



# Your plan comes packed with extras



**As a UnitedHealthcare® Group Medicare Advantage plan member, you get all the benefits we have to offer, including some great extras**



### **Renew Active**

Renew Active<sup>®1</sup> is the gold standard in Medicare fitness programs for body and mind, available at no additional cost. You'll receive a free gym membership with access to Medicare's largest national gym network.



### **Virtual Visits<sup>2</sup>**

See a doctor or talk to a behavioral health specialist anytime using live video chat from your computer, tablet or smartphone.

With **Virtual Doctor Visits**, you can ask questions, get a diagnosis, or even get medication prescribed and have it sent to your pharmacy.

With **Virtual Behavioral Health Visits**, you can speak to a behavioral health specialist for addiction, depression, anxiety, stress, loss and behavioral health medication management.



### **UnitedHealthcare® Healthy at Home**

UnitedHealthcare Healthy at Home provides you the support you need to recover from hospital and skilled nursing facility stays. You may be eligible to receive home-delivered meals, transportation to medical appointments, and in-home personal care to assist with daily activities; all at not cost to you<sup>3</sup>.

**United  
Healthcare®**  
Group Medicare Advantage





### **24/7 Provider Support<sup>4</sup>**

24/7 Provider Support was designed specifically to help make your health decisions simple and convenient by providing immediate answers to your health questions anytime, anywhere – 24 hours a day, 7 days a week – at no additional cost.



### **UnitedHealthcare® HouseCalls<sup>5</sup>**

Get a yearly check-in with a member of our licensed medical staff who will:

- Perform a head-to-toe exam, health screenings and answer your health questions
- Review your medical history and medications
- Send a summary of your visit to you and your primary care provider

**A HouseCalls visit is designed to support, but not take the place of your provider's care.**



### **UnitedHealthcare® Hearing<sup>6</sup>**

With UnitedHealthcare Hearing, you can receive a hearing exam and have access to a wide selection of name-brand and private-labeled custom-programmed hearing aids at significant savings. Plus, you'll receive personalized care and follow-up support from experienced hearing providers.



## **Register online**

Once you are a member, you can sign up for an online account to learn more about your plan.

Visit [myUHCmedicare.com/retiree](https://myUHCmedicare.com/retiree) and click on the **Sign in or register** button.

<sup>1</sup>Participation in the Renew Active® program is voluntary. Consult your doctor prior to beginning an exercise program or making changes to your lifestyle or health care routine. Renew Active includes standard fitness membership and other offerings. Fitness membership equipment, classes, personalized fitness plans, caregiver access and events may vary by location. Certain services, discounts, classes events, and online fitness offerings are provided by affiliates of UnitedHealthcare Insurance Company or other third parties not affiliated with UnitedHealthcare. Participation in these third-party services are subject to your acceptance of their respective terms and policies. UnitedHealthcare is not responsible for the services for information provided by third parties. The information provided through these services is for informational purposes only and is not a substitute for the advice of a doctor. Gym network may vary in local market.

<sup>2</sup>Virtual visits may require video-enabled smartphone or other device. Not for use in emergencies.

<sup>3</sup>When referred by a UnitedHealthcare Engagement Specialist. A new referral is required after every discharge to access your meal and transportation benefit. Call the number on your ID card to get a referral.

<sup>4</sup>24/7 Provider Support should not be used for emergency or urgent care needs. In an emergency, call 911 or go to the nearest emergency room. The information provided through this service is for informational purposes only. The nurses cannot diagnose problems or recommend treatment and are not a substitute for your provider's care. Your health information is kept confidential in accordance with the law. Access to this service is subject to terms of use.

<sup>5</sup>HouseCalls may not be available in all areas.

<sup>6</sup>Other hearing exam providers are available in the UnitedHealthcare network. The plan only covers hearing aids from a UnitedHealthcare Hearing network provider. Hearing aid savings based on comparison to retail.

Benefits, features and/or devices vary by plan/area. Limitations and exclusions apply.

Plans are insured through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract. Enrollment in these plans depends on the plan's contract renewal with Medicare.

© 2024 United HealthCare Services, Inc. All Rights Reserved.