

Start your journey to better hearing

UnitedHealthcare Hearing provides flexible hearing care options.



Step 1: Call or visit uhhearing.com/retiree to learn about your plan, then learn about an expert-guided or self-guided path

Call us at **1-866-445-2071** and a customer care agent will verify your coverage and answer any questions you have about your benefits, pricing and more.

Expert-guided path

Step 2: Learn about what to expect

If you prefer the support of a hearing care professional, check out resources online to learn more about what UnitedHealthcare Hearing has to offer and what happens next.

Visit uhhearing.com/prescription

Self-guided path

Step 2: Learn about OTC devices

If you have low-to-moderate hearing loss and enjoy using your smartphone and apps, over-the-counter (OTC) devices may be a great choice. Use our online over-the-counter hearing aid finder to see which devices may be best for you.

Visit uhhearing.com/otc



Step 3: Request and go to your appointment and order hearing aids

Call **1-866-445-2071**, **TTY 711** to request an appointment with a provider who will help you find your ideal combination of technology, quality and price.



Step 3: Order OTC hearing devices

Consider your range of options, from as-needed situational devices to all-day wear hearing aids with expert care.



Step 4: Go to a fitting appointment and receive ongoing support

Your provider will program your hearing aids and adjust their fit for comfort. You'll be able to ask questions plus get follow-up care for adjustments if needed.



Step 4: Receive your hearing aids and adjust the settings

It takes time to fine-tune settings and get used to wearing hearing aids. Wear your new OTC hearing aids for short stretches, and be patient and gentle with yourself as you adjust.

Prepare for your appointment

If you are meeting with a provider, ask these questions about your hearing health:

- What's the most likely cause of my symptoms?
- How can a pair of hearing aids benefit me?
- Do I need to see a specialist?

What to prepare for your appointment:

- A key list of your symptoms and how long you've had them
- Medical information
- Exposure you've had to loud environments

Good-to-know details

- ✓ Hearing aids today typically are smaller, less noticeable, and more comfortable than they used to be
- ✓ Both prescription and over-the-counter (OTC) hearing aids come in a variety of styles to fit your lifestyle, budget and goals
- ✓ A convenient, national network of hearing care professionals offer support for prescription devices



Ready to start with an expert?

Call **1-866-445-2071**, TTY 711 or visit **uhcheating.com/prescription**

Call 8 a.m. to 8 p.m. CT, Monday through Friday.
Be sure to have your plan name available.



The best hearing aid is the one that's right for you

There are a broad array of hearing aids available through your benefit. Choose from high-value Relate® prescription hearing aids, the latest technology and newest features from major hearing aid brands, and versatile, convenient over-the-counter options – including aids that come with expert care.



Want to take the self-guided path?

Visit **uhcheating.com/otc**

Learn more about the different styles and features.



Learn more about your hearing health

Scan using your smartphone's camera.
uhcheating.com/retiree

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