-7432 TTY 711 8 a.m5 p.m. local time, Monday-Friday
Idaho   Idaho AIDS Drug Assistance Program (IDADAP) 450 W State ST, P.O. Box 83720 Boise, ID 83720-0036 http://www.healthandwelfare.idaho.gov/Health/ HIV,STD,HepatitisPrograms/HIVCare/tabid/391/Default.aspx	1-208-334-6657 TTY 711 8 a.m5 p.m. local time, Monday-Friday
Indiana   HoosierRx P.O. Box 6224 Indianapolis, IN 49206 https://www.in.gov/medicaid/members/194.htm	1-866-267-4679 TTY 711 8 a.m4:30 p.m. local time, Monday-Friday
Louisiana   Louisiana Department of Health Medicare Savings Program, P.O. Box 629 Baton Rouge, LA 70802 http://dhh.louisiana.gov/index.cfm/page/236	1-888-342-6207 TTY 1-800-220-5404 8 a.m4:30 p.m. local time, Monday-Friday
Massachusetts   Prescription Advantage Executive Office of Elder Affairs P.O. Box 15153 Worcester, MA 01615-0153 https://www.prescriptionadvantagema.org/	1-800-243-4636 TTY 1-877-610-0241 9 a.m5 p.m. local time, Monday-Friday

State Pharmaceutical Assistance Programs - Contact Information	
Maryland   Maryland Senior Prescription Drug Assistance Program (SPDAP) c/o Pool Administrators, 628 Hebron AVE, STE 502 Glastonbury, CT 06033 www.marylandspdap.com	1-800-551-5995 TTY 1-800-877-5156 8 a.m5 p.m. local time, Monday-Friday
Maine   Office of MaineCare Services 11 State House Station Augusta, ME 04333-0011 http://www.maine.gov/dhhs/oms/member/index.shtml	1-800-977-6740 TTY 711 7 a.m6 p.m. local time, Monday-Friday
Missouri   MissouriRx Plan (MORx) P.O. Box 6500 Jefferson City, MO 65102-6500 www.morx.mo.gov	1-800-392-2161 TTY 711 8 a.m5 p.m. local time, Monday-Friday
Montana   Montana Big Sky Rx P.O. Box 202915 Helena, MT 59620-2915 www.bigskyrx.mt.gov	1-866-369-1233 TTY 711 8 a.m5 p.m. local time, Monday-Friday
New Jersey   New Jersey Pharmaceutical Assistance To The Aged & Disabled (PAAD) P.O. Box 715 Trenton, NJ 08625-0715 http://www.state.nj.us/humanservices/doas/paad/	1-800-792-9745 TTY 711 8:30 a.m4:30 p.m. local time, Monday-Friday
Nevada   Nevada Senior/Disability Rx Program 1860 E Sahara AVE Las Vegas, NV 89104 http://adsd.nv.gov/Programs/Seniors/SeniorRx/SrRxProg/	1-866-303-6323 TTY 711 8 a.m5 p.m. local time, Monday-Friday
New York   New York State EPIC Program P.O. Box 15018 Albany, NY 12212-5018 http://www.health.ny.gov/health_care/epic/	1-800-332-3742 TTY 1-800-290-9138 8:30 a.m5 p.m. local time, Monday-Friday
Pennsylvania   Pennsylvania PACE P.O. Box 8806 Harrisburg, PA 17105-8806 https://pacecares.magellanhealth.com	1-800-225-7223 TTY 1-800-222-9004 8:30 a.m5 p.m. local time, Monday-Friday

State Pharmaceutical Assistance Programs - Contact Information	
Rhode Island   Rhode Island Office of Health Aging 25 Howard AVE, BLDG 57 Cranston, RI 02920 https://oha.ri.gov/what-we-do/access/health-insurance-coaching/drug-cost-assistance	1-401-462-3000 TTY 1-401-462-0740 8:30 a.m4 p.m. local time, Monday-Friday
Texas   Texas HIV State Pharmaceutical Assistance Program (SPAP) P.O. Box 149347, MC 1873 Austin, TX 78714 https://www.dshs.state.tx.us/hivstd/meds/spap.shtm	1-800-255-1090 TTY 711 8 a.m5 p.m. local time, Monday-Friday
Virginia   Virginia Medication Assistance Program (MAP) P.O. Box 2448 Richmond, VA 23218-2448 http://www.vdh.virginia.gov/disease-prevention/virginia-aids-drug-assistance-program-adap/	1-855-362-0658 TTY 711 8 a.m5 p.m. local time, Monday-Friday
Virgin Islands of the U.S.   US Virgin Islands Pharmaceutical Assistance Program 1303 Hospital Ground, Knud Hansen Complex, BLDG A St. Thomas, VI 00802 http://www.dhs.gov.vi/seniors/pharmaceutical.html	1-340-774-0930 TTY 711
Vermont   Green Mountain Care Prescription Assistance Department of Vermont Health Access, 280 State DR Waterbury, VT 05671-1020 http://www.greenmountaincare.org/prescription	1-800-250-8427 TTY 711 8 a.m5 p.m. local time, Monday-Friday
Wisconsin   Wisconsin SeniorCare Pharmaceutical Assistance Program Department of Health Services, 1 W Wilson ST, P.O. Box 6710 Madison, WI 53716-0710 http://www.dhs.wisconsin.gov/seniorcare	1-800-657-2038 TTY 711 8 a.m6 p.m. local time, Monday-Friday

#### Section 8 How to contact the Railroad Retirement Board

The Railroad Retirement Board is an independent Federal agency that administers comprehensive benefit programs for the nation's railroad workers and their families. If you receive your Medicare through the Railroad Retirement Board, it is important that you let them know if you move or change your mailing address. If you have questions regarding your benefits from the Railroad Retirement Board, contact the agency.

Method	Railroad Retirement Board - Contact Information
Call	1-877-772-5772 Calls to this number are free. If you press "0," you may speak with an RRB representative from 9:00 am to 3:30 pm, Monday, Tuesday, Thursday, and Friday, and from 9:00 am to 12:00 pm on Wednesday. If you press "1", you may access the automated RRB HelpLine and recorded information 24 hours a day, including weekends and holidays.
TTY	1-312-751-4701 This number requires special telephone equipment and is only for people who have difficulties with hearing or speaking. Calls to this number are <b>not</b> free.
Website	rrb.gov/

# Section 9 Do you have "group insurance" or other health insurance from an employer?

If you (or your spouse) have medical or prescription drug coverage through another employer or retiree group, please contact **that group's benefits administrator**. The benefits administrator can help you determine how your current coverage will work with our plan. You can also call Customer Service if you have any questions. You can ask about your (or your spouse's) employer or retiree health benefits, premiums, or the enrollment period.

# Chapter 3

Using the plan for your medical services

## Section 1 Things to know about getting your medical care as a member of our plan

This chapter explains what you need to know about using the plan to get your medical care covered. It gives definitions of terms and explains the rules you will need to follow to get the medical treatments, services, equipment, prescription drugs, and other medical care that are covered by the plan.

Because you are a member of the UnitedHealthcare® Group Medicare Advantage (PPO) plan, you can see any provider (network or out-of-network) at the same cost share, as long as they accept the plan and have not opted out of or been excluded or precluded from the Medicare Program.

For the details on what medical care is covered by our plan and how much you pay when you get this care, use the benefits chart in the next chapter, Chapter 4 (Medical Benefits Chart, what is covered and what you pay).

#### Section 1.1 What are "network providers" and "covered services"?

<b>"Providers"</b> are doctors and other health care professionals licensed by the state to provide medical services and care. The term "providers" also includes hospitals and other health care facilities.
"Network providers" are the doctors and other health care professionals, medical groups, hospitals, and other health care facilities that have an agreement with us to accept our payment and your cost-sharing amount as payment in full. We have arranged for these providers to deliver covered services to members in our plan. The providers in our network bill us directly for care they give you. When you see a network provider, you pay only your share of the cost for their services.
<b>"Covered services"</b> include all the medical care, health care services, supplies, equipment, and prescription drugs that are covered by our plan. Your covered services for medical care are listed in the benefits chart in Chapter 4. Your covered services for prescription drugs are discussed in Chapter 5.

#### Section 1.2 Basic rules for getting your medical care covered by the plan

As a Medicare health plan, UnitedHealthcare® Group Medicare Advantage (PPO) must cover all services covered by Original Medicare and must follow Original Medicare's coverage rules.

The plan will generally cover your medical care as long as:

prairing generally developed in the developed actions
The care you receive is included in the plan's Medical Benefits Chart (this chart is in
Chapter 4 of this document).
The care you receive is considered medically necessary. "Medically necessary" means that
the services, supplies, equipment, or drugs are needed for the prevention, diagnosis, or
treatment of your medical condition and meet accepted standards of medical practice.

- ☐ You receive your care from a provider who is eligible to provide services under Original Medicare. As a member of our plan, you can receive your care from either a network provider or an out-of-network provider (for more about this, see Section 2 in this chapter).
  - ° The providers in our network are listed in the **Provider Directory.**
  - Please note: While you can get your care from an out-of-network provider, the provider must be eligible to participate in Medicare. Except for emergency care, we cannot pay a provider who has opted out of or been excluded or precluded from the Medicare Program. If you go to a provider who is not eligible to participate in Medicare, you will be responsible for the full cost of the services you receive. Check with your provider before receiving services to confirm that they are eligible to participate in Medicare.

### Section 2 Using network and out-of-network providers to get your medical care

As a member of the UnitedHealthcare® Group Medicare Advantage (PPO) plan, you may see doctors and other health care professionals, medical groups, hospitals, and other health care facilities that are not contracted with UnitedHealthcare, as long as they accept the plan and have not opted out of or been excluded or precluded from the Medicare Program, and as long as the services are covered benefits and are medically necessary. **Unlike most PPO plans, with this plan you pay the same cost share in-network and out-of-network.** 

#### Section 2.1 How to get care from specialists and other network providers

A specialist is a doctor who provides health care services for a specific disease or part of the body. There are many kinds of specialists. Here are a few examples:
□ Oncologists care for patients with cancer.
☐ Cardiologists care for patients with heart conditions.
☐ Orthopedists care for patients with certain bone, joint, or muscle conditions.

#### How to access your behavioral/mental health benefit

To directly access your behavioral/mental health benefits, please call the number on your UnitedHealthcare member ID card 24 hours a day, 7 days a week. When you call, you will speak with a representative who will check your eligibility and gather basic information about you and your situation. Depending on the help you need, a clinician may then talk with you about the problem you are experiencing and assess which provider and treatment would be appropriate for your situation. You may also ask your Primary Care Provider (PCP) to call the number on your UnitedHealthcare member ID card and arrange a referral on your behalf. You may also call to receive information about **network practitioners**, subspecialty care and obtaining care after normal office hours. Confidentiality is maintained, so please be assured that personal information you discuss with their staff will be kept strictly confidential.

#### What if a specialist or another network provider leaves our plan?

It is important that you know that we may make changes to the hospitals, doctors, and specialists (providers) that are part of your plan during the year. If this happens, you may continue to see the provider as long as he/she continues to accept the plan and has not opted out of or been excluded or precluded from the Medicare Program, and the care you receive is a covered service and is medically necessary. Even though our network of providers may change during the year, Medicare requires that we furnish you with uninterrupted access to qualified doctors and specialists. When possible, we will provide you with at least 30 days' notice that your network provider is leaving our plan.

You may call Customer Service for assistance at the number listed in Chapter 2 of this booklet. Some services require prior authorization from the plan in order to be covered. Obtaining prior authorization is the responsibility of the PCP or treating provider. Services and items requiring prior authorization are listed in Medical Benefits Chart in Chapter 4, Section 2.1.

#### Section 2.2 How to get care from out-of-network providers

As a member of our plan, you can choose to receive care from out-of-network providers. However, please note providers that do not contract with us are under no obligation to treat you, except in emergency situations. Our plan will cover services from either network or out-of-network providers, as long as the services are covered benefits and are medically necessary. Because you are a member of the UnitedHealthcare® Group Medicare Advantage (PPO) plan, you can see any provider (network or out-of-network) that accepts the plan and has not opted out of or been excluded or precluded from the Medicare Program, at the same cost share. Here are other important things to know about using out-of-network providers:

- □ You can get your care from an out-of-network provider, however, in most cases that provider must be eligible to participate in Medicare. Except for emergency care, we cannot pay a provider who has opted out of or been excluded or precluded from the Medicare Program. If you receive care from a provider who is not eligible to participate in Medicare, you will be responsible for the full cost of the services you receive. Check with your provider before receiving services to confirm that they are eligible to participate in Medicare.
  □ You don't need to get a referral or prior authorization when you get care from out-of-network
- Pou don't need to get a referral or prior authorization when you get care from out-of-network providers. However, before getting services from out-of-network providers you may want to ask for a pre-visit coverage decision to confirm that the services you are getting are covered and are medically necessary. (See Chapter 9, Section 4 for information about asking for coverage decisions.) This is important because:
- Without a pre-visit coverage decision, if we later determine that the services are not covered or were not medically necessary, we may deny coverage and you will be responsible for the entire cost. If we say we will not cover your services, you have the right to appeal our decision not to cover your care. See Chapter 9 (What to do if you have a problem or complaint) to learn how to make an appeal.
- □ It is best to ask an out-of-network provider to bill the plan first. But, if you have already paid for the covered services, we will reimburse you for our share of the cost for covered services. Or if an out-of-network provider sends you a bill that you think we should pay, you can send it to us

for payment. See Chapter 7 (Asking us to pay our share of a bill you have received for covered medical services or drugs) for information about what to do if you receive a bill or if you need to ask for reimbursement.

# Section 3 How to get services when you have an emergency or urgent need for care or during a disaster Section 3.1 Getting care if you have a medical emergency

#### What is a "medical emergency" and what should you do if you have one?

A "medical emergency" is when you, or any other prudent layperson with an average knowledge of health and medicine, believe that you have medical symptoms that require immediate medical attention to prevent your loss of life (and, if you are a pregnant woman, loss of an unborn child), loss of a limb or function of a limb, or loss of or serious impairment to a bodily function. The medical symptoms may be an illness, injury, severe pain, or a medical condition that is quickly getting worse.

If you have a medical emergency:

□ **Get help as quickly as possible.** Call 911 for help or go to the nearest emergency room or hospital. Call for an ambulance if you need it. You do not need to use a network doctor. You may get covered emergency medical care whenever you need it, anywhere in the world.

#### What is covered if you have a medical emergency?

Our plan covers ambulance services in situations where getting to the emergency room in any other way could endanger your health. We also cover medical services during the emergency.

The doctors who are giving you emergency care will decide when your condition is stable and the medical emergency is over.

After the emergency is over you are entitled to follow-up care to be sure your condition continues to be stable. Your doctors will continue to treat you until your doctors contact us and make plans for additional care. Your follow-up care will be covered by our plan.

#### What if it wasn't a medical emergency?

Sometimes it can be hard to know if you have a medical emergency. For example, you might go in for emergency care – thinking that your health is in serious danger – and the doctor may say that it wasn't a medical emergency after all. If it turns out that it was not an emergency, as long as you reasonably thought your health was in serious danger, we will cover your care.

#### Section 3.2 Getting care when you have an urgent need for services

#### What are "urgently needed services"?

An urgently needed service is a non-emergency situation requiring immediate medical care but, given your circumstances, it is not possible or not reasonable to obtain these services from a network provider. The plan must cover urgently needed services provided out-of-network. Some examples of urgently needed services are i) a severe sore throat that occurs over the weekend or ii) an unforeseen flare-up of a known condition when you are temporarily outside the service area.

Our plan covers worldwide emergency and urgently needed services outside the United States under the following circumstances: emergency services, including emergency or urgently needed care and emergency ambulance transportation from the scene of an emergency to the nearest medical treatment facility. Transportation back to the United States from another country is not covered. Pre-scheduled, pre-planned treatments (including dialysis for an ongoing condition) and/ or elective procedures are not covered.

#### Section 3.3 Getting care during a disaster

If the Governor of your state, the U.S. Secretary of Health and Human Services, or the President of the United States declares a state of disaster or emergency in your geographic area, you are still entitled to care from your plan.

Please visit the following website: retiree.uhc.com/peracare or contact Customer Service for information on how to obtain needed care during a disaster.

If you cannot use a network pharmacy during a disaster, you may be able to fill your prescription drugs at an out-of-network pharmacy. Please see Chapter 5, Section 2.5 for more information.

### Section 4 What if you are billed directly for the full cost of your services?

#### Section 4.1 You can ask us to pay our share of the cost of covered services

If you have paid more than your plan cost-sharing for covered services, or if you have received a bill for the full cost of covered medical services, go to Chapter 7 (Asking us to pay our share of a bill you have received for covered medical services or drugs) for information about what to do.

#### Section 4.2 If services are not covered by our plan, you must pay the full cost

Our plan covers all medically necessary services as listed in the Medical Benefits Chart in Chapter 4 of this document. If you receive services not covered by our plan, you are responsible for paying the full cost of services.

For covered services that have a benefit limitation, you also pay the full cost of any services you get after you have used up your benefit for that type of covered service. For example, if your plan covers one routine physical exam per year and you receive that routine physical but choose to have a second routine physical within the same year, you pay the full cost of the second routine physical. Any amounts that you pay after you have reached the benefit limitation do not count toward your annual out-of-pocket maximum. (See Chapter 4 for more information on your plan's out-of-pocket maximum.)

Section 5	How are your medical services covered when you are in a "clinical research study"?
Section 5.1	What is a "clinical research study"?

A clinical research study (also called a "clinical trial") is a way that doctors and scientists test new types of medical care, like how well a new cancer drug works. Certain clinical research studies are approved by Medicare. Clinical research studies approved by Medicare typically request volunteers to participate in the study.

Once Medicare approves the study, and you express interest, someone who works on the study will contact you to explain more about the study and see if you meet the requirements set by the scientists who are running the study. You can participate in the study as long as you meet the requirements for the study **and** you have a full understanding and acceptance of what is involved if you participate in the study.

If you participate in a Medicare-approved study, Original Medicare pays most of the costs for the covered services you receive as part of the study. If you tell us that you are in a qualified clinical trial, then you are only responsible for in-network cost sharing for the services in that trial. If you paid more, for example, if you already paid the Original Medicare cost-sharing amount, we will reimburse the difference between what you paid and the in-network cost sharing. However, you will need to provide documentation to show us how much you paid. When you are in a clinical research study, you may stay enrolled in our plan and continue to get the rest of your care (the care that is not related to the study) through our plan. Note: If you are not entitled to Medicare Part A coverage, neither Medicare nor the plan will pay the Part A costs related to a Medicare-covered clinical research study.

If you want to participate in any Medicare-approved clinical research study, you do **not** need to tell us or get approval from us. The providers that deliver your care as part of the clinical research study do **not** need to be part of our plan's network of providers.

Although you do not need to get our plan's permission to be in a clinical research study, we encourage you to notify us in advance when you choose to participate in Medicare-qualified clinical trials.

If you participate in a study that Medicare has not approved you will be responsible for paying all costs for your participation in the study.

#### Section 5.2 When you participate in a clinical research study, who pays for what?

O	once you join a Medicare-approved clinical research study, Original Medicare covers the routine
ite	ems and services you receive as part of the study, including:
	$\hfill\square$ Room and board for a hospital stay that Medicare would pay for even if you weren't in a study.
	☐ An operation or other medical procedure if it is part of the research study.
	☐ Treatment of side effects and complications of the new care.

Note: If you are not entitled to Medicare Part A coverage, neither Medicare nor the plan will pay the Part A related costs related to a Medicare-covered clinical research study.

After Medicare has paid its share of the cost for these services, our plan will pay the difference between the cost-sharing in Original Medicare and your in-network cost-sharing as a member of our plan. This means you will pay the same amount for the services you receive as part of the study as you would if you received these services from our plan. However, you are required to submit

documentation showing how much cost sharing you paid. Please see Chapter 7 for more information for submitting requests for payments.

Here's an example of how the cost-sharing works: Let's say that you have a lab test that costs \$100 as part of the research study. Let's also say that your share of the costs for this test is \$20 under Original Medicare, but the test would be \$10 under our plan's benefits. In this case, Original Medicare would pay \$80 for the test and you would pay the \$20 copay required under Original Medicare. You would then notify your plan that you received a qualified clinical trial service and submit documentation such as a provider bill to the plan. The plan would then directly pay you \$10. Therefore, your net payment is \$10, the same amount you would pay under our plan's benefits. Please note that in order to receive payment from your plan, you must submit documentation to your plan such as a provider bill.

When you are part of a clinical research study, **neither Medicare nor our plan will pay for any of the following:** 

Generally, Medicare will not pay for the new item or service that the study is testing	ig unl	ess
Medicare would cover the item or service even if you were <b>not</b> in a study.		
Items or services provided only to collect data, and not used in your direct health	care.	For

example, Medicare would not pay for monthly CT scans done as part of the study if your medical condition would normally require only one CT scan.

# Do you want to know more?

You can get more information about joining a clinical research study by visiting the Medicare website to read or download the publication "Medicare and Clinical Research Studies." (The publication is available at: www.medicare.gov/Pubs/pdf/02226-Medicare-and-Clinical-Research-Studies.pdf. ) You can also call 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

# Section 6 Rules for getting care in a "religious non-medical health care institution"

## Section 6.1 What is a religious non-medical health care institution?

A religious non-medical health care institution is a facility that provides care for a condition that would ordinarily be treated in a hospital or skilled nursing facility. If getting care in a hospital or a skilled nursing facility is against a member's religious beliefs, we will instead provide coverage for care in a religious non-medical health care institution. This benefit is provided only for Part A inpatient services (non-medical health care services).

# Section 6.2 Receiving Care From a Religious Non-medical Health Care Institution

To get care from a religious non-medical health care institution, you must sign a legal document that says you are conscientiously opposed to getting medical treatment that is "non-excepted."

□ "Non-excepted"	medical	care or t	reatmen	it is any n	nedical	care or	treatmen	t that is	volunta	ary
and not require	<b>d</b> by any	federal,	state, or	local law	<b>'</b> .					

"Excepted" medical treatment is medical care or treatment that you get that is **not** voluntary or **is required** under federal, state, or local law.
To be covered by our plan, the care you get from a religious non-medical health care institution must meet the following conditions:
The facility providing the care must be certified by Medicare.
Our plan's coverage of services you receive is limited to **non-religious** aspects of care.
If you get services from this institution that are provided to you in a facility, the following conditions apply:

- You must have a medical condition that would allow you to receive covered services for inpatient hospital care or skilled nursing facility care.
- and you must get approval in advance from our plan before you are admitted to the facility or your stay will not be covered.

You are covered for unlimited days in the hospital, as long as your stay meets Medicare coverage guidelines. The coverage limits are described under **Inpatient Hospital Care** in the Medical Benefits Chart in Chapter 4.

# Section 7 Rules for ownership of durable medical equipment Section 7.1 Will you own the durable medical equipment after making a certain number of payments under our plan?

Durable medical equipment (DME) includes items such as oxygen equipment and supplies, wheelchairs, walkers, powered mattress systems, crutches, diabetic supplies, speech generating devices, IV infusion pumps, nebulizers, and hospital beds ordered by a provider for use in the home. The member always owns certain items, such as prosthetics. In this section, we discuss other types of DME that you must rent.

In Original Medicare, people who rent certain types of DME own the equipment after paying copayments for the item for 13 months. As a member of our plan, however, you usually will not acquire ownership of rented DME items no matter how many copayments you make for the item while a member of our plan, even if you made up to 12 consecutive payments for the DME item under Original Medicare before you joined our plan. Under certain limited circumstances we will transfer ownership of the durable medical equipment item. Call Customer Service for more information.

# What happens to payments you made for durable medical equipment if you switch to Original Medicare?

If you did not acquire ownership of the DME item while in our plan, you will have to make 13 new consecutive payments after you switch to Original Medicare in order to own the item. The payments made while enrolled in your plan do not count.

Example 1: You made 12 or fewer consecutive payments for the item in Original Medicare and then joined our plan. The payments you made in Original Medicare do not count.

Example 2: You made 12 or fewer consecutive payments for the item in Original Medicare and then joined our plan. You were in our plan but did not obtain ownership while in our plan. You then go

back to Original Medicare. You will have to make 13 consecutive new payments to own the item once you join Original Medicare again. All previous payments (whether to our plan or to Original Medicare) do not count.

## Section 7.2 Rules for oxygen equipment, supplies, and maintenance

## What oxygen benefits are you entitled to?

must be returned.

	•	
If you qualify for N	Medicare oxygen equipment	coverage our plan will cover:
☐ Rental of oxy	/gen equipment	
☐ Delivery of ox	xygen and oxygen contents	
☐ Tubing and r	elated oxygen accessories fo	or the delivery of oxygen and oxygen contents
☐ Maintenance	e and repairs of oxygen equip	ment
If you leave our p	olan or no longer medically rec	quire oxygen equipment, then the oxygen equipment

## What happens if you leave your plan and return to Original Medicare?

Original Medicare requires an oxygen supplier to provide you services for five years. During the first 36 months you rent the equipment. The remaining 24 months the supplier provides the equipment and maintenance (you are still responsible for the copayment for oxygen). After five years you may choose to stay with the same company or go to another company. At this point, the five-year cycle begins again, even if you remain with the same company, requiring you to pay copayments for the first 36 months. If you join or leave our plan, the five-year cycle starts over.

# Chapter 4

Medical Benefits Chart (what is covered and what you pay)

# Section 1 Understanding your out-of-pocket costs for covered services

This chapter provides a Medical Benefits Chart that lists your covered services and shows how much you will pay for each covered service as a member of UnitedHealthcare® Group Medicare Advantage (PPO). Later in this chapter, you can find information about medical services that are not covered. It also explains limits on certain services.

# Section 1.1 Types of out-of-pocket costs you may pay for your covered services

To understand the payment information we give you in this chapter, you need to know about the types of out-of-pocket costs you may pay for your covered services.

A "copayment"	is the fixed	amount you pay	ν each time you	ı receive cert	ain medical s	ervices.
You pay a copa	yment at the	time you get the	e medical servi	ce. (The Med	dical Benefits	Chart in
Section 2 tells y	ou more abo	out your copaym	ents.)			

□ "Coinsurance" is the percentage you pay of the total cost of certain medical services. You pay a coinsurance at the time you get the medical service. (The Medical Benefits Chart in Section 2 tells you more about your coinsurance.)

Most people who qualify for Medicaid or for the Qualified Medicare Beneficiary (QMB) program should never pay deductibles, copayments or coinsurance for Medicare covered services. Be sure to show your proof of Medicaid or QMB eligibility to your provider, if applicable.

# Section 1.2 What is the most you will pay for Medicare covered medical services?

Your Total combined maximum out-of-pocket amount is \$2,000. This is the most you pay during the plan year for covered medical services received from both in-network and out-of-network providers. The amounts you pay for deductibles, copayments and coinsurance for covered services count toward this Total maximum out-of-pocket amount. Not all covered services apply. Amounts you pay for services marked with an asterisk (\*) in the Medical Benefits Chart do not count toward your Total maximum out-of-pocket amount. If you have paid \$2,000 for covered services, you will have 100% coverage and will not have any out-of-pocket costs for covered services for the rest of the plan year. However, you or your plan sponsor must continue to pay your plan premium and the Medicare Part B premium (unless your Part B premium is paid for you by Medicaid or another third party). The amounts you or your plan sponsor pays for your plan premiums and the amounts you pay for your Part D prescription drugs do not count toward your Total maximum out-of-pocket amount.

# Section 1.3 Our plan also limits your out-of-pocket costs for certain types of service

There is a separate \$900 maximum out-of-pocket amount for Inpatient Hospital Care and Inpatient Mental Health Care. Amounts paid toward the \$900 Inpatient services maximum out-of-pocket amount also apply to the \$2,000 Total maximum out-of-pocket amount. Once you have paid \$900 out-of-pocket for Inpatient services the plan will cover these services at no cost to you for the rest of

the plan year. If you have paid \$2,000 for covered services, you will not pay anything for covered services for the rest of the plan year.

# Section 1.4 Our plan does not allow providers to "balance bill" you

As a member of UnitedHealthcare® Group Medicare Advantage (PPO), an important protection for you is that you only have to pay your cost-sharing amount when you get services covered by our plan. Providers may not add additional separate charges, called "balance billing." This protection applies even if we pay the provider less than the provider charges for a service and even if there is a dispute and we don't pay certain provider charges.

Here is how this protection works.

- ☐ If your cost-sharing is a copayment (a set amount of dollars, for example, \$15.00) then you pay only that amount for any covered services from a network provider.
- ☐ If your cost-sharing is a coinsurance (a percentage of the total charges), then you never pay more than that percentage. However, your cost depends on which type of provider you see:
  - ° If you receive the covered services from a network provider, you pay the coinsurance percentage multiplied by the plan's reimbursement rate (as determined in the contract between the provider and the plan).
  - o If you receive the covered services from an out-of-network provider who participates with Medicare, you pay the coinsurance percentage multiplied by the Medicare payment rate for participating providers.
  - o If you receive the covered services from an out-of-network provider who does not participate with Medicare, you pay the coinsurance percentage multiplied by the Medicare payment rate for non-participating providers.
- ☐ If you believe a provider has "balance billed" you, call Customer Service.

# Section 2 Use the Medical Benefits Chart to find out what is covered and how much you will pay

# Section 2.1 Your medical benefits and costs as a member of the plan

The Medical Benefits Chart on the following pages lists the services UnitedHealthcare® Group Medicare Advantage (PPO) covers and what you pay out-of-pocket for each service. Part D prescription drug coverage is covered in Chapter 5. The services listed in the Medical Benefits Chart are covered only when the following coverage requirements are met:

Your Medicare	covered services	must be	provided	according	to the	coverage	guideline	es
established by	Medicare.							

- ☐ Your services (including medical care, services, supplies, equipment, and Part B prescription drugs) **must** be medically necessary. "Medically necessary" means that the services, supplies, or drugs are needed for the prevention, diagnosis, or treatment of your medical condition and meet accepted standards of medical practice.
- ☐ Some of the in-network services listed in the Medical Benefits Chart are covered only if your doctor or other network provider gets approval in advance (sometimes called "prior

authorization") from us.

- Covered services that may need approval in advance to be covered as in-network services are marked in italics in the Medical Benefits Chart.
- ° Network providers agree by contract to obtain prior authorization from the plan and agree to not balance bill you.
- You never need approval in advance for out-of-network services from out-of-network providers.
- While you don't need approval in advance for out-of-network services, you or your doctor can ask us to make a coverage decision in advance.

Other important things to know about our coverage:

- ☐ For benefits where your cost-sharing is a coinsurance percentage, the amount you pay depends on what type of provider you receive the services from:
  - o If you receive the covered services from a network provider, you pay the coinsurance percentage multiplied by the plan's reimbursement rate (as determined in the contract between the provider and the plan).
  - o If you receive the covered services from an out-of-network provider who participates with Medicare, you pay the coinsurance percentage multiplied by the Medicare payment rate for participating providers.
  - o If you receive the covered services from an out-of-network provider who does not participate with Medicare, you pay the coinsurance percentage multiplied by the Original Medicare Limiting Charge.
- □ Like all Medicare health plans, we cover everything that Original Medicare covers. For some of these benefits, you pay **more** in our plan than you would in Original Medicare. For others, you pay **less**. (If you want to know more about the coverage and costs of Original Medicare, look in your **Medicare & You 2023** handbook. View it online at www.medicare.gov or ask for a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.)
- □ For all preventive services that are covered at no cost under Original Medicare, we also cover the service at no cost to you. However, if you also are treated or monitored for an existing medical condition during the visit when you receive the preventive service, a copayment will apply for the care received for the existing medical condition. See the Medical Benefits Chart for information about your share of the **out-of-network** costs for these services.
- ☐ If Medicare adds coverage for any new services during 2023, either Medicare or our plan will cover those services.

You will see this apple next to the preventive services in the benefits chart.

**Medically Necessary** - means health care services, supplies, or drugs needed for the prevention, diagnosis, or treatment of your sickness, injury or illness that are all of the following as determined by us or our designee, within our sole discretion:

Ш	in accordance with <b>Gei</b>	nerally Accepted Sta	andards of Medica	al Practice.	
	Most appropriate, in ter	rms of type, frequenc	cy, extent, site and	duration, and	considered

effective for your sickness, injury, or illness.
Not mainly for your convenience or that of your doctor or other health care provider.
Meet, but do not exceed your medical need, are at least as beneficial as an existing and available medically appropriate alternative, and are furnished in the most cost-effective manner that may be provided safely and effectively.

**Generally Accepted Standards of Medical Practice** are standards that are based on credible scientific evidence published in peer-reviewed medical literature generally recognized by the relevant medical community, relying primarily on controlled clinical trials, or, if not available, observational studies from more than one institution that suggest a causal relationship between the service or treatment and health outcomes.

If no credible scientific evidence is available, then standards that are based on Physician specialty society recommendations or professional standards of care may be considered. We reserve the right to consult expert opinion in determining whether health care services are Medically Necessary. The decision to apply Physician specialty society recommendations, the choice of expert and the determination of when to use any such expert opinion, shall be within our sole discretion.

# **Medical Benefits Chart**

Services that are covered for you	What you must pay when you get these services in-network and out-of-network			
Providers may ask you for more than one cost share payment if you get more than one service at an appointment. For example:				
☐ Your doctor will ask for a copayment for the office visit and additional copayments for each x-ray that is performed while you are there.				
☐ Your hospital will ask for separate cost sharing for outpatient hospital medical services and any radiological tests or Medicare Part B drugs administered while you are there.				
☐ Your pharmacist will ask for a separate copayment for each prescription he or she fills.				
<ul> <li>The specific cost sharing that will apply depends on which Medical Benefits Chart below lists the cost sharing that ap</li> </ul>	•			

# Abdominal Aortic Aneurysm Screening

A one-time (once per lifetime) screening ultrasound for people at risk. The plan only covers this screening if you have certain risk factors and if you get a referral for it from your physician, physician assistant, nurse practitioner, or clinical nurse specialist. There is no coinsurance, copayment, or deductible for members eligible for this preventive screening.

Services that are covered for you	What you must pay when you get these services in-network and out-of-network
Acupuncture for chronic low back pain	\$0 copayment for each
Covered services include:	Medicare-covered visit.
Up to 12 visits in 90 days are covered for Medicare beneficiaries under the following circumstances:	
For the purpose of this benefit, chronic low back pain is defined as:	
<ul> <li>Lasting 12 weeks or longer;</li> </ul>	
<ul> <li>nonspecific, in that it has no identifiable systemic cause (i.e., not associated with metastatic, inflammatory, infectious disease, etc.);</li> </ul>	
<ul><li>not associated with surgery; and</li></ul>	
<ul> <li>not associated with pregnancy.</li> </ul>	
An additional eight sessions will be covered for those patients demonstrating an improvement. No more than 20 acupuncture treatments may be administered annually.	
Treatment must be discontinued if the patient is not improving or is regressing.	
Provider Requirements:	
Physicians (as defined in 1861(r)(1) of the Social Security Act (the Act) may furnish acupuncture in accordance with applicable state requirements.	
Physician assistants (PAs), nurse practitioners (NPs)/clinical nurse specialists (CNSs) (as identified in 1861(aa)(5) of the Act), and auxiliary personnel may furnish acupuncture if they meet all applicable state requirements and have:	
<ul> <li>a masters or doctoral level degree in acupuncture or Oriental Medicine from a school accredited by the Accreditation Commission on Acupuncture and Oriental Medicine (ACAOM); and,</li> </ul>	
☐ a current, full, active, and unrestricted license to practice acupuncture in a State, Territory, or	

Services that are covered for you	What you must pay when you get these services in-network and out-of-network
Commonwealth (i.e. Puerto Rico) of the United States, or District of Columbia.  □ Benefit is not covered when solely provided by an independent acupuncturist.  Auxiliary personnel furnishing acupuncture must be under the appropriate level of supervision of a physician, PA, or	
NP/CNS required by our regulations at 42 CFR §§ 410.26 and 410.27.	
Ambulance Services  ☐ Covered ambulance services include fixed wing, rotary wing, and ground ambulance services, to the nearest appropriate facility that can provide care only if they are furnished to a member whose medical condition is such that other means of transportation could endanger the person's health or if authorized by the plan.  ☐ Non-emergency transportation by ambulance is appropriate if it is documented that the member's condition is such that other means of transportation could endanger the person's health and that transportation by ambulance is medically required.	\$75 copayment for each one-way Medicare-covered trip. You pay these amounts until you reach the out-of-pocket maximum. Authorization is required for Non-emergency Medicare-covered ambulance ground and air transportation. Emergency Ambulance does not require authorization.
Annual Routine Physical Exam Includes comprehensive physical examination and evaluation of status of chronic diseases. Doesn't include lab tests, radiological diagnostic tests or non-radiological diagnostic tests. Additional cost share may apply to any lab or diagnostic testing performed during your visit, as described for each separate service in this Medical Benefits Chart.  Benefit is combined in and out-of-network.	\$0 copayment for a routine physical exam each year.

# Services that are covered for you What you must pay when you get these services in-network and out-of-network There is no coinsurance, **Annual Wellness Visit** copayment, or deductible for If you've had Part B for longer than 12 months, you can get the annual wellness visit. an annual wellness visit to develop or update a personalized prevention plan based on your current health and risk factors. You don't have to wait a full year to get your annual wellness visit, you can get it once every calendar year. Doesn't include lab tests, radiological diagnostic tests or non-radiological diagnostic tests. Additional cost share may apply to any lab or diagnostic testing performed during your visit, as described for each separate service in this Medical Benefits Chart. Note: Your first annual wellness visit can't take place within 12 months of your "Welcome to Medicare" preventive visit. However, you don't need to have had a "Welcome to Medicare" visit to be covered for annual wellness visits after you've had Part B for 12 months. **Bone Mass Measurement** There is no coinsurance, copayment, or deductible for For qualified individuals (generally, this means people at risk Medicare-covered bone mass of losing bone mass or at risk of osteoporosis), the following measurement. services are covered every 24 months or more frequently if medically necessary: procedures to identify bone mass, detect bone loss, or determine bone quality, including a physician's interpretation of the results. **Breast Cancer Screening (Mammograms)** There is no coinsurance, copayment, or deductible for Covered services include: covered screening ☐ One baseline mammogram between the ages of 35 and mammograms. ☐ One screening mammogram every 12 months for women age 40 and older ☐ Clinical breast exams once every 24 months

Services that are covered for you	What you must pay when you get these services in-network and out-of-network
Cardiac Rehabilitation Services  Comprehensive programs of cardiac rehabilitation services that include exercise, education, and counseling are covered for members who meet certain conditions with a doctor's order.  Intensive Cardiac Rehabilitation Services  The plan covers intensive cardiac rehabilitation programs that are typically more rigorous or more intense than cardiac rehabilitation programs.	\$0 copayment for each Medicare-covered cardiac rehabilitative visit.  Your provider may need to obtain prior authorization \$0 copayment for each Medicare-covered intensive cardiac rehabilitative visit.  Your provider may need to obtain prior authorization
Cardiovascular disease risk reduction visit (therapy for cardiovascular disease)  We cover one visit per year with your primary care doctor to help lower your risk for cardiovascular disease. During this visit, your doctor may discuss aspirin use (if appropriate), check your blood pressure, and give you tips to make sure you're eating healthy.	There is no coinsurance, copayment, or deductible for the cardiovascular disease preventive benefit.
Cardiovascular Disease Testing  Blood tests for the detection of cardiovascular disease (or abnormalities associated with an elevated risk of cardiovascular disease) covered once every 5 years (60 months).	There is no coinsurance, copayment, or deductible for cardiovascular disease testing that is covered once every five years.

Services that are covered for you	What you must pay when you get these services in-network and out-of-network
Covered services include:  For all women: Pap tests and pelvic exams are covered once every 24 months  If you are at high risk of cervical or vaginal cancer or you are of childbearing age and have had an abnormal Pap test within the past 3 years: one Pap test every 12 months  For asymptomatic women between the ages of 30 and 65: HPV Testing once every 5 years, in conjunction with the Pap test	There is no coinsurance, copayment, or deductible for Medicare-covered preventive Pap and pelvic exams.
Chiropractic Services  Covered services include:  Manual manipulation of the spine to correct subluxation (when one or more of the bones of your spine move out of position).  Excluded from Medicare coverage is any service other than manual manipulation for the treatment of subluxation.	\$0 copayment for each Medicare-covered visit. Your provider may need to obtain prior authorization
Routine Chiropractic Services Includes 20 visits per plan year.  Please turn to Section 4 Routine Chiropractic Services of this chapter for more detailed information about this chiropractic benefit.	\$20 copayment for each visit.
Colorectal Cancer Screening  For people 45 and older, the following are covered:	There is no coinsurance, copayment, or deductible for a Medicare-covered colorectal

Services that are covered for you	What you must pay when you get these services in-network and out-of-network
□ Flexible sigmoidoscopy (or screening barium enema as an alternative) every 48 months  One of the following every 12 months: □ Guaiac-based fecal occult blood test (gFOBT) □ Fecal immunochemical test (FIT)  DNA based colorectal screening every 3 years  For people at high risk of colorectal cancer, we cover: □ Screening colonoscopy (or screening barium enema as an alternative) every 24 months  For people not at high risk of colorectal cancer, we cover: □ Screening colonoscopy every 10 years (120 months), but not within 48 months of a screening sigmoidoscopy	cancer screening exam and colonoscopy.  There is no coinsurance, copayment, or deductible for each Medicare-covered barium enema.  If you have a prior history of colon cancer, or have had polyps removed during a previous colonoscopy, ongoing colonoscopies are considered diagnostic and are subject to cost sharing as described under the Outpatient Surgery cost sharing in this chart. Therefore, the screening colonoscopy benefit is not available for members who have signs or symptoms prior to the colonoscopy.  A colonoscopy or sigmoidoscopy conducted for polyp removal or biopsy is a surgical procedure subject to the Outpatient Surgery cost sharing described later in this chart.
Outpatient diagnostic colonoscopy	There is no copayment, coinsurance or deductible for each Medicare-covered diagnostic colonoscopy.  Your provider may need to obtain prior authorization

Services that are covered for you	What you must pay when you get these services in-network and out-of-network
Depression Screening  We cover one screening for depression per year. The screening must be done in a primary care setting that can provide follow-up treatment and/or referrals.	There is no coinsurance, copayment, or deductible for an annual depression screening visit.
Diabetes Screening  We cover this screening (includes fasting glucose tests) if you have any of the following risk factors: high blood pressure (hypertension), history of abnormal cholesterol and triglyceride levels (dyslipidemia), obesity, or a history of high blood sugar (glucose). Tests may also be covered if you meet other requirements, like being overweight and having a family history of diabetes.  Based on the results of these tests, you may be eligible for up to two diabetes screenings every plan year.	There is no coinsurance, copayment, or deductible for the Medicare-covered diabetes screening tests.
Diabetes self-management training, diabetic services and supplies	
For all people who have diabetes (insulin and non-insulin users). Covered services include:	
☐ Supplies to monitor your blood glucose: Blood glucose monitor, blood glucose test strips, lancet devices and lancets, and glucose-control solutions for checking the accuracy of test strips and monitors.	\$0 copayment for each Medicare-covered diabetes monitoring supply.
UnitedHealthcare® Group Medicare Advantage (PPO) covers any blood glucose monitors and test strips specified within this list. We will generally not cover alternate brands unless your doctor or other provider tells us that use of an alternate brand is medically necessary in your specific situation. If you are new to UnitedHealthcare® Group Medicare Advantage (PPO) and are using a brand of blood	We only cover Accu-Chek® and OneTouch® brands.  Covered glucose monitors include: OneTouch Verio Flex®, OneTouch Verio Reflect®, OneTouch® Verio,

#### Services that are covered for you What you must pay when you get these services in-network and out-of-network OneTouch®Ultra 2, Accu-Chek® glucose monitors and test strips that is not on our list, you may contact us within the first 90 days of enrollment into the Guide Me, and Accu-Chek® plan to request a temporary supply of the alternate brand Guide. while you consult with your doctor or other provider. During this time, you should talk with your doctor to decide whether Test strips: OneTouch Verio®, any of the preferred brands are medically appropriate for OneTouch Ultra®, Accu-Chek® you. If you or your doctor believe it is medically necessary Guide, Accu-Chek® Aviva Plus, for you to maintain use of an alternate brand, you may and Accu-Chek® SmartView. request a coverage exception to have UnitedHealthcare® Group Medicare Advantage (PPO) maintain coverage of a Other brands are not covered non-preferred product through the end of the benefit year. by your plan. Non-preferred products will not be covered following the Your provider may need to initial 90 days of the benefit year without an approved obtain prior authorization coverage exception. For cost sharing applicable to If you (or your provider) don't agree with the plan's coverage insulin and syringes, see decision, you or your provider may file an appeal. You can Chapter 6 - What you pay for also file an appeal if you don't agree with your provider's your Part D prescription drugs. decision about what product or brand is appropriate for your medical condition. (For more information about appeals, see Chapter 9, What to do if you have a problem or complaint (coverage decisions, appeals, complaints).) ☐ Continuous Glucose Monitor (CGM) \$0 copayment for Medicarecovered Continuous Glucose Medicare-covered Continuous Glucose Monitors Monitors (CGMs) and supplies. (CGMs) and supplies are covered for people with diabetes on intensive insulin therapy. Your provider may need to obtain prior authorization ☐ For people with diabetes who have severe diabetic foot \$0 copayment for each pair of disease: One pair per plan year of therapeutic custom-Medicare-covered therapeutic molded shoes (including inserts provided with such shoes. shoes) and two additional pairs of inserts, or one pair of Your provider may need to depth shoes and three pairs of inserts (not including the obtain prior authorization

non-customized removable inserts provided with such

shoes). Coverage includes fitting.

Services that are covered for you	What you must pay when you get these services in-network and out-of-network
□ Diabetes self-management training is covered under certain conditions. Limited to 20 visits of 30 minutes per year for a maximum of 10 hours the initial year. Follow-up training subsequent years after, limited to 4 visits of 30 minutes for a maximum of 2 hours per year.	\$0 copayment for Medicare- covered benefits.
Durable Medical Equipment (DME) and Related Supplies (For a definition of "durable medical equipment," see Chapter 12 as well as Chapter 3, Section 7 of this document.)  Covered items include, but are not limited to: wheelchairs, crutches, powered mattress systems, diabetic supplies, hospital beds ordered by a provider for use in the home, IV infusion pumps, speech generating devices, oxygen equipment, nebulizers, and walkers.  We cover all medically necessary DME covered by Original Medicare. If our supplier in your area does not carry a particular brand or manufacturer, you may ask them if they can special order it for you. The most recent list of suppliers is available on our website at retiree.uhc.com/peracare.	\$0 copayment for Medicare-covered benefits.  Your cost sharing for Medicare oxygen equipment coverage is \$0 copayment, every time you get covered equipment or supplies.  Your cost sharing will not change after being enrolled for 36 months.  If prior to enrolling in our plan you had made 36 months of rental payment for oxygen equipment coverage, your cost sharing in our plan is \$0 copayment.  Your provider may need to obtain prior authorization
Emergency Care  Emergency care refers to services that are:  □ Furnished by a provider qualified to furnish emergency services, and  □ Needed to evaluate or stabilize an emergency medical condition.  A medical emergency is when you, or any other prudent layperson with an average knowledge of health and	\$50 copayment for each emergency room visit.  You do not pay this amount if you are admitted to the hospital within 72 hours for the same condition. If you are admitted to a hospital, you will pay cost sharing as described in the

### Services that are covered for you What you must pay when you get these services in-network and out-of-network medicine, believe that you have medical symptoms that "Inpatient Hospital Care" require immediate medical attention to prevent loss of life section in this benefit chart. (and, if you are a pregnant woman, loss of an unborn child), You pay these amounts until loss of a limb, or loss of function of a limb. The medical you reach the out-of-pocket symptoms may be an illness, injury, severe pain, or a maximum. medical condition that is quickly getting worse. Cost sharing for necessary emergency services furnished out-of-network is the same as for such services furnished innetwork. Worldwide coverage for emergency department services. \$50 copayment for worldwide coverage for emergency ☐ This includes emergency or urgently needed care and services. You do not pay this emergency ambulance transportation from the scene of amount if admitted to the an emergency to the nearest medical treatment facility. hospital within 72 hours for the ☐ Transportation back to the United States from another same condition. If you are country is not covered. admitted to a hospital, you will ☐ Pre-scheduled, pre-planned treatments (including pay cost sharing as described dialysis for an ongoing condition) and/or elective in the Inpatient Hospital Care procedures are not covered. section in this benefit chart. Please see Chapter 7 Section ☐ Services provided by a dentist are not covered. 1.1 for expense reimbursement for worldwide services. You pay these amounts until you reach the out-of-pocket maximum. Renew Active is available at no Fitness program additional cost to you. Renew Active® by UnitedHealthcare Renew Active® by UnitedHealthcare is the gold standard in Call or go online to learn more Medicare fitness programs for body and mind. It's available and to get your confirmation to you at no additional cost and includes: code. Log in to your plan website, go to Health & Wellness and select Renew

# Services that are covered for you What you must pay when you get these services in-network and out-of-network A free gym membership at a fitness center you select Active or call the number on from our large nationwide network, including many vour UnitedHealthcare member premium gyms. ID card to obtain your code. Thousands of on-demand workout videos and live streaming fitness classes. Social activities at local health and wellness classes and events. • An online Fitbit® Community. No Fitbit device is needed. An online brain health program with exclusive content for Renew Active members through AARP® Staying Sharp. UnitedHealthcare Healthy at Home post-discharge \$0 copayment; Benefit is available through the following program provider: Mom's Meals, With the UnitedHealthcare Healthy at Home post-discharge ModivCare, and CareLinx. program, the following benefits are available to you up to 30 days following all inpatient and skilled nursing facility discharges at no cost to you: **Home-Delivered Meals** Receive 28 home-delivered meals when referred by a UnitedHealthcare Engagement Specialist. Contact Mom's Meals with questions after you have been referred into the program. 1-866-204-6111, TTY 711 ☐ All meals must be ordered in succession and cannot be spread out over the course of the year ☐ Meals are sent in shipments of 14 meals or greater and can be refrigerated for up to 14 days ☐ The first meal delivery may take up to 72 hours upon order Non-emergency transportation

# Services that are covered for you What you must pay when you get these services in-network and out-of-network Receive 12 one-way rides to and from medically related appointments and to the pharmacy when referred by a UnitedHealthcare Engagement Specialist. Contact ModivCare for more information and to schedule your trip once you have been referred into the program. 1-833-219-1182, TTY 1-844-488-9724 or modivcare.com/ BookNow New referrals are required following each discharge. If you have been recently discharged from the hospital or a skilled nursing facility and would like a referral, call the phone number on your UnitedHealthcare member ID card. Trips must be to or from plan-approved medically related appointments (locations); limited to ground transportation only. Contact ModivCare for a list of plan approved locations. • Mileage reimbursement available upon request (arrangements must be set up in advance by contacting ModivCare). • Each one-way trip must not exceed 50 miles. A trip is considered one way; a round trip is considered 2 trips. • The benefit cannot be used for emergency related trips. Drivers do not have medical training. In case of an emergency, call 911. Please reach out to ModivCare for a comprehensive list of plan approved locations. • Benefit allows up to one companion per trip at least 18 vears of age or older. Cab/Sedan services available. • Standard transportation services require at least 2 business days advanced notice. • Appointments can be made up to 30 days in advance. • Weekend scheduling available only for urgent requests

as specified by Modivcare.

Services that are covered for you	What you must pay when you get these services in-network and out-of-network
In-home Personal Care	
<ul> <li>Receive 6 hours of non-medical in-home personal care like companionship, meal prep, medication reminders and more with a CareLinx professional caregiver. Contact CareLinx for more information and to receive non-medical in-home care services. 1-844-383-0411 or visit carelinx.com/UHC-retiree-post-discharge.</li> <li>No referral required, simply contact CareLinx directly to begin accessing your benefit once you have been discharged.</li> <li>Unused hours do not roll over.</li> <li>Caregiver hours must be scheduled in 2 hour increments.</li> <li>You will typically be paired with a caregiver within 5 business days.</li> <li>Some restrictions and limitations apply.</li> </ul>	
To access your in-home personal care benefit, contact CareLinx at 1-844-383-0411 or visit carelinx.com/UHC-retiree-post-discharge	
You are not required to use all 3 services. New referrals for meals and transportation benefits are required after each discharge. Unused benefits do not roll over.	
Hearing Services Diagnostic hearing and balance evaluations performed by your provider to determine if you need medical treatment are covered as outpatient care when furnished by a physician, audiologist, or other qualified provider.	\$0 copayment for each Medicare-covered exam. Your provider may need to obtain prior authorization
Routine Hearing Services  Please turn to Section 4 Routine Hearing Services of this chapter for more detailed information about this benefit.	Hearing Exam \$0 copayment for 1 exam per plan year.

Services that are covered for you	What you must pay when you get these services in-network and out-of-network
	Benefit is combined in and out- of-network.  Hearing Aids  The plan pays up to a \$500 allowance for hearing aids (combined for both ears) every 3 years.*  Benefit is combined in and out- of-network.
<ul> <li>Hepatitis C Screening</li> <li>For people that meet one of the following conditions: <ul> <li>High risk because of current or past history of illicit injection drug use</li> <li>Had a blood transfusion before 1992</li> <li>Born between 1945 − 1965</li> </ul> </li> <li>Screening is covered annually only for high risk people with continued illicit drug use since the prior negative screening test.</li> <li>Screening is covered once in a lifetime for people that were born between 1945 and 1965, who are not considered high risk.</li> </ul>	There is no coinsurance, copayment, or deductible for beneficiaries eligible for Medicare-covered Hepatitis C screening.
<ul> <li>HIV Screening</li> <li>For people who ask for an HIV screening test or who are at increased risk for HIV infection, we cover:</li> <li>□ One screening exam every 12 months</li> <li>For women who are pregnant, we cover:</li> <li>□ Up to three screening exams during a pregnancy</li> </ul>	There is no coinsurance, copayment, or deductible for members eligible for Medicare-covered preventive HIV screening.

#### Services that are covered for you What you must pay when you get these services in-network and out-of-network **Home Health Agency Care** \$0 copayment for all home health visits provided by a Prior to receiving home health services, a doctor must certify network home health agency that you need home health services and will order home when Medicare criteria are met. health services to be provided by a home health agency. You must be homebound, which means leaving home is a Other copayments or coinsurance may apply (Please major effort. see Durable Medical Equipment Covered services include, but are not limited to: and Related Supplies for ☐ Part-time or intermittent skilled nursing and home health applicable copayments or aide services (To be covered under the home health coinsurance). care benefit, your skilled nursing and home health aide Your provider may need to services combined must total fewer than 8 hours per obtain prior authorization day and 35 hours per week) ☐ Physical therapy, occupational therapy, and speech therapy ☐ Medical and social services ☐ Medical equipment and supplies **Home Infusion Therapy** You will pay the cost-sharing that applies to primary care Home infusion therapy involves the intravenous or services, specialist physician subcutaneous administration of drugs or biologicals to an services, or Home Health (as individual at home. The components needed to perform described under "Physician/ home infusion include the drug (for example, antivirals, Practitioner Services, Including immune globulin), equipment (for example, a pump), and Doctor's Office Visits" or "Home supplies (for example, tubing and catheters). Health Agency Care") Covered services include, but are not limited to: depending on where you ☐ Professional services, including nursing services, received administration or furnished in accordance with the plan of care monitoring services. ☐ Patient training and education not otherwise covered Your provider may need to under the durable medical equipment benefit obtain prior authorization ☐ Remote monitoring See "Durable Medical Equipment" earlier in this chart

#### Services that are covered for you What you must pay when you get these services in-network and out-of-network for any applicable cost-sharing ☐ Monitoring services for the provision of home infusion for equipment and supplies therapy and home infusion drugs furnished by a related to Home Infusion qualified home infusion therapy supplier Therapy. Your provider may need to obtain prior authorization See "Medicare Part B Prescription Drugs" later in this chart for any applicable costsharing for drugs related to Home Infusion Therapy. Your provider may need to obtain prior authorization **Hospice Care** When you enroll in a Medicarecertified hospice program, your You are eligible for the hospice benefit when your doctor hospice services and your Part and the hospice medical director have given you a terminal A and Part B services related to prognosis certifying that you're terminally ill and have 6 your terminal prognosis are months or less to live if your illness runs its normal course. paid for by Original Medicare, You may receive care from any Medicare-certified hospice not UnitedHealthcare® Group program. Your plan is obligated to help you find Medicare-Medicare Advantage (PPO). certified hospice programs in the plan's service area, including those the MA organization owns, controls, or has a Note: If you are not entitled to financial interest in. Your hospice doctor can be a network Medicare Part A coverage, hospice services are not provider or an out-of-network provider. covered by the plan or by Covered services include: Medicare. ☐ Drugs for symptom control and pain relief Note: If you need non-hospice ☐ Short-term respite care care (care that is not related to ☐ Home care your terminal prognosis), you should contact us to arrange When you are admitted to a hospice you have the right to remain in your plan; if you chose to remain in your plan you the services. must continue to pay plan premiums.

# Services that are covered for you What you must pay when you get these services in-network and out-of-network For hospice services and for services that are covered by Medicare Part A or B and are related to your terminal **prognosis:** Original Medicare (rather than our plan) will pay your hospice provider for your hospice services and any Part A and Part B services related to your terminal prognosis. While you are in the hospice program, your hospice provider will bill Original Medicare for the services that Original Medicare pays for. You will be billed Original Medicare cost sharing. For services that are covered by Medicare Part A or B and are not related to your terminal prognosis: If you need non-emergency, non-urgently needed services that are covered under Medicare Part A or B and that are not related to your terminal prognosis, you pay your plan cost sharing amount for these services. Please refer to this Benefits Chart. For services that are covered by UnitedHealthcare® Group Medicare Advantage (PPO) but are not covered by Medicare Part A or B: UnitedHealthcare® Group Medicare Advantage (PPO) will continue to cover plan-covered services that are not covered under Part A or B whether or not they are related to your terminal prognosis. You pay your plan costsharing amount for these services. For drugs that may be covered by the plan's Part D benefit: If these drugs are unrelated to your terminal hospice condition you pay cost sharing. If they are related to your terminal hospice condition then you pay Original Medicare cost sharing. Drugs are never covered by both hospice and our plan at the same time. For more information, please see Chapter 5, Section 9.4 (What if you're in Medicare-certified hospice). Our plan covers hospice consultation services (one time

only) for a terminally ill person who hasn't elected the

hospice benefit.

### Services that are covered for you What you must pay when you get these services in-network and out-of-network There is no coinsurance, **Immunizations** copayment, or deductible for Covered Medicare Part B services include: the pneumonia, flu, Hepatitis B, ☐ Pneumonia vaccine or COVID-19 vaccines. ☐ Flu vaccine, one each flu season in the fall and winter, There is no coinsurance, with additional flu vaccine shots if medically necessary copayment, or deductible for all other Medicare-covered ☐ Hepatitis B vaccine if you are at high or intermediate risk Immunizations. of getting Hepatitis B □ COVID-19 vaccine ☐ Other vaccines if you are at risk and they meet Medicare Part B coverage rules We also cover some vaccines under our Part D prescription drug benefit, such as shingles or tetanus booster shots. See Chapter 6 for more information about coverage and applicable cost sharing. \$300 copayment for each **Inpatient Hospital Care** Medicare-covered hospital stay Includes inpatient acute, inpatient rehabilitation, long-term each time you are admitted. care hospitals, and other types of inpatient hospital services. Inpatient hospital care starts the day you are formally You pay these amounts until you reach the \$900 Inpatient admitted to the hospital with a doctor's order. The day Services maximum out-ofbefore you are discharged is your last inpatient day. pocket or the \$2,000 Total Covered services include, but are not limited to: maximum out-of-pocket. ☐ Semi-private room (or a private room if medically Your provider may need to necessary) obtain prior authorization ☐ Meals including special diets Medicare hospital benefit ☐ Regular nursing services periods do not apply. (See ☐ Costs of special care units (such as intensive care or definition of benefit periods in coronary care units) the chapter titled Definitions of important words.) For inpatient □ Drugs and medications hospital care, the cost-sharing □ Lab tests

## Services that are covered for you What you must pay when you get these services in-network and out-of-network described above applies each ☐ X-rays and other radiology services time you are admitted to the ☐ Necessary surgical and medical supplies hospital. A transfer to a ☐ Use of appliances, such as wheelchairs separate facility type (such as an Inpatient Rehabilitation ☐ Operating and recovery room costs Hospital or Long Term Care ☐ Physical, occupational, and speech language therapy Hospital) is considered a new ☐ Under certain conditions, the following types of admission. For each inpatient transplants are covered: corneal, kidney, kidneyhospital stay, you are covered pancreatic, heart, liver, lung, heart/lung, bone marrow, for unlimited days as long as stem cell, and intestinal/multivisceral. The plan has a the hospital stay is covered in network of facilities that perform organ transplants. The accordance with plan rules. plan's hospital network for organ transplant services is different than the network shown in the 'Hospitals' section of your provider directory. Some hospitals in the plan's network for other medical services are not in the plan's network for transplant services. For information on network facilities for transplant services, please call UnitedHealthcare® Group Medicare Advantage (PPO) Customer Service at 1-844-280-7754 TTY 711. If you need a transplant, we will arrange to have your case reviewed by a Medicare-approved transplant center that will decide whether you are a candidate for a transplant. Transplant providers may be local or outside of the service area. If our in-network transplant services are outside the community pattern of care, you may choose to go locally as long as the local transplant providers are willing to accept the Original Medicare rate. If UnitedHealthcare® Group Medicare Advantage (PPO) provides transplant services at a location outside of the pattern of care for transplants in your community and you chose to obtain transplants at this distant location, we will arrange or pay for appropriate lodging and transportation costs for you and a companion. While you are receiving care at the distant location, we will also reimburse transportation costs to and from the

# Services that are covered for you What you must pay when you get these services in-network and out-of-network hospital or doctor's office for evaluations, transplant services and follow-up care. (Transportation in the distant location includes, but is not limited to: vehicle mileage, economy/coach airfare, taxi fares, or rideshare services.) Costs for lodging or places to stay such as hotels, motels or short-term housing as a result of travel for a covered organ transplant may also be covered. You can be reimbursed for eligible costs up to \$125 per day total. Transportation services are not subject to the daily limit amount. ☐ Blood - including storage and administration. Coverage begins with the first pint of blood that you need. ☐ Physician services Outpatient observation cost-Note: To be an inpatient, your provider must write an order sharing is explained in to admit you formally as an inpatient of the hospital. Even if Outpatient Surgery and Other you stay in the hospital overnight, you might still be Medical Services Provided at considered an "outpatient." This is called an "Outpatient **Hospital Outpatient Facilities** Observation" stay. If you are not sure if you are an inpatient and Ambulatory Surgical or an outpatient, you should ask the hospital staff. Centers. You can also find more information in a Medicare fact sheet called "Are You a Hospital Inpatient or Outpatient? If You Have Medicare - Ask!" This fact sheet is available on the Web at https://www.medicare.gov/sites/default/files/ 2021-10/11435-Inpatient-or-Outpatient.pdf or by calling 1-800-MEDICARE (1-800-633-4227). TTY users call 1-877-486-2048. You can call these numbers for free, 24 hours a day, 7 days a week.

# Services that are covered for you What you must pay when you get these services in-network and out-of-network Inpatient Services in a Psychiatric Hospital \$300 copayment per Medicarecovered admission. Covered services include: You pay these amounts until ☐ Mental health care services that require a hospital stay. you reach the \$900 Inpatient ☐ Inpatient substance abuse services Services maximum out-ofpocket or the \$2,000 Total maximum out-of-pocket. Your provider may need to obtain prior authorization Medicare hospital benefit periods do not apply. (See definition of benefit periods in the chapter titled Definitions of important words.) For inpatient hospital care, the cost-sharing described above applies each time you are admitted to the hospital. For each inpatient hospital stay, you are covered for unlimited days as long as the hospital stay is covered in accordance with plan rules. Inpatient Stay: Covered services received in a hospital or When your stay is no longer Skilled Nursing Facility (SNF) during a non-covered covered, these services will be inpatient stay covered as described in the following sections: If you have exhausted your inpatient benefits or if the inpatient stay is not reasonable and necessary, we will not cover your inpatient stay. However, in some cases, we will cover certain services you receive while you are in the hospital or the skilled nursing facility (SNF). Covered services include, but are not limited to:

Services that are covered for you	What you must pay when you get these services in-network and out-of-network
□ Physician services	Please refer below to Physician/ Practitioner Services, Including Doctor's Office Visits.
□ Diagnostic tests (like lab tests)	Please refer below to Outpatient Diagnostic Tests and Therapeutic Services and Supplies.
☐ X-ray, radium, and isotope therapy including technician materials and services	Please refer below to Outpatient Diagnostic Tests and Therapeutic Services and Supplies.
<ul> <li>□ Surgical dressings</li> <li>□ Splints, casts and other devices used to reduce fractures and dislocations</li> </ul>	Please refer below to Outpatient Diagnostic Tests and Therapeutic Services and Supplies.
□ Prosthetics and orthotics devices (other than dental) that replace all or part of an internal body organ (including contiguous tissue), or all or part of the function of a permanently inoperative or malfunctioning internal body organ, including replacement or repairs of such devices	Please refer below to Prosthetic Devices and Related Supplies.
□ Leg, arm, back, and neck braces; trusses, and artificial legs, arms, and eyes including adjustments, repairs, and replacements required because of breakage, wear, loss, or a change in the patient's physical condition	Please refer below to Prosthetic Devices and Related Supplies.
<ul> <li>Physical therapy, speech language therapy, and occupational therapy</li> </ul>	Please refer below to Outpatient Rehabilitation Services.

### Services that are covered for you What you must pay when you get these services in-network and out-of-network There is no coinsurance. **Medical Nutrition Therapy** copayment, or deductible for This benefit is for people with diabetes, renal (kidney) members eligible for Medicaredisease (but not on dialysis), or after a kidney transplant covered medical nutrition when ordered by your doctor. therapy services. We cover three hours of one-on-one counseling services during your first year that you receive medical nutrition therapy services under Medicare (this includes our plan, any other Medicare Advantage plan, or Original Medicare), and two hours each year after that. If your condition, treatment, or diagnosis changes, you may be able to receive more hours of treatment with a physician's order. A physician must prescribe these services and renew their order yearly if your treatment is needed into the next plan year. There is no coinsurance, **Medicare Diabetes Prevention Program (MDPP)** copayment, or deductible for MDPP services will be covered for eligible Medicare the MDPP benefit. beneficiaries under all Medicare health plans. MDPP is a structured health behavior change intervention that provides practical training in long-term dietary change, increased physical activity, and problem-solving strategies for overcoming challenges to sustaining weight loss and a healthy lifestyle. **Medicare Part B Prescription Drugs** \$0 copayment for each Medicare-covered Part B drug These drugs are covered under Part B of Original Medicare. and non-chemotherapy drugs to Members of our plan receive coverage for these drugs treat cancer. through our plan. Covered drugs include: Additionally, for the ☐ Drugs that usually aren't self-administered by the patient administration of that drug, your and are injected or infused while you are getting cost share depends on where physician, hospital outpatient, or ambulatory surgical you received the drug or center services infusion services. ☐ Drugs you take using durable medical equipment (such as nebulizers) that were authorized by the plan

#### Services that are covered for you What you must pay when you get these services in-network and out-of-network ☐ Clotting factors you give yourself by injection if you have \$0 copayment for the hemophilia administration of a Medicarecovered Part B drug at an ☐ Immunosuppressive drugs, if you were enrolled in outpatient facility. For each Medicare Part A at the time of the organ transplant Medicare-covered Part B drug ☐ Injectable osteoporosis drugs, if you are homebound, administered in a doctor's have a bone fracture that a doctor certifies was related office, you will pay the costto post-menopausal osteoporosis, and cannot selfsharing that applies to primary administer the drug care provider services or ☐ Antigens (for allergy shots) specialist services (as described under "Physician/ ☐ Certain oral anti-cancer drugs and anti-nausea drugs Practitioner Services, Including ☐ Certain drugs for home dialysis, including heparin, the Doctor's Office Visits" in this antidote for heparin when medically necessary, topical benefit chart). anesthetics, and erythropoiesis-stimulating agents (such Your provider may need to as Epogen®, Procrit®, Epoetin Alfa, Aranesp®, or Darbepoetin Alfa) obtain prior authorization ☐ Intravenous Immune Globulin for the home treatment of primary immune deficiency diseases \$0 copayment for each ☐ Chemotherapy Drugs, and the Administration of chemotherapy drugs Medicare-covered chemotherapy drug to treat The following link will take you to a list of Part B Drugs that cancer and the administration may be subject to Step Therapy: https:// of that drug. www.medicare.uhc.com/retiree/member/documents/grouppart-b-step-therapy.html Your provider may need to obtain prior authorization You or your doctor may need to provide more information about how a Medicare Part B prescription drug is used in order to determine coverage. There may be effective, lowercost drugs that treat the same medical condition. If you are prescribed a new Part B medication or have not recently filled the medication under Part B, you may be required to try one or more of these other drugs before the plan will cover your drug. If you have already tried other drugs or your doctor thinks they are not right for you, you or your doctor can ask the plan to cover the Part B drug. (For more

Services that are covered for you	What you must pay when you get these services in-network and out-of-network
information, see Chapter 9, What to do if you have a problem or complaint (coverage decisions, appeals, complaints).) Please contact Customer Service for more information.	
Chapter 5 explains the Part D prescription drug benefit, including rules you must follow to have prescriptions covered. What you pay for your Part D prescription drugs through our plan is explained in Chapter 6.	
Telephonic Nurse Services	Receive access to nurse consultations and additional clinical resources at no additional cost.
Obesity screening and therapy to promote sustained weight loss  If you have a body mass index of 30 or more, we cover intensive counseling to help you lose weight. This	There is no coinsurance, copayment, or deductible for preventive obesity screening and therapy.
counseling is covered if you get it in a primary care setting, where it can be coordinated with your comprehensive prevention plan. Talk to your primary care doctor or practitioner to find out more.	

Services that are covered for you	What you must pay when you get these services in-network and out-of-network
Opioid Treatment Program Services  Members of our plan with opioid use disorder (OUD) can receive coverage of services to treat OUD through an Opioid Treatment Program (OTP) which includes the following services:  U.S. Food and Drug Administration (FDA)-approved opioid agonist and antagonist medication-assisted treatment (MAT) medications.  Dispensing and administration of MAT medications (if applicable)  Substance use counseling Individual and group therapy  Toxicology testing Intake activities  Periodic assessments	\$0 copayment for Medicare- covered opioid treatment program services.  Your provider may need to obtain prior authorization
Outpatient Diagnostic Tests and Therapeutic Services and Supplies	
Covered services include, but are not limited to:	
□ X-rays	\$0 copayment for each Medicare-covered standard X- ray service.  Your provider may need to obtain prior authorization
☐ Radiation (radium and isotope) therapy including technician materials and supplies	\$0 copayment for each Medicare-covered radiation therapy service. Your provider may need to obtain prior authorization

Services that are covered for you	What you must pay when you get these services in-network and out-of-network
<ul> <li>□ Surgical supplies, such as dressings</li> <li>□ Splints, casts, and other devices used to reduce fractures and dislocations</li> <li>Note: There is no separate charge for medical supplies routinely used in the course of an office visit and included in the provider's charges for that visit (such as bandages, cotton swabs, and other routine supplies.) However, supplies for which an appropriate separate charge is made by providers (such as, chemical agents used in certain diagnostic procedures) are subject to cost-sharing as shown.</li> </ul>	\$0 copayment for each Medicare-covered medical supply. Your provider may need to obtain prior authorization
□ Laboratory tests	\$0 copayment for Medicare- covered lab services. Your provider may need to obtain prior authorization
<ul> <li>□ Blood - including storage and administration (this means processing and handling of blood). Coverage begins with the first pint of blood that you need.</li> <li>□ In addition, for the administration of blood infusion, you will pay the cost sharing as described under the following sections of this chart, depending on where you received infusion services:         <ul> <li>○ Physician/Practitioner Services, Including Doctor's Office Visits</li> <li>○ Outpatient Surgery and Other Medical Services Provided at Hospital Outpatient Facilities and Ambulatory Surgical Centers</li> </ul> </li> </ul>	\$0 copayment for Medicare- covered blood services. Your provider may need to obtain prior authorization

Services that are covered for you	What you must pay when you get these services in-network and out-of-network
☐ Other outpatient diagnostic tests - Non-radiological diagnostic services	\$0 copayment for Medicare- covered non-radiological diagnostic services.  Examples include, but are not limited to EKG's, pulmonary function tests, home or lab- based sleep studies, and treadmill stress tests.  Your provider may need to
□ Other outpatient diagnostic tests - Radiological diagnostic services, not including x-rays.	\$0 copayment for Medicare- covered radiological diagnostic services, not including X-rays.  Your provider may need to obtain prior authorization  The diagnostic radiology services require specialized equipment beyond standard X- ray equipment and must be performed by specially trained or certified personnel. Examples include, but are not limited to, specialized scans, CT, SPECT, PET, MRI, MRA, nuclear studies, ultrasounds, diagnostic mammograms and interventional radiological procedures (myelogram, cystogram, angiogram, and barium studies).

# Services that are covered for you What you must pay when you get these services in-network and out-of-network **Outpatient Hospital Observation** Outpatient observation cost-Observation services are hospital outpatient services given sharing is explained in Outpatient Surgery and Other to determine if you need to be admitted as an inpatient or Medical Services Provided at can be discharged. For outpatient hospital observation **Hospital Outpatient Facilities** services to be covered, they must meet the Medicare criteria and Ambulatory Surgical and be considered reasonable and necessary. Observation services are covered only when provided by the order of a Centers. physician or another individual authorized by state licensure law and hospital staff bylaws to admit patients to the hospital or order outpatient tests. **Note:** Unless the provider has written an order to admit you as an inpatient to the hospital, you are an outpatient and pay the cost-sharing amounts for outpatient hospital services. Even if you stay in the hospital overnight, you might still be considered an "outpatient." If you are not sure if you are an outpatient, you should ask the hospital staff. You can also find more information in a Medicare fact sheet called "Are You a Hospital Inpatient or Outpatient? If You Have Medicare - Ask!" This fact sheet is available on the Web at https://www.medicare.gov/sites/default/files/ 2021-10/11435-Inpatient-or-Outpatient.pdf or by calling 1-800-MEDICARE (1-800-633-4227). TTY users call 1-877-486-2048. You can call these numbers for free, 24 hours a day, 7days a week. **Outpatient Hospital Services** We cover medically-necessary services you get in the outpatient department of a hospital for diagnosis or treatment of an illness or injury. Covered services include, but are not limited to: ☐ Services in an emergency department Please refer to Emergency Care.

Services that are covered for you	What you must pay when you get these services in-network and out-of-network
☐ Laboratory and diagnostic tests billed by the hospital	Please refer to Outpatient Diagnostic Tests and Therapeutic Services and Supplies.
<ul> <li>Mental health care, including care in a partial- hospitalization program, if a doctor certifies that inpatient treatment would be required without it</li> </ul>	Please refer to Outpatient Mental Health Care.
☐ X-rays and other radiology services billed by the hospital	Please refer to Outpatient Diagnostic Tests and Therapeutic Services and Supplies.
☐ Medical supplies such as splints and casts	Please refer to Outpatient Diagnostic Tests and Therapeutic Services and Supplies.
☐ Certain screenings and preventive services	Please refer to the benefits preceded by the "Apple" icon.
<ul> <li>Certain drugs and biologicals that you can't give yourself</li> </ul>	Please refer to Medicare Part B Prescription Drugs.
☐ Services performed at an outpatient clinic	Please refer to Physician/ Practitioner Services, Including Doctor's Office Visits.
□ Outpatient surgery or observation	Please refer to Outpatient Surgery and Other Medical Services Provided at Hospital

## Services that are covered for you What you must pay when you get these services in-network and out-of-network Outpatient Facilities and Ambulatory Surgical Centers. Please refer to Medicare Part B Prescription Drugs and Physician/Practitioner Services, ☐ Outpatient infusion therapy Including Doctor's Office Visits or Outpatient Surgery and Other For the drug that is infused, you will pay the cost-sharing as Medical Services Provided at described in "Medicare Part B Prescription Drugs" in this **Hospital Outpatient Facilities** benefit chart. In addition, for the administration of infusion and Ambulatory Surgical therapy drugs, you will pay the cost-sharing that applies to Centers. primary care provider services, specialist services, or outpatient hospital services (as described under "Physician/ Practitioner Services, Including Doctor's Office Visits" or "Outpatient Surgery and Other Medical Services Provided at Hospital Outpatient Facilities and Ambulatory Surgical Centers" in this benefit chart) depending on where you received drug administration or infusion services. Note: Unless the provider has written an order to admit you Outpatient observation costas an inpatient to the hospital, you are an outpatient and pay sharing is explained in Outpatient Surgery and Other the cost-sharing amounts for outpatient hospital services. Even if you stay in the hospital overnight, you might still be Medical Services Provided at considered an "outpatient." This is called an "Outpatient **Hospital Outpatient Facilities** Observation" stay. If you are not sure if you are an and Ambulatory Surgical outpatient, you should ask the hospital staff. Centers. You can also find more information in a Medicare fact sheet called "Are You a Hospital Inpatient or Outpatient? If You Have Medicare - Ask!" This fact sheet is available on the Web at https://www.medicare.gov/sites/default/files/ 2021-10/11435-Inpatient-or-Outpatient.pdf or by calling 1-800-MEDICARE (1-800-633-4227). TTY users call 1-877-486-2048. You can call these numbers for free, 24 hours a day, 7 days a week.

## Services that are covered for you What you must pay when you get these services in-network and out-of-network **Outpatient Injectable Medications** These medications may be covered under Medicare Part D. (Self-administered outpatient injectable medications not The List of Covered Drugs covered under Part B of Original Medicare) (Formulary) includes a list of the Part D prescription drugs that are covered by our plan. The chapter in the **Evidence of** Coverage titled: Using your plan's coverage for Part D prescription drugs explains the Part D prescription drug benefit, including rules you must follow to have prescriptions covered. What you pay for your Part D prescription drugs through our plan is listed in the chapter of the Evidence of Coverage titled: What you pay for your Part D prescription drugs. **Outpatient Mental Health Care** \$0 copayment for each Medicare-covered individual Covered services include: therapy session. Mental health services provided by a state-licensed \$0 copayment for each psychiatrist or doctor, clinical psychologist, clinical social Medicare-covered group worker, clinical nurse specialist, nurse practitioner, physician therapy session. assistant, or other Medicare-qualified mental health care professional as allowed under applicable state laws. Your provider may need to obtain prior authorization Please refer to virtual behavioral visits section in this chart for more information. ☐ Members can see licensed Marriage and Family \$0 copayment Therapists (MFTs) for outpatient behavioral health To use this benefit, you may services. need to pay the full cost and

Services that are covered for you	What you must pay when you get these services in-network and out-of-network
	then submit a reimbursement claim.  Your provider may need to obtain prior authorization
Outpatient Rehabilitation Services  Covered services include: physical therapy, occupational therapy, and speech language therapy.  Outpatient rehabilitation services are provided in various outpatient settings, such as hospital outpatient departments, independent therapist offices, physician offices, and Comprehensive Outpatient Rehabilitation Facilities (CORFs).	\$0 copayment for each Medicare-covered physical therapy and speech-language therapy visit.  Your provider may need to obtain prior authorization \$0 copayment for each Medicare-covered occupational therapy visit.  Your provider may need to obtain prior authorization \$0 copayment for each Medicare-covered comprehensive outpatient rehabilitation facility (CORF) visit.  Your provider may need to obtain prior authorization
Outpatient Substance Abuse Services Outpatient treatment and counseling for substance abuse.	\$0 copayment for each Medicare-covered individual therapy session. \$0 copayment for each Medicare-covered group therapy session. Your provider may need to obtain prior authorization

#### Services that are covered for you What you must pay when you get these services in-network and out-of-network **Outpatient Surgery and Other Medical Services Provided** \$0 copayment for Medicareat Hospital Outpatient Facilities and Ambulatory Surgical covered surgery or other **Centers** services at an outpatient hospital or ambulatory surgical **Note**: If you are having surgery in a hospital facility, you center, including but not limited should check with your provider about whether you will be to hospital or other facility an inpatient or outpatient. Unless the provider writes an charges and physician or order to admit you as an inpatient to the hospital, you are an surgical charges. outpatient and pay the cost-sharing amounts for outpatient surgery. Even if you stay in the hospital overnight, you might Your provider may need to still be considered an "outpatient." This is called an obtain prior authorization "Outpatient Observation" stay. If you are not sure if you are an outpatient, you should ask your doctor or the hospital Outpatient surgical services that staff. can be delivered in an available If you receive any services or items other than surgery, ambulatory surgery center must be delivered in an ambulatory including but not limited to diagnostic tests, therapeutic surgery center unless a hospital services, prosthetics, orthotics, supplies or Part B drugs, outpatient department is there may be additional cost sharing for those services or medically necessary. items. Please refer to the appropriate section in this chart for the additional service or item you received for the specific cost sharing required. \$0 copayment for Medicarecovered observation at an See "Colorectal cancer screening" earlier in this chart for outpatient hospital or screening and diagnostic colonoscopy benefit information. ambulatory surgical center. Your provider may need to obtain prior authorization **Partial Hospitalization Services** \$0 copayment each day for Medicare-covered benefits. "Partial hospitalization" is a structured program of active psychiatric treatment provided as a hospital outpatient Your provider may need to service, or by a community mental health center, that is obtain prior authorization more intense than the care received in your doctor's or therapist's office and is an alternative to inpatient hospitalization.

Services that are covered for you	What you must pay when you get these services in-network and out-of-network
Personal Emergency Response System (PERS) Lifeline With a Personal Emergency Response System (PERS), help is only a button press away. A PERS device can quickly connect you to the help you need, 24 hours a day in any situation. It's a lightweight, discreet button that can be worn on your wrist or as a pendant. It's also safe to wear in the shower or bath. Depending on the model you choose, it may even automatically detect falls.  You must have a working landline or live in an area that has AT&T wireless coverage to get a PERS device. The cellular device works nationwide with the AT&T wireless network but does not require you to have AT&T.  For additional information or to order your device please call 1-855-595-8485 TTY 711 or visit lifeline.com/uhcgroup.	\$0 copayment; Benefit is available through provider Lifeline.
Physician/Practitioner Services, Including Doctor's Office Visits	
Covered services include:	
☐ Medically-necessary medical or surgical services furnished in a physician's office.	\$0 copayment for services from a primary care provider or under certain circumstances, treatment by a nurse practitioner, physician's assistant or other non-physician health care professional in a primary care provider's office (as allowed by Medicare).

Services that are covered for you	What you must pay when you get these services in-network and out-of-network
<ul> <li>Medically-necessary medical or surgical services furnished in a certified ambulatory surgical center or hospital outpatient department.</li> </ul>	See "Outpatient Surgery" earlier in this chart for any applicable copayments or coinsurance amounts for ambulatory surgical center visits or in a hospital outpatient setting.
□ Consultation, diagnosis, and treatment by a specialist.	\$0 copayment for services from a specialist or under certain circumstances, treatment by a nurse practitioner, physician's assistant or other non-physician health care professional in a specialist's office (as allowed under Medicare).  Your provider may need to obtain prior authorization
□ Basic hearing and balance exams performed by your specialist, if your doctor orders it to see if you need medical treatment.	\$0 copayment for each Medicare-covered exam.  Your provider may need to obtain prior authorization
<ul> <li>□ Some telehealth services including consultation, diagnosis, and treatment by a physician or practitioner, for patients in certain rural areas or other places approved by Medicare.</li> <li>□ Telehealth services for monthly end-stage renal disease-related visits for home dialysis members in a hospital-based or critical access hospital-based renal dialysis center, renal dialysis facility, or the member's home.</li> <li>□ Telehealth services to diagnose, evaluate, or treat symptoms of a stroke regardless of their location.</li> </ul>	\$0 copayment for each Medicare-covered visit. Your provider may need to obtain prior authorization

Services that are covered for you	What you must pay when you get these services in-network and out-of-network
<ul> <li>□ Telehealth services for members with a substance use disorder or co-occurring mental health disorder, regardless of their location.</li> <li>□ Telehealth services for diagnosis, evaluation, and treatment of mental health disorders if:</li> <li>○ You have an in-person visit within 6 months prior to your first telehealth visit</li> <li>○ You have an in-person visit every 12 months while receiving these telehealth services</li> <li>○ Exceptions can be made to the above for certain circumstances</li> <li>□ Telehealth services for mental health visits provided by Rural Health Clinics and Federally Qualified Health Centers</li> <li>□ Medicare-covered Remote Patient Monitoring Services</li> <li>□ Virtual check-ins (for example, by phone or video chat) with your doctor for 5-10 minutes if:</li> <li>○ You're not a new patient and</li> <li>○ The check-in isn't related to an office visit in the past 7 days and</li> <li>○ The check-in doesn't lead to an office visit within 24 hours or the soonest available appointment.</li> <li>□ Evaluation of video and/or images you send to your doctor, and interpretation and follow-up by your doctor within 24 hours if:</li> <li>○ You're not a new patient and</li> <li>○ The evaluation isn't related to an office visit in the past 7 days and</li> <li>○ The evaluation doesn't lead to an office visit within 24 hours or the soonest available appointment.</li> </ul>	
<ul> <li>Consultation your doctor has with other doctors by phone, internet, or electronic health record.</li> </ul>	\$0 copayment for each Medicare-covered consultation.

Services that are covered for you	What you must pay when you get these services in-network and out-of-network
□ Second opinion prior to surgery.	You will pay the cost-sharing that applies to specialist services (as described under "Physician/Practitioner Services, Including Doctor's Office Visits" above).  Your provider may need to obtain prior authorization
□ Non-routine dental care (covered services are limited to surgery of the jaw or related structures, setting fractures of the jaw or facial bones, extraction of teeth to prepare the jaw for radiation treatments of neoplastic cancer disease, or services that would be covered when provided by a physician). Dental services provided by a dentist in connection with care, treatment, filling, removal, or replacement of teeth or structures directly supporting the teeth are not Medicare-covered benefits and not covered under this benefit.	\$0 copayment for each Medicare-covered visit.  Your provider may need to obtain prior authorization
☐ Monitoring services in a physician's office or outpatient hospital setting if you are taking anticoagulation medications, such as Coumadin, Heparin or Warfarin (these services may also be referred to as 'Coumadin Clinic' services).	You will pay the cost-sharing that applies to primary care provider services, specialist services, or outpatient hospital services (as described under "Physician/Practitioner Services, Including Doctor's Office Visits" or "Outpatient Hospital Services" in this benefit chart) depending on where you receive services.  Your provider may need to obtain prior authorization

Services that are covered for you	What you must pay when you get these services in-network and out-of-network
☐ Medically-necessary medical or surgical services that are covered benefits and are furnished by a physician in your home or a nursing home in which you reside.	You will pay the cost sharing that applies to primary care provider services or specialist physician services (as applied in an office setting, described above in this section of the benefit chart) depending on the type of physician that provides the services.  Your provider may need to obtain prior authorization
☐ Certain telehealth services, including:	
o Virtual Doctor Visits	See "Virtual Doctor Visits" in this chart for any applicable copayments or coinsurance.
Virtual Behavioral Visits	See "Virtual Behavioral Visits" in this chart for any applicable copayments or coinsurance.
Podiatry Services  Covered services include:  □ Diagnosis and the medical or surgical treatment of injuries and diseases of the feet (such as hammer toe or heel spurs).  □ Routine foot care for members with certain medical conditions affecting the lower limbs.	\$0 copayment for each Medicare-covered visit in an office or home setting. For services rendered in an outpatient hospital setting, such as surgery, please refer to Outpatient Surgery and Other Medical Services Provided at Hospital Outpatient Facilities and Ambulatory Surgical Centers.

Services that are covered for you	What you must pay when you get these services in-network and out-of-network
	Your provider may need to obtain prior authorization
Additional Routine Podiatry  Treatment of the foot which is generally considered preventive, i.e., cutting or removal of corns, warts, calluses or nails.	\$0 copayment per visit for routine podiatry visits up to 6 visits per plan year.
Prostate Cancer Screening Exams  For men age 50 and older, covered services include the following - once every 12 months:  □Digital rectal exam  □Prostate Specific Antigen (PSA) test	There is no coinsurance, copayment, or deductible for an annual PSA test.  Diagnostic PSA exams are subject to cost sharing as described under Outpatient Diagnostic Tests and Therapeutic Services and Supplies in this chart.
Prosthetic Devices and Related Supplies  Devices (other than dental) that replace all or part of a body part or function. These include, but are not limited to: colostomy bags and supplies directly related to colostomy care, pacemakers, braces, prosthetic shoes, artificial limbs, and breast prostheses (including a surgical brassiere after a mastectomy). Includes certain supplies related to prosthetic devices, and repair and/or replacement of prosthetic devices. Also includes some coverage following cataract removal or cataract surgery – see "Vision Services" later in this section for more detail.	\$0 copayment for each Medicare-covered prosthetic device, including replacement or repairs of such devices, and related supplies. \$0 copayment for each Medicare-covered orthotic device, including replacement or repairs of such devices, and related supplies. Your provider may need to obtain prior authorization

Services that are covered for you	What you must pay when you get these services in-network and out-of-network
Pulmonary Rehabilitation Services  Comprehensive programs of pulmonary rehabilitation are covered for members who have moderate to very severe chronic obstructive pulmonary disease (COPD) and an order for pulmonary rehabilitation from the doctor treating the chronic respiratory disease. Medicare covers up to two (2) one-hour sessions per day, for up to 36 lifetime sessions (in some cases, up to 72 lifetime sessions) of pulmonary rehabilitation services.	\$0 copayment for each Medicare-covered pulmonary rehabilitative visit.  Your provider may need to obtain prior authorization

## Services that are covered for you What you must pay when you get these services in-network and out-of-network Rally Coach™ Programs Rally Coach is available to you Rally Coach™ programs can help you start living a at no additional cost. Call or go healthier and happier life. These virtual coaching online to get started today. programs are available to you at no additional cost and rallyhealth.com/retiree • Real Appeal 1-844-924-7325, include the following: Real Appeal® is an online weight loss program proven to TTY 711 help you achieve lifelong results, one step at a time. It Rally Wellness Coaching includes: 1-800-478-1057, TTY 711 • Quit for Life 1-866-QUIT-4-☐ Online group sessions (and one-on-one sessions for those that qualify) led by a coach LIFE (1-866-784-8454), TTY 711 ☐ A health coach who will partner with you and guide you to a healthier, happier you ☐ A community of other members to keep you motivated ☐ Goal-setting tools, trackers and weekly content to help you learn and stay engaged ☐ A free Success Kit with all the tools you need delivered right to your door Rally Wellness Coaching helps you get healthy your way by giving you personalized coaching support and access to digital health and wellness courses. It includes: ☐ The ability to set your own goals—from sleeping better to eating smarter ☐ Tailored support from a coach through online chat or a phone call ☐ Access to self-paced courses and guided discussions The Quit for Life® Tobacco Cessation Program gives you the support you need to guit all types of tobacco use. It includes: ☐ 5 sessions with a coach to support and guide you through the quitting process ☐ Online learning that includes video, articles, quizzes and action cards

Services that are covered for you	What you must pay when you get these services in-network and out-of-network
<ul> <li>Stress management, nutrition and physical activity content designed to help you through your quit journey</li> <li>Unlimited coaching support for up to 1 year by phone, live chat and text message</li> <li>Delivery of nicotine replacement products (for example, nicotine patch and gum) to help you succeed</li> <li>*Real Appeal Weight Loss is available to those with a BMI of 19 and higher. Real Appeal Diabetes Prevention is available to you if you have a BMI ≥ 25 (BMI ≥ 23 for Asian Americans), have Prediabetes, and no previous diagnosis of Type 1 or Type 2 Diabetes. If you are pregnant, please speak with your primary care physician before joining the program. Limitations and restrictions apply.</li> </ul>	
Screening and Counseling to Reduce Alcohol Misuse  We cover one alcohol misuse screening per year for adults with Medicare (including pregnant women) who misuse alcohol, but aren't alcohol dependent.  If you screen positive for alcohol misuse, you can get up to four brief face-to-face counseling sessions per year (if you're competent and alert during counseling) provided by a qualified primary care doctor or practitioner in a primary care setting.	There is no coinsurance, copayment, or deductible for the Medicare-covered screening and counseling to reduce alcohol misuse preventive benefit.
Screening for lung cancer with low dose computed tomography (LDCT)  For qualified individuals, a LDCT is covered every 12 months.	There is no coinsurance, copayment, or deductible for the Medicare-covered counseling and shared decision making visit or for the LDCT.

# Services that are covered for you What you must pay when you get these services in-network and out-of-network Eligible members are: people aged 50 - 77 years who have no signs or symptoms of lung cancer, but who have a history of tobacco smoking of at least 20 pack-years and who currently smoke or have guit smoking within the last 15 years, who receive a written order for LDCT during a lung cancer screening counseling and shared decision making visit that meets the Medicare criteria for such visits and be furnished by a physician or qualified non-physician practitioner. For LDCT lung cancer screenings after the initial LDCT screening: the member must receive a written order for LDCT lung cancer screening, which may be furnished during any appropriate visit with a physician or qualified nonphysician practitioner. If a physician or qualified nonphysician practitioner elects to provide a lung cancer screening counseling and shared decision making visit for subsequent lung cancer screenings with LDCT, the visit must meet the Medicare criteria for such visits. **Screening for Sexually Transmitted Infections (STIs)** There is no coinsurance, and Counseling to Prevent STIs copayment, or deductible for the Medicare-covered screening We cover sexually transmitted infection (STI) screenings for for STIs and counseling for STIs chlamydia, gonorrhea, syphilis, and Hepatitis B. These preventive benefit. screenings are covered for pregnant women and for certain people who are at increased risk for an STI when the tests are ordered by a primary care provider. We cover these tests once every 12 months or at certain times during pregnancy. We also cover up to two individual 20 to 30 minute, face-toface high-intensity behavioral counseling sessions each year for sexually active adults at increased risk for STIs. We will only cover these counseling sessions as a preventive service if they are provided by a primary care provider and take place in a primary care setting, such as a doctor's office.

Services that are covered for you	What you must pay when you get these services in-network and out-of-network
Services to Treat Kidney Disease Covered services include:	
☐ Kidney disease education services to teach kidney care and help members make informed decisions about their care. For members with stage IV chronic kidney disease when referred by their doctor, we cover up to six sessions of kidney disease education services per lifetime.	\$0 copayment for Medicare- covered benefits.
<ul> <li>Outpatient dialysis treatments (including dialysis treatments when temporarily out of the service area, as</li> </ul>	\$0 copayment for Medicare- covered benefits.
explained in Chapter 3), or when your provider for this service is temporarily unavailable or inaccessible	Your provider may need to obtain prior authorization
☐ Self-dialysis training (includes training for you and anyone helping you with your home dialysis treatments)	\$0 copayment for Medicare- covered benefits.
<ul> <li>Inpatient dialysis treatments (if you are admitted as an inpatient to a hospital for special care)</li> </ul>	These services will be covered as described in the following sections:
	Please refer to Inpatient Hospital Care.
☐ Home dialysis equipment and supplies	Please refer to Durable Medical Equipment and Related Supplies.
☐ Certain home support services (such as, when necessary, visits by trained dialysis workers to check on your home dialysis, to help in emergencies, and check your dialysis equipment and water supply)	Please refer to Home Health Agency Care.

Services that are covered for you	What you must pay when you get these services in-network and out-of-network
Certain drugs for dialysis are covered under your Medicare Part B drug benefit. For information about coverage for Part B Drugs, please go to the section, "Medicare Part B Prescription Drugs."	
Skilled Nursing Facility (SNF) Care  (For a definition of "skilled nursing facility care," see Chapter 12 of this document. Skilled nursing facilities are sometimes called "SNFs.")  Covered services include, but are not limited to:  Semiprivate room (or a private room if medically necessary)  Meals, including special diets Skilled nursing services Physical therapy, occupational therapy, and speech language therapy Drugs administered to you as part of your plan of care (This includes substances that are naturally present in the body, such as blood clotting factors.) Blood - including storage and administration. Coverage begins with the first pint of blood that you need. Medical and surgical supplies ordinarily provided by SNFs Laboratory tests ordinarily provided by SNFs X-rays and other radiology services ordinarily provided by SNFs Use of appliances such as wheelchairs ordinarily provided by SNFs Physician/Practitioner services A 3-day prior hospital stay is not required.	\$0 copayment each day for Medicare-covered days 1 to 20. \$65 copayment each day for Medicare-covered days 21 to 50. \$0 copayment for additional Medicare-covered days, up to 100 days. You pay these amounts until you reach the out-of-pocket maximum. Your provider may need to obtain prior authorization You are covered for up to 100 days each benefit period for inpatient services in a SNF, in accordance with Medicare guidelines. A benefit period begins on the first day you go to a Medicare-covered inpatient hospital or a skilled nursing facility. The benefit period ends when you haven't been an inpatient at any hospital or SNF for 60 days in a row. If you go to the hospital (or SNF) after one benefit period begins. There is no limit to the

Services that are covered for you	What you must pay when you get these services in-network and out-of-network
	number of benefit periods you can have.
Smoking and Tobacco Use Cessation (Counseling to Stop Smoking or Tobacco Use)  If you use tobacco, we cover two counseling quit attempts within a 12-month period as a preventive service. Each counseling attempt includes up to four face-to-face visits.	There is no coinsurance, copayment, or deductible for the Medicare-covered smoking and tobacco use cessation preventive benefits.
Supervised Exercise Therapy (SET)  SET is covered for members who have symptomatic peripheral artery disease (PAD) and have a referral from the physician responsible for PAD treatment.  Up to 36 sessions over a 12-week period are covered if the SET program requirements are met.  The SET program must:  Consist of sessions lasting 30-60 minutes, comprising of a therapeutic exercise-training program for PAD in patients with claudication  Be conducted in a hospital outpatient setting or a physician's office  Be delivered by qualified auxiliary personnel necessary to ensure benefits exceed harms, and who are trained in exercise therapy for PAD  Be under the direct supervision of a physician, physician	\$0 copayment for each Medicare-covered supervised exercise therapy (SET) visit. Your provider may need to obtain prior authorization
assistant, or nurse practitioner/clinical nurse specialist who must be trained in both basic and advanced life support techniques  SET may be covered beyond 36 sessions over 12 weeks for an additional 36 sessions over an extended period of time if deemed medically necessary by a health care provider.	

# Services that are covered for you What you must pay when you get these services in-network and out-of-network **Urgently Needed Services** \$0 copayment for each visit. Urgently needed services are provided to treat a nonemergency, unforeseen medical illness, injury, or condition that requires immediate medical care but, given your circumstances, it is not possible, or it is unreasonable, to obtain services from network providers. Examples of urgently needed services that the plan must cover out of network are i) you need immediate care during the weekend, or ii) you are temporarily outside the service area of the plan. Services must be immediately needed and medically necessary. Cost sharing for necessary urgently needed services furnished out-of-network is the same as for such services furnished in-network. Covered services include urgently needed services obtained at a retail walk-in clinic or an urgent care center. Worldwide coverage for 'urgently needed services' when medical services are needed right away because of an illness, injury, or condition that you did not expect or anticipate, and you can't wait until you are back in our plan's service area to obtain services. Services provided by a dentist are not covered. **Virtual Behavioral Visits** \$0 copayment using providers UnitedHealthcare's Virtual Behavioral Visits lets you choose that have the ability and are qualified to offer virtual to see and speak to a mental health professional using your behavioral visits. computer or a mobile device, like a tablet or smart phone. This service can be used for initial evaluation, medication management and ongoing counseling. Providers can't

prescribe medications in all states. You can find a list of participating virtual behavioral visit providers online at

retiree.uhc.com/peracare.

# Services that are covered for you What you must pay when you get these services in-network and out-of-network **Virtual Cognitive Behavioral Health Therapy** \$0 copayment for each session. Plan pays up to \$190 for an initial consultation and up to Cognitive behavioral health therapy is a type of therapy that works on your thoughts and beliefs and how they affect your \$175 for each weekly therapy actions. It can help you change unhealthy behaviors and session. learn how to better manage stress. Covered services include: Private counseling sessions with a therapist by phone or secure video chat. Personalized tips and tools to help you feel better through positive thinking, behavior change and mindfulness. Appointments with network providers are available 24 hours a day, 7 days a week. For more information on other virtual behavioral benefits, please refer to the Virtual Behavioral Visits section in this chart. **Virtual Doctor Visits** \$0 copayment using providers that have the ability and are UnitedHealthcare's Virtual Doctor Visits lets you choose to qualified to offer virtual medical see and speak to doctors using your computer or a mobile visits. device, like a tablet or smart phone. These doctors are providers that have the ability to offer virtual doctor visits. During a virtual visit, you can ask questions, get a diagnosis and the doctor may be able to prescribe medication that, if appropriate, can be sent to your pharmacy. Doctors can't prescribe medications in all states. You can find a list of participating virtual doctors online at retiree.uhc.com/ peracare.

Services that are covered for you	What you must pay when you get these services in-network and out-of-network
Vision Services	
Covered services include:	
<ul> <li>Outpatient physician services provided by an ophthalmologist or optometrist for the diagnosis and treatment of diseases and injuries of the eye, including diagnosis or treatment for age-related macular degeneration or cataracts. Original Medicare doesn't cover routine eye exams (eye refractions) for eyeglasses/contacts.</li> </ul>	\$0 copayment for each Medicare-covered exam. Your provider may need to obtain prior authorization
□ For people who are at high risk of glaucoma, we will cover one glaucoma screening each year. People at high risk of glaucoma include: people with a family history of glaucoma, people with diabetes, African-Americans who are age 50 and older, and Hispanic Americans who are 65 or older.	\$0 copayment for Medicare- covered glaucoma screening.
☐ For people with diabetes or signs and symptoms of eye disease, eye exams to evaluate for eye disease are covered per Medicare guidelines. Annual examinations by an ophthalmologist or optometrist are recommended for asymptomatic diabetics.	\$0 copayment for each Medicare-covered visit. Your provider may need to obtain prior authorization
<ul> <li>For people with diabetes, screening for diabetic retinopathy is covered once per year.</li> </ul>	
☐ One pair of eyeglasses or contact lenses after each cataract surgery that includes insertion of an intraocular lens (additional pairs of eyeglasses or contacts are not covered by Medicare). If you have two separate cataract operations, you cannot reserve the benefit after the first surgery and purchase two eyeglasses after the second surgery. Covered eyeglasses after cataract surgery	\$0 copayment for one pair of Medicare-covered standard glasses or contact lenses after cataract surgery.

Services that are covered for you	What you must pay when you get these services in-network and out-of-network
includes standard frames and lenses as defined by Medicare; any upgrades are not covered (including, but not limited to, deluxe frames, tinting, progressive lenses or anti-reflective coating).	
Routine Vision Services  Please turn to Section 4 Routine Vision Services of this chapter for more detailed information about this benefit.	Eye Exam \$0 copayment for 1 exam every 12 months.*
	Plan pays up to \$100 combined allowance for eyeglasses and contact lenses every 12 months.*
"Welcome to Medicare" Preventive Visit  The plan covers the one-time "Welcome to Medicare" preventive visit. The visit includes a review of your health, as well as education and counseling about the preventive services you need (including certain screenings and shots), and referrals for other care if needed. Doesn't include lab tests, radiological diagnostic tests or non-radiological diagnostic tests. Additional cost share may apply to any lab or diagnostic testing performed during your visit, as described for each separate service in this Medical Benefits Chart.  Important: We cover the "Welcome to Medicare" preventive visit only within the first 12 months you have Medicare Part B. When you make your appointment, let your doctor's office know you would like to schedule your "Welcome to Medicare" preventive visit.	There is no coinsurance, copayment, or deductible for the "Welcome to Medicare" preventive visit.

<sup>\*</sup> Covered services that do not count toward your maximum out-of-pocket amount.

# Section 3 What Medical services are not covered by the plan?

# Section 3.1 Medical services we do not cover (exclusions)

This section tells you what services are "excluded" from Medicare coverage and therefore, are not covered by this plan.

The chart below lists services and items that either are not covered under any condition or are covered only under specific conditions.

If you get services that are excluded (not covered), you must pay for them yourself, except under the specific conditions listed below. Even if you receive the excluded services at an emergency facility, the excluded services are still not covered and our plan will not pay for them.

The only exception is if the service is appealed and decided upon appeal to be a medical service that we should have paid for or covered because of your specific situation. (For information about appealing a decision we have made to not cover a medical service, go to Chapter 9, Section 5.3 in this document.)

Services not covered by Medicare	Not covered under any condition	Covered only under specific conditions
Services considered not reasonable and necessary, according to Original Medicare standards.	<b>√</b>	
Experimental medical and surgical procedures, equipment and medications.		May be covered by Original Medicare under a Medicare- approved clinical research study or by our plan. (See
Experimental procedures and items are those items and procedures determined by Original Medicare to not be generally accepted by the medical community.		Chapter 3, Section 5 for more information on clinical research studies.)
Private room in a hospital.		Covered only when medically necessary.
Personal items in your room at a hospital or a skilled nursing facility, such as a telephone or a television.	<b>√</b>	

Services not covered by Medicare	Not covered under any condition	Covered only under specific conditions
Full-time nursing care in your home.	✓	
Custodial Care.	✓	
Custodial care is personal care that does not require the continuing attention of trained medical or paramedical personnel, such as care that helps you with activities of daily living, such as bathing or dressing.		
Homemaker services including basic household assistance, such as light housekeeping or light meal preparation.	<b>√</b>	
Fees charged for care by your immediate relatives or members of your household.	✓	
Cosmetic surgery or procedures.		□ Covered in cases of an accidental injury or for improvement of the functioning of a malformed body member. □ Covered for all stages of reconstruction for a breast after a mastectomy, as well as for the unaffected breast to produce a symmetrical appearance.
Chiropractic Services (Medicare-covered)		Manual manipulation of the spine to correct a subluxation is covered. Excluded from Medicare coverage is any service other than manual manipulation of the spine for the treatment of subluxation.

Services not covered by Medicare	Not covered under any condition	Covered only under specific conditions
Routine dental care, such as cleanings, exams or x-rays.	<b>√</b>	
Non-routine dental care.		Dental care required to treat illness or injury may be covered as inpatient or outpatient care.
Orthopedic shoes or supportive devices for the feet.		Shoes that are part of a leg brace and are included in the cost of the brace. Orthopedic or therapeutic shoes for people with diabetic foot disease.  (As specifically described as a covered service in the Medical Benefits Chart in this chapter.)
Outpatient prescription drugs.		Some coverage provided according to Medicare guidelines. (As specifically described in the Medical Benefits Chart in this chapter or as outlined in Chapter 6.)
Elective hysterectomy, tubal ligation, or vasectomy, if the primary indication for these procedures is sterilization. Reversal of sterilization procedures, penile vacuum erection devices, or non-prescription contraceptive supplies.	✓	
Acupuncture (Medicare-covered).		Available for people with chronic low back pain under certain circumstances. (As specifically described in the Medical Benefits Chart in this chapter.)

Services not covered by Medicare	Not covered under any condition	Covered only under specific conditions
Naturopath services (uses natural or alternative treatments).	<b>✓</b>	
All services, procedures, treatments, medications and supplies related to workers' compensation claims.	<b>√</b>	
Physical examinations for the purpose of maintaining or obtaining employment, licenses, insurance, court hearings, travel, dietary counseling, weight reduction programs or for premarital and pre-adoption purposes and/or other non-preventive reasons.	✓	
Abortion.		Cases resulting in pregnancies from rape or incest or that endanger the life of the mother.
Health services for treatment of military service related disabilities provided by the Military Health Services System (including CHAMPUS or TRICARE) under which the federal government agrees to pay for the services and supplies.	✓	
Paramedic intercept service (advanced life support provided by an emergency service entity, such as a paramedic services unit, which do not provide ambulance transport)		Services are only covered when the ambulance pick-up address is located in rural New York and applicable conditions are met.  Members are responsible for all paramedic intercept service costs that occur outside of rural New York.

Services not covered by Medicare	Not covered under any condition	Covered only under specific conditions
Optional, additional, or deluxe features or accessories to durable medical equipment, corrective appliances or prosthetics which are primarily for the comfort or convenience of the member, or for ambulation primarily in the community, including but not limited to home and car remodeling or modification, and exercise equipment.		
Immunizations for foreign travel purposes.	✓	
The following services and items are excluded from coverage under the transplant program:	□ Transplants performed in a non- Medicare-certified transplant facility. □ Non-Medicare- covered organ transplants. □ Transplant services, including donor costs, when the transplant recipient is not a member. □ Artificial or non- human organs. □ Transportation of any potential donor for typing and matching. □ Services for which government funding or other insurance coverage is available.	□ Transportation services, except as covered in accordance with Medicare guidelines. □ Food and housing costs except as covered in accordance with Medicare guidelines. □ Storage costs for any organ or bone marrow. □ Bone marrow transplants or stem cell transplantation, except as a treatment for an appropriate diagnosis as specifically stated in the Medicare coverage guidelines or in the Evidence of Coverage.
Any non-emergency care received outside of the United States and the U.S. Territories.	✓	

Services not covered by Medicare	Not covered under any condition	Covered only under specific conditions
For transplants: items not covered include, but are not limited to the below.	✓	
For transportation:  Vehicle rental, purchase, or maintenance/repairs  Auto clubs (roadside assistance)  Gas  Travel by air or ground ambulance (may be covered under your medical benefit).  Air or ground travel not related to medical appointments  Parking fees incurred other than at lodging or hospital  For lodging:  Deposits  Utilities (if billed separate from the rent payment)  Phone calls, newspapers, movie rentals and gift cards  Expenses for lodging when staying with a relative or friend  Meals		
Personal Emergency Response System (PERS)		As specifically described as a covered service in the Medical Benefits Chart in this chapter.
Rally Coach™ Programs		As specifically described as a covered service in the Medical Benefits Chart in this chapter.
UnitedHealthcare Healthy at Home post-discharge program		As specifically described as a covered service in the Medical Benefits Chart in this chapter.

Services not covered by Medicare	Not covered under any condition	Covered only under specific conditions
Fitness program Renew Active® by UnitedHealthcare.		As specifically described as a covered service in the Medical Benefits Chart in this chapter.

We regularly review new procedures, devices and drugs to determine whether or not they are safe and effective for members. New procedures and technology that are safe and effective are eligible to become covered services. If the technology becomes a covered service, it will be subject to all other terms and conditions of the plan, including medical necessity and any applicable member copayments, coinsurance, deductibles or other payment contributions.

In determining whether to cover a service, we use proprietary technology guidelines to review new devices, procedures and drugs, including those related to behavioral/mental health. When clinical necessity requires a rapid determination of the safe and effective use of a new technology or new application of an existing technology for an individual member, one of our medical directors makes a medical necessity determination based on individual member medical documentation, review of published scientific evidence, and, when appropriate, relevant specialty or professional opinion from an individual who has expertise in the technology.

# Section 4 Other additional benefits (not covered under Original Medicare)

#### Introduction

Your health and well-being are important to us	, which is why we've developed the additional
benefit(s) detailed in this section:	

Routine	Heari	ng Serv	rices
Routine	Vision	Servic	es
Routine	Chiro	practic	Service

The benefit(s) described on the following pages are designed to help you stay healthy and provide well-rounded health coverage. Please read this section carefully, and reference it later if need be, to help you know what services are covered under your plan. If you ever have questions about what is covered, how to make a claim or about any other issue, please call Customer Service (phone numbers for Customer Service are on the cover of this booklet). We are always happy to provide answers to any questions you may have. We're here to serve you.

The information in this section describes the following benefits:

☐ Routine hearing exam and hearing aids
☐ Routine eye exam and routine eyewear
☐ Routine chiropractic care

These are covered health services when you follow the coverage rules in the Evidence of Coverage. These services are in addition to Medicare-covered benefits outlined in the Evidence of Coverage.

The provisions of this section are incorporated into and made a part of your Evidence of Coverage. Copayments or coinsurance for these covered health services do not apply toward the annual out-of-pocket maximum (if applicable to your plan) described earlier in this chapter.

Further details on the benefits available as part of your additional benefit(s) (if applicable) are detailed in the section titled: **Covered services**.

## Submit a claim or request reimbursement

When you obtain services, the service provider normally submits a claim on your behalf. If the service provider is unwilling to do so, you can ask us for reimbursement. Refer to Chapter 7 Section 2 *How to ask us to pay you back or to pay a bill you have received.* 

## **Limitation of liability**

We will not reduce or deny a claim for failure to furnish such proof within the time required, provided a claim is furnished as soon as reasonably possible. Except in the absence of legal capacity, we will not accept a claim more than one (1) year from the date of service.

#### Access your benefits

You may see doctors and other health care professionals, medical groups, hospitals, and other health care facilities that are not contracted with UnitedHealthcare, as long as they accept the plan, and have not opted out of or been excluded or precluded from the Medicare Program, and as long as the services are covered benefits and are medically necessary. Unlike most PPO plans, with this plan you pay the same cost share in-network and out-of-network.

You may receive covered services from a provider anywhere in the United States by taking the following steps:

newing steps.
☐ Locate a provider of your choice.
☐ Call your selected provider's office to schedule your services.
☐ Pay the appropriate cost shares at the time of your service, if applicable.
☐ When you go to the provider's office for services, you may be asked to show your UnitedHealthcare member ID card.

It is important to note that the provider has the right to decide whether or not he or she will agree to submit the bill for covered services directly to us for payment at the time he or she furnishes covered services to you. If the provider does not wish to submit the bill directly to us please follow the instructions under "Submit a Claim or Request Reimbursement".

#### **Out-of-network benefits**

You can choose to use your in-network benefits with a network provider or use your out-of-network benefits with an out-of-network provider.

#### **Routine Hearing Services**

#### **Hearing Service Providers**

You may visit any hearing service provider for routine hearing services. For more information please see: **Access Your Benefits** earlier in this section.

#### **Covered services**

#### The following services are covered under your additional hearing benefit:

Routine Hearing Exam	
$\hfill \square$ You can receive a complete hearing exam, every year through a	hearing service provider

Please see the Medical Benefits Chart above for any copayment or coinsurance that may be due at the time of your exam.

## Hearing Aids (Includes digital hearing aids)

Hearing aid units are medical devices that fit in or near the ear.

The hearing aid benefit includes an allowance toward the purchase, fitting and professional maintenance or repair as required by the manufacturer of the device, of the most basic hearing aid(s) that will compensate for the loss of function.

This benefit may cover more than one year, but it may be changed or terminated at the end of the plan year.

#### **Limitations and exclusions**

□ No authorization needed

## The limitations and exclusions below apply to your additional hearing aid benefit:

Government treatment for any services provided in a local, state or federal government facility or agency except when payment under the plan is expressly required by federal or state law.
Any treatment or services caused by or arising out of the course of employment or covered under any public liability insurance, including, but not limited to, Worker's Compensation programs.

Covered expenses related to hearing aids are limited to the plan's Usual and Customary (U&C) charge of a basic hearing aid to provide functional improvement. Certain hearing aid items and services are not covered. Items and services that are not covered include, but are not limited to, the following:

☐ Replacement of a hearing aid that is lost, broken or stolen if occurrence exceeds covered of occurrence	d rate
☐ Repair of the hearing aid and related services	
□ hepair of the hearing aid and related services	
<ul> <li>An eyeglass-type hearing aid or additional charges for a hearing aid designed specifically cosmetic purposes</li> </ul>	for
□ Services or supplies rendered to a member after cessation of coverage, except, if a heari	•
is ordered while coverage is in force and such hearing aid is delivered within 60 days after	r the
date of cessation, the hearing aid will be considered a covered hearing aid expense	

□ Services	or supplies	that are no	ot necessar	y according to	professionally	accepted	standards	of
practice								

#### **Routine Vision Services**

#### **Vision Service Providers**

Vision coverage is through the UnitedHealthcare Medical network. Providers should contact the provider number on the back of your UnitedHealthcare member ID card to confirm eligibility and benefits.

You may visit any vision service provider for routine vision services.

For more information please see **Access Your Benefits** earlier in this section.

#### **Covered services**

#### The following services are covered under your vision benefit:

#### **Routine Eye Exam**

A routine vision exam every 12 months, through a network or out-of-network vision provider.

## **Routine Eyewear**

The plan provides an eyewear benefit for vision correction not related to cataract surgery. Eyewear consists of frames and lenses (eyeglasses) or contact lenses.

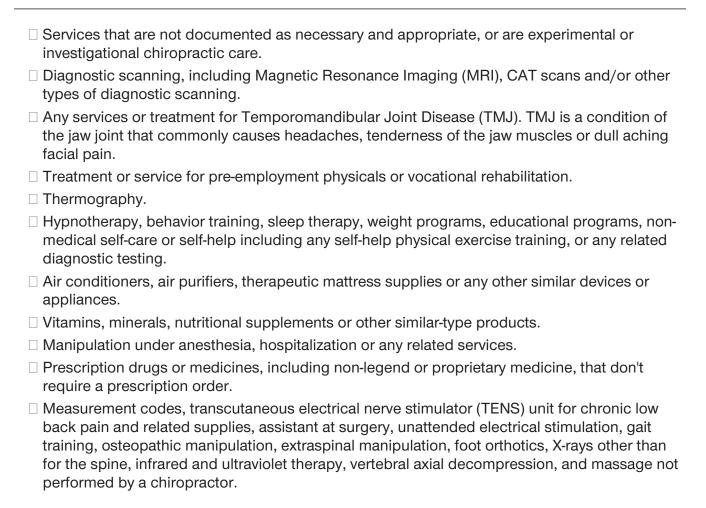
Please refer to the Medical Benefits Chart above for your copayment or coinsurance and the number of visits allowed under this plan.

#### **Limitations and exclusions**

The limitations and	exclusions below	apply to your ro	outine vision benefit:

☐ Medically necessary services covered under Original Medicare.
☐ Government treatment for any services provided in a local, state or federal government facility or agency, except when federal or state law requires payment under the plan.
☐ Any treatment or services caused by or resulting from employment, or covered under any public liability insurance, including Worker's Compensation programs.
☐ Orthoptics or vision training and any associated supplemental testing.
☐ Plano lenses (non-prescription).
☐ 2 pair of glasses instead of bifocals.
☐ Subnormal (low) vision aids.
□ Replacement of lenses and frames which are lost or broken, except at the normal intervals when services are otherwise available.
☐ LASIK, surgeries or other laser procedures.

☐ Any eye exam or corrective eyewear required by an employer as a condition of employment.
Routine Chiropractic Services
Chiropractic service providers
You may visit any chiropractor for routine chiropractic services. For more information please see <b>Access Your Benefits</b> earlier in this section.
Covered services
The following services are covered under your additional chiropractic benefit:
☐ A limited number of visits per year, including evaluation of X-rays.
$\hfill \Box$ An initial exam with a chiropractor to determine the nature of your problem and prepare a treatment plan if necessary.
Follow-up visits to chiropractors, as indicated by a treatment plan, which may include spinal and extraspinal manipulations, therapy, and X-ray procedures with the exception of those listed in the limitations and exclusions.
□ Any of the following when medically necessary: radiology codes for the spine, traction, whirlpool, manual electrical stimulation, ultrasound, therapeutic exercise, neuromuscular reeducation, massage when performed by a chiropractor, attended therapy techniques, dynamic therapeutic activities, and spinal manipulation.
□ A re-evaluation to assess the need to continue, extend or change your treatment plan. If a separate appointment is made to re-evaluate your treatment plan, it will count as a visit and a copayment or coinsurance will be required.
X-rays and laboratory tests are covered in full when prescribed by a chiropractor for medically necessary services. X-ray interpretations or consultations are only covered when performed by a chiropractor or an American Radiology Association (ARA) radiologist.
Please refer to the Medical Benefits Chart above for your copayment or coinsurance and the number of visits allowed under this plan.
Limitations and exclusions
The limitations and exclusions below apply to your additional chiropractic benefit:
☐ Government treatment for any services provided in a local, state or federal government facility or agency, except when federal or state law requires payment under the plan.
<ul> <li>Any treatment or services caused by or resulting from employment, or covered under any public liability insurance, including Worker's Compensation programs.</li> </ul>
☐ Terms and conditions of coverage not outlined in the Evidence of Coverage.
□ Any accommodation, service, supply or other item determined not to be medically necessary, except for routine covered chiropractic services.
☐ Services for an exam or treatment of strictly non-neuromuscular-skeletal disorders.



# Chapter 5

Using the plan's coverage for Part D prescription drugs

#### **Section 1** Introduction

This chapter **explains rules for using your coverage for Part D drugs**. Please see Chapter 4 for Medicare Part B drug benefits and hospice drug benefits.

#### Section 1.1 Basic rules for the plan's Part D drug coverage

The plan will generally cover your drugs as long as you follow these basic rules:
You must have a provider (a doctor, dentist, or other prescriber) write you a prescription which must be valid under applicable state law.
Your prescriber must not be on Medicare's Exclusion or Preclusion Lists.
You generally must use a network pharmacy to fill your prescription. (See Section 2, Fill your prescriptions at a network pharmacy or through the plan's preferred mail-order service.)
Your drug must be on the plan's List of Covered Drugs (Formulary) (we call it the "Drug List" for short). (See Section 3, Your drugs need to be on the plan's "Drug List".)
Your drug must be used for a medically accepted indication. A "medically accepted indication" is a use of the drug that is either approved by the Food and Drug Administration or supported by certain reference books. (See Section 3 for more information about a medically accepted

# Section 2 Fill your prescription at a network pharmacy or through the plan's preferred mail-order service

#### Section 2.1 Use a network pharmacy

indication.)

In most cases, your prescriptions are covered **only** if they are filled at the plan's network pharmacies. (See Section 2.5 for information about when we would cover prescriptions filled at out-of-network pharmacies.)

A network pharmacy is a pharmacy that has a contract with the plan to provide your covered prescription drugs. The term "covered drugs" means all of the Part D prescription drugs that are on the plan's Drug List.

#### Section 2.2 Network pharmacies

#### How do you find a network pharmacy in your area?

To find a network pharmacy, you can look in your **Pharmacy Directory**, visit our website (retiree.uhc.com/peracare), and/or call Customer Service.

You may go to any of our network pharmacies.

#### What if the pharmacy you have been using leaves the network?

If the pharmacy you have been using leaves the plan's network, you will have to find a new pharmacy that is in the network. To find another pharmacy in your area, you can get help from

Customer Service or use the **Pharmacy Directory**. You can also find information on our website at retiree.uhc.com/peracare.

#### What if you need a specialized pharmacy?

S	Some prescriptions must be filled at a specialized pharmacy. Specialized pharmacies include:
	☐ Pharmacies that supply drugs for home infusion therapy.
	☐ Pharmacies that supply drugs for residents of a long-term care (LTC) facility. Usually, a LTC facility (such as a nursing home) has its own pharmacy. If you have any difficulty accessing your Part D benefits in an LTC facility, please contact Customer Service.
	□ Pharmacies that serve the Indian Health Service / Tribal / Urban Indian Health Program (not available in Puerto Rico). Except in emergencies, only Native Americans or Alaska Natives have access to these pharmacies in our network.
	□ Pharmacies that dispense drugs that are restricted by the FDA to certain locations or that require special handling, provider coordination, or education on their use. (Note: This scenario should happen rarely.)

To locate a specialized pharmacy, look in your **Pharmacy Directory** or call Customer Service.

#### Section 2.3 Using the plan's preferred mail-order service

Our plan's preferred mail-order service allows you to order up to a 90-day supply.

To get order forms and information about filling your prescriptions by mail you may contact our preferred mail service pharmacy, OptumRx<sup>™</sup>. OptumRx can be reached at 1-888-279-1828, or for the hearing impaired, (TTY) 711, 24 hours a day, 7 days a week. Please reference your **Pharmacy Directory** to find the mail service pharmacies in our network. If you use a mail-order pharmacy not in the plan's network, your prescription will not be covered.

Usually a mail-order pharmacy order will be delivered to you in no more than 10 business days. However, sometimes your mail-order may be delayed. If your mail-order is delayed, please follow these steps:

If your prescription is on file at your local pharmacy, go to your pharmacy to fill the prescription. If your delayed prescription is not on file at your local pharmacy, then please ask your doctor to call in a new prescription to your pharmacist. Or, your pharmacist can call the doctor's office for you to request the prescription. Your pharmacist can call the Pharmacy help desk at 1-877-889-6510, (TTY) 711, 24 hours a day, 7 days a week if he/she has any problems, questions, concerns, or needs a claim override for a delayed prescription.

#### New prescriptions the pharmacy receives directly from your doctor's office.

The pharmacy will automatically fill and deliver new prescriptions it receives from health ca	are
providers, without checking with you first, if either:	

You used mail-order services with this plan in the past, or
You sign up for automatic delivery of all new prescriptions received directly from health care
providers. You may request automatic delivery of all new prescriptions at any time by phone or
mail.

If you receive a prescription automatically by mail that you do not want, and you were not contacted to see if you wanted it before it shipped, you may be eligible for a refund.

If you used mail order in the past and do not want the pharmacy to automatically fill and ship each new prescription, please contact us by phone or mail.

If you have never used our mail-order delivery and/or decide to stop automatic fills of new prescriptions, the pharmacy will contact you each time it gets a new prescription from a health care provider to see if you want the medication filled and shipped immediately. It is important that you respond each time you are contacted by the pharmacy, to let them know whether to ship, delay, or cancel the new prescription.

Refills on mail-order prescriptions. For refills, please contact your pharmacy at least 10 business days before your current prescription will run out to make sure your next order is shipped to you in time. You also have the option to sign up for an automatic refill program. Under this program we will start to process your next refill automatically when our records show you should be close to running out of your drug. The pharmacy will contact you prior to shipping each refill to make sure you are in need of more medication, and you can cancel scheduled refills if you have enough of your medication or if your medication has changed. To cancel the auto refill program, please contact the mail order pharmacy 10 days before your order will ship or you can let the pharmacy know when they notify you of an upcoming shipment.

Please keep your mail order pharmacy informed about the best way(s) to contact you, so the pharmacy can reach you to confirm your order before shipping. You can do this by contacting the mail order pharmacy when you set up your auto refill program and also when you receive notifications about upcoming refill shipments.

#### Section 2.4 How can you get a long-term supply of drugs?

When you get a long-term supply of drugs, your cost-sharing may be lower. The plan offers two ways to get a long-term supply (also called an "extended supply") of "maintenance" drugs on our plan's Drug List. (Maintenance drugs are drugs that you take on a regular basis, for a chronic or long-term medical condition.)

- 1. Some retail pharmacies in our network allow you to get a long-term supply of maintenance drugs. Your Pharmacy Directory tells you which pharmacies in our network can give you a long-term supply of maintenance drugs. You can also call Customer Service for more information.
- 2. You may also receive maintenance drugs through our mail-order program. Please see Section 2.3 for more information.

#### Section 2.5 When can you use a pharmacy that is not in the plan's network?

#### Your prescription may be covered in certain situations

Generally, we cover drugs filled at an out-of-network pharmacy **only** when you are not able to use a network pharmacy. To help you, we have network pharmacies outside of our service area where you can get your prescriptions filled as a member of our plan. **Please check first with Customer Service** to see if there is a network pharmacy nearby. You will most likely be required to pay the

difference between what you pay for the drug at the out-of-network pharmacy and the cost that we would cover at an in-network pharmacy.

Here are the circumstances when we would cover prescriptions filled at an out-of-network pharmacy:

#### ☐ Prescriptions for a Medical Emergency

We will cover prescriptions that are filled at an out-of-network pharmacy if the prescriptions are related to care for a medical emergency or urgently needed care, are included in our Drug List without restrictions, and are not excluded from Medicare Part D coverage.

#### ☐ Coverage when traveling or out of the service area

When traveling within the U.S. you have access to network pharmacies nationwide. Bring your prescriptions and medication with you and be sure to check the pharmacy directory for your travel plans to locate a network pharmacy while traveling. If you are leaving the country, you may be able to obtain a greater day supply to take with you before leaving for the country where there are no network pharmacies available.

- ☐ If you are unable to obtain a covered drug in a timely manner within the service area because a network pharmacy that provides 24-hour service is not within reasonable driving distance.
- ☐ If you are trying to fill a prescription drug not regularly stocked at an accessible network retail or preferred mail-order pharmacy (including high cost and unique drugs).
- ☐ If you need a prescription while a patient in an emergency department, provider based clinic, outpatient surgery, or other outpatient setting.

#### How do you ask for reimbursement from the plan?

If you must use an out-of-network pharmacy, you will generally have to pay the full cost (rather than your normal cost share) at the time you fill your prescription. You can ask us to reimburse you for our share of the cost. (Chapter 7, Section 2.1 explains how to ask the plan to pay you back.)

#### Section 3 Your drugs need to be on the plan's "Drug List"

#### Section 3.1 The "Drug List" tells which Part D drugs are covered

The plan has a "List of Covered Drugs (Formulary)." In this Evidence of Coverage, we call it the "Drug List" for short.

The drugs on this list are selected by the plan with the help of a team of doctors and pharmacists. The list meets Medicare's requirements and has been approved by Medicare.

The drugs on the Drug List are only those covered under Medicare Part D.

We will generally cover a drug on the plan's Drug List as long as you follow the other coverage rules explained in this chapter and the use of the drug is a medically accepted indication. A "medically accepted indication" is a use of the drug that is **either**:

☐ Approved by the Food and Drug	J Administration	for the	diagnosis	or co	ndition <sup>.</sup>	for v	vhich	it is
being prescribed.								

□ - or	<ul><li>Supported</li></ul>	by certain i	eferences,	, such as	the A	merican	Hospital	Formula	ary S	Service [	Drug
Infor	mation and t	he DRUGD	EX Informa	ation Sys	tem.						

#### The Drug List includes brand name drugs and generic drugs.

A brand name drug is a prescription drug that is sold under a trademarked name owned by the drug manufacturer. Brand name drugs that are more complex than typical drugs (for example, drugs that are based on a protein) are called biological products. On the drug list, when we refer to "drugs," this could mean a drug or a biological product.

A generic drug is a prescription drug that has the same active ingredients as the brand name drug. Generally, generics work just as well as the brand name drug and usually cost less. There are generic drug substitutes available for many brand name drugs.

#### What is not on the Drug List?

The plan does not cover all prescription drugs.

☐ In some cases, the law does not allow any Medicare plan to cover certain types of drugs	(for
more information about this, see Section 7.1 in this chapter).	
$\hfill \square$ In other cases, we have decided not to include a particular drug on the Drug List. In some	е

cases, you may be able to obtain a drug that is not on the drug list. For more information, please see Chapter 9.

#### Section 3.2 There are 4 "cost-sharing tiers" for drugs on the Drug List

Every drug on the plan's Drug List is in one of 4 cost-sharing tiers. In general, the higher the cost-sharing tier, the higher your cost for the drug:

Tier 1 – Preferred Generic - All covered generic drugs. In addition, Part D eligible generic drug compound medications are covered in Tier 1.

Tier 2 – Preferred Brand - Many common brand name drugs, called preferred brands.

Tier 3 – Non-preferred Drug - Non-preferred brand name drugs. In addition, Part D eligible compound medications are covered in Tier 3.

Tier 4 - Specialty Tier - Unique and/or very high-cost brand drugs.

To find out which cost-sharing tier your drug is in, look it up in the plan's Drug List.

The amount you pay for drugs in each cost-sharing tier is shown in Chapter 6 (What you pay for your Part D prescription drugs).

#### Section 3.3 How can you find out if a specific drug is on the Drug List?

You have two ways to find out:

- 1. Visit the plan's website (retiree.uhc.com/peracare) for the most current information.
- 2. Call Customer Service to find out if a particular drug is on the plan's Drug List or to ask for a copy of the list.

# Section 4 There are restrictions on coverage for some drugs Section 4.1 Why do some drugs have restrictions?

For certain prescription drugs, special rules restrict how and when the plan covers them. A team of doctors and pharmacists developed these rules to encourage you and your provider to use drugs in the most effective ways. To find out if any of these restrictions apply to a drug you take or want to take, check the Drug List. If a safe, lower-cost drug will work just as well medically as a higher-cost drug, the plan's rules are designed to encourage you and your provider to use that lower-cost option.

Please note that sometimes a drug may appear more than once in our Drug List. This is because the same drugs can differ based on the strength, amount, or form of the drug prescribed by your health care provider, and different restrictions or cost sharing may apply to the different versions of the drug (for instance, 10 mg versus 100 mg; one per day versus two per day; tablet versus liquid).

#### Section 4.2 What kinds of restrictions?

The sections below tell you more about the types of restrictions we use for certain drugs.

If there is a restriction for your drug, it usually means that you or your provider will have to take extra steps in order for us to cover the drug. Contact Customer Service to learn what you or your provider would need to do to get coverage for the drug. If you want us to waive the restriction for you, you will need to use the coverage decision process and ask us to make an exception. We may or may not agree to waive the restriction for you. (See Chapter 9)

#### What is a compounded drug?

A compounded drug is created by a pharmacist by combining or mixing ingredients to create a prescription medication customized to the needs of an individual patient.

#### Does my Part D plan cover compounded drugs?

Generally compounded drugs are non-formulary drugs (not covered) by your plan. You may need to ask for and receive an approved coverage determination from us to have your compounded drug covered. Compounded drugs may be Part D eligible if they meet all of the following requirements:

- 1. Contains at least one FDA, or Compendia, approved drug ingredient, and all ingredients in the compound (including their intended route of administration) are supported in the Compendia.
- 2. Does not contain a non-FDA approved or Part D excluded drug ingredient
- 3. Does not contain an ingredient covered under Part B. (If it does, the compound may be covered under Part B rather than Part D)
- 4. Prescribed for a medically accepted condition

The chart below explains the basic requirements for how a compound with 2 or more ingredients may or may not be covered under Part D rules, as well as potential costs to you.

Compound Type	Medicare Coverage
Compound containing a Part B eligible ingredient	Compound is covered only by Part B

Compound Type	Medicare Coverage
Compound containing all ingredients eligible for Part D coverage and all ingredients are approved for use in a compound	Compound may be covered by Part D upon approved coverage determination
Compound containing ingredients eligible for Part D coverage and approved for use in a compound, and ingredients excluded from Part D coverage (for example, over the counter drugs, etc.)	Compound may be covered by Part D upon approved coverage determination. However, the ingredients excluded from Part D coverage will not be covered and you are not responsible for the cost of those ingredients excluded from Part D coverage
Compound containing an ingredient not approved or supported for use in a compound	Compound is not covered by Part D. You are responsible for the entire cost

#### What do I have to pay for a covered compounded drug?

A compounded drug that is Part D eligible may require an approved coverage determination to be covered by your plan. You will pay the non-preferred drug copay or coinsurance amount for compounded drugs that are approved. No further tier cost share reduction is allowed or available.

#### Getting plan approval in advance

For certain drugs, you or your provider need to get approval from the plan before we will agree to cover the drug for you. This is called "**prior authorization**." This is put in place to ensure medication safety and help guide appropriate use of certain drugs. If you do not get this approval, your drug might not be covered by the plan.

#### Trying a different drug first

This requirement encourages you to try less costly but usually just as effective drugs before the plan covers another drug. For example, if Drug A and Drug B treat the same medical condition, the plan may require you to try Drug A first. If Drug A does not work for you, the plan will then cover Drug B. This requirement to try a different drug first is called "**step therapy.**"

#### **Quantity limits**

For certain drugs, we limit how much of a drug you can get each time you fill your prescription. For example, if it is normally considered safe to take only one pill per day for a certain drug, we may limit coverage for your prescription to no more than one pill per day.

Section 5	What if one of your drugs is not covered in the way you'd like it to be covered?
Section 5.1	There are things you can do if your drug is not covered in the way you'd like it to be covered

	ns where there is a prescription drug you are taking, or one that you and your is should be taking, that is not on our drug list (formulary) or is on our formulary For example:
	ht not be covered at all. Or maybe a generic version of the drug is covered but me version you want to take is not covered.
☐ The drug is c explained in S	overed, but there are extra rules or restrictions on coverage for that drug, as Section 4.
•	overed, but it is in a cost-sharing tier that makes your cost sharing more an you think it should be.
	ngs you can do if your drug is not covered in the way that you'd like it to be our drug is not on the Drug List or if your drug is restricted, go to Section 5.2 to u can do.
	s in a cost-sharing tier that makes your cost more expensive than you think it to Section 5.3 to learn what you can do.
Section 5.2	What can you do if your drug is not on the Drug List or if the drug is restricted in some way?
If your drug is not	on the Drug List or is restricted, here are options:
☐ You may be a	able to get a temporary supply of the drug.
☐ You can char	nge to another drug.
☐ You can requ the drug.	est an exception and ask the plan to cover the drug or remove restrictions from
You may be able	to get a temporary supply
	cumstances, the plan must provide a temporary supply of a drug that you are his temporary supply gives you time to talk with your provider about the change in cide what to do.
•	a temporary supply, the drug you have been taking must no longer be on the DR is now restricted in some way.
•	ew member, we will cover a temporary supply of your drug during the first 90 days pership in the plan.
☐ If you were in 90 days of the	the plan last year, we will cover a temporary supply of your drug during the first e plan year.
fewer days, w The prescript	ry supply will be for at least a 31-day supply. If your prescription is written for we will allow multiple fills to provide up to at least a 31-day supply of medication. ion must be filled at a network pharmacy. (Please note that the long-term care by provide the drug in smaller amounts at a time to prevent waste.)
	embers who have been in the plan for more than 90 days and reside in a long-
We will cover	cility and need a supply right away: at least a 31-day emergency supply of a particular drug, or less if your s written for fewer days. This is in addition to the above temporary supply

#### ☐ For those current members with level of care changes:

There may be unplanned transitions such as hospital discharges (including psychiatric hospitals) or level of care changes (i.e., changing long-term care facilities, exiting and entering a long-term care facility, ending Part A coverage within a skilled nursing facility, or ending hospice coverage and reverting to Medicare coverage) that can occur anytime. If you are prescribed a drug that is not on our Drug List or your ability to get your drugs is restricted in some way, you are required to use the plan's exception process. For most drugs, you may request a one-time temporary supply of at least 31 days to allow you time to discuss alternative treatment with your doctor or to request a Drug List (formulary) exception. If your doctor writes your prescription for fewer days, you may refill the drug until you've received at least a 31 day supply.

For questions about a temporary supply, call Customer Service.

During the time when you are using a temporary supply of a drug, you should talk with your provider to decide what to do when your temporary supply runs out. You have two options:

#### 1)You can change to another drug

Talk with your provider about whether there is a different drug covered by the plan that may work just as well for you. You can call Customer Service to ask for a list of covered drugs that treat the same medical condition. This list can help your provider find a covered drug that might work for you.

#### 2)You can ask for an exception

You and your provider can ask the plan to make an exception and cover the drug in the way you would like it covered. If your provider says that you have medical reasons that justify asking us for an exception, your provider can help you request an exception to. For example, you can ask the plan to cover a drug even though it is not on the plan's Drug List. Or you can ask the plan to make an exception and cover the drug without restrictions.

If you are a current member and a drug you are taking will be removed from the formulary or restricted in some way for next year, we will tell you about any change prior to the new year. You can ask for an exception before next year and we will give you an answer within 72 hours after we receive your request (or your prescriber's supporting statement). If we approve your request, we will authorize the coverage before the change takes effect.

If you and your provider want to ask for an exception, Chapter 9, Section 6.4 tells you what to do. It explains the procedures and deadlines that have been set by Medicare to make sure your request is handled promptly and fairly.

## Section 5.3 What can you do if your drug is in a cost-sharing tier you think is too high?

If your drug is in a cost-sharing tier you think is too high, here are things you can do:

#### You can change to another drug

If your drug is in a cost-sharing tier you think is too high, talk to your provider. There may be a different drug in a lower cost-sharing tier that might work just as well for you. Call Customer Service to ask for a list of covered drugs that treat the same medical condition. This list can help your provider to find a covered drug that might work for you.

#### You can ask for an exception

You and your provider can ask the plan to make an exception in the cost-sharing tier for the drug so that you pay less for it. If your provider says that you have medical reasons that justify asking us for an exception, your provider can help you request an exception to the rule.

If you and your provider want to ask for an exception, Chapter 9, Section 6.4 tells what to do. It explains the procedures and deadlines that have been set by Medicare to make sure your request is handled promptly and fairly.

Drugs in our Specialty Tier are not eligible for this type of exception. We do not lower the costsharing amount for drugs in this tier.

Section 6	What if your coverage changes for one of your drugs?					
Section 6.1	The Drug List can change during the year					
the year, the plan	ges in drug coverage happen at the beginning of each plan year. However, during can make some changes to the Drug List. For example, the plan might:					
☐ Add or remo	ove drugs from the Drug List.					
☐ Move a druç	to a higher or lower cost-sharing tier.					
☐ Add or remo	ove a restriction on coverage for a drug.					
□ Replace a b	rand name drug with a generic drug.					
We must follow N	Medicare requirements before we change the plan's Drug List.					
Section 6.2	What happens if coverage changes for a drug you are taking?					

#### Information on changes to drug coverage

When changes to the Drug List occur, we post information on our website about those changes. We also update our website on a regularly scheduled basis. Below we point out the times that you would get direct notice if changes are made to a drug that you are taking.

#### Changes to your drug coverage that affect you during the current plan year

- □ A new generic drug replaces a brand name drug on the Drug List (or we change the costsharing tier or add new restrictions to the brand name drug or both)
  - We may immediately remove a brand name drug on our Drug List if we are replacing it with a newly approved generic version of the same drug. The generic drug will appear on the same or lower cost-sharing tier and with the same or fewer restrictions. We may decide to keep the brand name drug on our Drug List, but immediately move it to a higher cost-sharing tier or add new restrictions or both when the new generic is added.

- ° We may not tell you in advance before we make that change—even if you are currently taking the brand name drug. If you are taking the brand name drug at the time we make the change, we will provide you with information about the specific change(s). This will also include information on the steps you may take to request an exception to cover the brand name drug. You may not get this notice before we make the change.
- You or your prescriber can ask us to make an exception and continue to cover the brand name drug for you. For information on how to ask for an exception, see Chapter 9.

#### ☐ Unsafe drugs and other drugs on the Drug List that are withdrawn from the market

- Sometimes a drug may be deemed unsafe or taken off the market for another reason. If this happens, we may immediately remove the drug from the Drug List. If you are taking that drug, we will tell you right away.
- Your prescriber will also know about this change, and can work with you to find another drug for your condition.

#### ☐ Other changes to drugs on the Drug List

- ° We may make other changes once the year has started that affect drugs you are taking. For example, we might add a generic drug that is not new to the market to replace a brand name drug on the Drug List or change the cost-sharing tier or add new restrictions to the brand name drug or both. We also might make changes based on FDA boxed warnings or new clinical guidelines recognized by Medicare.
- o For these changes, we must give you at least 30-days' advance notice of the change or give you notice of the change and a 31-day refill of the drug you are taking at a network pharmacy.
- After you receive notice of the change, you should work with your provider to switch to a different drug that we cover or to satisfy any new restrictions on the drug you are taking.
- You or your prescriber can ask us to make an exception and continue to cover the drug for you. For information on how to ask for an exception, see Chapter 9.

#### Changes to the Drug List that do not affect you during this plan year

We may make certain changes to the Drug List that are not described above. In these cases, the change will not apply to you if you are taking the drug when the change is made; however, these changes will likely affect you starting January 1 of the next plan year if you stay in the same plan.

In general, changes that will not affect you during the current plan year are:	
☐ We move your drug into a higher cost-sharing tier.	
$\square$ We put a new restriction on the use of your drug.	
$\square$ We remove your drug from the Drug List.	

If any of these changes happen for a drug you are taking (except for market withdrawal, a generic drug replacing a brand name drug, or other change noted in the sections above), then the change won't affect your use or what you pay as your share of the cost until January 1 of the next year. Until that date, you probably won't see any increase in your payments or any added restrictions to your use of the drug.

We will not tell you about these types of changes directly during the current plan year. You will need to check the Drug List for the next plan year (when the list is available during the open enrollment period) to see if there are any changes to the drugs you are taking that will impact you during the next plan year.

#### Section 7 What types of drugs are not covered by the plan? Section 7.1 Types of drugs we do not cover This section tells you what kinds of prescription drugs are "excluded." This means Medicare does not pay for these drugs. If you get drugs that are excluded, you must pay for them yourself. If you appeal and the requested drug is found not to be excluded under Part D, we will pay for or cover it. (For information about appealing a decision, go to Chapter 9.) Here are four general rules about drugs that Medicare drug plans will not cover under Part D: ☐ Our plan's Part D drug coverage cannot cover a drug that would be covered under Medicare Part A or Part B. ☐ Our plan cannot cover a drug purchased outside the United States or its territories. ☐ Our plan usually cannot cover off-label use. "Off-label use" is any use of the drug other than those indicated on a drug's label as approved by the Food and Drug Administration. □ Coverage for "off-label use" is allowed only when the use is supported by certain references, such as the American Hospital Formulary Service Drug Information and the DRUGDEX Information System. In addition, by law, the following categories of drugs are not covered by Medicare drug plans: □ Non-prescription drugs (also called over-the-counter drugs). ☐ Drugs used to promote fertility. ☐ Drugs used for the relief of cough or cold symptoms. ☐ Drugs used for cosmetic purposes or to promote hair growth. ☐ Prescription vitamins and mineral products, except prenatal vitamins and fluoride preparations. ☐ Drugs used for the treatment of sexual or erectile dysfunction. ☐ Drugs used for treatment of anorexia, weight loss, or weight gain. Outpatient drugs for which the manufacturer seeks to require that associated tests or

**Please note:** Your plan sponsor **may** have elected to offer some of the drugs listed above to you as an additional benefit. If so, you will receive additional information about the drugs they have chosen to offer to you separately, in your plan materials.

monitoring services be purchased exclusively from the manufacturer as a condition of sale.

In addition, if you are **receiving "Extra Help"** to pay for your prescriptions, the "Extra Help" program will not pay for the drugs not normally covered. However, if you have drug coverage through Medicaid, your state Medicaid program may cover some prescription drugs not normally covered in a Medicare drug plan. Please contact your state Medicaid program to determine what

drug coverage may be available to you. (You can find phone numbers and contact information for Medicaid in Chapter 2, Section 6.)

#### Section 8 Filling a prescription

#### Section 8.1 Provide your UnitedHealthcare member ID information

To fill your prescription, provide your UnitedHealthcare member ID information, which can be found on your membership card, at the network pharmacy you choose. The network pharmacy will automatically bill the plan for **our** share of your drug cost. You will need to pay the pharmacy **your** share of the cost when you pick up your prescription.

# Section 8.2 What if you don't have your UnitedHealthcare member ID information with you?

If you don't have your UnitedHealthcare member ID information with you when you fill your prescription, you or the pharmacy can call the plan to get the necessary information.

If the pharmacy is not able to get the necessary information, you may have to pay the full cost of the prescription when you pick it up. (You can then ask us to reimburse you for our share. See Chapter 7, Section 2.1 for information about how to ask the plan for reimbursement.)

# Section 9 Part D drug coverage in special situations Section 9.1 What if you're in a hospital or a skilled nursing facility for a stay that is covered by the plan?

If you are admitted to a hospital or to a skilled nursing facility for a stay covered by the plan, we will generally cover the cost of your prescription drugs during your stay. Once you leave the hospital or skilled nursing facility, the plan will cover your prescription drugs as long as the drugs meet all of our rules for coverage described in this Chapter.

#### Section 9.2 What if you're a resident in a long-term care (LTC) facility?

Usually, a long-term care (LTC) facility (such as a nursing home) has its own pharmacy, or uses a pharmacy that supplies drugs for all of its residents. If you are a resident of a LTC facility, you may get your prescription drugs through the facility's pharmacy or the one it uses, as long as it is part of our network.

Check your **Pharmacy Directory** to find out if your LTC facility's pharmacy or the one that it uses is part of our network. If it isn't, or if you need more information or assistance, please contact Customer Service. If you are in an LTC facility, we must ensure that you are able to routinely receive your Part D benefits through our network of LTC pharmacies.

What if you're a resident in a long-term care (LTC) facility and need a drug that is not on our Drug List or is restricted in some way?

Please refer to Section 5.2 about a temporary or emergency supply.

# Section 9.3 What if you're also getting drug coverage from an employer or another retiree group plan?

If you currently have other prescription drug coverage through your (or your spouse's) employer or retiree group please contact **that group's benefits administrator**. He or she can help you determine how your current prescription drug coverage will work with our plan.

In general, if you have employee or retiree group coverage, the drug coverage you get from us will be **secondary** to your group coverage. That means your group coverage would pay first.

#### Special note about 'creditable coverage':

Each year your employer or retiree group should send you a notice that tells if your prescription drug coverage for the next plan year is "creditable."

If the coverage from the group plan is "**creditable**," it means that the plan has drug coverage that is expected to pay, on average, at least as much as Medicare's standard prescription drug coverage.

**Keep this notice about creditable coverage**, because you may need it later. If you enroll in a Medicare plan that includes Part D drug coverage, you may need this notice to show that you have maintained creditable coverage. If you didn't get the creditable coverage notice, request a copy from the employer or retiree group's benefits administrator or the employer or union.

#### Section 9.4 What if you're in Medicare-certified hospice?

Hospice and our plan do not cover the same drug at the same time. If you are enrolled in Medicare hospice and require certain drugs (e.g., anti-nausea, laxative, pain medication or antianxiety drugs) that are not covered by your hospice because they are unrelated to your terminal illness and related conditions, our plan must receive notification from either the prescriber or your hospice provider that the drugs are unrelated before our plan can cover the drugs. To prevent delays in receiving these drugs that should be covered by our plan, ask your hospice provider or prescriber to provide notification before your prescription is filled.

In the event you either revoke your hospice election or are discharged from hospice, our plan should cover your drugs as explained in this document. To prevent any delays at a pharmacy when your Medicare hospice benefit ends, bring documentation to the pharmacy to verify your revocation or discharge.

#### Section 10 Programs on drug safety and managing medications

#### Section 10.1 Programs to help members use drugs safely

We conduct drug use reviews for our members to help make sure that they are getting safe and appropriate care.

We do a review each time you fill a prescription. We also review our records on a regular basis. During these reviews, we look for potential problems such as:

D :: :		
Possible	medication	arrare
I USSIDIC	HICUICALION	CITOIS

<ul><li>Drugs that may not condition</li></ul>	t be necessary because you are taking another drug to treat the same
☐ Drugs that may not	be safe or appropriate because of your age or gender
☐ Certain combination	ons of drugs that could harm you if taken at the same time
☐ Prescriptions for d	rugs that have ingredients you are allergic to
☐ Possible errors in t	he amount (dosage) of a drug you are taking
☐ Unsafe amounts of	opioid pain medications
f we see a possible pro the problem.	oblem in your use of medications, we will work with your provider to correct
	rug Management Program (DMP) to help members safely use their pioid medications
requently abused meduse opioid medications opioid overdose, we mappropriate and medicorescription opioid or be	at helps make sure members safely use prescription opioids and other lications. This program is called a Drug Management Program (DMP). If you is that you get from several doctors or pharmacies, or if you had a recent any talk to your doctors to make sure your use of opioid medications is ally necessary. Working with your doctors, if we decide your use of penzodiazepine medications is not safe, we may limit how you can get those e you in our DMP, the limitations may be:
☐ Requiring you to go certain pharmacy(i	et all your prescriptions for opioid or benzodiazepine medications from a es)
☐ Requiring you to go certain doctor(s)	et all your prescriptions for opioid or benzodiazepine medications from a
$\square$ Limiting the amour	nt of opioid or benzodiazepine medications we will cover for you
you a letter in advance. have an opportunity to nformation you think is	ow you may get these medications or how much you can get, we will send. The letter will explain the limitations we think should apply to you. You will tell us which doctors or pharmacies you prefer to use, and about any other important for us to know. After you've had the opportunity to respond, if we verage for these medications, we will send you another letter confirming the

You will not be placed in our DMP if you have certain medical conditions, such as active cancerrelated pain or sickle cell disease, you are receiving hospice, palliative, or end-of-life care, or live in a long-term care facility.

and give you a decision. If we continue to deny any part of your request related to the limitations that apply to your access to medications, we will automatically send your case to an independent

reviewer outside of our plan. See Chapter 9 for information about how to ask for an appeal.

## Section 10.3 Medication Therapy Management (MTM) programs to help members manage their medications

We have programs that can help our members with complex health needs. One program is called a Medication Therapy Management (MTM) program. These programs are voluntary and free. A team of pharmacists and doctors developed the programs for us to help make sure that our members get the most benefit from the drugs they take.

Some members who take medications for different medical conditions and have high drug costs, or are in a DMP to help members use their opioids safely, may be able to get services through an MTM program. A pharmacist or other health professional will give you a comprehensive review of all your medications. During the review, you can talk about your medications, your costs, and any problems or questions you have about your prescription and over-the-counter medications. You'll get a written summary which has a recommended to-do list that includes steps you should take to get the best results from your medications. You'll also get a medication list that will include all the medications you're taking, how much you take, and when and why you take them. In addition, members in the MTM program will receive information on the safe disposal of prescription medications that are controlled substances.

It's a good idea to talk to your doctor about your recommended to-do list and medication list. Bring the summary with you to your visit or anytime you talk with your doctors, pharmacists, and other health care providers. Also, keep your medication list up to date and keep it with you (for example, with your ID) in case you go to the hospital or emergency room.

If we have a program that fits your needs, we will automatically enroll you in the program and send you information. If you decide not to participate, please notify us and we will withdraw you. If you have any questions about these programs, please contact Customer Service.

# Chapter 6

What you pay for your Part D prescription drugs



#### Are you currently getting help to pay for your drugs?

If you are in a program that helps pay for your drugs, **some information in this Evidence of Coverage about the costs for Part D prescription drugs may not apply to you**. We sent you a separate insert, called the "Evidence of Coverage Rider for People Who Get Extra Help Paying for Prescription Drugs" (also known as the "Low Income Subsidy Rider" or the "LIS Rider"), which tells you about your drug coverage. If you don't have this insert, please call Customer Service and ask for the "LIS Rider."

#### Section 1 Introduction

# Section 1.1 Use this chapter together with other materials that explain your drug coverage

This chapter focuses on what you pay for Part D prescription drugs. Your Plan Sponsor has chosen to make supplemental drug coverage available to you. This coverage is in addition to your Part D prescription drug benefit. **Section 5.2 of this chapter contains a table that shows your costs for a** drug that is covered by both your Part D prescription drug benefit and your supplemental drug coverage. For more information about this supplemental drug coverage you can view the Certificate of Coverage at retiree.uhc.com/peracare or call Customer Service to have a hard copy sent to you. Your plan sponsor offers additional prescription drug coverage. Please see your Additional Drug Coverage list for more information. To keep things simple, we use "drug" in this chapter to mean a Part D prescription drug. As explained in Chapter 5, not all drugs are Part D drugs – some drugs are covered under Medicare Part A or Part B and other drugs are excluded from Medicare coverage by law.

To understand the payment information, you need to know what drugs are covered, where to fill your prescriptions, and what rules to follow when you get your covered drugs. Chapter 5, Sections 1 through 4 explain these rules.

#### Section 1.2 Types of out-of-pocket costs you may pay for covered drugs

There are different types of out-of-pocket costs for Part D drugs. The amount that you pay for a drug is called "cost-sharing," and there are three ways you may be asked to pay.

□ The "deductible" is the amount you pay for drugs before our plan begins to pay its share.

□ "Copayment" is a fixed amount you pay each time you fill a prescription.

□ "Coinsurance" is a percentage of the total cost you pay each time you fill a prescription.

#### Section 1.3 How Medicare calculates your out-of-pocket costs

Medicare has rules about what counts and what does **not** count toward your out-of-pocket costs. Here are the rules we must follow to keep track of your out-of-pocket costs.

These payments are included in your out-of-pocket costs
Your out-of-pocket costs include the payments listed below (as long as they are for Part D covered drugs and you followed the rules for drug coverage that are explained in Chapter 5):
☐ The amount you pay for drugs when you are in any of the following drug payment stages:
° The Initial Coverage Stage
° The Coverage Gap Stage
<ul> <li>Any payments you made during this calendar year as a member of a different Medicare prescription drug plan before you joined our plan.</li> </ul>
It matters who pays:
$\hfill \square$ If you make these payments <b>yourself</b> , they are included in your out-of-pocket costs.
<ul> <li>□ These payments are also included if they are made on your behalf by certain other individuals or organizations. This includes payments for your drugs made by a friend or relative, by most charities, by AIDS drug assistance programs, by a State Pharmaceutical Assistance Program that is qualified by Medicare, or by the Indian Health Service. Payments made by Medicare's "Extra Help" Program are also included.</li> <li>□ Some payments made by the Medicare Coverage Gap Discount Program are included. The amount the manufacturer pays for your brand name drugs is included. But the amount the plantage for your generic drugs is not included.</li> </ul>
pays for your generic drugs is not included.
Moving on to the Catastrophic Coverage Stage:
When you (or those paying on your behalf) have spent a total of \$7,400 in out-of-pocket costs within the plan year, you will move from the Coverage Gap Stage to the Catastrophic Coverage Stage.
These payments are not included in your out-of-pocket costs
Your out-of-pocket costs do not include any of these types of payments:
☐ Drugs you buy outside the United States and its territories.
□ Drugs that are not covered by our plan.
☐ Drugs you get at an out-of-network pharmacy that do not meet the plan's requirements for out-of-network coverage.
☐ Prescription drugs covered by Part A or Part B.
<ul> <li>Payments you make toward drugs covered under our additional coverage but not normally covered in a Medicare Prescription Drug Plan.</li> </ul>
<ul> <li>Payments you make toward prescription drugs not normally covered in a Medicare Prescription Drug Plan.</li> </ul>
$\hfill \square$ Payments made by the plan for your brand or generic drugs while in the Coverage Gap.
$\hfill\square$ Payments for your drugs that are made by group health plans including employer health plans.
☐ Payments for your drugs that are made by certain insurance plans and government-funded

health programs such as TRICARE and the Veterans Affairs.

□ Payments for your drugs made by a third-party with a legal obligation to pay for prescription costs (for example, Workers' Compensation).

**Reminder**: If any other organization such as the ones listed above pays part or all of your out-of-pocket costs for drugs, you are required to tell our plan by calling Customer Service.

#### How can you keep track of your out-of-pocket total?

- □ **We will help you**. The Part D EOB report you receive includes the current amount of your out-of-pocket costs. When this amount reaches \$7,400, this report will tell you that you have left the Coverage Gap Stage and have moved on to the Catastrophic Coverage Stage.
- ☐ Make sure we have the information we need. Section 3.2 tells what you can do to help make sure that our records of what you have spent are complete and up to date.

# Section 2 What you pay for a drug depends on which "drug payment stage" you are in when you get the drug

#### Section 2.1 What are the drug payment stages for our plan members?

There are four "drug payment stages" for your prescription drug coverage under UnitedHealthcare® Group Medicare Advantage (PPO). How much you pay depends on what stage you are in when you get a prescription filled or refilled. Details of each stage are in Sections 4 through 7 of this chapter. The stages are:

Stage 1: Yearly Deductible Stage

Stage 2: Initial Coverage Stage

Stage 3: Coverage Gap Stage

Stage 4: Catastrophic Coverage Stage

**Important Message About What You Pay for Insulin** - You won't pay more than \$35 for a one-month supply of each insulin product covered by our plan, no matter what cost-sharing tier it's on.

Section 3	We send you reports that explain payments for your drugs and which payment stage you are in
Section 3.1	We send you a monthly summary called the "Part D Explanation of Benefits" (the "Part D EOB")

Our plan keeps track of the costs of your prescription drugs and the payments you have made when you get your prescriptions filled or refilled at the pharmacy. This way, we can tell you when you have moved from one drug payment stage to the next. In particular, there are two types of costs we keep track of:

☐ We keep track of how much you have paid. This is called your "out-of-pocket" cost (what you pay including coverage gap discount program payments).
□ We keep track of your "total drug costs." This is the amount you pay out-of-pocket or others pay on your behalf plus the amount paid by the plan.
If you have had one or more prescriptions filled through the plan during the previous month we will send you a Part D Explanation of Benefits ("Part D EOB"). The Part D EOB includes:
☐ <b>Information for that month</b> . This report gives the payment details about the prescriptions you have filled during the previous month. It shows the total drug costs, what the plan paid, and what you and others on your behalf paid.
☐ <b>Totals for the year since January 1</b> . This is called "year-to-date" information. It shows the total drug costs and total payments for your drugs since the year began.
□ <b>Drug price information</b> . This information will display the total drug price, and any percentage change from first fill for each prescription claim of the same quantity.
<ul> <li>Available lower cost alternative prescriptions. This will include information about other available drugs with lower cost sharing for each prescription claim.</li> </ul>
Section 3.2 Help us keep our information about your drug payments up to date
To keep track of your drug costs and the payments you make for drugs, we use records we get from pharmacies. Here is how you can help us keep your information correct and up to date:
Show your UnitedHealthcare member ID card when you get a prescription filled. This helps us make sure we know about the prescriptions you are filling and what you are paying.
■ Make sure we have the information we need. There are times you may pay for the entire cost of a prescription drug. In these cases, we will not automatically get the information we need to keep track of your out-of-pocket costs. To help us keep track of your out-of-pocket costs, give us copies of these receipts. Here are examples of when you should give us copies of your drug receipts:
<ul> <li>When you purchase a covered drug at a network pharmacy at a special price or using a discount card that is not part of our plan's benefit.</li> </ul>
<ul> <li>When you made a copayment for drugs that are provided under a drug manufacturer patient assistance program.</li> </ul>
<ul> <li>Any time you have purchased covered drugs at out-of-network pharmacies or other times you have paid the full price for a covered drug under special circumstances.</li> </ul>
o If you are billed for a covered drug, you can ask our plan to pay our share of the cost. For instructions on how to do this, go to Chapter 7, Section 2.
□ Send us information about the payments others have made for you. Payments made by certain other individuals and organizations also count toward your out-of-pocket costs and help qualify you for catastrophic coverage. For example, payments made by a State Pharmaceutical Assistance Program, an AIDS drug assistance program (ADAP), the Indian Health Service, and most charities count toward your out-of-pocket costs. Keep a record of these payments and send them to us so we can track your costs.

□ Check the written report we send you. When you receive a Part D EOB look it over to be sure the information is complete and correct. If you think something is missing or you have any questions, please call us at Customer Service. You can also view your EOB on our website at retiree.uhc.com/peracare. Be sure to keep these reports.

#### Section 4 There is no deductible for the plan

Your plan provides additional coverage, which means you do not pay a deductible for your Part D drugs. You begin in the Initial Coverage Stage when you fill your first prescription of the year. See Section 5 for information about your coverage in the Initial Coverage Stage.

While your plan does not have a deductible for your Part D drugs, the "Extra Help" program may have a deductible. If you are in Medicare's Extra Help program you could be responsible for a \$104 deductible. You will get a Low Income Subsidy Rider or LIS Rider in a separate mailing. It explains Extra Help and tells you the amount of your deductible.

Section 5	During the Initial Coverage Stage, the plan pays its share of your drug costs and you pay your share		
Section 5.1	What you pay for a drug depends on the drug and where you fill your prescription		

During the Initial Coverage Stage, the plan pays its share of the cost of your covered prescription drugs, and you pay your share (your copayment or coinsurance amount). Your share of the cost will vary depending on the drug and where you fill your prescription.

#### The plan has 4 cost-sharing tiers

Every drug on the plan's Drug List is in one of 4 cost-sharing tiers. In general, the higher the cost-sharing tier number, the higher your cost for the drug:

- Tier 1 Preferred Generic All covered generic drugs. In addition, Part D eligible generic drug compound medications are covered in Tier 1. This is the lowest cost-sharing tier.
- Tier 2 Preferred Brand Many common brand name drugs, called preferred brands.
- Tier 3 Non-preferred Drug Non-preferred brand name drugs. In addition, Part D eligible compound medications are covered in Tier 3.
- Tier 4 Specialty Tier Unique and/or very high-cost brand drugs. This is the highest cost-sharing tier.

To find out which cost-sharing tier your drug is in, look it up in the plan's Drug List.

#### Your pharmacy choices

☐ A network retail pharmacy

How much you pay for a drug depends on whether you get the drug from:
---

☐ A pharmacy that is not in the plan's network. We cover prescriptions filled at out-of-network	rk
pharmacies in only limited situations. Please see Chapter 5, Section 2.5 to find out when v	we
will cover a prescription filled at an out-of-network pharmacy.	

☐ The plan's mail-order pharmacy

For more information about these pharmacy choices and filling your prescriptions, see Chapter 5 and the plan's **Pharmacy Directory**.

#### Section 5.2 A table that shows your costs for a covered drug

During the Initial Coverage Stage, your share of the cost of a covered drug will be either a copayment or coinsurance.

As shown in the table below, the amount of the copayment or coinsurance depends on which costsharing tier. Sometimes the cost of the drug is lower than your copayment. In these cases, you pay the lower price for the drug instead of the copayment.

For some drugs, you can get a long-term supply (also called an "extended supply"). A long-term supply is up to a 90-day supply.

The table below shows what you pay when you get a 31-day supply and a long-term up to a 90-day supply of a drug.

#### Your share of the cost when you get a covered Part D prescription drug:

Tier	Standard retail cost- sharing (in-network) (up to a 31-day supply)	Preferred Mail-order or Walgreens Retail Pharmacy cost- sharing (up to a 90-day supply in Tiers 1, 2, and 3, and up to a 31-day supply in Tier 4)	Out-of-network cost- sharing (Coverage is limited to certain situations; see Chapter 5 for details.) (up to a 31-day supply)	
Cost-Sharing Tier 1 Preferred Generic	\$15 copayment	\$30 copayment	\$15 copayment*	
Cost-Sharing Tier 2 Preferred Brand	\$45 copayment	\$90 copayment	\$45 copayment*	
Cost-Sharing Tier 3 Non-preferred Drug	\$60 copayment	\$120 copayment	\$60 copayment*	

#### Your share of the cost when you get a covered Part D prescription drug:

Cost-Sharing Tier 4	\$75 copayment	\$75 copayment (limited to a 31-day supply)	\$75 copayment*	
Specialty Tier				

<sup>\*</sup>You will not be reimbursed for the difference between the Out-of-Network Pharmacy charge and the plan's In-Network allowable amount.

## Section 5.3 If your doctor prescribes less than a full month's supply, you may not have to pay the cost of the entire month's supply

Typically, the amount you pay for a prescription drug covers a full month's supply. There may be times when you or your doctor would like you to have less than a month's supply of a drug (for example, when you are trying a medication for the first time). You can also ask your doctor to prescribe, and your pharmacist to dispense, less than a full month's supply of your drugs, if this will help you better plan refill dates for different prescriptions.

If you receive less than a full month's supply of certain drugs, you will not have to pay for the full month's supply.

If you are responsible for coinsurance, you pay a percentage of the total cost of the drug. Sinc	е
the coinsurance is based on the total cost of the drug, your cost will be lower since the total	
cost for the drug will be lower.	

☐ If you are responsible for a copayment for the drug, you will only pay for the number of days of the drug that you receive instead of a whole month. We will calculate the amount you pay per day for your drug (the "daily cost-sharing rate") and multiply it by the number of days of the drug you receive.

## Section 5.4 You stay in the Initial Coverage Stage until your total drug costs for the year reach \$4,660

You stay in the Initial Coverage Stage until the total amount for the prescription drugs you have filled reaches the **\$4,660 limit for the Initial Coverage Stage**.

The Part D EOB that you receive will help you keep track of how much you, the plan, and any third parties, have spent on your behalf for your drugs during the year. Many people do not reach the \$4,660 limit in a year.

We will let you know if you reach this amount. If you do reach this amount, you will leave the Initial Coverage Stage and move on to the Coverage Gap Stage. See Section 1.3 on how Medicare calculates your out-of-pocket costs.

#### Section 6 Costs in the Coverage Gap Stage

If you have any questions about the availability of discounts for the drugs you are taking or about the Medicare Coverage Gap Discount Program in general, please contact Customer Service (phone numbers are on the cover of this booklet).

After you leave the Initial Coverage Stage, we will continue to pay our share of the cost of your drugs and you pay your share of the cost. You pay these amounts until your yearly out-of-pocket costs reach a maximum amount that Medicare has set. In 2023, that amount is \$7,400.

Medicare has rules about what counts and what does not count toward your out-of-pocket costs (Section 1.3).

# Section 7 During the Catastrophic Coverage Stage, the plan pays most of the cost for your drugs

You enter the Catastrophic Coverage Stage when your out-of-pocket costs have reached the \$7,400 limit for the plan year. Once you are in the Catastrophic Coverage Stage, you will stay in this payment stage until the end of the plan year.

In this stage, you will pay no more than the cost shares you paid in the Initial Coverage stage and you may pay less for certain drugs.

#### Section 8 Additional benefits information

This part of Chapter 6 talks about limitations of our plan.

- 1. Early refills for lost, stolen or destroyed drugs are not covered except during a declared "National Emergency".
- 2. Early refills for vacation supplies are limited to a one-time fill of up to 31 days per calendar year.
- 3. Medications will not be covered if prescribed by physicians or other providers who are excluded or precluded from the Medicare program participation.
- 4. You may refill a prescription when a minimum of seventy-five percent (75%) of the quantity is consumed based on the days supply.
- 5. Costs for drugs that are not covered under Part D do not count toward your Out-of-Pocket costs.

# Section 9 Part D Vaccines. What you pay for depends on how and where you get them

**Important Message About What You Pay for Vaccines -** Our plan covers most Part D vaccines at no cost to you. Call Customer Service for more information.

$\overline{}$	I	4				- t D t	D	: :
	nara ara	T\A/\	narre re	א חוור	COMERSIA	OT Part	111/2	ccinations
	nore are	LVVO	Dailo II	, oui	COVCIAGO	OII aii	D va	CUITALIUTIS

☐ The first part of coverage is the cost of **the vaccine itself**.

The second part of coverage is for the	cost of giving you the vaccine.	(This is sometimes
called the "administration" of the vacci	ne.)	

Your costs for a Part D vaccination depend on three things:

- **1.The type of vaccine** (what you are being vaccinated for).
  - ° Some vaccines are considered medical benefits. (See the **Medical Benefits Chart (what is covered and what you pay)** in Chapter 4).
  - Other vaccines are considered Part D drugs. You can find these vaccines listed in the plan's List of Covered Drugs (Formulary).

#### 2. Where you get the vaccine.

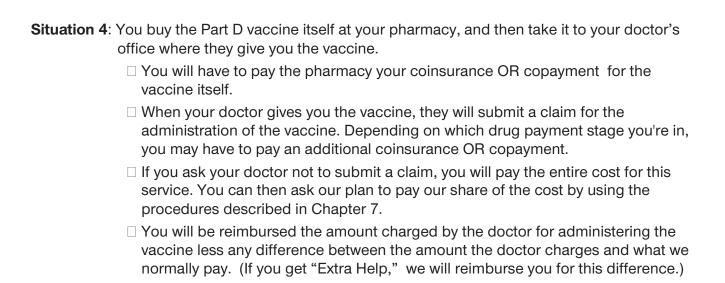
° The vaccine itself may be dispensed by a pharmacy or provided by the doctor's office.

#### 3. Who gives you the vaccine.

 A pharmacist may give the vaccine in the pharmacy or another provider may give it in the doctor's office.

What you pay at the time you get the Part D vaccination can vary depending on the circumstances and what Drug Stage you are in. Below are 4 examples of ways you might get a Part D vaccine.

Situation 1:	You get your vaccination at the network pharmacy. (Whether you have this choice depends on where you live. Some states do not allow pharmacies to give vaccines.) Your cost-share may be lower when you use a network pharmacy.
	☐ You will pay the pharmacy your coinsurance OR copayment for the vaccine itself which includes the cost of giving you the vaccine.
	□ Our plan will pay the remainder of the costs.
Situation 2:	You get the Part D vaccination at your doctor's office and they submit a claim on your behalf.
	☐ You will pay your doctor your coinsurance OR copayment for the vaccine itself which includes the cost of giving you the vaccine. (Your doctor is not allowed to charge you more than your plan approved cost-share.)
	□ Our plan will pay the remainder of the costs.
Situation 3:	You get the Part D vaccine at your doctor's office and ask them not to submit a claim on your behalf. (Your doctor is required to submit a claim unless you ask them not to.)
	<ul> <li>Before giving you the vaccine, your doctor must tell you what your out-of-pocket costs will be.</li> </ul>
	☐ When you get the vaccine, you will pay for the entire cost of the vaccine itself and the cost for the provider to give it to you.
	You can then ask our plan to pay our share of the cost by using the procedures that are described in Chapter 7.
	☐ You will be reimbursed the amount you paid less your normal coinsurance OR copayment for the vaccine (including administration) less any difference between the amount the doctor charges and what we normally pay. (If you get "Extra Help," we will reimburse you for this difference.)



# Chapter 7

Asking us to pay our share of a bill you have received for covered medical services or drugs

# Section 1 Situations in which you should ask us to pay our share of the cost of your covered services or drugs

Sometimes when you get medical care or a prescription drug, you may need to pay the full cost. Other times, you may find that you have paid more than you expected under the coverage rules of the plan. Or you may receive a bill from a provider. In these cases, you can ask our plan to pay you back (paying you back is often called "reimbursing" you). It is your right to be paid back by our plan whenever you've paid more than your share of the cost for medical services or drugs that are covered by our plan. There may be deadlines that you must meet to get paid back. Please see Section 2 of this chapter.

There may also be times when you get a bill from a provider for the full cost of medical care you have received or possibly for more than your share of cost sharing as discussed in the document. First try to resolve the bill with the provider. If that does not work, send the bill to us instead of paying it. We will look at the bill and decide whether the services should be covered. If we decide they should be covered, we will pay the provider directly. If we decide not to pay it, we will notify the provider. You should never pay more than plan-allowed cost sharing. If this provider is contracted you still have the right to treatment.

Here are examples of situations in which you may need to ask our plan to pay you back or to pay a bill you have received:

When you received services from a provider in the United States who is not part of our network,

#### 1. When you've received medical care from a provider who is not in our plan's network

•	ou are only responsible for paying your share of the cost. Ask the provider to bill the plan for or share of the cost.
	If you pay the entire amount yourself at the time you receive the care, ask us to pay you back for our share of the cost. Send us the bill, along with documentation of any payments you have made.
	You may get a bill from the provider asking for payment that you think you do not owe. Send us this bill, along with documentation of any payments you have already made.
	° If the provider is owed anything, we will pay the provider directly.
	<ul> <li>If you have already paid more than your share of the cost of the service, we will determine how much you owed and pay you back for our share of the cost.</li> </ul>
	<b>Please note:</b> While you can get your care from an out-of-network provider, the provider must be eligible to participate in Medicare. Except for emergency care, we cannot pay a provider who has opted out of or been excluded or precluded from the Medicare Program. If the provider is not eligible to participate in Medicare, you will be responsible for the full cost of the services you receive.
	You can also receive emergency or urgently needed services from a provider outside the United States. If you receive emergency or urgently-needed services outside of the United States, the provider may require that you pay for the cost of the services in full. Ask for a

written, detailed bill or receipt showing the specific services provided to you. Send a copy of

the itemized bill or an itemized receipt to us to pay you back. You should be prepared to assist us in obtaining all of the information necessary to properly process your request for reimbursement, including medical records.

#### 2. When a network provider sends you a bill you think you should not pay

Network providers should always bill the plan directly and ask you only for your share of the cost. But sometimes they make mistakes and ask you to pay more than your share.

You only have to pay your cost-sharing amount when you get covered services. We do not allow network providers to add additional separate charges, called "balance billing." This protection (that you never pay more than your cost-sharing amount) applies even if we pay the provider less than the provider charges for a service and even if there is a dispute and we don't pay certain provider charges.

Whenever you get a bill from a network provider that you think is more than you should pay, send us the bill. We will contact the provider directly and resolve the billing problem.

If you have already paid a bill to a network provider, but you feel that you paid too much, send us the bill along with documentation of any payment you have made and ask us to pay

If you have already paid a bill to a network provider, but you feel that you paid too much, send us the bill along with documentation of any payment you have made and ask us to pay you back the difference between the amount you paid and the amount you owed under the plan.

#### 3. If you are retroactively enrolled in our plan

Sometimes a person's enrollment in the plan is retroactive. (This means that the first day of their enrollment has already passed. The enrollment date may even have occurred last year.)

If you were retroactively enrolled in our plan and you paid out-of-pocket for any of your covered services or drugs after your enrollment date, you can ask us to pay you back for our share of the costs. You will need to submit paperwork such as receipts and bills for us to handle the reimbursement.

#### 4. When you use an out-of-network pharmacy to get a prescription filled

If you go to an out-of-network pharmacy, the pharmacy may not be able to submit the claim directly to us. When that happens, you will have to pay the full cost of your prescription.

Save your receipt and send a copy to us when you ask us to pay you back for our share of the cost. Remember that we only cover out-of-network pharmacies in limited circumstances. See Chapter 5, Section 2.5 for a discussion of these circumstances.

### 5. When you pay the full cost for a prescription because you don't have your UnitedHealthcare member ID card with you

If you do not have your UnitedHealthcare member ID card with you, you can ask the pharmacy to call the plan or to look up your plan enrollment information. However, if the pharmacy cannot get the enrollment information they need right away, you may need to pay the full cost of the prescription yourself.

Save your receipt and send a copy to us when you ask us to pay you back for our share of the cost.

6. When you pay t	he full cost for a prescription in other situations
You may pay the some reason.	ne full cost of the prescription because you find that the drug is not covered for
could have	e, the drug may not be on the plan's <b>List of Covered Drugs (Formulary)</b> ; or it a requirement or restriction that you didn't know about or don't think should it. If you decide to get the drug immediately, you may need to pay the full cost for
situations, v	eceipt and send a copy to us when you ask us to pay you back. In some we may need to get more information from your doctor in order to pay you back e of the cost.
-	e your Worldwide Emergency Coverage, Worldwide Urgently Needed orldwide Emergency Transportation benefits
	e full cost of emergency services received outside of the United States at the time vices. To receive reimbursement from us, you must do the following:
, ,	I at the time it is received. We will reimburse you for the difference between the our bill and your cost share for the services as outlined in Chapter 4 of this
situations, v	rour receipts and send us copies when you ask us to pay you back. In some we may need to get more information from you or the provider who rendered you in order to pay you back for our share of the cost. Please see Chapter 7 for expense reimbursement for worldwide services.
make the pa	eing asked to pay your bill for worldwide emergency services and are unable to ayment, please call Customer Service for additional assistance and we may be coordinate payment for covered services on your behalf.
•	s above are types of coverage decisions. This means that if we deny your request can appeal our decision. Chapter 9 of this document has information about how I.
Section 2	How to ask us to pay you back or to pay a bill you have received
You may request i	us to pay you back by sending us a request in writing. If you send a request in

# Se

writing, send your bill and documentation of any payment you have made. It's a good idea to make a copy of your bill and receipt(s) for your records.

To make sure you are giving us all the information we need to make a decision, you can fill out our claim form to make your request for payment

ann form to make your request for payment.
$\hfill \mbox{You don't have to use the form, but it will help us process the information faster.}$
☐ Either download a copy of the form from our website ( <b>retiree.uhc.com/peracare</b> ) or call Customer Service and ask for the form.
Mail your request for payment together with any bills or paid receipts to us at this address:

Medical claims payment requests:
UnitedHealthcare
P.O. Box 30995
Salt Lake City, UT 84130-0995
Part D prescription drug payment requests:
OptumRx

P.O. Box 650287

Dallas, TX 75265-0287

You must submit your Part C (medical) claim to us within 12 months of the date you received the service, item, or Part B drug.

You must submit your Part D (prescription drug) claim to us within 36 months of the date you received the service, item, or drug.

# Section 3.1 We check to see whether we should cover the service or drug and how much we owe When we receive your request for payment, we will let you know if we need any additional information from you. Otherwise, we will consider your request and make a coverage decision. ☐ If we decide that the medical care or drug is covered and you followed all the rules, we will pay

- for our share of the cost. If you have already paid for the service or drug, we will mail your reimbursement of our share of the cost to you. If you have not paid for the service or drug yet, we will mail the payment directly to the provider.
- ☐ If we decide that the medical care or drug is **not** covered, or you did **not** follow all the rules, we will not pay for our share of the cost. We will send you a letter explaining the reasons why we are not sending the payment and your rights to appeal that decision.

# Section 3.2 If we tell you that we will not pay for all or part of the medical care or drug, you can make an appeal

If you think we have made a mistake in turning down your request for payment or the amount we are paying, you can make an appeal. If you make an appeal, it means you are asking us to change the decision we made when we turned down your request for payment. The appeals process is a formal process with detailed procedures and important deadlines. For details on how to make this appeal, go to Chapter 9 of this document.

# **Chapter 8**

Your rights and responsibilities

# Section 1 Our plan must honor your rights and cultural sensitivities as a member of the plan

#### Section 1.1

You have a right to receive information about the organization, its services, its practitioners and providers and member rights and responsibilities. We must provide information in a way that works for you and consistent with your cultural sensitivities (in languages other than English, in braille, in large print, or other alternate formats, etc.)

Your plan is required to ensure that all services, both clinical and non-clinical, are provided in a culturally competent manner and are accessible to all enrollees, including those with limited English proficiency, limited reading skills, hearing incapacity, or those with diverse cultural and ethnic backgrounds. Examples of how a plan may meet these accessibility requirements include, but are not limited to provision of translator services, interpreter services, teletypewriters, or TTY (text telephone or teletypewriter phone) connection.

Our plan has free interpreter services available to answer questions from non-English speaking members. We can also give you information in braille, in large print, or other alternate formats at no cost if you need it. We are required to give you information about the plan's benefits in a format that is accessible and appropriate for you. To get information from us in a way that works for you, please call Customer Service.

Our plan is required to give female enrollees the option of direct access to a women's health specialist within the network for women's routine and preventive health care services.

If providers in the plan's network for a specialty are not available, it is the plan's responsibility to locate specialty providers outside the network who will provide you with the necessary care. In this case, you will only pay in-network cost sharing. If you find yourself in a situation where there are no specialists in the plan's network that cover a service you need, call the plan for information on where to go to obtain this service at in-network cost sharing.

If you have any trouble getting information from our plan in a format that is accessible and appropriate for you, please call to file a grievance with Customer Service (phone numbers are printed on the cover of this booklet). You may also file a complaint with Medicare by calling 1-800-MEDICARE (1-800-633-4227) or directly with the Office for Civil Rights 1-800-368-1019 or TTY 1-800-537-7697.

## Section 1.2 We must ensure that you get timely access to your covered services and drugs

You have the right to choose an out-of-network provider that participates in Medicare.

You have the right to get appointments and covered services from your providers, within a reasonable amount of time. This includes the right to get timely services from specialists when

you need that care. You also have the right to get your prescriptions filled or refilled at any of our network pharmacies without long delays.

#### **How to Receive Care After Hours**

If you need to talk to or see your Primary Care Provider after the office has closed for the day, call your Primary Care Provider's office. When the on-call physician returns your call he or she will advise you on how to proceed. Because you are a member of the UnitedHealthcare® Group Medicare Advantage (PPO) plan, you can see any provider (network or out-of-network) at the same cost share, as long as they accept the plan and have not opted out of or been excluded or precluded from the Medicare Program.

If you think that you are not getting your medical care or Part D drugs within a reasonable amount of time, Chapter 9 tells what you can do.

#### Section 1.3 We must protect the privacy of your personal health information

Federal and state laws protect the privacy of your medical records and personal health information. We protect your personal health information as required by these laws. ☐ Your "personal health information" includes the personal information you gave us when you enrolled in this plan as well as your medical records and other medical and health information. ☐ You have rights related to your information and controlling how your health information is used. We give you a written notice, called a "Notice of Privacy Practice," that tells about these rights and explains how we protect the privacy of your health information. How do we protect the privacy of your health information? □ We make sure that unauthorized people don't see or change your records.

property of the property	
Except for the circumstances noted below, if we intend to give your health inform	nation to
anyone who isn't providing your care or paying for your care, we are required to	get writ
	_

ten permission from you or someone you have given legal power to make decisions for you first.

☐ There are certain exceptions that do not require us to get your written permission first. These exceptions are allowed or required by law.

- ° We are required to release health information to government agencies that are checking on quality of care.
- Because you are a member of our plan through Medicare, we are required to give Medicare your health information including information about your Part D prescription drugs. If Medicare releases your information for research or other uses, this will be done according to Federal statutes and regulations; typically, this requires that information that uniquely identifies you not be shared.

#### You can see the information in your records and know how it has been shared with others

You have the right to look at your medical records held at the plan, and to get a copy of your records. We are allowed to charge you a fee for making copies. You also have the right to ask us to make additions or corrections to your medical records. If you ask us to do this, we will work with your health care provider to decide whether the changes should be made.

You have the right to know how your health information has been shared with others for any purposes that are not routine.

If you have questions or concerns about the privacy of your personal health information, please call Customer Service.

#### **HEALTH PLAN NOTICES OF PRIVACY PRACTICES**

THIS NOTICE DESCRIBES HOW <u>MEDICAL INFORMATION</u> ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

### **Medical Information Privacy Notice**

Effective January 1, 2022

We<sup>1</sup> are required by law to protect the privacy of your health information. We are also required to send you this notice, which explains how we may use information about you and when we can give out or "disclose" that information to others. You also have rights regarding your health information that are described in this notice. We are required by law to abide by the terms of this notice.

The terms "information" or "health information" in this notice include any information we maintain that reasonably can be used to identify you and that relates to your physical or mental health condition, the provision of health care to you, or the payment for such health care. We will comply with the requirements of applicable privacy laws related to notifying you in the event of a breach of your health information.

We have the right to change our privacy practices and the terms of this notice. If we make a material change to our privacy practices, we will provide to you, in our next annual distribution, either a revised notice or information about the material change and how to obtain a revised notice.

We will provide you with this information either by direct mail or electronically, in accordance with applicable law. In all cases, if we maintain a website for your particular health plan, we will post the revised notice on your health plan website, retiree.uhc.com/peracare. We reserve the right to make any revised or changed notice effective for information we already have and for information that we receive in the future.

UnitedHealth Group collects and maintains oral, written and electronic information to administer our business and to provide products, services and information of importance to our enrollees. We maintain physical, electronic and procedural security safeguards in the handling and maintenance of our enrollees' information, in accordance with applicable state and federal standards, to protect against risks such as loss, destruction or misuse.

How We Collect, Use, and Disclose Information

We collect, use, and disclose your health information to provide that information:

- To you or someone who has the legal right to act for you (your personal representative) in order to administer your rights as described in this notice; and
- To the Secretary of the Department of Health and Human Services, if necessary, to make sure your privacy is protected.

We have the right to collect, use, and disclose health information for your treatment, to pay for your health care and to operate our business. For example, we may use or disclose your health information:

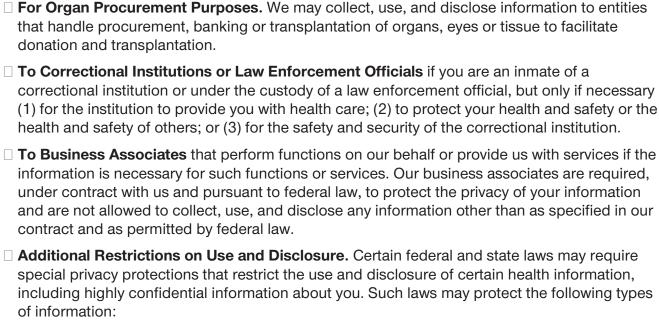
- For Payment of premiums due us, to determine your coverage, and to process claims for health care services you receive, including for subrogation or coordination of other benefits you may have. For example, we may tell a doctor whether you are eligible for coverage and what percentage of the bill may be covered.
- For Treatment. We may collect, use, and disclose health information to aid in your treatment or the coordination of your care. For example, we may collect information from, or disclose information to, your physicians or hospitals to help them provide medical care to you.
- For Health Care Operations. We may collect, use, and disclose health information as necessary to operate and manage our business activities related to providing and managing your health care coverage. For example, we might talk to your physician to suggest a disease management or wellness program that could help improve your health or we may analyze data to determine how we can improve our services. We may also de-identify health information in accordance with applicable laws. After that information is de-identified, the information is no longer subject to this notice and we may use the information for any lawful purpose.

Ī	onger subject to this notice and we may use the information for any lawful purpose.
r	To Provide You Information on Health-Related Programs or Products such as alternative medical treatments and programs or about health-related products and services, subject to imits imposed by law.
r F a	For Plan Sponsors. If your coverage is through an employer sponsored group health plan, we may share summary health information and enrollment and disenrollment information with the plan sponsor. In addition, we may share other health information with the plan sponsor for plan administration purposes if the plan sponsor agrees to special restrictions on its use and disclosure of the information in accordance with federal law.
ι	For Underwriting Purposes. We may collect, use, and disclose your health information for underwriting purposes; however, we will not use or disclose your genetic information for such ourposes.
k	For Reminders. We may use or disclose health information to send you reminders about your benefits or care, such as appointment reminders with providers who provide medical care to you.
	For Communications to You. We may communicate, electronically or via telephone, these

treatment, payment or health care operation messages using telephone numbers or email

addresses you provide to us.

may collect, use, and disclose your health information for the following purposes under limited sumstances:
As Required by Law. We may disclose information when required to do so by law.
To Persons Involved with Your Care. We may collect, use, and disclose your health information to a person involved in your care or who helps pay for your care, such as a family member, when you are incapacitated or in an emergency, or when you agree or fail to object when given the opportunity. If you are unavailable or unable to object, we will use our best judgment to decide if the disclosure is in your best interests. Special rules apply regarding when we may disclose health information to family members and others involved in a deceased individual's care. We may disclose health information to any persons involved, prior to the death, in the care or payment for care of a deceased individual, unless we are aware that doing so would be inconsistent with a preference previously expressed by the deceased.
For Public Health Activities such as reporting or preventing disease outbreaks to a public health authority.
For Reporting Victims of Abuse, Neglect or Domestic Violence to government authorities that are authorized by law to receive such information, including a social service or protective service agency.
For Health Oversight Activities to a health oversight agency for activities authorized by law, such as licensure, governmental audits and fraud and abuse investigations.
For Judicial or Administrative Proceedings such as in response to a court order, search warrant or subpoena.
<b>For Law Enforcement Purposes.</b> We may disclose your health information to a law enforcement official for purposes such as providing limited information to locate a missing person or report a crime.
<b>To Avoid a Serious Threat to Health or Safety</b> to you, another person, or the public, by, for example, disclosing information to public health agencies or law enforcement authorities, or in the event of an emergency or natural disaster.
For Specialized Government Functions such as military and veteran activities, national security and intelligence activities, and the protective services for the President and others.
<b>For Workers' Compensation</b> as authorized by, or to the extent necessary to comply with, state workers compensation laws that govern job-related injuries or illness.
<b>For Research Purposes</b> such as research related to the evaluation of certain treatments or the prevention of disease or disability, if the research study meets federal privacy law requirements.
<b>To Provide Information Regarding Decedents.</b> We may disclose information to a coroner or medical examiner to identify a deceased person, determine a cause of death, or as authorized by law. We may also disclose information to funeral directors as necessary to carry out their duties.



- 1. Alcohol and Substance Abuse
- 2. Biometric Information
- 3. Child or Adult Abuse or Neglect, including Sexual Assault
- 4. Communicable Diseases
- 5. Genetic Information
- 6. HIV/AIDS
- 7. Mental Health
- 8. Minors' Information
- 9. Prescriptions
- 10. Reproductive Health
- 11. Sexually Transmitted Diseases

If a use or disclosure of health information described above in this notice is prohibited or materially limited by other laws that apply to us, it is our intent to meet the requirements of the more stringent law.

Except for uses and disclosures described and limited as set forth in this notice, we will use and disclose your health information only with a written authorization from you. This includes, except for limited circumstances allowed by federal privacy law, not using or disclosing psychotherapy notes about you, selling your health information to others, or using or disclosing your health information for certain promotional communications that are prohibited marketing communications under federal law, without your written authorization. Once you give us authorization to release your health information, we cannot guarantee that the recipient to whom the information is provided will not disclose the information. You may take back or "revoke" your written authorization at any time in writing, except if we have already acted based on your authorization. To find out where to mail

your written authorization and how to revoke an authorization, contact the phone number listed on your health plan ID card.

### **What Are Your Rights**

T1 0				***			1 111	
INPT	allowing	are voi	ır rıants	with	respect to	volir	nealtn	information:
11101	CHOWING	are yes	n rigitto	VVICII	100poot to	your	Hoalth	II II OI I I I I I I I I I I I I I I I

ne	e following are your rights with respect to your health information:
	You have the right to ask to restrict uses or disclosures of your information for treatment, payment, or health care operations. You also have the right to ask to restrict disclosures to family members or to others who are involved in your health care or payment for your health care. We may also have policies on dependent access that authorize your dependents to request certain restrictions. Please note that while we will try to honor your request and will permit requests consistent with our policies, we are not required to agree to any restriction.
	You have the right to ask to receive confidential communications of information in a different manner or at a different place (for example, by sending information to a P.O. Box instead of your home address). We will accommodate reasonable requests where a disclosure of all or part of your health information otherwise could endanger you. In certain circumstances, we will accept your verbal request to receive confidential communications, however; we may also require you confirm your request in writing. In addition, any requests to modify or cancel a previous confidential communication request must be made in writing. Mail your request to the address listed below.
	You have the right to see and obtain a copy of certain health information we maintain about you such as claims and case or medical management records. If we maintain your health information electronically, you will have the right to request that we send a copy of your health information in an electronic format to you. You can also request that we provide a copy of your information to a third party that you identify. In some cases, you may receive a summary of this health information. You must make a written request to inspect and copy your health information or have your information sent to a third party. Mail your request to the address listed below. In certain limited circumstances, we may deny your request to inspect and copy your health information. If we deny your request, you may have the right to have the denial reviewed. We may charge a reasonable fee for any copies.
	You have the right to ask to amend certain health information we maintain about you such as claims and case or medical management records, if you believe the health information about you is wrong or incomplete. Your request must be in writing and provide the reasons for the requested amendment. Mail your request to the address listed below. If we deny your request, you may have a statement of your disagreement added to your health information.
	You have the right to receive an accounting of certain disclosures of your information made by us during the six years prior to your request. This accounting will not include disclosures of information made: (i) for treatment, payment, and health care operations purposes; (ii) to you or pursuant to your authorization; and (iii) to correctional institutions or law enforcement officials; and (iv) other disclosures for which federal law does not require us to provide an accounting.

☐ You have the right to a paper copy of this notice. You may ask for a copy of this notice at an time. Even if you have agreed to receive this notice electronically, you are still entitled to a paper copy of this notice. If we maintain a website, we will post a copy of the revised notice on our website. You may also obtain a copy of this notice on your website, retiree.uhc.com/peracare.
☐ You have the right to make a written request that we correct or amend your personal information. Depending on your state of domicile, you may have the right to request deletion of your personal information. If we are unable to honor your request, we will notify you of our decision. If we deny your request, you have the right to submit to us a written statement of the reasons for your disagreement with our assessment of the disputed information and what you consider to be the correct information. We will make your statement accessible to parties reviewing the information in dispute.
Exercising Your Rights
□ Contacting your Health Plan. If you have any questions about this notice or want information about exercising your rights, please call the toll-free member phone number on your health plan ID card or you may contact a UnitedHealth Group Customer Call Center Representative at 1-844-280-7754 (TTY/RTT 711).
□ <b>Submitting a Written Request.</b> You can mail your written requests to exercise any of your rights, including modifying or cancelling a confidential communication, requesting copies of your records, or requesting amendments to your record, to us at the following address:
UnitedHealthcare Privacy Office PO Box 1459 Minneapolis, MN 55440
☐ <b>Filing a Complaint.</b> If you believe your privacy rights have been violated, you may file a complaint with us at the address listed above.

You may also notify the Secretary of the U.S. Department of Health and Human Services of your complaint. We will not take any action against you for filing a complaint.

<sup>&</sup>lt;sup>1</sup>This Medical Information Notice of Privacy Practices applies to the following health plans that are affiliated with UnitedHealth Group: ACN Group of California, Inc.; All Savers Insurance Company; All Savers Life Insurance Company of California; AmeriChoice of New Jersey, Inc.; Arizona Physicians IPA, Inc.; Care Improvement Plus of Texas Insurance Company; Care Improvement Plus South Central Insurance Company; Care Improvement Plus Wisconsin Insurance Company; Dental Benefit Providers of California, Inc.; Dental Benefit Providers of Illinois, Inc.; Enterprise Life Insurance Company; Freedom Life Insurance Company of America; Golden Rule Insurance Company; Health Plan of Nevada, Inc.; MAMSI Life and Health Insurance Company; March Vision Care, Inc.; MD – Individual Practice Association, Inc.; Medica Health Plans of Florida, Inc.; Medica Healthcare Plans, Inc.; National Pacific Dental, Inc.; National Foundation Life Insurance Company; Neighborhood Health Partnership, Inc.; Nevada Pacific Dental; Optimum Choice, Inc.; Optum Insurance Company of Ohio, Inc.; Oxford Health

Insurance, Inc.; Oxford Health Plans (CT), Inc.; Oxford Health Plans (NJ), Inc.; Oxford Health Plans (NY), Inc.; PacifiCare Life and Health Insurance Company; PacifiCare Life Assurance Company; PacifiCare of Arizona, Inc.; PacifiCare of Colorado, Inc.; PacifiCare of Nevada, Inc.; Peoples Health, Inc.; Physicians Health Choice of Texas, LLC; Preferred Care Partners, Inc.; Rocky Mountain Health Maintenance Organization, Incorporated; Rocky Mountain HealthCare Options, Inc.; Sierra Health and Life Insurance Company, Inc.; Symphonix Health Insurance, Inc.; UHC of California; U.S. Behavioral Health Plan, California; Unimerica Insurance Company; Unimerica Life Insurance Company of New York; Unison Health Plan of Delaware, Inc.; UnitedHealthcare Benefits of Texas, Inc.; UnitedHealthcare Community Plan of California, Inc.; UnitedHealthcare Community Plan of Georgia, Inc.; UnitedHealthcare Community Plan of Ohio, Inc.; UnitedHealthcare Community Plan, Inc.; UnitedHealthcare Community Plan of Texas, L.L.C.; UnitedHealthcare Insurance Company; UnitedHealthcare Insurance Company of Illinois; UnitedHealthcare Insurance Company of New York; UnitedHealthcare Insurance Company of the River Valley; UnitedHealthcare Life Insurance Company; UnitedHealthcare of Alabama, Inc.; UnitedHealthcare of Arizona, Inc.; UnitedHealthcare of Arkansas, Inc.; UnitedHealthcare of Colorado, Inc.; UnitedHealthcare of Florida, Inc.; UnitedHealthcare of Georgia, Inc.; UnitedHealthcare of Illinois, Inc.; UnitedHealthcare of Kentucky, Ltd.; UnitedHealthcare of Louisiana, Inc.; UnitedHealthcare of the Mid-Atlantic, Inc.; UnitedHealthcare of the Midlands, Inc.; UnitedHealthcare of the Midwest, Inc.; United Healthcare of Mississippi, Inc.; UnitedHealthcare of New England, Inc.; UnitedHealthcare of New Mexico, Inc.; UnitedHealthcare of New York, Inc.; UnitedHealthcare of North Carolina, Inc.; UnitedHealthcare of Ohio, Inc.; UnitedHealthcare of Oklahoma, Inc.; UnitedHealthcare of Oregon, Inc.; UnitedHealthcare of Pennsylvania, Inc.; UnitedHealthcare of Texas, Inc.; UnitedHealthcare of Utah, Inc.; UnitedHealthcare of Washington, Inc.; UnitedHealthcare of Wisconsin, Inc.; UnitedHealthcare Plan of the River Valley, Inc. This list of health plans is complete as of the effective date of this notice. For a current list of health plans subject to this notice go to www.uhc.com/privacy/entities-fn-v1.

#### **Financial Information Privacy Notice**

## THIS NOTICE DESCRIBES HOW <u>FINANCIAL INFORMATION</u> ABOUT YOU MAY BE USED AND DISCLOSED. PLEASE REVIEW IT CAREFULLY.

Effective January 1, 2022

We<sup>2</sup> are committed to maintaining the confidentiality of your personal financial information. For the purposes of this notice, "personal financial information" means information about an enrollee or an applicant for health care coverage that identifies the individual, is not generally publicly available, and is collected from the individual or is obtained in connection with providing health care coverage to the individual.

### **Information We Collect**

Depending upon the product or service you have with us, we may collect personal financial information about you from the following sources:
☐ Information we receive from you on applications or other forms, such as name, address, age, medical information and Social Security number;
☐ Information about your transactions with us, our affiliates or others, such as premium payment and claims history; and
☐ Information from a consumer reporting agency.
Disclosure of Information
We do not disclose personal financial information about our enrollees or former enrollees to any third party, except as required or permitted by law. For example, in the course of our general business practices, we may, as permitted by law, disclose any of the personal financial information that we collect about you, without your authorization, to the following types of institutions:
☐ To our corporate affiliates, which include financial service providers, such as other insurers, and non-financial companies, such as data processors;
☐ To nonaffiliated companies for our everyday business purposes, such as to process your transactions, maintain your account(s), or respond to court orders and legal investigations; and
<ul> <li>To nonaffiliated companies that perform services for us, including sending promotional communications on our behalf.</li> </ul>

### **Confidentiality and Security**

We maintain physical, electronic and procedural safeguards, in accordance with applicable state and federal standards, to protect your personal financial information against risks such as loss, destruction or misuse. These measures include computer safeguards, secured files and buildings, and restrictions on who may access your personal financial information.

### **Questions About this Notice**

If you have any questions about this notice, please call the toll-free member phone number on your health plan ID card or contact the UnitedHealth Group Customer Call Center at 1-844-280-7754 (TTY/RTT 711).

<sup>&</sup>lt;sup>2</sup> For purposes of this Financial Information Privacy Notice, "we" or "us" refers to the entities listed in footnote 2, beginning on page four of the Health Plan Notices of Privacy Practices, plus the following UnitedHealthcare affiliates: AmeriChoice Corporation.; Dental Benefit Providers, Inc.; Ear Professional International Corporation; gethealthinsurance.com Agency, Inc.; Genoa Healthcare, LLC; Golden Outlook, Inc.; Level2 Health IPA, LLC; Level2 Health Management, LLC; Life Print Health, Inc.; Managed Physical Network, Inc.; Optum Care Networks, Inc; Optum Global Solutions (India) Private Limited; OptumHealth Care Solutions, LLC; Optum Health Holdings, LLC; Optum Labs, LLC; Optum Networks of New Jersey, Inc.; Optum Women's and Children's Health, LLC; OrthoNet, LLC; OrthoNet of the South, Inc.; Oxford

Benefit Management, Inc.; Oxford Health Plans LLC; Physician Alliance of the Rockies, LLC; POMCO Network, Inc.; POMCO, Inc.; Real Appeal, Inc.; Sanvello Health, Inc.; Spectera, Inc.; Three Rivers Holdings, Inc.; UHIC Holdings, Inc.; UMR, Inc.; ;United Behavioral Health; United Behavioral Health of New York I.P.A., Inc.; UnitedHealthcare, Inc.; United HealthCare Services, Inc.; UnitedHealth Advisors, LLC; UnitedHealthcare Service LLC; Urgent Care MSO, LLC; USHEALTH Administrators, LLC; USHEALTH Group, Inc.; and Vivify Health, Inc. This Financial Information Privacy Notice only applies where required by law. Specifically, it does not apply to (1) health care insurance products offered in Nevada by Health Plan of Nevada, Inc. and Sierra Health and Life Insurance Company, Inc.; or (2) other UnitedHealth Group health plans in states that provide exceptions for HIPAA covered entities or health insurance products. This list of health plans is complete as of the effective date of this notice. For a current list of health plans subject to this notice go to www.uhc.com/privacy/entities-fn-v1.

© 2021 United HealthCare Services, Inc.

# Section 1.4 We must give you information about the plan, its network of providers, and your covered services

As a member of our plan, you have the right to get several kinds of information from us.

If you want any of the following kinds of information, please call Customer Service:

Information about our plan. This includes, for example, information about the plan's financial condition.

Information about our network providers and pharmacies.

You have the right to get information about the qualifications of the providers and pharmacies in our network and how we pay the providers in our network.

Information about your coverage and the rules you must follow when using your coverage. Chapters 3 and 4 provide information regarding medical services. Chapters 5 and 6 provide information about Part D prescription drug coverage.

Information about why something is not covered and what you can do about it. Chapter 9 provides information on asking for a written explanation on why a medical service or Part D drug is not covered or if your coverage is restricted. Chapter 9 also provides information on asking us to change a decision, also called an appeal.

### Section 1.5

You have a right to participate with practitioners in making decisions about your health care. We must support your right to make decisions about your care and a candid discussion of appropriate or medically necessary treatment options for your conditions, regardless of cost or benefit coverage.

# You have the right to know your treatment options and participate in decisions about your health care

You have the right to get full information from your doctors and other health care providers. Your providers must explain your medical condition and your treatment choices **in a way that you can understand**.

understand.
You also have the right to participate fully in decisions about your health care. To help you make decisions with your doctors about what treatment is best for you, your rights include the following:
□ To know about all of your choices. You have the right to be told about all of the treatment options that are recommended for your condition, no matter what they cost or whether they are covered by our plan. It also includes being told about programs our plan offers to help members manage their medications and use drugs safely.
☐ <b>To know about the risks</b> . You have the right to be told about any risks involved in your care. You must be told in advance if any proposed medical care or treatment is part of a research experiment. You always have the choice to refuse any experimental treatments.
□ The right to say "no." You have the right to refuse any recommended treatment. This includes the right to leave a hospital or other medical facility, even if your doctor advises you not to leave. You also have the right to stop taking your medication. Of course, if you refuse treatment or stop taking medication, you accept full responsibility for what happens to your body as a result.
You have the right to give instructions about what is to be done if you are not able to make medical decisions for yourself
Sometimes people become unable to make health care decisions for themselves due to accidents or serious illness. You have the right to say what you want to happen if you are in this situation. This means that, <b>if you want to</b> , you can:
☐ Fill out a written form to give <b>someone the legal authority to make medical decisions for you</b> if you ever become unable to make decisions for yourself.
☐ <b>Give your doctors written instructions</b> about how you want them to handle your medical care if you become unable to make decisions for yourself.
The legal documents that you can use to give your directions in advance in these situations are called "advance directives." There are different types of advance directives and different names for them. Documents called "living will" and "power of attorney for health care" are examples of advance directives.
If you want to use an "advance directive" to give your instructions, here is what to do:
☐ <b>Get the form</b> . You can get an advance directive form from your lawyer, from a social worker, o from some office supply stores. You can sometimes get advance directive forms from organizations that give people information about Medicare. You can also contact Customer Service for assistance in locating an advanced directive form.
☐ <b>Fill it out and sign it</b> . Regardless of where you get this form, keep in mind that it is a legal document. You should consider having a lawyer help you prepare it.

the person you	appropriate people. You should give a copy of the form to your doctor and to name on the form who can make decisions for you if you can't. You may want o close friends or family members. Keep a copy at home.
•	of time that you are going to be hospitalized, and you have signed an advance by with you to the hospital.
☐ The hospital will have it with you	I ask you whether you have signed an advance directive form and whether you .
☐ If you have not a if you want to si	signed an advance directive form, the hospital has forms available and will ask gn one.
whether you want to	ur choice whether you want to fill out an advance directive (including sign one if you are in the hospital). According to law, no one can deny you against you based on whether or not you have signed an advance directive.
What if your instru	ctions are not followed?
instructions in it, yo	In advance directive, and you believe that a doctor or hospital did not follow the u may file a complaint with the appropriate state-specific agency, for example, ent of Health. See Chapter 2, Section 3 for contact information regarding your by.
Section 1.6	You have a right to voice complaints or appeals about the organization or the care it provides. You have the right to make complaints and to ask us to reconsider decisions we have made
	olems, concerns, or complaints and need to request coverage, or make an f this document tells what you can do.
Whatever you do - a required to treat yo	ask for a coverage decision, make an appeal, or make a complaint – <b>we are</b> ou fairly.
Section 1.7	What can you do if you believe you are being treated unfairly or your rights are not being respected?
If it is about discrir	nination, call the Office for Civil Rights
race, disability, relig origin, you should c	ave been treated unfairly or your rights have not been respected due to your ion, sex, health, ethnicity, creed (beliefs), age, sexual orientation, or national all the Department of Health and Human Services' <b>Office for Civil Rights</b> at TY 1-800-537-7697, or call your local Office for Civil Rights.
ls it about somethi	ng else?
about discrimination	
☐ You can <b>call th</b>	SHIP For details, go to Chapter 2, Section 3

	call Medicare at 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a 877-486-2048).
Section 1.8	You have a right to make recommendations regarding the organization's member rights and responsibilities policy. How to get more information about your rights
There are several	places where you can get more information about your rights:
☐ You can <b>call</b>	Customer Service.
You may also	on on the quality program for your specific health plan, call Customer Service. access this information via the website (https://www.uhcmedicaresolutions.com/a-pdp-information-forms.html). Select, "Commitment to Quality."
☐ You can <b>call</b>	the SHIP. For details, go to Chapter 2, Section 3.
☐ You can cont	act Medicare.
	t the Medicare website to read or download the publication "Medicare Rights & " (The publication is available at:
	are.gov/Pubs/pdf/11534-Medicare-Rights-and-Protections.pdf)
° Or, you can 1-877-486-2	call 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week (TTY 048).
Section 2	You have some responsibilities as a member of the plan
Things you need call Customer Se	to do as a member of the plan are listed below. If you have any questions, please vice.
<b>services</b> . Use	with your covered services and the rules you must follow to get these covered e this Evidence of Coverage to learn what is covered for you and the rules you to get your covered services.
° Chapters 3	and 4 give the details about your medical services.
° Chapters 5	and 6 give the details about your Part D prescription drug coverage.
-	ny other health insurance coverage or prescription drug coverage in addition ou are required to tell us. Chapter 1 tells you about coordinating these benefits.
-	etor and other health care providers that you are enrolled in our plan. Show ealthcare member ID card whenever you get your medical care or Part D drugs.
	ctors and other providers help you by giving them information, asking nd following through on your care.
° To help ge	the best care, tell your doctors and other health providers about your health

° If you have any questions, be sure to ask and get an answer you can understand.

drugs, vitamins, and supplements.

problems. Follow the treatment plans and instructions that you and your doctors agree upon.

° Make sure your doctors know all of the drugs you are taking, including over-the-counter

- □ **Be considerate**. We expect all our members to respect the rights of other patients. We also expect you to act in a way that helps the smooth running of your doctor's office, hospitals, and other offices.
- ☐ **Pay what you owe**. As a plan member, you are responsible for these payments:
  - ° You must continue to pay your Medicare Part B premium to remain a member of the plan.
  - ° For most of your medical services or drugs covered by the plan, you must pay your share of the cost when you get the service or drug.
  - of If you are required to pay a late enrollment penalty, you must pay the penalty to keep your prescription drug coverage.
  - o If you are required to pay the extra amount for Part D because of your yearly income, you must continue to pay the extra amount directly to the government to remain a member of the plan.
  - ° If you move outside of our plan service area, you cannot remain a member of our plan.
  - o If you move within our service area, we need to know so we can keep your membership record up to date and know how to contact you.
  - ° If you move, it is also important to tell Social Security (or the Railroad Retirement Board).

# Chapter 9

What to do if you have a problem or complaint (coverage decisions, appeals, complaints)

### Section 1 Introduction

### Section 1.1 What to do if you have a problem or concern

This chapter explains two types of processes for handling problems and concerns:

- ☐ For some problems, you need to use the **process for coverage decisions and appeals**.
- ☐ For other problems, you need to use the **process for making complaints**; also called grievances.

Both of these processes have been approved by Medicare. Each process has a set of rules, procedures, and deadlines that must be followed by us and by you.

The guide in Section 3 will help you identify the right process to use and what you should do.

### Section 1.2 What about the legal terms?

There are legal terms for some of the rules, procedures, and types of deadlines explained in this chapter. Many of these terms are unfamiliar to most people and can be hard to understand. To make things easier, this chapter:

- □ Uses simpler words in place of certain legal terms. For example, this chapter generally says "making a complaint" rather than "filing a grievance," "coverage decision" rather than "organization determination" or "coverage determination" or "at-risk determination" and "independent review organization" instead of "Independent Review Entity."
- ☐ It also uses abbreviations as little as possible.

However, it can be helpful – and sometimes quite important – for you to know the correct legal terms. Knowing which terms to use will help you communicate more accurately to get the right help or information for your situation. To help you know which terms to use, we include legal terms when we give the details for handling specific types of situations.

### Section 2 Where to get more information and personalized assistance

We are always available to help you. Even if you have a complaint about our treatment of you, we are obligated to honor your right to complain. Therefore, you should always reach out to customer service for help. But in some situations, you may also want help or guidance from someone who is not connected with us. Below are two entities that can assist you.

### State Health Insurance Assistance Program (SHIP)

Each state has a government program with trained counselors. The program is not connected with us or with any insurance company or health plan. The counselors at this program can help you understand which process you should use to handle a problem you are having. They can also answer your questions, give you more information, and offer guidance on what to do.

The services of SHIP counselors are free. You will find phone numbers in Chapter 2, Section 3 of this document.

190

#### **Medicare**

You can also contact Medicare to get help. To contact Medicare:

- ☐ You can call 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.
- ☐ You can also visit the Medicare website (www.medicare.gov).

### Section 3 To deal with your problem, which process should you use?

If you have a problem or concern, you only need to read the parts of this chapter that apply to your situation. The guide that follows will help.

### Is your problem or concern about your benefits or coverage?

This includes problems about whether medical care or prescription drugs are covered or not, the way they are covered, and problems related to payment for medical care or prescription drugs.

#### Yes.

Go on to the next section of this chapter, **Section 4**, "A guide to the basics of coverage decisions and appeals."

#### No.

Skip ahead to Section 10 at the end of this chapter: "How to make a complaint about quality of care, waiting times, customer service or other concerns."

### Coverage decisions and appeals

### Section 4 A guide to the basics of coverage decisions and appeals

### Section 4.1 Asking for coverage decisions and making appeals: the big picture

Coverage decisions and appeals deal with problems related to your benefits and coverage for medical services and prescription drugs, including payment. This is the process you use for issues such as whether something is covered or not and the way in which something is covered.

#### Asking for coverage decisions prior to receiving services

A coverage decision is a decision we make about your benefits and coverage or about the amount we will pay for your medical services or drugs. For example, your plan network doctor makes a (favorable) coverage decision for you whenever you receive medical care from him or her or if your network doctor refers you to a medical specialist. You or your doctor can also contact us and ask for a coverage decision if your doctor is unsure whether we will cover a particular medical service or refuses to provide medical care you think that you need. In other words, if you want to know if we will cover a medical service before you receive it, you can ask us to make a coverage decision

for you. In limited circumstances a request for a coverage decision will be dismissed, which means we won't review the request. Examples of when a request will be dismissed include if the request is incomplete, if someone makes the request on your behalf but isn't legally authorized to do so or if you ask for your request to be withdrawn. If we dismiss a request for a coverage decision, we will send a notice explaining why the request was dismissed and how to ask for a review of the dismissal.

We are making a coverage decision for you whenever we decide what is covered for you and how much we pay. In some cases, we might decide a service or drug is not covered or is no longer covered by Medicare for you. If you disagree with this coverage decision, you can make an appeal.

### Making an appeal

If we make a coverage decision, whether before or after a service is received and you are not satisfied, you can "appeal" the decision. An appeal is a formal way of asking us to review and change a coverage decision we have made.

Under certain circumstances, which we discuss later, you can request an expedited or "fast appeal" of a coverage decision. Your appeal is handled by different reviewers than those who made the original decision. When you appeal a decision for the first time, this is called a Level 1 appeal. In this appeal, we review the coverage decision we made to check to see if we were properly following the rules.

When we have completed the review, we give you our decision. In limited circumstances a request for a Level 1 appeal will be dismissed, which means we won't review the request. Examples of when a request will be dismissed include if the request is incomplete, if someone makes the request on your behalf but isn't legally authorized to do so or if you ask for your request to be withdrawn. If we dismiss a request for a Level 1 appeal, we will send a notice explaining why the request was dismissed and how to ask for a review of the dismissal.

If we do not dismiss your case but say no to all or part of your Level 1 appeal, you can go on to a Level 2 appeal. The Level 2 appeal is conducted by an independent review organization that is not connected to us. (Appeals for medical services and Part B drugs will be automatically sent to the independent review organization for a Level 2 appeal – you do not need to do anything. For Part D drug appeals, if we say no to all or part of your appeal you will need to ask for a Level 2 appeal. Part D appeals are discussed further in Section 6 of this chapter). If you are not satisfied with the decision at the Level 2 appeal, you may be able to continue through additional levels of appeal (Section 9 in this chapter explains the Level 3, 4, and 5 appeals processes).

# Section 4.2 How to get help when you are asking for a coverage decision or making an appeal

Here are resources if you decide to ask for any kind of coverage decision or appeal a decision:
□ You <b>can call us at Customer Service</b> .
☐ You can get free help from your State Health Insurance Assistance Program.
☐ Your doctor can make a request for you. If your doctor helps with an appeal past Level 2,
they will need to be appointed as your representative. Please call Customer Service and ask fo

the "Appointment of Representative" form. (The form is also available on Medicare's website at www.cms.gov/Medicare/CMS-Forms/CMSForms/downloads/cms1696.pdf.)

- ° For medical care or Part B prescription drugs, your doctor can request a coverage decision or a Level 1 appeal on your behalf. If your appeal is denied at Level 1, it will be automatically forwarded to Level 2.
- o For Part D prescription drugs, your doctor or other prescriber can request a coverage decision or a Level 1 appeal on your behalf. If your Level 1 appeal is denied your doctor or prescriber can request a Level 2 appeal.
- ☐ You can ask someone to act on your behalf. If you want to, you can name another person to act for you as your "representative" to ask for a coverage decision or make an appeal.
  - of If you want a friend, relative, or another person to be your representative, call Customer Service and ask for the "Appointment of Representative" form. (The form is also available on Medicare's website at www.cms.gov/Medicare/CMS-Forms/CMS-Forms/downloads/cms1696.pdf.) The form gives that person permission to act on your behalf. It must be signed by you and by the person who you would like to act on your behalf. You must give us a copy of the signed form.
  - While we can accept an appeal request without the form, we cannot begin or complete our review until we receive it. If we do not receive the form within 44 calendar days after receiving your appeal request (our deadline for making a decision on your appeal), your appeal request will be dismissed. If this happens, we will send you a written notice explaining your right to ask the independent review organization to review our decision to dismiss your appeal.
- You also have the right to hire a lawyer. You may contact your own lawyer, or get the name of a lawyer from your local bar association or other referral service. There are also groups that will give you free legal services if you qualify. However, you are not required to hire a lawyer to ask for any kind of coverage decision or appeal a decision.

#### Section 4.3 Which section of this chapter gives the details for your situation?

here are four different situations that involve coverage decisions and appeals. Since each ituation has different rules and deadlines, we give the details for each one in a separate section:
☐ <b>Section 5</b> of this chapter: "Your medical care: How to ask for a coverage decision or make an appeal"
□ <b>Section 6</b> of this chapter: "Your Part D prescription drugs: How to ask for a coverage decision or make an appeal of a coverage decision"
□ <b>Section 7</b> of this chapter: "How to ask us to cover a longer inpatient hospital stay if you think the doctor is discharging you too soon"
□ Section 8 of this chapter: "How to ask us to keep covering certain medical services if you thinl

your coverage is ending too soon" (**Applies only to these services:** home health care, skilled nursing facility care, and Comprehensive Outpatient Rehabilitation Facility (CORF) services)

If you're not sure which section you should be using, please call Customer Service. You can also get help or information from government organizations such as your State Health Insurance Assistance Program.

# Section 5 Your medical care: How to ask for a coverage decision or make an appeal of a coverage decision

# Section 5.1 This section tells what to do if you have problems getting coverage for medical care or if you want us to pay you back for our share of the cost of your care

This section is about your benefits for medical care and services. These benefits are described in Chapter 4 of this document: **Medical Benefits Chart (what is covered and what you pay)**. To keep things simple, we generally refer to "medical care coverage" or "medical care" which includes medical items and services as well as Medicare Part B prescription drugs. In some cases, different rules apply to a request for a Part B prescription drug. In those cases, we will explain how the rules for Part B prescription drugs are different from the rules for medical items and services.

This section tells what you can do if you are in any of the five following situations:

- 1. You are not getting certain medical care you want, and you believe that this care is covered by our plan. **Ask for a coverage decision. Section 5.2.**
- 2. Our plan will not approve the medical care your doctor or other medical provider wants to give you, and you believe that this care is covered by the plan. **Ask for a coverage decision. Section 5.2.**
- 3. You have received medical care that you believe should be covered by the plan, but we have said we will not pay for this care. **Make an appeal. Section 5.3.**
- 4. You have received and paid for medical care that you believe should be covered by the plan, and you want to ask our plan to reimburse you for this care. **Send us the bill. Section 5.5.**
- 5. You are being told that coverage for certain medical care you have been getting that we previously approved will be reduced or stopped, and you believe that reducing or stopping this care could harm your health. **Make an appeal. Section 5.3.**

Note: If the coverage that will be stopped is for hospital care, home health care, skilled nursing facility care, or Comprehensive Outpatient Rehabilitation Facility (CORF) services, you need to read Sections 7 and 8 of this Chapter. Special rules apply to these types of care.

### Section 5.2 Step-by-step: How to ask for a coverage decision

Legal Terms	When a coverage decision involves your medical care, it is called an "organization determination."
	A "fast coverage decision" is called an "expedited determination."



Step 1: Decide if you need a "standard coverage decision" or a "fast coverage decision".

A "standard coverage decision" is usually made within 14 days or 72 hours for Part B drugs. A "fast coverage decision" is generally made within 72 hours, for medical services, or 24 hours for Part B drugs. In order to get a fast coverage decision, you must meet two requirements:

- ☐ You may **only ask** for coverage for medical care you have not yet received.
- ☐ You can get a fast coverage decision **only** if using the standard deadlines **could cause serious** harm to your health or hurt your ability to function.
- ☐ If your doctor tells us that your health requires a "fast coverage decision," we will automatically agree to give you a fast coverage decision.
- ☐ If you ask for a fast coverage decision on your own, without your doctor's support, we will decide whether your health requires that we give you a fast coverage decision. If we do not approve a fast coverage decision, we will send you a letter that:
  - Explains that we will use the standard deadlines.
  - Explains if your doctor asks for the fast coverage decision, we will automatically give you a fast coverage decision.
  - Explains that you can file a "fast complaint" about our decision to give you a standard coverage decision instead of the fast coverage decision you requested.



Step 2: Ask our plan to make a coverage decision or fast coverage decision.

Start by calling, writing, or faxing our plan to make your request for us to authorize or provide coverage for the medical care you want. You, your doctor, or your representative can do this. Chapter 2 has contact information.



Step 3: We consider your request for medical care coverage and give you our answer.

For standard coverage decisions we use the standard deadlines.

This means we will give you an answer within 14 calendar days after we receive your request for a medical item or service. If your request is for a Medicare Part B prescription drug, we will give you an answer within 72 hours after we receive your request.

- □ However, if you ask for more time, or if we need more information that may benefit you we can take up to 14 more days if your request is for a medical item or service. If we take extra days, we will tell you in writing. We can't take extra time to make a decision if your request is for a Medicare Part B prescription drug.
- □ If you believe we should not take extra days, you can file a "fast complaint". We will give you an answer to your complaint as soon as we make the decision. (The process for making a complaint is different from the process for coverage decisions and appeals. See Section 10 of this chapter for information on complaints.)

### For Fast Coverage decisions we use an expedited timeframe

A fast coverage decision means we will answer within 72 hours if your request is for a medical item or service. If your request is for a Medicare Part B prescription drug, we will answer within 24 hours.

- □ However, if you ask for more time, or if we need more information that may benefit you we can take up to 14 more days. If we take extra days, we will tell you in writing. We can't take extra time to make a decision if your request is for a Medicare Part B prescription drug.
- ☐ If you believe we should **not** take extra days, you can file a "fast complaint." (See Section 10 of this chapter for information on complaints.) We will call you as soon as we make the decision.
- ☐ If our answer is no to part or all of what you requested, we will send you a written statement that explains why we said no.



Step 4: If we say no to your request for coverage for medical care, you can appeal.

☐ If we say no, you have the right to ask us to reconsider this decision by making an appeal. This means asking again to get the medical care coverage you want. If you make an appeal, it means you are going on to Level 1 of the appeals process.

### Section 5.3 Step-by-step: How to make a Level 1 appeal

Legal Terms	An appeal to the plan about a medical care coverage decision is called a plan "reconsideration."
	A "fast appeal" is also called an "expedited reconsideration."



Step 1: Decide if you need a "standard appeal" or a "fast appeal."

### A "standard appeal" is usually made within 30 days. A "fast appeal" is generally made within 72 hours.

- ☐ If you are appealing a decision we made about coverage for care that you have not yet received, you and/or your doctor will need to decide if you need a "fast appeal." If your doctor tells us that your health requires a "fast appeal," we will give you a fast appeal.
- ☐ The requirements for getting a "fast appeal" are the same as those for getting a "fast coverage decision" in Section 5.2 of this chapter.



Step 2: Ask our plan for an Appeal or a Fast Appeal

Ш	has contact information.
	If you are asking for a fast appeal, make your appeal in writing or call us. Chapter 2 has contact information.
	You must make your appeal request within 60 calendar days from the date on the written notice we sent to tell you our answer on the coverage decision. If you miss this deadline and have a good reason for missing it, explain the reason your appeal is late when you make your appeal. We may give you more time to make your appeal. Examples of good cause may include a serious illness that prevented you from contacting us or if we provided you with incorrect or incomplete information about the deadline for requesting an appeal.

☐ You can ask for a copy of the information regarding your medical decision. You and your doctor may add more information to support your appeal.



Step 3: We consider your appeal and we give you our answer.

$\square$ When our plan is reviewing your appeal, we take	e a careful look at all of the information. We
check to see if we were following all the rules wh	nen we said no to your request.

☐ We will gather more information if needed, possibly contacting you or your doctor.

### Deadlines for a "fast appeal"

$\square$ For fast appeals, we must give you our a	answer within 72 hours after we receive your appeal
We will give you our answer sooner if yo	our health requires us to.

- One of the property of the
- o If we do not give you an answer within 72 hours (or by the end of the extended time period if we took extra days), we are required to automatically send your request on to Level 2 of the appeals process, where it will be reviewed by an independent review organization. Section 5.4 explains the Level 2 appeal process.
- ☐ If our answer is yes to part or all of what you requested, we must authorize or provide the coverage we have agreed to provide within 72 hours after we receive your appeal.
- ☐ If our answer is no to part or all of what you requested, we will send you our decision in writing and automatically forward your appeal to the independent review organization for a Level 2 appeal. The independent review organization will notify you in writing when it receives your appeal.

### Deadlines for a "standard appeal"

- □ For standard appeals, we must give you our answer within 30 calendar days after we receive your appeal. If your request is for a Medicare Part B prescription drug you have not yet received, we will give you our answer within 7 calendar days after we receive your appeal. We will give you our decision sooner if your health condition requires us to.
  - On However, if you ask for more time, or if we need more information that may benefit you, we can take up to 14 more calendar days if your request is for a medical item or service. If we take extra days, we will tell you in writing. We can't take extra time to make a decision if your request is for a Medicare Part B prescription drug.
  - of this chapter for information on complaints.)
    of this chapter for information on complaints.)
  - o If we do not give you an answer by the deadline (or by the end of the extended time period), we will send your request to a Level 2 appeal, where an independent review organization will review the appeal. Section 5.4 explains the Level 2 appeal process.
- ☐ If our answer is yes to part or all of what you requested, we must authorize or provide the coverage within 30 calendar days if your request is for a medical item or service, or within 7 calendar days if your request is for a Medicare Part B prescription drug.
- ☐ If our plan says no to part or all of your appeal, we will automatically send your appeal to the independent review organization for a Level 2 appeal.

### Section 5.4 Step-by-step: How a Level 2 appeal is done

Legal Term	The formal name for the "independent review organization" is the
	"Independent Review Entity." It is sometimes called the "IRE."

The independent review organization is an independent organization hired by Medicare. It is not connected with us and is not a government agency. This organization decides whether the decision we made is correct or if it should be changed. Medicare oversees its work.



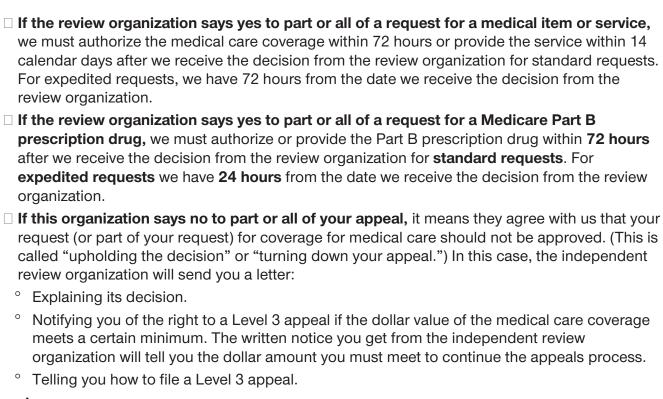
Step 1: The independent review organization reviews your appeal.

	We will send the information about your appeal to this organization. This information is called your "case file." You have the right to ask us for a copy of your case file.
	You have a right to give the independent review organization additional information to support your appeal.
	Reviewers at the independent review organization will take a careful look at all of the nformation related to your appeal.
f you	u had a "fast" appeal at Level 1, you will also have a "fast" appeal at Level 2
	For the "fast appeal" the review organization must give you an answer to your Level 2 appeal within 72 hours of when it receives your appeal.
c	However, if your request is for a medical item or service and the independent review organization needs to gather more information that may benefit you, it can take up to 14 more calendar days. The independent review organization can't take extra time to make a decision if your request is for a Medicare Part B prescription drug.
f you	u had a "standard" appeal at Level 1, you will also have a "standard" appeal at Level 2
n y n	For a "standard appeal" if your request is for a medical item or service, the review organization must give you an answer to your Level 2 Appeal within 30 calendar days of when it receives your appeal. If your request is for a Medicare Part B prescription drug, the review organization must give you an answer to your Level 2 appeal within 7 calendar days of when it receives your appeal.
C	However, if your request is for a medical item or service and the independent review organization needs to gather more information that may benefit you, it can take up to 14 more calendar days. The independent review organization can't take extra time to make a decision if your request is for a Medicare Part B prescription drug.



Step 2: The independent review organization gives you their answer.

The independent review organization will tell you its decision in writing and explain the reasons for it.



\*

Step 3: If your case meets the requirements, you choose whether you want to take your appeal further.

There are three additional levels in the appeals process after Level 2 (for a total of five levels of
appeal). If you want to go to a Level 3 appeal the details on how to do this are in the written
notice you get after your Level 2 appeal.

☐ The Level 3 appeal is handled by an Administrative Law Judge or attorney adjudicator. Section 9 in this chapter explains the Level 3, 4, and 5 appeals processes.

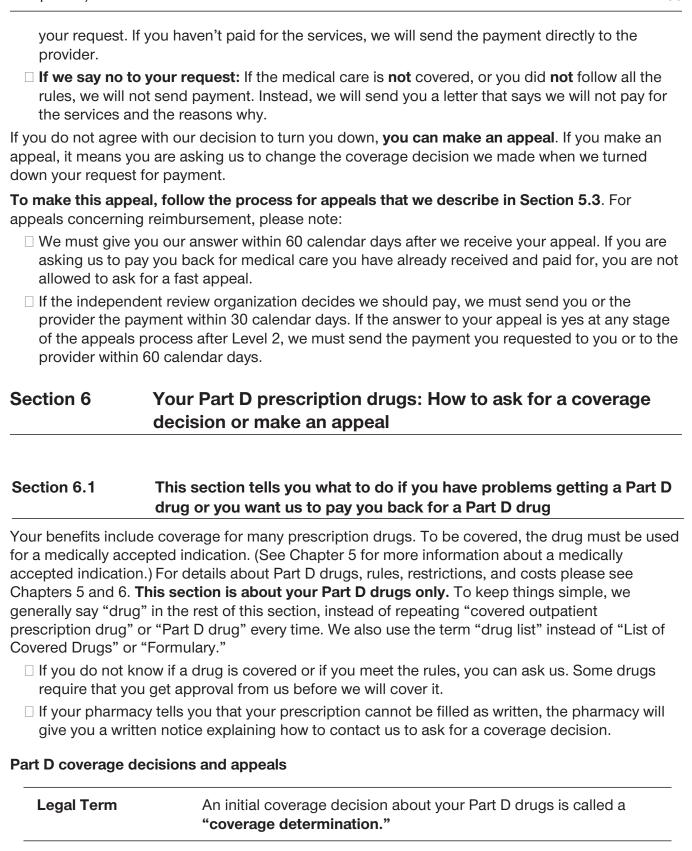
# Section 5.5 What if you are asking us to pay you for our share of a bill you have received for medical care?

Chapter 7 describes when you may need to ask for reimbursement or to pay a bill you have received from a provider. It also tells how to send us the paperwork that asks us for payment.

### Asking for reimbursement is asking for a coverage decision from us

If you send us the paperwork asking for reimbursement, you are asking for a coverage decision. To make this decision, we will check to see if the medical care you paid for is a covered service. We will also check to see if you followed all the rules for using your coverage for medical care.

If we say yes to your request: If the medical care is covered and you followed a	all the rules, v	we
will send you the payment for our share of the cost within 60 calendar days after	we receive	



A coverage decision is a decision we make about your benefits and coverage or about the amount we will pay for your drugs. This section tells what you can do if you are in any of the following situations:

	☐ Asking to cover a Part D drug that is not on the plan's <b>List of Covered Drugs. Ask for an exception. Section 6.2</b>
	□ Asking to waive a restriction on the plan's coverage for a drug (such as limits on the amount of the drug you can get). Ask for an exception. Section 6.2
	☐ Asking to pay a lower cost-sharing amount for a covered drug on a higher cost-sharing tier <b>Ask</b> for an exception. Section 6.2
	☐ Asking to get pre-approval for a drug. Ask for a coverage decision. Section 6.4
	☐ Pay for a prescription drug you already bought. Ask us to pay you back. Section 6.4
lt	f you disagree with a coverage decision we have made, you can appeal our decision.
Т	This section tells you both how to ask for coverage decisions and how to request an appeal

### Section 6.2 What is an exception?

Legal Terms	Asking for coverage of a drug that is not on the Drug List is sometimes called asking for a "formulary exception."
	Asking for removal of a restriction on coverage for a drug is sometimes called asking for a "formulary exception."
	Asking to pay a lower price for a covered non-preferred drug is sometimes called asking for a "tiering exception."

If a drug is not covered in the way you would like it to be covered, you can ask us to make an "exception." An exception is a type of coverage decision.

For us to consider your exception request, your doctor or other prescriber will need to explain the medical reasons why you need the exception approved. Here are three examples of exceptions that you or your doctor or other prescriber can ask us to make:

- **1.Covering a Part D drug for you that is not on our Drug List.** If we agree to cover a drug not on the Drug List, you will need to pay the cost-sharing amount that applies to drugs in Tier 3. You cannot ask for an exception to the cost-sharing amount we require you to pay for the drug.
- **2.Removing a restriction for a covered drug**. Chapter 5 describes the extra rules or restrictions that apply to certain drugs on our **Drug List**. If we agree to make an exception and waive a restriction for you, you can ask for an exception to the copayment or coinsurance amount we require you to pay for the drug.

Legal Term	A "fast coverage decision" is called an "expedited coverage determination."
Section 6.4	Step-by-step: How to ask for a coverage decision, including an exception
☐ If we say no to	your request, you can ask for another review by making an appeal.
plan year. This	your request for an exception, our approval usually is valid until the end of the s is true as long as your doctor continues to prescribe the drug for you and that s to be safe and effective for treating your condition.
We can say yes o	r no to your request
different possibiliti as the drug you ar will generally <b>not</b> a will generally not a	List includes more than one drug for treating a particular condition. These es are called "alternative" drugs. If an alternative drug would be just as effective e requesting and would not cause more side effects or other health problems, we approve your request for an exception. If you ask us for a tiering exception, we pprove your request for an exception unless all the alternative drugs in the lower won't work as well for you or are likely to cause an adverse reaction or other
Your doctor or oth requesting an exce	tell us the medical reasons er prescriber must give us a statement that explains the medical reasons for eption. For a faster decision, include this medical information from your doctor or hen you ask for the exception.
Section 6.3	Important things to know about asking for exceptions
with alternative	your tiering exception request and there is more than one lower cost-sharing tier e drugs you can't take, you will usually pay the lowest amount.
	k us to change the cost-sharing tier for any drug in Tier 4 Specialty Tier.
• • •	rive taking is a generic drug you can ask us to cover your drug at the cost-sharing opplies to the lowest tier that contains either brand or generic alternatives for condition.
	rive taking is a brand name drug you can ask us to cover your drug at the cost- nt that applies to the lowest tier that contains brand name alternatives for treating i.
cost-sharing ti	contains alternative drug(s) for treating your medical condition that are in a lower er than your drug, you can ask us to cover your drug at the cost-sharing amount the alternative drug(s).
is in one of 4 of	rerage of a drug to a lower cost-sharing tier. Every drug on our plan's Drug List cost-sharing tiers. In general, the lower the cost-sharing tier number, the less you ir share of the cost of the drug.



### Step 1: Decide if you need a "standard coverage decision" or a "fast coverage decision."

"Standard coverage decisions" are made within 72 hours after we receive your doctor's statement. "Fast coverage decisions" are made within 24 hours after we receive your doctor's statement.

If your health requires it, ask us to give you a "fast coverage decision." To get a fast coverage decision, you must meet two requirements:

- ☐ You must be asking for a **drug you have not yet received**. (You cannot ask for fast coverage decision to be paid back for a drug you have already bought.)
- ☐ Using the standard deadlines could **cause serious harm to your health or hurt your ability to function.**
- ☐ If your doctor or other prescriber tells us that your health requires a "fast coverage decision," we will automatically give you a fast coverage decision.
- ☐ If you ask for a fast coverage decision on your own, without your doctor or prescriber's support, we will decide whether your health requires that we give you a fast coverage decision. If we do not approve a fast coverage decision, we will send you a letter that:
  - ° Explains that we will use the standard deadlines.
  - Explains if your doctor or other prescriber asks for the fast coverage decision, we will automatically give you a fast coverage decision.
  - ° Tells you how you can file a "fast complaint" about our decision to give you a standard coverage decision instead of the fast coverage decision you requested. We will answer your complaint within 24 hours of receipt.



### Step 2: Request a "standard coverage decision" or a "fast coverage decision."

Start by calling, writing, or faxing our plan to make your request for us to authorize or provide coverage for the medical care you want. You can also access the coverage decision process through our website. We must accept any written request, including a request submitted on the CMS Model Coverage Determination Request Form, which is available on our website. Chapter 2 has contact information. To assist us in processing your request, please be sure to include your name, contact information, and information identifying which denied claim is being appealed. You, your doctor, (or other prescriber) or your representative can do this. You can also have a lawyer act on your behalf. Section 4 of this chapter tells how you can give written permission to someone else to act as your representative.

□ If you are requesting an ex	ception, provide the	"supporting statement,"	which is the medical
reasons for the exception.	Your doctor or other	prescriber can fax or m	ail the statement to us

Or your doctor or other prescriber can tell us on the phone and follow up by faxing or mailing a written statement if necessary.



Step 3: We consider your request and give you our answer.

### Deadlines for a "fast" coverage decision ☐ We must generally give you our answer within 24 hours after we receive your request. ° For exceptions, we will give you our answer within 24 hours after we receive your doctor's supporting statement. We will give you our answer sooner if your health requires us to. ° If we do not meet this deadline, we are required to send your request on to Level 2 of the appeals process, where it will be reviewed by an independent review organization. ☐ If our answer is yes to part or all of what you requested, we must provide the coverage we have agreed to provide within 24 hours after we receive your request or doctor's statement supporting your request. ☐ If our answer is no to part or all of what you requested, we will send you a written statement that explains why we said **no**. We will also tell you how you can appeal. Deadlines for a "standard" coverage decision about a drug you have not yet received ☐ We must generally give you our answer within 72 hours after we receive your request. ° For exceptions, we will give you our answer within 72 hours after we receive your doctor's supporting statement. We will give you our answer sooner if your health requires us to. ° If we do not meet this deadline, we are required to send your request on to Level 2 of the appeals process, where it will be reviewed by an independent review organization. ☐ If our answer is yes to part or all of what you requested, we must provide the coverage we have agreed to provide within 72 hours after we receive your request or doctor's statement supporting your request. ☐ If our answer is no to part or all of what you requested, we will send you a written statement that explains why we said no. We will also tell you how you can appeal. Deadlines for a "standard" coverage decision about payment for a drug you have already bought ☐ We must give you our answer within 14 calendar days after we receive your request. ☐ If we do not meet this deadline, we are required to send your request on to Level 2 of the appeals process, where it will be reviewed by an independent review organization. ☐ If our answer is yes to part or all of what you requested, we are also required to make payment to you within 14 calendar days after we receive your request. ☐ If our answer is no to part or all of what you requested, we will send you a written statement

that explains why we said no. We will also tell you how you can appeal.



Step 4: If we say no to your coverage request, you can make an appeal.

☐ If we say no, you have the right to ask us to reconsider this decision by making an appeal. This means asking again to get the drug coverage you want. If you make an appeal, it means you are going on to Level 1 of the appeals process.

### Section 6.5 Step-by-step: How to make a Level 1 appeal

Legal Terms	An appeal to the plan about a Part D drug coverage decision is called a plan "redetermination."
	A "fast appeal" is also called an "expedited redetermination."



Step 1: Decide if you need a "standard appeal" or a "fast appeal."

A "standard appeal" is usually made within 7 days. A "fast appeal" is generally made within 72 hours. If your health requires it, ask for a "fast appeal"

If you ar	e appe	alir	າg a d	ecision	we	made a	bout a	a drug you ha	ave no	t yet r	eceived	d, yo	u and yo	ur
doctor c	or other	pr	escrib	er will	need	d to dec	ide if	you need a "	fast ap	peal.'	,,			
			•		"		1 2 2					<b>.</b>		

☐ The requirements for getting a "fast appeal" are the same as those for getting a "fast coverage decision" in Section 6.4 of this chapter.



Step 2: You, your representative, doctor or other prescriber must contact us and make your Level 1 appeal. If your health requires a quick response, you must ask for a "fast appeal."

	••
□ For	standard appeals, submit a written request. Chapter 2 has contact information.
	fast appeals either submit your appeal in writing or call us at 1-844-280-7754. Chapter as contact information.
Cov incl	must accept any written request, including a request submitted on the CMS Model verage Determination Request Form, which is available on our website. Please be sure to ude your name, contact information, and information regarding your claim to assist us in cessing your request.
	I must make your appeal request within 60 calendar days from the date on the written ce we sent to tell you our answer on the coverage decision. If you miss this deadline and

have a good reason for missing it, explain the reason your appeal is late when you make your

appeal. We may give you more time to make your appeal. Examples of good cause may include a serious illness that prevented you from contacting us or if we provided you with incorrect or incomplete information about the deadline for requesting an appeal.   You can ask for a copy of the information in your appeal and add more information. You
and your doctor may add more information to support your appeal.  Step 3: We consider your appeal and we give you our answer.
□ When we are reviewing your appeal, we take another careful look at all of the information about your coverage request. We check to see if we were following all the rules when we said no to your request. We may contact you or your doctor or other prescriber to get more information.
Deadlines for a "fast appeal"
☐ For fast appeals, we must give you our answer within 72 hours after we receive your appeal. We will give you our answer sooner if your health requires us to.
o If we do not give you an answer within 72 hours, we are required to send your request on to Level 2 of the appeals process, where it will be reviewed by an independent review organization. Section 6.6 explains the Level 2 appeals process.
If our answer is yes to part or all of what you requested, we must provide the coverage we have agreed to provide within 72 hours after we receive your appeal.
☐ If our answer is no to part or all of what you requested, we will send you a written statement that explains why we said no and how you can appeal our decision.
Deadlines for a "standard" appeal for a drug you have not yet received
☐ For standard appeals, we must give you our answer within 7 calendar days after we receive your appeal. We will give you our decision sooner if you have not received the drug yet and your health condition requires us to do so.
o If we do not give you a decision within 7 calendar days, we are required to send your request on to Level 2 of the appeals process, where it will be reviewed by an independent review organization. Section 6.6 explains the Level 2 appeal process.
☐ If our answer is yes to part or all of what you requested, we must provide the coverage as quickly as your health requires, but no later than 7 calendar days after we receive your appeal.
☐ If our answer is no to part or all of what you requested, we will send you a written statement that explains why we said no and how you can appeal our decision.
Deadlines for a "standard appeal" about payment for a drug you have already bought
☐ We must give you our answer within 14 calendar days after we receive your request.

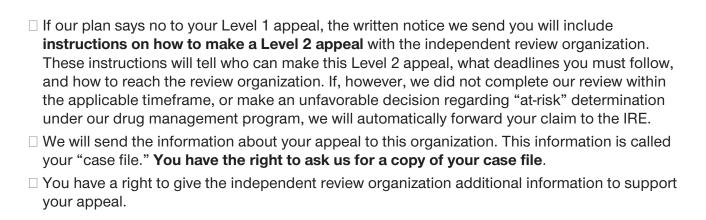
° If we do not meet this deadline, we are required to send your request on to Level 2 of the appeals process, where it will be reviewed by an independent review organization.

If our answer is yes to part or all of what you requested, we are also required to make payment to you within 30 calendar days after we receive your request.							
	☐ If our answer is no to part or all of what you requested, we will send you a written statement that explains why we said no. We will also tell you how you can appeal.						
	Step 4: If we say no to your appeal, you decide if you want to continue with the appeals process and make another appeal.						
<ul><li>If you decide appeals proc</li></ul>	to make another appeal, it means your appeal is going on to Level 2 of the ess.						
Section 6.6	Step-by-step: How to make a Level 2 appeal						
Legal Term	The formal name for the "Independent Review Organization" is the "Independent Review Entity." It is sometimes called the "IRE."						

The independent review organization is an independent organization hired by Medicare. It is not connected with us and is not a government agency. This organization decides whether the decision we made is correct or if it should be changed. Medicare oversees its work.



Step 1: You (or your representative or your doctor or other prescriber) must contact the independent review organization and ask for a review of your case.





Step 2: The independent review organization reviews your appeal.

Reviewers at the independent review organization will take a careful look at all of the information related to your appeal.

### Deadlines for "fast" appeal

- ☐ If your health requires it, ask the independent review organization for a "fast appeal."
- ☐ If the organization agrees to give you a "fast appeal," the organization must give you an answer to your Level 2 appeal within 72 hours after it receives your appeal request.

### Deadlines for "standard" appeal

□ For standard appeals, the review organization must give you an answer to your Level 2 appeal within 7 calendar days after it receives your appeal if it is for a drug you have not yet received. If you are requesting that we pay you back for a drug you have already bought, the review organization must give you an answer to your Level 2 appeal within 14 calendar days after it receives your request.



Step 3: The independent review organization gives you their answer.

### For "fast" appeals

☐ If the independent review organization says yes to part or all of what you requested, we must provide the drug coverage that was approved by the review organization within 24 hours after we receive the decision from the review organization.

#### For "standard" appeals

- ☐ If the independent review organization says yes to part or all of your request for coverage, we must provide the drug coverage that was approved by the review organization within 72 hours after we receive the decision from the review organization.
- ☐ If the independent review organization says yes to part or all of your request to pay you back for a drug you already bought, we are required to send payment to you within 30 calendar days after we receive the decision from the review organization.

### What if the review organization says no to your appeal?

If this organization says no to part or all of your appeal, it means they agree with our decision not to approve your request (or part of your request). (This is called "upholding the decision." It is also called "turning down your appeal.") In this case, the independent review organization will send you a letter:

etter.	
□ Explaining its decision.	
$\square$ Notifying you of the right to a Level 3 appeal if the dollar value of the drug coverage you a	re
requesting meets a certain minimum. If the dollar value of the drug coverage you are	
requesting is too low, you cannot make another appeal and the decision at Level 2 is final	1.
☐ Telling you the dollar value that must be in dispute to continue with the appeals process.	

_	
4	
$\mathbf{X}$	7

# Step 4: If your case meets the requirements, you choose whether you want to take your appeal further.

, , , , , ap						
☐ There are the appeal).	ree additional levels in the appeals process after Level 2 (for a total of five levels of					
•	<ul> <li>If you want to go on to a Level 3 appeal the details on how to do this are in the written notice you get after your Level 2 appeal decision.</li> </ul>					
	appeal is handled by an Administrative Law Judge or attorney adjudicator. Section of the tells more about Levels 3, 4, and 5 of the appeals process.					
Section 7	How to ask us to cover a longer inpatient hospital stay if you think the doctor is discharging you too soon					
•	lmitted to a hospital, you have the right to get all of your covered hospital services ry to diagnose and treat your illness or injury.					
• •	ered hospital stay, your doctor and the hospital staff will be working with you to ay when you will leave the hospital. They will help arrange for care you may need					
☐ The day you	leave the hospital is called your "discharge date."					
☐ When your c	lischarge date is decided, your doctor or the hospital staff will tell you.					
,	ou are being asked to leave the hospital too soon, you can ask for a longer and your request will be considered.					
Section 7.1	During your inpatient hospital stay, you will get a written notice from Medicare that tells about your rights					
Important Mess this notice. If you nurse), ask any h	of being admitted to the hospital, you will be given a written notice called <b>An</b> age from Medicare about Your Rights. Everyone with Medicare gets a copy of do not get the notice from someone at the hospital (for example, a caseworker or pospital employee for it. If you need help, please call Customer Service or 1-800-00-633-4227), 24 hours a day, 7 days a week (TTY 1-877-486-2048).					
1. Read this no	otice carefully and ask questions if you don't understand it. It tells you:					
ordered by	to receive Medicare-covered services during and after your hospital stay, as y your doctor. This includes the right to know what these services are, who will pay and where you can get them.					
☐ Your right	to be involved in any decisions about your hospital stay.					
□ Where to r	eport any concerns you have about the quality of your hospital care.					
•	to <b>request an immediate review</b> of the decision to discharge you if you think you discharged from the hospital too soon. This is a formal, legal way to ask for a delay					

in your discharge date so that we will cover your hospital care for a longer time.

2. You will be a your rights.	sked to sign the written notice to show that you received it and understand
☐ You or som	neone who is acting on your behalf will be asked to sign the notice.
notice does	e notice shows <b>only</b> that you have received the information about your rights. The s not give your discharge date. Signing the notice <b>does not mean</b> you are n a discharge date.
	opy of the notice handy so you will have the information about making an appeal a concern about quality of care) if you need it.
, ,	the notice more than two days before your discharge date, you will get another e you are scheduled to be discharged.
MEDICARE 1-877-486-2	a copy of this notice in advance, you can call Customer Service or 1-800 (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 2048. You can also see the notice online at www.cms.gov/Medicare/Medicare-ormation/BNI/HospitalDischargeAppealNotices.html.
Section 7.2	Step-by-step: How to make a Level 1 appeal to change your hospital discharge date
will need to use the	for your inpatient hospital services to be covered by us for a longer time, you ne appeals process to make this request. Before you start, understand what nd what the deadlines are:  rocess.
☐ Meet the dea	
Customer Se	if you need it. If you have questions or need help at any time, please call rvice. Or, call your State Health Insurance Assistance Program, a government that provides personalized assistance.
	appeal, the Quality Improvement Organization reviews your appeal. It checks

to see if your planned discharge date is medically appropriate for you. **The Quality Improvement Organization** is a group of doctors and other health care professionals

The Quality Improvement Organization is a group of doctors and other health care professionals paid by the Federal government to check on and help improve the quality of care for people with Medicare. This includes reviewing hospital discharge dates for people with Medicare. These experts are not part of our plan.



Step 1: Contact the Quality Improvement Organization for your state and ask for an immediate review of your hospital discharge. You must act quickly.

How can you contact	t this organization?
---------------------	----------------------

☐ The written notice you received (**An Important Message from Medicare About Your Rights**) tells you how to reach this organization. Or, find the name, address, and phone number of the Quality Improvement Organization for your state in Chapter 2.

#### Act quickly:

- ☐ To make your appeal, you must contact the Quality Improvement Organization **before** you leave the hospital and **no later than midnight the day of your discharge.** 
  - o If you meet this deadline, you may stay in the hospital after your discharge date without paying for it while you wait to get the decision from the Quality Improvement Organization.
  - o If you do **not** meet this deadline, and you decide to stay in the hospital after your planned discharge date, **you may have to pay all of the costs** for hospital care you receive after your planned discharge date.
- ☐ If you miss the deadline for contacting the Quality Improvement Organization, and you still wish to appeal, you must make an appeal directly to our plan instead. For details about this other way to make your appeal, see Section 7.4.

Once you request an immediate review of your hospital discharge the Quality Improvement Organization will contact us. By noon of the day after we are contacted, we will give you a Detailed **Notice of Discharge**. This notice gives your planned discharge date and explains in detail the reasons why your doctor, the hospital, and we think it is right (medically appropriate) for you to be discharged on that date.

You can get a sample of the **Detailed Notice of Discharge** by calling Customer Service or 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. (TTY users should call 1-877-486-2048.) Or you can see a sample notice online at www.cms.gov/Medicare/Medicare-General-Information/BNI/HospitalDischargeAppealNotices.



# Step 2: The Quality Improvement Organization conducts an independent review of your case.

Health professionals at the Quality Improvement Organization (we will call them "the reviewers") will ask you (or your representative) why you believe coverage for the services should continue. You don't have to prepare anything in writing, but you may do so if you wish.
The reviewers will also look at your medical information, talk with your doctor, and review information that the hospital and we have given to them.
By noon of the day after the reviewers told us of your appeal, you will get a written notice from us that gives your planned discharge date. This notice also explains in detail the reasons why your doctor, the hospital, and we think it is right (medically appropriate) for you to be discharged on that date.



Step 3: Within one full day after it has all the needed information, the Quality Improvement Organization will give you its answer to your appeal.

What happens if th	ne answer is yes?
	ganization says yes, we must keep providing your covered inpatient hospital long as these services are medically necessary.
	keep paying your share of the costs (such as deductibles or copayments, if addition, there may be limitations on your covered hospital services.
What happens if th	ne answer is no?
medically appr	ganization says <b>no</b> , they are saying that your planned discharge date is opriate. If this happens, <b>our coverage for your inpatient hospital services will</b> the day <b>after</b> the Quality Improvement Organization gives you its answer to
you may have	ganization says <b>no</b> to your appeal and you decide to stay in the hospital, then <b>to pay the full cost</b> of hospital care you receive after noon on the day after the ement Organization gives you its answer to your appeal.
Step 4: If another a	the answer to your Level 1 appeal is no, you decide if you want to make ppeal.
hospital after y	nprovement Organization has said <b>no</b> to your appeal, <b>and</b> you stay in the our planned discharge date, then you can make another appeal. Making means you are going on to Level 2 of the appeals process.
Section 7.3	Step-by-step: How to make a Level 2 appeal to change your hospital discharge date
decision on your fir	peal, you ask the Quality Improvement Organization to take another look at their st appeal. If the Quality Improvement Organization turns down your Level 2



Step 1: Contact the Quality Improvement Organization again and ask for another review.

You must ask for this review within 60 calendar days after the day the Quality Improvement
Organization said no to your Level 1 appeal. You can ask for this review only if you stay in the
hospital after the date that your coverage for the care ended.



# Step 2: The Quality Improvement Organization does a second review of your situation.

☐ Reviewers at the Quality Improvement Organization will take another careful look at all of the information related to your appeal.



Step 3: Within 14 calendar days of receipt of your request for a Level 2 appeal, the reviewers will decide on your appeal and tell you their decision.

#### If the review organization says yes:

- □ We must reimburse you for our share of the costs of hospital care you have received since noon on the day after the date your first appeal was turned down by the Quality Improvement Organization. We must continue providing coverage for your inpatient hospital care for as long as it is medically necessary.
- ☐ You must continue to pay your share of the costs and coverage limitations may apply.

#### If the review organization says no:

- ☐ It means they agree with the decision they made on your Level 1 appeal.
- ☐ The notice you get will tell you in writing what you can do if you wish to continue with the review process.



Step 4: If the answer is no, you will need to decide whether you want to take your appeal further by going on to Level 3.

- ☐ There are three additional levels in the appeals process after Level 2 (for a total of five levels of appeal). If you want to go to a Level 3 appeal, the details on how to do this are in the written notice you get after your Level 2 appeal decision.
- ☐ The Level 3 appeal is handled by an Administrative Law Judge or attorney adjudicator. Section 9 in this chapter tells more about Levels 3, 4, and 5 of the appeals process.

### Section 7.4 What if you miss the deadline for making your Level 1 appeal?

Legal Term	A "fast review" (or "fast appeal") is also called an "expedited
	appeal."

#### You can appeal to us instead

As explained above, you must act quickly to start your Level 1 appeal of your hospital discharge date. If you miss the deadline for contacting the Quality Improvement Organization, there is another way to make your appeal.

If you use this other way of making your appeal, the first two levels of appeal are different.

Step-by-Step: How to make a Level 1 Alternate Appeal



Step 1: Contact our plan and ask for a "fast review."

□ **Ask for a "fast review."** This means you are asking us to give you an answer using the "fast" deadlines rather than the "standard" deadlines. Chapter 2 has contact information.



Step 2: We do a "fast" review of your planned discharge date, checking to see if it was medically appropriate.

□ During this review, we take a look at all of the information about your hospital stay. We check to see if your planned discharge date was medically appropriate. We see if the decision about when you should leave the hospital was fair and followed all the rules.



Step 3: We give you our decision within 72 hours after you ask for a "fast review".

- □ If we say yes to your appeal, it means we have agreed with you that you still need to be in the hospital after the discharge date. We will keep providing your covered inpatient hospital services for as long as they are medically necessary. It also means that we have agreed to reimburse you for our share of the costs of care you have received since the date when we said your coverage would end. (You must pay your share of the costs and there may be coverage limitations that apply.)
- ☐ If we say no to your appeal, we are saying that your planned discharge date was medically appropriate. Our coverage for your inpatient hospital services ends as of the day we said coverage would end.
  - o If you stayed in the hospital after your planned discharge date, then you may have to pay the full cost of hospital care you received after the planned discharge date.



Step 4: If our plan says no to your appeal, your case will automatically be sent on to the next level of the appeals process.

#### Step-by-Step: Level 2 Alternate Appeal Process

Legal Term	The formal name for the "Independent Review Organization" is the "Independent Review Entity." It is sometimes called the "IRE."

The independent review organization is an independent organization hired by Medicare. It is not connected with our plan and is not a government agency. This organization decides whether the decision we made is correct or if it should be changed. Medicare oversees its work.



# Step 1: We will automatically forward your case to the independent review organization.

□ We are required to send the information for your Level 2 appeal to the independent review organization within 24 hours of when we tell you that we are saying no to your first appeal. (If you think we are not meeting this deadline or other deadlines, you can make a complaint. Section 10 of this chapter tells how to make a complaint.)



# Step 2: The independent review organization does a "fast review" of your appeal. The reviewers give you an answer within 72 hours.

- □ Reviewers at the Independent review organization will take a careful look at all of the information related to your appeal of your hospital discharge.
- ☐ If this organization says yes to your appeal, then we must pay you back for our share of the costs of hospital care you received since the date of your planned discharge. We must also continue the plan's coverage of your inpatient hospital services for as long as it is medically necessary. You must continue to pay your share of the costs. If there are coverage limitations, these could limit how much we would reimburse or how long we would continue to cover your services.
- ☐ If this organization says no to your appeal, it means they agree that your planned hospital discharge date was medically appropriate.
  - o The written notice you get from the independent review organization will tell how to start a Level 3 appeal with the review process, which is handled by an Administrative Law Judge or attorney adjudicator.



Step 3: If the independent review organization turns down your appeal, you choose whether you want to take your appeal further.

appeal). If re	ree additional levels in the appeals process after Level 2 (for a total of five levels of viewers say no to your Level 2 appeal, you decide whether to accept their decision evel 3 appeal.
☐ Section 9 in	this chapter tells more about Levels 3, 4, and 5 of the appeals process.
Section 8	How to ask us to keep covering certain medical services if you think your coverage is ending too soon
Section 8.1	This section is only about three services: Home health care, skilled nursing facility care, and Comprehensive Outpatient Rehabilitation Facility (CORF) services

When you are getting home health services, skilled nursing care, or rehabilitation care (Comprehensive Outpatient Rehabilitation Facility), you have the right to keep getting your covered services for that type of care for as long as the care is needed to diagnose and treat your illness or injury.

When we decide it is time to stop covering any of the three types of care for you, we are required to tell you in advance. When your coverage for that care ends, we will stop paying our share of the cost for your care.

If you think we are ending the coverage of your care too soon, **you can appeal our decision**. This section tells you how to ask for an appeal.

#### Section 8.2 We will tell you in advance when your coverage will be ending

Legal Term	"Notice of Medicare Non-Coverage." It tells you how you can request a "fast-track appeal." Requesting a fast-track appeal is a formal, legal way to request a change to our coverage decision about when to stop your care.

- **1.You receive a notice in writing** at least two days before our plan is going to stop covering your care. The notice tells you:
- ☐ The date when we will stop covering the care for you.
- ☐ How to request a "fast track appeal" to request us to keep covering your care for a longer period of time.
- 2.You, or someone who is acting on your behalf, will be asked to sign the written notice to show that you received it. Signing the notice shows only that you have received the information about when your coverage will stop. Signing it does <u>not</u> mean you agree with the plan's decision to stop care.

# Section 8.3 Step-by-step: How to make a Level 1 appeal to have our plan cover your care for a longer time

If you want to ask us to cover your care for a longer period of time, you will need to use the appeals process to make this request. Before you start, understand what you need to do and what the deadlines are.

Follow the process.
Meet the deadlines.
Ask for help if you need it. If you have questions or need help at any time, please call
Customer Service. Or call your State Health Insurance Assistance Program, a government
organization that provides personalized assistance.

During a Level 1 appeal, the Quality Improvement Organization reviews your appeal. It decides if the end date for your care is medically appropriate.

The **Quality Improvement Organization** is a group of doctors and other health care experts paid by the Federal government to check on and help improve the quality of care for people with Medicare. This includes reviewing plan decisions about when it's time to stop covering certain kinds of medical care. These experts are not part of our plan.



Step 1: Make your Level 1 appeal: contact the Quality Improvement Organization and ask for a fast-track appeal. You must act quickly.

#### How can you contact this organization?

☐ The written notice you received (Notice of Medicare Non-Coverage) tells you how to reach this organization. Or find the name, address, and phone number of the Quality Improvement Organization for your state in Chapter 2.

#### Act quickly:

☐ You must contact the Quality Improvement Organization to start your appeal by noon of the day before the effective date on the Notice of Medicare Non-Coverage.

#### Your deadline for contacting this organization.

☐ If you miss the deadline for contacting the Quality Improvement Organization, and you still wish to file an appeal, you must make an appeal directly to us instead. For details about this other way to make your appeal, see Section 8.5.



Step 2: The Quality Improvement Organization conducts an independent review of your case.

Legal Term "Detailed Explanation of Non-Coverage." Notice that provides details on reasons for ending coverage.

#### What happens during this review?

- ☐ Health professionals at the Quality Improvement Organization ("the reviewers") will ask you, or your representative, why you believe coverage for the services should continue. You don't have to prepare anything in writing, but you may do so if you wish.
- ☐ The review organization will also look at your medical information, talk with your doctor, and review the information that our plan has given to them.
- □ By the end of the day the reviewers tell us of your appeal, you will get the **Detailed Explanation** of **Non-Coverage** from us that explains in detail our reasons for ending our coverage for your services.



Step 3: Within one full day after they have all the information they need, the reviewers will tell you their decision.

#### What happens if the reviewers say yes?

- ☐ If the reviewers say **yes** to your appeal, then **we must keep providing your covered services for as long as it is medically necessary.**
- □ You will have to keep paying your share of the costs (such as deductibles or copayments, if these apply). There may be limitations on your covered services.

#### What happens if the reviewers say no?

- ☐ If the reviewers say no, then your coverage will end on the date we have told you.
- ☐ If you decide to keep getting the home health care, or skilled nursing facility care, or Comprehensive Outpatient Rehabilitation Facility (CORF) services **after** this date when your coverage ends, then **you will have to pay the full cost** of this care yourself.



Step 4: If the answer to your Level 1 appeal is no, you decide if you want to make another appeal.

☐ If reviewers say **no** to your Level 1 appeal – **and** you choose to continue getting care after your coverage for the care has ended – then you can make a Level 2 appeal.

# Section 8.4 Step-by-step: How to make a Level 2 appeal to have our plan cover your care for a longer time

During a Level 2 appeal, you ask the Quality Improvement Organization to take another look at the decision on your first appeal. If the Quality Improvement Organization turns down your Level 2 appeal, you may have to pay the full cost for your home health care, or skilled nursing facility care, or Comprehensive Outpatient Rehabilitation Facility (CORF) services **after** the date when we said your coverage would end.



## Step 1: Contact the Quality Improvement Organization again and ask for another review

☐ You must ask for this review **within 60 days** after the day when the Quality Improvement Organization said **no** to your Level 1 appeal. You can ask for this review only if you continued getting care after the date that your coverage for the care ended.



# Step 2: The Quality Improvement Organization does a second review of your situation.

☐ Reviewers at the Quality Improvement Organization will take another careful look at all of the information related to your appeal.



Step 3: Within 14 days of receipt of your appeal request, reviewers will decide on your appeal and tell you their decision.

#### What happens if the review organization says yes?

- ☐ We must reimburse you for our share of the costs of care you have received since the date when we said your coverage would end. We must continue providing coverage for the care for as long as it is medically necessary.
- ☐ You must continue to pay your share of the costs and there may be coverage limitations that apply.

#### What happens if the review organization says no?

- ☐ It means they agree with the decision made to your Level 1 appeal.
- ☐ The notice you get will tell you in writing what you can do if you wish to continue with the review process. It will give you the details about how to go on to the next level of appeal, which is handled by an Administrative Law Judge or attorney adjudicator.



Step 4: If the answer is no, you will need to decide whether you want to take your appeal further.

$\Box$ There are three additional levels of appeal after Level 2, for a total of five levels of appeal. If	i you
want to go on to a Level 3 appeal, the details on how to do this are in the written notice you	ı get
after your Level 2 appeal decision.	

☐ The Level 3 appeal is handled by an Administrative Law Judge or attorney adjudicator. Section 9 in this chapter tells more about Levels 3, 4, and 5 of the appeals process.

#### Section 8.5 What if you miss the deadline for making your Level 1 appeal?

#### You can appeal to us instead

As explained above, you must act quickly to contact the Quality Improvement Organization to start your first appeal (within a day or two, at the most). If you miss the deadline for contacting this organization, there is another way to make your appeal. If you use this other way of making your appeal, the first two levels of appeal are different.

Step-by-Step: How to make a Level 1 Alternate Appeal

Legal Term	A "fast" review (or "fast appeal") is also called an "expedited appeal."
------------	--



Step 1: Contact us and ask for a "fast review."

□ Ask for a "fast review." This means you are asking us to give you an answer using the "fast" deadlines rather than the "standard" deadlines. Chapter 2 has contact information.

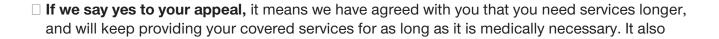


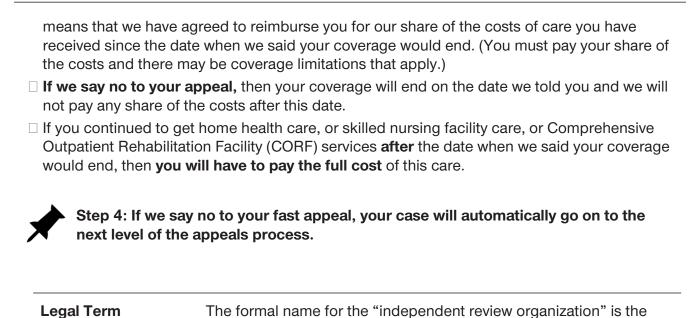
Step 2: We do a "fast" review of the decision we made about when to end coverage for your services.

□ During this review, we take another look at all of the information about your case. We check to see if we were following all the rules when we set the date for ending the plan's coverage for services you were receiving.



Step 3: We give you our decision within 72 hours after you ask for a "fast review".





#### Step-by-Step: Level 2 Alternate Appeal Process

During the Level 2 appeal, the **independent review organization** reviews the decision we made to your "fast appeal." This organization decides whether the decision should be changed. **The independent review organization is an independent organization that is hired by Medicare.** This organization is not connected with our plan and it is not a government agency. This organization is a company chosen by Medicare to handle the job of being the independent review organization. Medicare oversees its work.

"Independent Review Entity." It is sometimes called the "IRE."



# Step 1: We automatically forward your case to the independent review organization.

We are required to send the information for your Level 2 appeal to the independent review
organization within 24 hours of when we tell you that we are saying no to your first appeal. (If
you think we are not meeting this deadline or other deadlines, you can make a complaint.
Section 10 of this chapter tells how to make a complaint.)



Step 2: The independent review organization does a "fast review" of your appeal. The reviewers give you an answer within 72 hours.

Reviewers at the independent review organize	ization will take a careful look at all of th	ıе
information related to your appeal.		

$\square$ If this organization says yes to your appeal	, then we must pay you back for our share of the
costs of care you have received since the dat	te when we said your coverage would end. We

must also continue to cover the care for as long as it is medically necessary. You must continue to pay your share of the costs. If there are coverage limitations, these could limit how much we would reimburse or how long we would continue to cover services.

- ☐ If this organization says no to your appeal, it means they agree with the decision our plan made to your first appeal and will not change it.
  - The notice you get from the independent review organization will tell you in writing what you can do if you wish to go on to a Level 3 appeal.



Step 3: If the independent review organization says no to your appeal, you choose whether you want to take your appeal further.

- ☐ There are three additional levels of appeal after Level 2, for a total of five levels of appeal. If you want to go on to a Level 3 appeal, the details on how to do this are in the written notice you get after your Level 2 appeal decision.
- □ A Level 3 appeal is reviewed by an Administrative Law Judge or attorney adjudicator. Section 9 in this chapter tells more about Levels 3, 4, and 5 of the appeals process.

### Section 9 Taking your appeal to Level 3 and beyond

### Section 9.1 Appeal Levels 3, 4, and 5 for Medical Service Requests

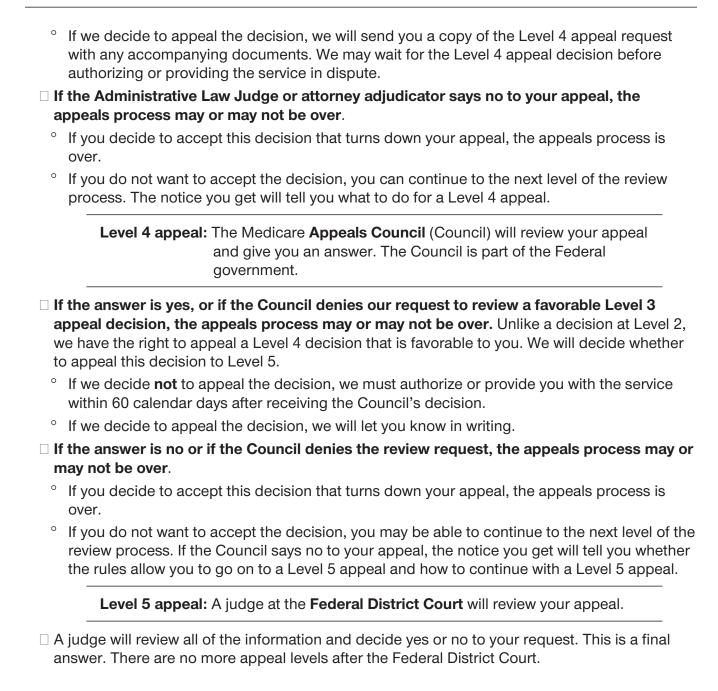
This section may be appropriate for you if you have made a Level 1 appeal and a Level 2 appeal, and both of your appeals have been turned down.

If the dollar value of the item or medical service you have appealed meets certain minimum levels, you may be able to go on to additional levels of appeal. If the dollar value is less than the minimum level, you cannot appeal any further. The written response you receive to your Level 2 appeal will explain how to make a Level 3 appeal.

For most situations that involve appeals, the last three levels of appeal work in much the same way. Here is who handles the review of your appeal at each of these levels.

Level 3 appeal: An Administrative Law Judge or an attorney adjudicator who works for the Federal government will review your appeal and give you an answer.

- ☐ If the Administrative Law Judge or attorney adjudicator says yes to your appeal, the appeals process may or may not be over. Unlike a decision at a Level 2 appeal, we have the right to appeal a Level 3 decision that is favorable to you. If we decide to appeal, it will go to a Level 4 appeal.
  - of If we decide **not** to appeal, we must authorize or provide you with the service within 60 calendar days after receiving the Administrative Law Judge's or attorney adjudicator's decision.

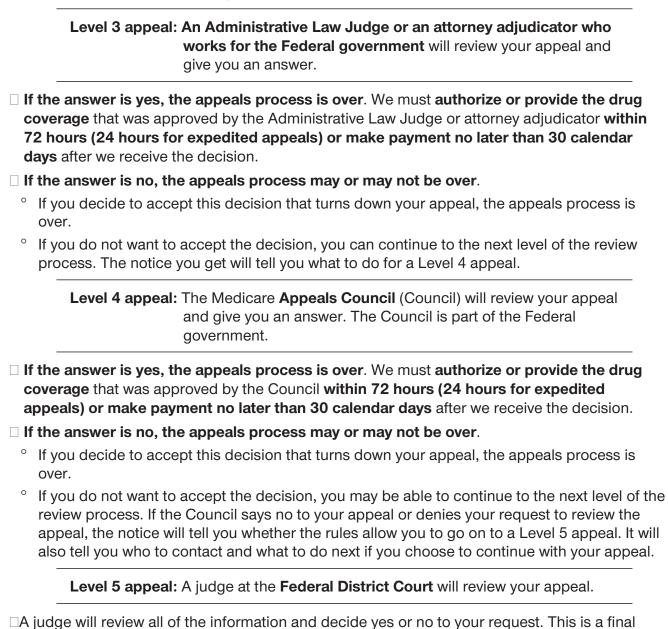


#### Section 9.2 Appeal Levels 3, 4, and 5 for Part D Drug Requests

This section may be appropriate for you if you have made a Level 1 appeal and a Level 2 appeal, and both of your appeals have been turned down.

If the value of the drug you have appealed meets a certain dollar amount, you may be able to go on to additional levels of appeal. If the dollar amount is less, you cannot appeal any further. The written response you receive to your Level 2 appeal will explain who to contact and what to do to ask for a Level 3 appeal.

For most situations that involve appeals, the last three levels of appeal work in much the same way. Here is who handles the review of your appeal at each of these levels.



### **Making complaints**

Section 10

How to make a complaint about quality of care, waiting times, customer service, or other concerns

answer. There are no more appeal levels after the Federal District Court.

#### Section 10.1 What kinds of problems are handled by the complaint process?

The complaint process is only used for certain types of problems. This includes problems related to quality of care, waiting times, and the customer service. Here are examples of the kinds of problems handled by the complaint process.

Complaint	Example
Quality of your medical care	☐ Are you unhappy with the quality of the care you have received (including care in the hospital)?
Respecting your privacy	☐ Did someone not respect your right to privacy or share confidential information?
Disrespect, poor customer service, or other negative behaviors	<ul> <li>☐ Has someone been rude or disrespectful to you?</li> <li>☐ Are you unhappy with our Customer Service?</li> <li>☐ Do you feel you are being encouraged to leave the plan?</li> </ul>
Waiting times	<ul> <li>Are you having trouble getting an appointment, or waiting too long to get it?</li> <li>Have you been kept waiting too long by doctors, pharmacists, or other health professionals? Or by Customer Service or other staff at our plan?</li> <li>Examples include waiting too long on the phone, in the waiting or exam room, or getting a prescription.</li> </ul>
Cleanliness	☐ Are you unhappy with the cleanliness or condition of a clinic, hospital, or doctor's office?
Information you get from us	<ul><li>□ Did we fail to give you a required notice?</li><li>□ Is our written information hard to understand?</li></ul>
Timeliness (These types of complaints are all related to the timeliness of our actions related to coverage decisions and appeals)	If you have asked us for a coverage decision or made an appeal, and you think that we are not responding quickly enough, you can also make a complaint about our slowness. Here are examples:  You asked us for a "fast coverage decision" or a "fast appeal," and we have said no; you can make a complaint.  You believe we are not meeting the deadlines for coverage decisions or appeals; you can make a complaint.  You believe we are not meeting deadlines for covering or reimbursing you for certain medical services or drugs that were approved, you can make a complaint.

Complaint	Example
	☐ You believe we failed to meet required deadlines for forwarding your case to the independent review organization; you can make a complaint.
Section 10.2	How to make a complaint
Legal Terms	A "complaint" is also called a "grievance."
	"Making a complaint" is also called "filing a grievance."
	"Using the process for complaints" is also called "using the process for filing a grievance."
	A "fast complaint" is also called an "expedited grievance."



Step 1: Contact us promptly – either by phone or in writing.

<b>Usually, calling Customer Service is the first step.</b> If there is anything else you need to do, Customer Service will let you know.
If you do not wish to call (or you called and were not satisfied), you can put your complaint in writing and send it to us. If you put your complaint in writing, we will respond to your complaint in writing.
We must receive your complaint within 60 calendar days of the event or incident you are complaining about. If something kept you from filing your complaint (you were sick, we provided incorrect information, etc.) let us know and we might be able to accept your complaint past 60 days. We will address your complaint as quickly as possible but no later than 30 days after receiving it. Sometimes we need additional information, or you may wish to provide additional information. If that occurs, we may take an additional 14 days to respond to your complaint. If the additional 14 days is taken, you will receive a letter letting you know.
If your complaint is because we took 14 extra days to respond to your request for a coverage determination or appeal or because we decided you didn't need a fast coverage decision or a fast appeal, you can file a fast complaint. We will respond to you within 24 hours of receiving your complaint. The address and fax numbers for filing complaints are located in Chapter 2 under "How to contact us when you are making a complaint about your medical care" or for

Part D prescription drug complaints "How to contact us when you are making a complaint about your Part D prescription drugs."

☐ The **deadline** for making a complaint is 60 calendar days from the time you had the problem you want to complain about.



Step 2: We look into your complaint and give you our answer.

☐ If possible, we will answer you right away. If you call us with a complaint, we may be able to give you an answer on the same phone call.
☐ Most complaints are answered within 30 calendar days. If we need more information and the delay is in your best interest or if you ask for more time, we can take up to 14 more calendar days (44 calendar days total) to answer your complaint. If we decide to take extra days, we will tell you in writing.
☐ If you are making a complaint because we denied your request for a "fast coverage decision" or a "fast appeal," we will automatically give you a "fast complaint". If you have a "fast complaint," it means we will give you an answer within 24 hours.
☐ If we do not agree with some or all of your complaint or don't take responsibility for the problem you are complaining about, we will include our reasons in our response to you.
Section 10.4 You can also make complaints about quality of care to the Quality Improvement Organization
When your complaint is about <b>quality of care</b> , you also have two extra options:
$\ \square$ You can make your complaint directly to the Quality Improvement Organization.
□ The Quality Improvement Organization is a group of practicing doctors and other health care experts paid by the Federal government to check and improve the care given to Medicare patients. Chapter 2 has contact information.
Or
$\hfill \Box$ You can make your complaint to both the Quality Improvement Organization and us at the same time.

#### Section 10.5 You can also tell Medicare about your complaint

You can submit a complaint about UnitedHealthcare® Group Medicare Advantage (PPO) directly to Medicare. To submit a complaint to Medicare, go to www.medicare.gov/MedicareComplaintForm/home.aspx. You may also call 1-800-MEDICARE (1-800-633-4227). TTY/TDD users can call 1-877-486-2048.

# Chapter 10

Ending your membership in the plan

### Section 1 Introduction to ending your membership in our plan Ending your membership in the plan may be voluntary (your own choice) or involuntary (not your own choice): ☐ You might leave our plan because you have decided that you want to leave. Section 2 provides information on ending your membership voluntarily. ☐ There are also limited situations where you do not choose to leave, but we are required to end your membership. Section 4 tells you about situations when we must end your membership. If you are leaving our plan, our plan must continue to provide your medical care and prescription drugs and you will continue to pay your cost share until your membership ends. In the event you choose to end your membership in our plan, re-enrollment may not be permitted, or you may have to wait until your plan sponsor's next Open Enrollment Period. You should consult with your plan sponsor regarding the availability of other coverage prior to ending your plan membership outside of your plan sponsor's Open Enrollment Period. It is important to understand your plan sponsor's eligibility policies, and the possible impact to your retiree health care coverage options and other retirement benefits before submitting your request to end your membership in our plan. When can you end your membership in our plan? Section 2 Section 2.1 Where can you get more information about when you can end your membership? If you have any questions about ending your membership you can: ☐ Call your plan sponsor ☐ Call Customer Service. ☐ Find the information in the **Medicare & You 2023** handbook. ☐ Contact **Medicare** at 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. (TTY 1-877-486-2048). Section 3 Until your membership ends, you must keep getting your medical services and drugs through our plan Until your membership ends, and your new Medicare coverage begins, you must continue to get your medical care and prescription drugs through our plan.

☐ Continue to use our network providers to receive medical care.

□ Continue to use our network pharmacies or mail order to get your prescriptions filled.

☐ If you are hospitalized on the day that your membership ends, your hospital stay will be covered by our plan until you are discharged (even if you are discharged after your new health coverage begins).		
Section 4	We must end your membership in the plan in certain situations	
Section 4.1	When must we end your membership in the plan?	
We must end you	ur membership in the plan if any of the following happen:	
	ed that you no longer meet the eligibility requirements of your former employer, or trust administrator (plan sponsor).	
☐ Your former eterminated.	employer, union group or trust administrator's (plan sponsor's) contract with us is	
☐ If you no long	er have Medicare Part A and Part B.	
☐ If you move o	ut of our service area.	
☐ If you are awa	ay from our service area for more than 6 months.	
☐ If you become	e incarcerated (go to prison).	
$\square$ If you are no	onger a United States citizen or lawfully present in the United States.	
☐ If you lie or w drug coverag	ithhold information about other insurance you have that provides prescription e.	
information a	mally give us incorrect information when you are enrolling in our plan and that ffects your eligibility for our plan. (We cannot make you leave our plan for this we get permission from Medicare first.)	
medical care	lously behave in a way that is disruptive and makes it difficult for us to provide for you and other members of our plan. (We cannot make you leave our plan for nless we get permission from Medicare first.)	
•	eone else use your UnitedHealthcare member ID card to get medical care. (We you leave our plan for this reason unless we get permission from Medicare first.)	
•	our membership because of this reason, Medicare may have your case d by the Inspector General.	
	uired to pay the extra Part D amount because of your income and you do not pay vill disenroll you from our plan and you will lose prescription drug coverage.	
Where can you g	et more information?	

If you have questions or would like more information on when we can end your membership call Customer Service.

#### We cannot ask you to leave our plan for any health-related reason Section 4.2

Our plan is not allowed to ask you to leave our plan for any health-related reason.

#### What should you do if this happens?

If you feel that you are being asked to leave our plan because of a health-related reason, call Medicare at 1-800-MEDICARE (1-800-633-4227) 24 hours a day, 7 days a week (TTY 1-877-486-2048).

# Section 4.3 You have the right to make a complaint if we end your membership in our plan

If we end your membership in our plan, we must tell you our reasons in writing for ending your membership. We must also explain how you can file a grievance or make a complaint about our decision to end your membership.

# Chapter 11 Legal notices

### Section 1 Notice about governing law

The principal law that applies to this **Evidence of Coverage** document is Title XVIII of the Social Security Act and the regulations created under the Social Security Act by the Centers for Medicare & Medicaid Services, or CMS. In addition, other Federal laws may apply and, under certain circumstances, the laws of the state you live in. This may affect your rights and responsibilities even if the laws are not included or explained in this document.

#### Section 2 Notice about non-discrimination

We don't discriminate based on race, ethnicity, national origin, color, religion, sex, gender, age, sexual orientation, mental or physical disability, health status, claims experience, medical history, genetic information, evidence of insurability, or geographic location within the service area. All organizations that provide Medicare Advantage plans, like our plan, must obey Federal laws against discrimination, including Title VI of the Civil Rights Act of 1964, the Rehabilitation Act of 1973, the Age Discrimination Act of 1975, the Americans with Disabilities Act, Section 1557 of the Affordable Care Act, all other laws that apply to organizations that get Federal funding, and any other laws and rules that apply for any other reason.

If you want more information or have concerns about discrimination or unfair treatment, please call the Department of Health and Human Services' Office for Civil Rights at 1-800-368-1019 (TTY 1-800-537-7697) or your local Office for Civil Rights. You can also review information from the Department of Health and Human Services' Office for Civil Rights at https://www.hhs.gov/ocr/index.

If you have a disability and need help with access to care, please call us at Customer Service. If you have a complaint, such as a problem with wheelchair access, Customer Service can help.

### Section 3 Notice about Medicare Secondary Payer subrogation rights

We have the right and responsibility to collect for covered Medicare services for which Medicare is not the primary payer. According to CMS regulations at 42 CFR sections 422.108 and 423.462, our plan, as a Medicare Advantage Organization, will exercise the same rights of recovery that the Secretary exercises under CMS regulations in subparts B through D of part 411 of 42 CFR and the rules established in this section supersede any State laws.

### Section 4 Third party liability and subrogation

If you suffer an illness or injury for which any third party is alleged to be liable or responsible due to any negligent or intentional act or omission causing illness or injury to you, you must promptly notify us of the illness or injury. We will send you a statement of the amounts we paid for services provided in connection with the illness or injury. If you recover any sums from any third party, we shall be reimbursed out of any such recovery from any third party for the payments we made on your behalf, subject to the limitations in the following paragraphs.

- 1)Our payments are less than the recovery amount. If our payments are less than the total recovery amount from any third party (the "recovery amount"), then our reimbursement is computed as follows:
  - a) First: Determine the ratio of the procurement costs to the recovery amount (the term "procurement costs" means the attorney fees and expenses incurred in obtaining a settlement or judgment).
  - b) **Second**: Apply the ratio calculated above to our payment. The result is our share of procurement costs.
  - c) **Third**: Subtract our share of procurement costs from our payments. The remainder is our reimbursement amount.
- 2)Our payments equal or exceed the recovery amount. If our payments equal or exceed the recovery amount, our reimbursement amount is the total recovery amount minus the total procurement costs.
- 3) We incur procurement costs because of opposition to our reimbursement. If we must bring suit against the party that received the recovery amount because that party opposes our reimbursement, our reimbursement amount is the lower of the following:
  - a) Our payments made on your behalf for services; or
  - b) the recovery amount, minus the party's total procurement cost.

Subject to the limitations stated above, you agree to grant us an assignment of, and a claim and a lien against, any amounts recovered through settlement, judgment or verdict. You may be required by us and you agree to execute documents and to provide information necessary to establish the assignment, claim, or lien to ascertain our right to reimbursement.

### Section 5 Member liability

**Note:** This section only applies to you if you are required by your plan rules to obtain a referral before seeing non-network providers. Please see the chapter entitled **Using the plan's coverage for your medical services** to see if your plan requires referrals to non-network providers.

You will be liable if you receive services from non-network providers without authorization or a referral.

In the event we fail to reimburse provider's charges for covered services, you will not be liable for any sums owed by us. Neither the plan nor Medicare will pay for non-covered services except for the following eligible expenses:

□ Emergency services
☐ Urgently needed services
<ul> <li>Out-of-area and routine travel dialysis (must be received in a Medicare Certified Dialysis Facility within the United States)</li> </ul>
□ Post-stabilization services

If you enter into a private contract with a provider, neither the plan nor Medicare will pay for those services.

# Section 6 Medicare-covered services must meet requirement of reasonable and necessary

In determining coverage, services must meet the reasonable and necessary requirements under Medicare in order to be covered under your plan, unless otherwise listed as a covered service. A service is "reasonable and necessary" if the service is:

□ Safe and effective;
□ Not experimental or investigational; and
$\square$ Appropriate, including the duration and frequency that is considered appropriate for the
service, in terms of whether it is:

- 1. Furnished in accordance with accepted standards of medical practice for the diagnosis or treatment of the patient's condition or to improve the function of a malformed body member;
- 2. Furnished in a setting appropriate to the patient's medical needs and condition;
- 3. Ordered and furnished by qualified personnel;
- 4. One that meets, but does not exceed, the patient's medical need; and
- 5. At least as beneficial as an existing and available medically appropriate alternative.

# Section 7 Non duplication of benefits with automobile, accident or liability coverage

If you are receiving benefits as a result of other automobile, accident or liability coverage, we will not duplicate those benefits. It is your responsibility to take whatever action is necessary to receive payment under automobile, accident, or liability coverage when such payments may reasonably be expected, and to notify us of such coverage when available. If we happen to duplicate benefits to which you are entitled under other automobile, accident or liability coverage, we may seek reimbursement of the reasonable value of those benefits from you, your insurance carrier, or your health care provider to the extent permitted under State and/or federal law. We will provide benefits over and above your other automobile, accident or liability coverage, if the cost of your health care services exceeds such coverage. You are required to cooperate with us in obtaining payment from your automobile, accident or liability coverage carrier. Your failure to do so may result in termination of your plan membership.

### Section 8 Acts beyond our control

If, due to a natural disaster, war, riot, civil insurrection, complete or partial destruction of a facility, ordinance, law or decree of any government or quasi-governmental agency, labor dispute (when said dispute is not within our control), or any other emergency or similar event not within the control of us, providers may become unavailable to arrange or provide health services pursuant to this Evidence of Coverage and Disclosure Information, then we shall attempt to arrange for covered services insofar as practical and according to our best judgment. Neither we nor any provider shall have any liability or obligation for delay or failure to provide or arrange for covered services if such delay is the result of any of the circumstances described above.

# Section 9 Contracting medical providers and network hospitals are independent contractors

The relationships between us and our network providers and network hospitals are independent contractor relationships. None of the network providers or network hospitals or their physicians or employees are employees or agents of UnitedHealthcare Insurance Company or one of its affiliates. An agent would be anyone authorized to act on our behalf. Neither we nor any employee of UnitedHealthcare Insurance Company or one of its affiliates is an employee or agent of the network providers or network hospitals.

### Section 10 Technology assessment

We regularly review new procedures, devices and drugs to determine whether or not they are safe and efficacious for members. New procedures and technology that are safe and efficacious are eligible to become Covered Services. If the technology becomes a Covered Service, it will be subject to all other terms and conditions of the plan, including medical necessity and any applicable member copayments, coinsurance, deductibles or other payment contributions.

In determining whether to cover a service, we use proprietary technology guidelines to review new devices, procedures and drugs, including those related to behavioral/mental health. When clinical necessity requires a rapid determination of the safety and efficacy of a new technology or new application of an existing technology for an individual member, one of our Medical Directors makes a medical necessity determination based on individual member medical documentation, review of published scientific evidence, and, when appropriate, relevant specialty or professional opinion from an individual who has expertise in the technology.

#### Section 11 Member statements

In the absence of fraud, all statements made by you will be deemed representations and not warranties. No such representation will void coverage or reduce covered services under this Evidence of Coverage or be used in defense of a legal action unless it is contained in a written application.

### Section 12 Information upon request

Α	As a plan member, you have the right to request information on the following:
	☐ General coverage and comparative plan information
	☐ Utilization control procedures
	☐ Quality improvement programs
	☐ Statistical data on grievances and appeals
	☐ The financial condition of UnitedHealthcare Insurance Company or one of its affiliates

#### Section 13 2023 Enrollee Fraud & Abuse Communication

2023 Enrollee Fraud & Abuse Communication

#### How you can fight healthcare fraud

Our company is committed to preventing fraud, waste, and abuse in Medicare benefit programs and we're asking for your help. If you identify a potential case of fraud, please report it to us immediately.

Here are some examples of potential Medicare fraud cases:

□ A health care provider - such as a physician, pharmacy, or medical device company - bills for services you never got;
☐ A supplier bills for equipment different from what you got;
□ Someone uses another person's Medicare card to get medical care, prescriptions, supplies or equipment;
☐ Someone bills for home medical equipment after it has been returned;
$\square$ A company offers a Medicare drug or health plan that hasn't been approved by Medicare; or
☐ A company uses false information to mislead you into joining a Medicare drug or health plan.

To report a potential case of fraud in a Medicare benefit program, call UnitedHealthcare® Group Medicare Advantage (PPO) Customer Service at 1-844-280-7754 (TTY 711), 8 a.m.-8 p.m. local time, Monday - Friday.

This hotline allows you to report cases anonymously and confidentially. We will make every effort to maintain your confidentiality. However, if law enforcement needs to get involved, we may not be able to guarantee your confidentiality. Please know that our organization will not take any action against you for reporting a potential fraud case in good faith.

You may also report potential medical or prescription drug fraud cases to the Medicare Drug Integrity Contractor (MEDIC) at 1-877-7SafeRx (1-877-772-3379) or to the Medicare program directly at (1-800-633-4227). The Medicare fax number is 1-717-975-4442 and the website is www.medicare.gov.

### Section 14 Commitment of Coverage Decisions

UnitedHealthcare's Clinical Services Staff and Physicians make decisions on the health care services you receive based on the appropriateness of care and service and existence of coverage. Clinical Staff and Physicians making these decisions: 1. Do not specifically receive reward for issuing non-coverage (denial) decisions; 2. Do not offer incentives to physicians or other health care professionals to encourage inappropriate underutilization of care or services; and 3. Do not hire, promote, or terminate physicians or other individuals based upon the likelihood or the perceived likelihood that the individual will support or tend to support the denial of benefits.

### Section 15 Renew Active<sup>TM</sup> Terms and Conditions

Eligibility	Require	ments
-------------	---------	-------

Only members enrolled in a participating Medicare Plan insured by UnitedHealthcare
Insurance Company ("UnitedHealthcare") and affiliates are eligible for the Renew Active
program ("Program"), which includes, without limitation, access to standard fitness
memberships at participating gyms/fitness locations, online fitness and cognitive providers,
digital communities, events, classes and discounts for meal delivery at no additional cost.
By enrolling in the Program, you hereby accept and agree to be bound by these Renew Active
Terms and Conditions.

#### **Enrollment Requirements**

applicable to individual memberships.

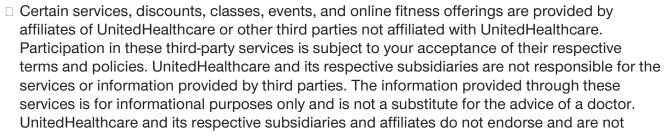
Membership and participation in the Program is voluntary.
You must enroll in the Program according to the instructions provided on this website. Once enrolled, you must obtain your confirmation code and use it when signing up for any Program services. Provide your confirmation code when visiting a participating gym/fitness location to receive standard membership access at no additional cost, registering with an online fitness and/or cognitive providers, joining the Fitbit® Community for Renew Active, and to gain access to included discounts. Please note, that by using your confirmation code, you are electing to disclose that you are a Renew Active member with a participating UnitedHealthcare Medicare plan.
Program enrollment is on an individual basis and the Program's waived monthly membership rate for standard membership services at participating gyms and fitness locations is only

□ You are responsible for any and all non-covered services and/or similar fee-based products and services offered by Program service providers (including, without limitation, gym/fitness centers, digital fitness offerings, digital cognitive providers, Fitbit, and other third party service offerings made available through the Program), including, without limitation, fees associated with personal training sessions, specialized classes, enhanced facility membership levels beyond the basic or standard membership level, and meal delivery.

Fitness membership equipment, classes, personalized fitness plans, caregiver access and events may vary by location. Access to gym and fitness location network may vary by location and plan.

#### **Liability Waiver**

Always s	seek the	advice	of a do	ctor prid	or to b	beginning	an	exercise	program	or making	changes
to your li	ifestyle c	r health	n care r	outine.							



responsible for the services or information provided by third parties, the content on any linked site, or for any injuries you may sustain while participating in any activities under the Program.

#### Other Requirements

You must verify that the individual gym/fitness location or service provider participates in the Program before enrolling.
If a Program service provider you use, including a gym or fitness location, ceases to participate in the Program, your Program participation and waived monthly membership rate with such service provider through the Program will be discontinued until you join another service offered by a participating service provider. You will be responsible for paying the standard membership rates of such service provider should you elect to continue to receive services from a service provider once that service provider ceases to participate in our Program. If you wish to cancel your membership with such service provider, you can opt to do so per the cancellation policy of the applicable service provider, including the applicable gym or fitness location. You should review your termination rights with a service provider when you initially elect to sign up with such service provider.

#### **Data Requirements**

Optum (the Program administrator) and/or your service provider will collect and electronically send and/or receive the minimum amount of your personal information required in order to facilitate the Program in accordance with the requirements of applicable laws, including privacy laws. Such required personal information includes, but is not limited to, program confirmation code, gym/fitness location/provider membership ID, activity year and month, and monthly visit count. By enrolling in the Program, you authorize Optum to request, and each service provider to provide, such personal information.

©2021 United HealthCare Services, Inc. All rights reserved.

# Chapter 12

Definitions of important words

### **Chapter 12**

### **Definitions of important words**

**Ambulatory Surgical Center** – An Ambulatory Surgical Center is an entity that operates exclusively for the purpose of furnishing outpatient surgical services to patients not requiring hospitalization and whose expected stay in the center does not exceed 24 hours.

**Annual Enrollment Period** –The time period of October 15 until December 7 of each year when members can change their health or drug plans or switch to Original Medicare.

**Appeal** – An appeal is something you do if you disagree with our decision to deny a request for coverage of health care services or prescription drugs or payment for services or drugs you already received. You may also make an appeal if you disagree with our decision to stop services that you are receiving.

**Balance Billing** – When a provider (such as a doctor or hospital) bills a patient more than the plan's allowed cost-sharing amount. As a member of UnitedHealthcare® Group Medicare Advantage (PPO), you only have to pay our plan's allowed cost-sharing amounts when you get services covered by our plan. We do not allow providers to "balance bill" or otherwise charge you more than the amount of cost-sharing your plan says you must pay.

**Benefit period** – The way that Original Medicare measures your use of hospital and skilled nursing facility (SNF) services. A benefit period begins the day you go into a hospital or skilled nursing facility. The benefit period ends when you have not received any inpatient hospital care (or skilled care in a SNF) for 60 days in a row. If you go into a hospital or a skilled nursing facility after one benefit period has ended, a new benefit period begins. There is no limit to the number of benefit periods. For Inpatient Hospital Care, Medicare-defined hospital benefit periods do not apply. For inpatient hospital care, the cost-sharing described in the Medical Benefits Chart in Chapter 4 applies each time you are admitted to the hospital. For each inpatient hospital stay, you are covered for unlimited days as long as the hospital stay is covered in accordance with plan rules.

**Brand Name Drug** – A prescription drug that is manufactured and sold by the pharmaceutical company that originally researched and developed the drug. Brand name drugs have the same active-ingredient formula as the generic version of the drug. However, generic drugs are manufactured and sold by other drug manufacturers and are generally not available until after the patent on the brand name drug has expired.

Catastrophic Coverage Stage – The stage in the Part D Drug Benefit where you pay a low copayment or coinsurance for your drugs after you or other qualified parties on your behalf have spent \$7,400 in covered drugs during the covered year.

**Centers for Medicare & Medicaid Services (CMS)** – The Federal agency that administers Medicare.

Chronic-Care Special Needs Plan – C-SNPs are SNPs that restrict enrollment to special needs individuals with specific severe or disabling chronic conditions, defined in 42 CFR 422.2. A C-SNP must have specific attributes that go beyond the provision of basic Medicare Parts A and B services and care coordination that is required of all Medicare Advantage Coordinated Care Plans, in order to receive the special designation and marketing and enrollment accommodations provided to C-SNPs.

**Clinical Research Study** – A clinical research study is a way that doctors and scientists test new types of medical care, like how well a new cancer drug works. They test new medical care procedures or drugs by asking for volunteers to help with the study. This kind of study is one of the final stages of a research process that helps doctors and scientists see if a new approach works and if it is safe.

**Coinsurance** – An amount you may be required to pay, expressed as a percentage (for example 20%) as your share of the cost for services or prescription drugs.

Coinsurance for in-network services is based upon contractually negotiated rates (when available for the specific covered service to which the coinsurance applies) or Medicare Allowable Cost, depending on our contractual arrangements for the service.

**Combined Maximum Out-of-Pocket Amount** – This is the most you will pay in a year for all services from both network providers and out-of-network providers. See Chapter 4, Section 1.2 for information about your combined maximum out-of-pocket amount.

**Compendia** – Medicare-recognized reference books for drug information and medically accepted indications for Part D coverage.

**Complaint** – The formal name for "making a complaint" is "filing a grievance." The complaint process is used only for certain types of problems. This includes problems related to quality of care, waiting times, and the customer service you receive. It also includes complaints if your plan does not follow the time periods in the appeal process.

Comprehensive Outpatient Rehabilitation Facility (CORF) – A facility that mainly provides rehabilitation services after an illness or injury, including physical therapy, social or psychological services, respiratory therapy, occupational therapy and speech-language pathology services, and home environment evaluation services.

**Copayment (or "copay")** – An amount you may be required to pay as your share of the cost for a medical service or supply, like a doctor's visit, hospital outpatient visit, or a prescription drug. A copayment is a set amount (for example \$10), rather than a percentage.

**Cost-Sharing** – Cost-sharing refers to amounts that a member has to pay when services or drugs are received. Cost-sharing includes any combination of the following three types of payments: (1) any deductible amount a plan may impose before services or drugs are covered; (2) any fixed "copayment" amount that a plan requires when a specific service or drug is received; or (3) any "coinsurance" amount, a percentage of the total amount paid for a service or drug that a plan requires when a specific service or drug is received.

**Cost-Sharing Tier** – Every drug on the list of covered drugs is in one of 4 cost-sharing tiers. In general, the higher the cost-sharing tier, the higher your cost for the drug.

**Coverage Determination** – A decision about whether a drug prescribed for you is covered by the plan and the amount, if any, you are required to pay for the prescription. In general, if you bring your prescription to a pharmacy and the pharmacy tells you the prescription isn't covered under your plan, that isn't a coverage determination. You need to call or write to your plan to ask for a formal decision about the coverage. Coverage determinations are called "coverage decisions" in this document.

Covered Drugs - The term we use to mean all of the prescription drugs covered by our plan.

**Covered Services** – The term we use in this EOC to mean all of the health care services and supplies that are covered by our plan.

Creditable Prescription Drug Coverage – Prescription drug coverage (for example, from an employer or union) that is expected to pay, on average, at least as much as Medicare's standard prescription drug coverage. People who have this kind of coverage when they become eligible for Medicare can generally keep that coverage without paying a penalty, if they decide to enroll in Medicare prescription drug coverage later.

**Custodial Care** – Custodial care is personal care provided in a nursing home, hospice, or other facility setting when you do not need skilled medical care or skilled nursing care. Custodial care, provided by people who do not have professional skills or training, includes help with activities of daily living like bathing, dressing, eating, getting in or out of a bed or chair, moving around, and using the bathroom. It may also include the kind of health-related care that most people do themselves, like using eye drops. Medicare doesn't pay for custodial care.

**Customer Service** – A department within our plan responsible for answering your questions about your membership, benefits, grievances, and appeals.

**Daily cost-sharing rate** – A "daily cost-sharing rate" may apply when your doctor prescribes less than a full month's supply of certain drugs for you and you are required to pay a copayment. A daily cost-sharing rate is the copayment divided by the number of days in a month's supply. Here is an example: If your copayment for a one-month supply of a drug is \$30, and a one-month's supply in your plan is 30 days, then your "daily cost-sharing rate" is \$1 per day.

Daily Cost Share applies only if the drug is in the form of a solid oral dose (e.g., tablet or capsule) when dispensed for less than a one-month supply under applicable law. The Daily Cost Share requirements do not apply to either of the following:

- 1. Solid oral doses of antibiotics.
- 2. Solid oral doses that are dispensed in their original container or are usually dispensed in their original packaging to assist patients with compliance.

**Deductible** – The amount you must pay for health care or prescriptions before our plan pays.

**Disenroll** or **Disenrollment** – The process of ending your membership in our plan.

**Dispensing Fee** – A fee charged each time a covered drug is dispensed to pay for the cost of filling a prescription, such as the pharmacist's time to prepare and package the prescription.

**Dual Eligible Special Needs Plans (D-SNP) –** D-SNPs enroll individuals who are entitled to both Medicare (title XVIII of the Social Security Act) and medical assistance from a state plan under Medicaid (title XIX). States cover some Medicare costs, depending on the state and the individual's eligibility.

**Durable Medical Equipment (DME)** – Certain medical equipment that is ordered by your doctor for medical reasons. Examples include walkers, wheelchairs, crutches, powered mattress systems, diabetic supplies, IV infusion pumps, speech generating devices, oxygen equipment, nebulizers, or hospital beds ordered by a provider for use in the home.

**Emergency** – A medical emergency is when you, or any other prudent layperson with an average knowledge of health and medicine, believe that you have medical symptoms that require immediate medical attention to prevent loss of life (and, if you are a pregnant woman, loss of an

unborn child), loss of a limb, or loss of function of a limb, or loss of or serious impairment to a bodily function. The medical symptoms may be an illness, injury, severe pain, or a medical condition that is quickly getting worse.

**Emergency Care** – Covered services that are: 1) provided by a provider qualified to furnish emergency services; and 2) needed to treat, evaluate, or stabilize an emergency medical condition.

**Evidence of Coverage (EOC) and Disclosure Information** – This document, along with your enrollment form and any other attachments, riders, or other optional coverage selected, which explains your coverage, what we must do, your rights, and what you have to do as a member of our plan.

**Exception** – A type of coverage decision that, if approved, allows you to get a drug that is not on our formulary (a formulary exception), or get a non-preferred drug at a lower cost-sharing level (a tiering exception). You may also request an exception if our plan requires you to try another drug before receiving the drug you are requesting, or if our plan limits the quantity or dosage of the drug you are requesting (a formulary exception).

**Extra Help** – A Medicare or a state program to help people with limited income and resources pay Medicare prescription drug program costs, such as premiums, deductibles, and coinsurance.

**Generic Drug** – A prescription drug that is approved by the Food and Drug Administration (FDA) as having the same active ingredient(s) as the brand name drug. Generally, a "generic" drug works the same as a brand name drug and usually costs less.

**Grievance** – A type of complaint you make about our plan, providers, or pharmacies, including a complaint concerning the quality of your care. This does not involve coverage or payment disputes.

**Home Health Aide** – A person who provides services that do not need the skills of a licensed nurse or therapist, such as help with personal care (e.g., bathing, using the toilet, dressing, or carrying out the prescribed exercises).

Home Health Care – Skilled nursing care and certain other health care services that you get in your home for the treatment of an illness or injury. Covered services are listed in the Benefits Chart in Chapter 4, Section 2.1 under the heading "Home health agency care." If you need home health care services, our plan will cover these services for you provided the Medicare coverage requirements are met. Home health care can include services from a home health aide if the services are part of the home health plan of care for your illness or injury. They aren't covered unless you are also getting a covered skilled service. Home health services don't include the services of housekeepers, food service arrangements, or full-time nursing care at home.

**Hospice** – A benefit that provides special treatment for a member who has been medically certified as terminally ill, meaning having a life expectancy of 6 months or less. We, your plan, must provide you with a list of hospices in your geographic area. If you elect hospice and continue to pay premiums you are still a member of our plan. You can still obtain all medically necessary services as well as the supplemental benefits we offer.

**Hospice Care** – A special way of caring for people who are terminally ill and providing counseling for their families. Hospice care is physical care and counseling that is given by a team of people who are part of a Medicare-certified public agency or private company. Depending on the situation, this care may be given in the home, a hospice facility, a hospital, or a nursing home. Care from a hospice is meant to help patients in the last months of life by giving comfort and relief from pain.

The focus is on care, not cure. For more information on hospice care visit www.medicare.gov and under "Search Tools" choose "Find a Medicare Publication" to view or download the publication "Medicare Hospice Benefits." Or, call (1-800-633-4227). TTY users should call 1-877-486-2048. You may call 24 hours a day/7 days a week. Note: If you are not entitled to Medicare Part A coverage, hospice services are not covered by Medicare or the plan.

**Hospital Inpatient Stay** – A hospital stay when you have been formally admitted to the hospital for skilled medical services. Even if you stay in the hospital overnight, you might still be considered an "outpatient."

**Income Related Monthly Adjustment Amount (IRMAA)** – If your modified adjusted gross income as reported on your IRS tax return from 2 years ago is above a certain amount, you'll pay the standard premium amount and an Income Related Monthly Adjustment Amount, also known as IRMAA. IRMAA is an extra charge added to your premium. Less than 5% of people with Medicare are affected, so most people will not pay a higher premium.

Initial Coverage Limit - The maximum limit of coverage under the Initial Coverage Stage.

**Initial Coverage Stage** – This is the stage before your total drug costs including amounts you have paid and what your plan has paid on your behalf for the year have reached \$4,660.

**Initial Enrollment Period** – When you are first eligible for Medicare, the period of time when you can sign up for Medicare Part A and Part B. If you're eligible for Medicare when you turn 65, your Initial Enrollment Period is the 7-month period that begins 3 months before the month you turn 65, includes the month you turn 65, and ends 3 months after the month you turn 65.

In-Network Maximum Out-of-Pocket Amount – The most you will pay for covered services received from in-network providers. After you have reached this limit, you will not have to pay anything when you get covered services from network providers for the rest of the contract year. However, until you reach your combined out-of-pocket amount, you must continue to pay your share of the costs when you seek care from an out-of-network provider.

**List of Covered Drugs (Formulary or "Drug List")** – A list of prescription drugs covered by the plan.

Low Income Subsidy (LIS) - See "Extra Help."

**Medicaid (or Medical Assistance)** – A joint Federal and State program that helps with medical costs for some people with low incomes and limited resources. State Medicaid programs vary, but most health care costs are covered if you qualify for both Medicare and Medicaid.

**Medically Accepted Indication** – A use of a drug that is either approved by the Food and Drug Administration or supported by certain reference books.

**Medically Necessary** – Services, supplies, or drugs that are needed for the prevention, diagnosis, or treatment of your medical condition and meet accepted standards of medical practice.

**Medicare** – The Federal health insurance program for people 65 years of age or older, some people under age 65 with certain disabilities, and people with End-Stage Renal Disease (generally those with permanent kidney failure who need dialysis or a kidney transplant).

**Medicare Advantage (MA) Plan** – Sometimes called Medicare Part C. A plan offered by a private company that contracts with Medicare to provide you with all your Medicare Part A and Part B benefits. A Medicare Advantage Plan can be an i) HMO, ii) PPO, a iii) Private Fee-for-Service (PFFS)

plan, or a iv) Medicare Medical Savings Account (MSA) plan. Besides choosing from these types of plans, a Medicare Advantage HMO or PPO plan can also be a Special Needs Plan (SNP). In most cases, Medicare Advantage Plans also offer Medicare Part D (prescription drug coverage). These plans are called **Medicare Advantage Plans with Prescription Drug Coverage**.

**Medicare Allowable Cost** – The maximum price of a service for reimbursement purposes under Original Medicare.

**Medicare Assignment** – In Original Medicare, a doctor or supplier "accepts assignment" when he or she agrees to accept the Medicare-approved amount as full payment for covered services. For covered out-of-network services, it can save you money if your doctor or supplier accepts assignment. If a doctor or supplier accepts assignment, your cost-sharing is limited to your copayment or coinsurance amount for the covered service.

**Medicare Coverage Gap Discount Program** – A program that provides discounts on most covered Part D brand name drugs to Part D members who have reached the Coverage Gap Stage and who are not already receiving "Extra Help." Discounts are based on agreements between the Federal government and certain drug manufacturers.

**Medicare-Covered Services** – Services covered by Medicare Part A and Part B. All Medicare health plans must cover all of the services that are covered by Medicare Part A and B. The term Medicare-Covered Services does not include the extra benefits, such as vision, dental or hearing, that a Medicare Advantage plan may offer.

**Medicare Health Plan** – A Medicare health plan is offered by a private company that contracts with Medicare to provide Part A and Part B benefits to people with Medicare who enroll in the plan. This term includes all Medicare Advantage Plans, Medicare Cost Plans, Special Needs Plans, Demonstration/Pilot Programs, and Programs of All-inclusive Care for the Elderly (PACE).

**Medicare Prescription Drug Coverage (Medicare Part D)** – Insurance to help pay for outpatient prescription drugs, vaccines, biologicals, and some supplies not covered by Medicare Part A or Part B.

"Medigap" (Medicare Supplement Insurance) Policy – Medicare supplement insurance sold by private insurance companies to fill "gaps" in Original Medicare. Medigap policies only work with Original Medicare. (A Medicare Advantage Plan is not a Medigap policy.)

**Member (Member of our plan, or "Plan Member")** – A person with Medicare who is eligible to get covered services, who has enrolled in our plan, and whose enrollment has been confirmed by the Centers for Medicare & Medicaid Services (CMS).

**Network** – The doctors and other health care professionals, medical groups, hospitals, and other health care facilities or providers that have an agreement with us to provide covered services to our members and to accept our payment and any plan cost-sharing as payment in full. (See Chapter 1, Section 3.2)

**Network Pharmacy** – A pharmacy that contracts with our plan where members of our plan can get their prescription drug benefits. In most cases, your prescriptions are covered only if they are filled at one of our network pharmacies.

**Network Provider** – "Provider" is the general term for doctors, other health care professionals, hospitals, and other health care facilities that are licensed or certified by Medicare and by the State to provide health care services. "Network providers" have an agreement with our plan to accept our

payment as payment in full, and in some cases to coordinate as well as provide covered services to members of our plan. Network providers are also called "plan providers."

**Non-Preferred Network Mail-order Pharmacy** – A network mail-order pharmacy that generally offers Medicare Part D covered drugs to members of our plan at higher cost-sharing levels than apply at a preferred network mail-order pharmacy.

**Organization Determination** – A decision our plan makes about whether items or services are covered or how much you have to pay for covered items or services. Organization determinations are called "coverage decisions" in this document.

Original Medicare ("Traditional Medicare" or "Fee-for-service" Medicare) – Original Medicare is offered by the government, and not a private health plan such as Medicare Advantage Plans and prescription drug plans. Under Original Medicare, Medicare services are covered by paying doctors, hospitals, and other health care providers payment amounts established by Congress. You can see any provider (network or out-of-network) at the same cost share, as long as they accept the plan and have not opted out of or been excluded or precluded from the Medicare Program. You must pay the deductible. Medicare pays its share of the Medicare-approved amount, and you pay your share. Original Medicare has two parts: Part A (Hospital Insurance) and Part B (Medical Insurance) and is available everywhere in the United States.

**Out-of-Network Pharmacy** – A pharmacy that does not have a contract with our plan to coordinate or provide covered drugs to members of our plan. Most drugs you get from out-of-network pharmacies are not covered by our plan unless certain conditions apply.

**Out-of-Network Provider or Out-of-Network Facility** – A provider or facility that does not have a contract with our plan to coordinate or provide covered services to members of our plan. Out-of-network providers are providers that are not employed, owned, or operated by our plan.

**Out-of-Pocket Costs** – See the definition for "cost-sharing" above. A member's cost-sharing requirement to pay for a portion of services or drugs received is also referred to as the member's "out-of-pocket" cost requirement.

**PACE plan** – A PACE (Program of All-Inclusive Care for the Elderly) plan combines medical, social, and long-term care services for frail people to help people stay independent and living in their community (instead of moving to a nursing home) as long as possible, while getting the high quality care they need. People enrolled in PACE plans receive both their Medicare and Medicaid benefits through the plan. PACE is not available in all states. If you would like to know if PACE is available in your state, please contact Customer Service.

Part C - see "Medicare Advantage (MA) Plan."

**Part D** – The voluntary Medicare Prescription Drug Benefit Program.

**Part D Drugs** – Drugs that can be covered under Part D. We may or may not offer all Part D drugs. Certain categories of drugs have been excluded as covered Part D drugs by Congress. Certain categories of Part D drugs must be covered by every plan.

Part D Late Enrollment Penalty – An amount added to your monthly premium for Medicare drug coverage if you go without creditable coverage (coverage that is expected to pay, on average, at least as much as standard Medicare prescription drug coverage) for a continuous period of 63 days or more after you are first eligible to join a Part D plan.

**Plan Sponsor** – Your former employer, union group or trust administrator.

**Plan Year** – The period of time your plan sponsor has contracted with us to provide covered services and covered drugs to you through the plan. Your plan sponsor's plan year is listed inside the front cover of the Evidence of Coverage.

**Preferred Network Mail-order Pharmacy –** A network mail-order pharmacy that generally offers Medicare Part D covered drugs to members of our plan that may have lower cost-sharing levels than at other network pharmacies or mail-order pharmacies.

**Preferred Provider Organization (PPO) Plan** – A Preferred Provider Organization plan is a Medicare Advantage Plan that has a network of contracted providers that have agreed to treat plan members for a specified payment amount. A PPO plan must cover all plan benefits whether they are received from in-network or out-of-network providers.

**Premium** – The periodic payment to Medicare, an insurance company, or a health care plan for health or prescription drug coverage.

**Prior Authorization** – For medical services it means a process where your PCP or treating provider must receive approval in advance before certain medical services will be provided or payable. For certain drugs it means a process where you or your provider must receive approval in advance before certain drugs will be provided or payable. Covered services that need prior authorization are marked in the Medical Benefits Chart in Chapter 4. Covered drugs that need prior authorization are marked in the formulary. In the network portion of a PPO, some in-network medical services are covered only if your PCP or other network provider gets "prior authorization" from our plan. In a PPO, you do not need prior authorization to obtain out-of-network services. However, you may want to check with the plan before obtaining services from out-of-network providers to confirm that the service is covered by your plan and what your costs-sharing responsibility is.

**Prosthetics and Orthotics** – Medical devices including, but are not limited to, arm, back and neck braces; artificial limbs; artificial eyes; and devices needed to replace an internal body part or function, including ostomy supplies and enteral and parenteral nutrition therapy.

**Provider** – The doctor or other provider you see first for most health problems. In many Medicare health plans, you must see your primary care provider before you see any other health care provider.

**Quality Improvement Organization (QIO)** – A group of practicing doctors and other health care experts paid by the Federal government to check and improve the care given to Medicare patients.

**Quantity Limits** – A management tool that is designed to limit the use of selected drugs for quality, safety, or utilization reasons. Limits may be on the amount of the drug that we cover per prescription or for a defined period of time.

**Rehabilitation Services** – These services include physical therapy, speech and language therapy, and occupational therapy.

**Retail Walk-In Clinic** – A provider location that generally does not require appointments and may be a standalone location or located in a retail store, supermarket or pharmacy. Walk-In Clinic Services are subject to the same cost sharing as Urgent Care Centers. (See the Benefit Chart in Chapter 4)

**Service Area** – A geographic area where you must live to join a particular health plan. The plan may disenroll you if you permanently move out of the plan's service area.

**Skilled Nursing Facility (SNF) Care** – Skilled nursing care and rehabilitation services provided on a continuous, daily basis, in a skilled nursing facility. Examples of care include physical therapy or intravenous injections that can only be given by a registered nurse or doctor.

**Special Enrollment Period** – A set time when members can change their health or drug plans or return to Original Medicare. Situations in which you may be eligible for a Special Enrollment Period include: if you are getting "Extra Help" with your prescription drug costs, if you move into a nursing home, or if we violate our contract with you.

**Step Therapy** – A utilization tool that requires you to first try another drug to treat your medical condition before we will cover the drug your physician may have initially prescribed.

**Supplemental Security Income (SSI)** – A monthly benefit paid by Social Security to people with limited income and resources who are disabled, blind, or age 65 and older. SSI benefits are not the same as Social Security benefits.

**Urgently Needed Services** – Covered services that are not emergency services, provided when the network providers are temporarily unavailable or inaccessible or when the enrollee is out of the service area. For example, you need immediate care during the weekend. Services must be immediately needed and medically necessary.

### **UnitedHealthcare® Group Medicare Advantage (PPO) Customer Service:**



#### Call **1-844-280-7754**

Calls to this number are free. 8 a.m.-8 p.m. local time, Monday - Friday. Customer Service also has free language interpreter services available for non-English speakers.

#### TTY **711**

UHEX23PP0017976 002

Calls to this number are free. 8 a.m.-8 p.m. local time, Monday - Friday.

Write: **P.O. Box 30770 Salt Lake City, UT 84130-0770** 

retiree.uhc.com/peracare

### State Health Insurance Assistance Program

State Health Insurance Assistance Program is a state program that gets money from the Federal government to give free local health insurance counseling to people with Medicare. You can call the SHIP in your state at the number listed in Chapter 2 Section 3 of the Evidence of Coverage.

PRA Disclosure Statement According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is 0938-1051. If you have comments or suggestions for improving this form, please write to: CMS, 7500 Security Boulevard, Attn: PRA Reports Clearance Officer, Mail Stop C4-26-05, Baltimore, Maryland 21244-1850.