



# 2025 Plan Guide

Abbott UnitedHealthcare<sup>®</sup> Group Medicare Advantage (PPO) Group Number: 16409

Effective: January 1, 2025 through December 31, 2025

United Healthcare Group Medicare Advantage



# With the UnitedHealthcare Group Medicare Advantage (PPO) plan, you get more

Abbott has selected UnitedHealthcare<sup>®</sup> to provide two health care coverage options to their Medicare-eligible retirees: The Retiree Indemnity plan and the Group Medicare Advantage (PPO) plan. You can see a plan comparison chart and FAQs at the website below.

This guide includes information for the Group Medicare Advantage (PPO) plan option.

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### Read through this Plan Guide to get to know your option

The guide includes:

- A description of the plan and how it works
- Information about benefits, programs and services, and how much they cost
- · What you can expect after you're enrollment

Please keep this Plan Guide. It has information that will be helpful once you become a member.

You can also get more information at the website below. Select the **Chat now** button to connect with one of our knowledgeable Customer Service Advocates. Or, use the Group Number on the front cover of this book to access plan materials online.



#### How to enroll

To enroll in either the UnitedHealthcare Group Medicare Advantage(PPO) plan or the Retiree Indemnity plan, contact the AbbottBenefits Center.

- Access the Abbott Benefits Center online at abbottbenefits.com and click on the Abbott Benefits Center link for login
- Call the Abbott Benefits Center at 1-844-306-9222



#### Take control of your health

We can help you get access to the care you need when you need it. Let us help you find ways to save money on your health care so you can focus on what matters most to you.





Call toll-free **1-866-561-4042**, TTY **711** 8 a.m.-8 p.m. local time, Monday-Friday

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# More than health insurance

With this UnitedHealthcare Group Medicare Advantage (PPO) plan you get medical coverage and so much more. More benefits. More savings. More experience. More choices. More convenience.

### Here's just some of what this plan offers

- - **\$0 copay** for home-delivered meals, transportation to medical appointments and the pharmacy, and non-medical personal care to assist with daily activities after a hospital or skilled nursing facility stay



Earn rewards to spend on eligible items like gifts, clothing, groceries and more



Free standard gym membership at participating locations



Free hearing exam and \$5,000 allowance to spend on a broad selection of hearing aids



Virtual doctor and behavioral health visits using your computer, tablet or smartphone - anytime, day or night



Medicare Advantage's largest national provider network

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Special programs to help you if you are living with a chronic disease, like diabetes or heart disease, or other complex health needs

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**\$0 copay for 24 one-way trips** to your doctor appointments and the pharmacy



**Review the Summary** of Benefits in this guide for more details

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# More from your health plan

Your PPO plan is a Medicare Advantage plan, also known as Medicare Part C. This plan has all the benefits of Medicare Part A (hospital coverage) and Medicare Part B (doctor and outpatient care) plus extra programs that go beyond Original Medicare (Medicare Parts A and B). Medicare has rules about what types of coverage you can add or combine with a groupsponsored Medicare Advantage plan.

### Here's how this PPO plan works



Get care from providers in or out-ofnetwork as long as they accept Medicare and the plan

No referral is needed to see a specialist or other provider

Select a primary care provider (PCP)
 to oversee and help manage your care

It's not required by the plan, but it's very beneficial for your long-term health and well-being.



#### You pay a standard copay or coinsurance to see a network or outof-network provider

We work closely with our network (contracted) providers to make sure they have access to resources and tools to help them work with you for better health outcomes.



## This plan has a maximum annual out-of-pocket amount

If you reach the limit, the plan will pay 100% of your Medicare-covered services for the rest of the plan year.

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Emergency and urgently needed services are covered anywhere in the world

To search for a network provider, visit retiree.uhc.com/abbott.

# Get to know your plan

It's important that you understand your plan and what benefits are covered. You can find the Provider Directory and more at **retiree.uhc.com/abbott**.





## Review the online Provider Directory to see if your providers are in the network

It's okay if they're not. This plan allows you to see out-ofnetwork providers at the same cost share as long as they accept Medicare and the plan.



### Review the Summary of Benefits in this guide to see how much you'll pay for medical services

You can also review the Summary of Benefits online.

If you're not sure if you are enrolled in Medicare Part B, check with Social Security at ssa.gov/locator or call 1-800-772-1213, TTY 1-800-325-0778, 8 a.m.–7 p.m., Monday–Friday, or call your local office.

You may be disenrolled from this plan if you stop paying your Medicare Part B premium.

You're eligible to enroll in this Medicare Advantage plan if you:



Are entitled to Medicare Part A and enrolled in Medicare Part B.

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Continue to pay your Part B premium (unless it's paid for you).



**Remember:** If you drop or are disenrolled from your group-sponsored retiree coverage, you may not be able to re-enroll. Limitations and restrictions vary by former employer or plan sponsor.

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# **Summary of Benefits 2025**

#### UnitedHealthcare® Group Medicare Advantage (PPO)

Group Name (Plan Sponsor): Abbott Group Number: 16409 H2001-849-000

Look inside to learn more about the plan and the health services it covers. Contact us for more information about the plan.



retiree.uhc.com/abbott



Toll-free **1-866-561-4042**, TTY **711** 8 a.m.-8 p.m. local time, Monday-Friday

United Healthcare **Group Medicare Advantage** 

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# **Summary of Benefits**

### January 1, 2025 - December 31, 2025

This is a summary of what we cover and what you pay. Review the Evidence of Coverage (EOC) for a complete list of covered services, limitations and exclusions. You can call Customer Service if you want a copy of the EOC or need help. When you enroll in the plan, you will get more information on how to view your plan details online.

### **UnitedHealthcare® Group Medicare Advantage (PPO)**

	In-network and out-of-network
Monthly plan premium	Contact your group plan benefit administrator to determine your actual premium amount, if applicable
Part B premium reduction	\$35.00
Annual medical deductible	Your plan has an annual combined in-network and out-of-network medical deductible of \$300 each plan year.
Maximum out-of-pocket amount	Your plan has an annual combined in-network and out-of-network out-of-pocket maximum of \$2,000 for this plan year.
	If you reach the limit on out-of-pocket costs, you keep getting covered for hospital and medical services and we will pay the full cost for the rest of the plan year.
	Please note that you will still need to pay your monthly premiums, if applicable.

Medical benefits	
	In-network and out-of-network
Inpatient hospital care <sup>1</sup>	\$230 copay per day: for days 1-5 \$0 copay per day: for days 6 and beyond
	Our plan covers an unlimited number of days for an inpatient hospital stay.

### Medical benefits

		In-network and o	out-of-network
Outpatient hospital <sup>1</sup> Cost sharing for additional plan covered services will apply.	Ambulatory surgical center (ASC)	\$25 copay	
	Outpatient surgery	\$25 copay	
	Outpatient hospital services, including observation	\$25 copay	
Doctor visits	Primary care provider (PCP)	\$10 copay	
	Virtual visit	\$0 copay for desi \$10 copay for oth	ignated providers ner providers
	Specialist <sup>1</sup>	\$15 copay	
Preventive services	Routine physical	\$0 copay; 1 per p	blan year*
	Medicare-covered	\$0 copay	
	<ul> <li>Abdominal aort screening</li> <li>Alcohol misuse</li> <li>Annual wellness</li> <li>Bone mass mea</li> <li>Breast cancer s (mammogram)</li> <li>Cardiovascular (behavioral ther</li> <li>Cardiovascular</li> <li>Cervical and va screening</li> <li>Colorectal cance (colonoscopy, f test, flexible sig</li> <li>Depression screen monitoring</li> </ul>	counseling s visit asurement screening disease rapy) screening ginal cancer cer screenings fecal occult blood moidoscopy) eening	<ul> <li>Diabetes - Self-Management training</li> <li>Dialysis training</li> <li>Glaucoma screening</li> <li>Hepatitis C screening</li> <li>HIV screening</li> <li>Kidney disease education</li> <li>Lung cancer with low dose computed tomography (LDCT) screening</li> <li>Medical nutrition therapy services</li> <li>Medicare Diabetes Prevention Program (MDPP)</li> <li>Obesity screenings and counseling</li> <li>Prostate cancer screenings (PSA)</li> </ul>

	In-network and out-of-network
<ul> <li>Sexually transmission</li> <li>Tobacco use certain</li> <li>Tobacci use certain</li> <li>counseling (coupeople with not related disease)</li> </ul>	counselingflu, Hepatitis B, pneumonia, or COVID-19unseling for"Welcome to Medicare"sign of tobacco-preventive visit (one-time)
contract year will be	entive services approved by Medicare during the e covered. eventive care screenings and annual physical exams at
	\$65 copay (worldwide)
	If you are admitted to the hospital within 24 hours, you pay the inpatient hospital cost sharing instead of the emergency care copay. See the "Inpatient Hospital Care" section of this booklet for other costs.
ervices	\$35 copay (worldwide)
	If you are admitted to the hospital within 24 hours, you pay the inpatient hospital cost sharing instead of the urgently needed services copay. See the "Inpatient Hospital Care" section of this booklet for other costs.
Diagnostic radiology services (e.g. MRI, CT scan) <sup>1</sup>	\$20 copay
Lab services <sup>1</sup>	\$0 copay
Diagnostic tests and procedures <sup>1</sup>	\$25 copay
Therapeutic radiology <sup>1</sup>	\$20 copay
Outpatient X-rays <sup>1</sup>	20% coinsurance
Exam to diagnose and treat hearing	\$15 copay
	<ul> <li>screenings and Tobacco use ca counseling (cou people with no related disease</li> <li>Any additional preve contract year will be This plan covers pre 100%.</li> <li>Diagnostic radiology services (e.g. MRI, CT scan)<sup>1</sup></li> <li>Lab services<sup>1</sup></li> <li>Diagnostic tests and procedures<sup>1</sup></li> <li>Therapeutic radiology<sup>1</sup></li> <li>Outpatient X-rays<sup>1</sup></li> <li>Exam to diagnose</li> </ul>

Medical benefits		
		In-network and out-of-network
	Routine hearing exam	\$0 copay, 1 exam per plan year*
	Hearing Aids UnitedHealthcare Hearing	Through UnitedHealthcare Hearing, the plan pays a \$5,000 allowance for hearing aids (combined for both ears) every 3 years. Hearing aid coverage under this plan is only available through UnitedHealthcare Hearing.
E FP services	Exam to diagnose and treat diseases and conditions of the eye <sup>1</sup>	\$15 copay
	Eyewear after cataract surgery	\$0 сорау
	Routine eye exam	\$0 copay, 1 exam every 12 months*
health Ou	Inpatient visit <sup>1</sup>	\$230 copay per day: days 1-5 \$0 copay per day: days 6 and beyond
		Our plan covers an unlimited number of days for an inpatient hospital stay.
	Outpatient group therapy visit <sup>1</sup>	\$10 copay
	Outpatient individual therapy visit <sup>1</sup>	\$15 copay
	Outpatient therapy or office visit with a psychiatrist <sup>1</sup>	\$15 copay
	Virtual behavioral visits	\$15 copay
Skilled nursing fac	ility (SNF) <sup>1</sup>	\$0 copay per day: days 1-100
		Our plan covers up to 100 days in a SNF per benefit period.

Medical benefits		
		In-network and out-of-network
Outpatient Rehabilitation (physical, occupational, or speech/language therapy) <sup>1</sup>		\$20 copay
Ambulance <sup>2</sup>		\$100 copay
Medicare Part B	Chemotherapy	20% coinsurance

Drugs	drugs'	
Part B drugs may be subject to Step Therapy. See your Evidence of Coverage for details.	Other Part B drugs <sup>1</sup>	20% coinsurance

**Additional benefits** 

		In-network and out-of-network
Acupuncture services	Medicare-covered acupuncture (for chronic low back pain)	\$20 copay
	Routine acupuncture services	\$20 copay, up to 20 visits per plan year*
Chiropractic services	Medicare-covered chiropractic care (manual manipulation of the spine to correct subluxation) <sup>1</sup>	\$20 copay
	Routine chiropractic services	\$20 copay, up to 20 visits per plan year*
Diabetes manage- ment	Diabetes monitoring supplies <sup>1</sup>	\$0 copay

### Additional benefits

		In-network and out-of-network
	Medicare covered Continuous Glucose Monitors (CGMs) and supplies <sup>1</sup>	\$0 сорау
	Diabetes self- management training	\$0 сорау
	Therapeutic shoes or inserts <sup>1</sup>	20% coinsurance
Durable medical equipment (DME) and related supplies	Durable Medical Equipment (e.g., wheelchairs, oxygen) <sup>1</sup>	20% coinsurance
	Prosthetics (e.g., braces, artificial limbs) <sup>1</sup>	20% coinsurance
	Wigs	\$0 copay
		The plan pays up to \$500 per plan year for wigs for hair loss due to chemotherapy*
Fitness program Renew Active® by UnitedHealthcare		\$0 copay for Renew Active <sup>®</sup> by UnitedHealthcare <sup>®</sup> , the gold standard in Medicare fitness programs. It includes a free gym membership at a fitness location you select from a large nationwide network, plus online classes and fun social activities.
		Call or go online to learn more and to get your confirmation code. Sign in to your member site, look for My Coverage and select Access gym code or call the number on your UnitedHealthcare member ID card to obtain your code.
Foot care (podiatry services)	Foot exams and treatment <sup>1</sup>	\$15 copay
	Routine foot care	\$15 copay, 15 visits per plan year*
Home	thcare Healthy at	\$0 copay for the following benefits for up to 30 days following each inpatient hospital and SNF stay:

Additional benefits

		In-network and out-of-network
		<ul> <li>28 home-delivered meals, referral required</li> <li>12 one-way trips to medically related appointments and the pharmacy, up to 50 miles per trip, referral required</li> <li>6 hours of non-medical personal care services like companionship, meal prep, medication reminders and more with a professional caregiver, no referral required</li> <li>Services must be provided by approved vendors. Call Customer Service for more information, to request a referral after each discharge and to use your benefits.</li> </ul>
UnitedHealthcare Healthy at Home Premium		<ul> <li>\$0 copay for the following benefits:</li> <li>28 home-delivered meals</li> <li>24 one-way trips to medically related appointments and the pharmacy, up to 50 miles per trip</li> <li>8 hours of non-medical personal care services like companionship, meal prep, medication reminders, and more with a professional caregiver</li> <li>Call Customer Service for more information and to use your benefits.</li> </ul>
Home health care <sup>1</sup>		\$0 сорау
Hospice		You pay nothing for hospice care from any Medicare- approved hospice. You may have to pay part of the costs for drugs and respite care. Hospice is covered by Original Medicare, outside of our plan.
Opioid treatment program services <sup>1</sup>		\$0 copay
Outpatient substance use disorder services	Outpatient group therapy visit <sup>1</sup>	\$10 copay
	Outpatient individual therapy visit <sup>1</sup>	\$15 copay

	In-network and out-of-network
Private duty nursing <sup>1</sup>	We cover medically necessary skilled nursing services provided in the home by a private duty nurse who holds a valid, recognized nursing certificate and is licensed according to state law in the state where services are received. Services are covered when provided through a Medicare-certified or Accreditation Commission for Health Care (ACHC) accredited provider that can provide services safely in the home. The services requested must be ordered by a treating practitioner or specialist after a face-to-face evaluation takes place with a written treatment plan and letter of medical necessity. The face-to-face evaluation must occur no more than 90 days prior to the service request. The services requested must require the professional proficiency and skills of a registered nurse (RN), licensed practical nurse (LPN) or licensed vocational nurse (LVN) due to a complex medical need and/or unstable condition. Caregiver or other appropriate support must be available to assume a portion of care. Note: Custodial and domestic services are not covered.
	20% coinsurance for each visit
Diabetes Prevention and Weight Management Program	\$0 copay for Real Appeal <sup>®</sup> , an online weight management and healthy lifestyle program proven to help you achieve lifelong results.
	Call or go online to get started today. 1-844-924-7325, TTY 711 or uhc.realappeal.com
	*Real Appeal is available at no additional cost to members with a BMI of 19 and higher. If you are pregnant, please speak with your primary care provider (PCP) before joining the program.
Renal dialysis <sup>1</sup>	20% coinsurance

<sup>1</sup> Some of the network benefits listed may require your provider to obtain prior authorization. You never need approval in advance for plan covered services from out-of-network providers. Please refer to the Evidence of Coverage for a complete list of services that may require prior authorization.

<sup>2</sup> Authorization is required for non-emergency Medicare-covered ambulance air transportation. Authorization is not required for non-emergency Medicare-covered ambulance ground transportation. Emergency ambulance (ground or air) does not require authorization.

\*Benefits are combined in and out-of-network

### About this plan

UnitedHealthcare<sup>®</sup> Group Medicare Advantage (PPO) is a Medicare Advantage PPO plan with a Medicare contract.

To join this plan, you must be entitled to Medicare Part A, be enrolled in Medicare Part B, live in our service area as listed below, be a United States citizen or lawfully present in the United States, and meet the eligibility requirements of your former employer, union group or trust administrator (plan sponsor).

Our service area includes the 50 United States, the District of Columbia and all US territories.

### **About providers**

UnitedHealthcare<sup>®</sup> Group Medicare Advantage (PPO) has a network of doctors, hospitals, and other providers. You can see any provider (network or out-of-network) at the same cost share, as long as they accept the plan and have not opted out of or been excluded or precluded from the Medicare program.

You can go to **retiree.uhc.com/abbott** to search for a network provider using the online directory.

### **Required Information**

UnitedHealthcare<sup>®</sup> Group Medicare Advantage (PPO) is insured through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract. Enrollment in the plan depends on the plan's contract renewal with Medicare.

Plans may offer supplemental benefits in addition to Part C benefits.

If you want to know more about the coverage and costs of Original Medicare, look in your current "Medicare & You" handbook. View it online at www.medicare.gov or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

UnitedHealthcare does not discriminate on the basis of race, color, national origin, sex, age, or disability in health programs and activities.

UnitedHealthcare provides free services to help you communicate with us such as documents in other languages, Braille, large print, audio, or you can ask for an interpreter. For more information, please call Customer Service at the number on your member ID card or the front of your plan booklet.

UnitedHealthcare ofrece servicios gratuitos para ayudarle a que se comunique con nosotros. Por ejemplo, documentos en otros idiomas, braille, en letra grande o en audio. O bien, usted puede pedir un intérprete. Para obtener más información, llame a Servicio al Cliente al número que se encuentra en su tarjeta de ID de miembro o en la portada de la guía de su plan.

This information is available for free in other languages. Please call our Customer Service number located on the first page of this book.

Benefits, features and/or devices vary by plan/area. Limitations and exclusions may apply.

The provider network may change at any time. You will receive notice when necessary.

You must continue to pay your Medicare Part B premium.

Out-of-network/non-contracted providers are under no obligation to treat UnitedHealthcare members, except in emergency situations. Please call our customer service number or see your Evidence of Coverage for more information, including the cost-sharing that applies to out-of-network services.

Participation in the fitness program is voluntary. Consult your doctor prior to beginning an exercise program or making changes to your lifestyle or health care routine. The fitness program includes standard fitness membership and other offerings. Fitness membership equipment, classes, activities and events may vary by location. Certain services, discounts, classes, activities, events and online fitness offerings are provided by affiliates of UnitedHealthcare Insurance Company or other third parties not affiliated with UnitedHealthcare. Participation in these third-party services is subject to your acceptance of their respective terms and policies. UnitedHealthcare is not responsible for the services or information provided by third parties. The information provided through these services is for informational purposes only and is not a substitute for the advice of a doctor. Gym network may vary in local market and plan.

# Here's what you can expect next

Once you're a member, the UnitedHealthcare Customer Service team and your online account make it easier to get the care you need, when and how you need it.



UnitedHealthcare will process your enrollment

Create your account to review your plan online

Receive your member ID card in the mail

Coverage begins! Start using your plan

### Manage your plan online

Use your Medicare number or member ID number to create an account at

retiree.uhc.com/abbott. Online you can:

- Look up your latest claim information and complete your health assessment
- · Find network providers and other benefit information and plan materials
- Learn more about health and wellness topics
- Sign up to get plan information and your Explanation of Benefits online

#### Once your coverage begins

- Schedule your annual wellness visit
- Get a yearly in-home visit with UnitedHealthcare<sup>®</sup> HouseCalls. Visit **uhchousecalls.com** to learn more

### Benefits and costs may change at the end of your plan year

We'll send you an Annual Notice of Changes before your plan year ends that will tell you about any changes to your plan for the next plan year.

# Thank you for trusting UnitedHealthcare with your health care coverage

If you have any questions, please call the toll-free number on the back of this Plan Guide. This number will also be on your member ID card when you get it.

Scan this code to access the member site



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# **Statements of understanding**

### By enrolling in this plan, I agree to the following:



#### This is a Medicare Advantage Plan contracted with the federal government. This is not a Medicare Supplement Plan.

I need to keep my Medicare Part A and Part B, and continue to pay my Medicare Part B and, if applicable, Part A premiums, if they are not paid for by Medicaid or a third party. To be eligible for this plan, I must live in the plan's service area and be a United States citizen or be lawfully present in the U.S.

#### The service area includes the 50 United States, the District of Columbia and all U.S. territories.

I may not be covered while out of the country, except for limited coverage near the U.S. border. However, under this plan, when I am outside of the U.S. I am covered for emergency or urgently needed care.

#### I can only have one Medicare Advantage Plan at a time.

- Enrolling in this plan will automatically disenroll me from any other Medicare health plan.
- If I enroll in a different Medicare Advantage Plan, I will be automatically disenrolled from this plan.
- If I disenroll from this plan, I will be automatically transferred to Original Medicare.
- Enrollment in this plan is for the entire plan year. I may leave this plan only at certain times of the year or under special conditions.

#### My information will be released to Medicare and other plans, only as necessary, for treatment, payment and health care operations.

Medicare may also release my information for research and other purposes that follow all applicable federal statutes and regulations.

#### **V** For members of the Group Medicare Advantage Plan.

I understand that when my coverage begins, I must get all of my medical benefits from the plan. Benefits and services provided by the plan and contained in the Evidence of Coverage (EOC) document will be covered. Neither Medicare nor the plan will pay for benefits or services that are not covered.

### Notice of nondiscrimination, and Notice of availability of language assistance services and alternate formats

Our Company complies with applicable civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex (including pregnancy, sexual orientation, and gender identity). We do not exclude people or treat them less favorably because of race, color, national origin, age, disability, or sex.

We provide free aids and services to help you communicate with us. You can ask for interpreters and/or for communications in other languages or formats such as large print. We also provide reasonable modifications for persons with disabilities.

# If you need these services, call the toll-free number on your member identification card (TTY **711**).

If you believe that we failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can send a complaint to the Civil Rights Coordinator:

Civil Rights Coordinator UnitedHealthcare Civil Rights Grievance P.O. Box 30608 Salt Lake City, UT 84130

### UHC\_Civil\_Rights@uhc.com

If you need help filing a complaint, call the toll-free number on your member identification card (TTY **711**).

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights:

### Online: https://ocrportal.hhs.gov/ocr/portal/lobby.jsf

Phone: **1-800-368-1019, 800-537-7697** (TDD)

Mail: U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201

Complaint forms are available at **http://www.hhs.gov/ocr/office/file/index.html**. This notice is available at **https://www.uhc.com/legal**.

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### Multi-language Interpreter Services

**English:** We have free interpreter services to answer any questions you may have about our health or drug plan. To get an interpreter, please call us using the toll-free number on your member identification card or listed on the cover of the booklet. Someone who speaks your language can help you. This is a free service.

**Spanish:** Contamos con servicios gratuitos de intérprete para responder cualquier pregunta que pudiera tener sobre nuestro plan de salud o de medicamentos. Para obtener los servicios de un intérprete, llámenos al número de teléfono gratuito que figura en su tarjeta de identificación de miembro o en la portada del folleto. Una persona que habla su idioma podrá ayudarle. Es un servicio gratuito.

Chinese Mandarin: 我們提供免費的口譯服務,可回答您可能對我們的健康或藥物計劃的任何問題。如需口譯員,請撥打您的會員識別卡或手冊封面列出的免付費電話號碼聯絡我們。會說您的語言的人可協助您。這是免費服務。

Chinese Cantonese: 我們提供免費的口譯服務,可回答您可能對我們的健康或藥物計劃的任何 問題。如需口譯員,請撥打您的會員識別卡或手冊封面列出的免付費電話號碼聯絡我們。會說 您的語言的人可協助您。這是免費服務。

**Tagalog:** Mayroon kaming libreng serbisyo ng interpreter para sagutin anumang tanong na maaaring mayroon ka tungkol sa kalusugan o plano ng gamot. Para makakuha ng interpreter, pakitawagan kami gamit ang libreng numero na nasa iyong kard ng pagkakakilanlan ng kasapi o nakalista sa pabalat ng booklet. Sinumang nagsasalita ng wika mo ay puwedeng makatulong sa iyo. Ang serbisyong ito ay libre.

**French:** Nous disposons de services d'interprétation gratuits pour répondre à toutes les questions que vous pourriez vous poser sur notre régime d'assurance maladie ou d'assurance-médicaments. Pour recevoir l'aide d'un interprète, veuillez nous appeler en composant le numéro gratuit figurant sur votre carte d'identification de membre ou sur la première de couverture de la brochure. Quelqu'un parlant votre langue peut vous aider. Ce service est gratuit.

Vietnamese: Chúng tôi có dịch vụ thông dịch viên miễn phí để trả lời các câu hỏi mà bạn có về chương trình bảo hiểm sức khoẻ hay thuốc của chúng tôi. Để gặp thông dịch viên, vui lòng gọi cho chúng tôi theo số điện thoại miễn phí trên thẻ nhận dạng hội viên của bạn hoặc ghi trên bìa của quyển sách nhỏ. Người nói cùng ngôn ngữ với bạn có thể giúp bạn. Đây là dịch vụ miễn phí.

**German:** Wir verfügen über kostenlose Dolmetscherdienste, um alle Fragen zu beantworten, die Sie über unseren Gesundheits- oder Medikamentenplan haben mögen. Um einen Dolmetscher zu erhalten, rufen Sie uns bitte unter der kostenfreien Nummer an, die auf Ihrem Mitgliedsausweis oder auf dem Umschlag der Broschüre aufgeführt ist. Jemand, der Ihre Sprache spricht, kann Ihnen helfen. Dies ist eine kostenlose Dienstleistung. Korean: 건강 또는 의약품 플랜에 관한 질문에 답변해드리기 위해 무료 통역 서비스를 제공합니다. 통역 서비스를 이용하려면, 가입자 ID 카드 또는 이 소책자 표지에 나와 있는 수신자 부담 전화번호로 전화해 주십시오. 한국어를 사용하는 통역사가 도움을 드릴 수 있습니다. 이 서비스는 무료입니다.

**Russian:** Если у Вас возникнут какие-либо вопросы о нашем плане медицинского страхования или плане по приобретению препаратов, мы предоставим Вам бесплатные услуги устного перевода. Для того чтобы воспользоваться услугами устного перевода, пожалуйста, свяжитесь с нами по бесплатному номеру телефона, указанному на Вашей идентификационной карте участника плана или спереди на буклете. Сотрудник, который говорит на Вашем языке, сможет Вам помочь. Данная услуга предоставляется бесплатно.

Arabic: لدينا خدمات ترجمة فورية للرد على أي أسئلة قد تكون لديك حول الخطة الصحية أو خطة الأدوية الخاصة بنا. للحصول على مترجم، اتصل بنا باستخدام رقم الهاتف المجاني على بطاقة تعريف عضويتك أو على غلاف الكتيب. سيساعدك شخص ما يتحدث لغتك. هذه خدمة مجانية.

Hindi: हमारे स्वास्थ्य या दवा प्लान के बारे में आपके किसी भी प्रश्न का उत्तर देने के लिए हमारे पास मुफ्त दुभाषिया सेवाएं मौजूद हैं। दुभाषिया पाने के लिए, कृपया अपने सदस्य पहचान पत्र पर या पुस्तिका के अग्रभाग पर सूचीबद्ध टोल-फ्री नंबर का उपयोग करके हमें कॉल करें। आपकी भाषा बोलने वाला कोई व्यक्ति आपकी मदद कर सकता है। यह एक निःशुल्क सेवा है।

**Italian:** Mettiamo a disposizione un servizio di interpretariato gratuito per rispondere a eventuali domande sul nostro piano sanitario o farmaceutico. Per avvalersi di un interprete, si prega di chiamare il numero verde riportato sulla tessera identificativa o indicato sulla copertina dell'opuscolo. Una persona che parla italiano potrà fornire l'assistenza richiesta. Il servizio è gratuito.

**Portuguese:** Dispomos de serviços de intérprete gratuitos para esclarecer quaisquer dúvidas que tenha sobre o nosso plano de saúde ou medicação. Para obter um intérprete, contacte-nos através do número gratuito no seu cartão de identificação de membro ou indicado na parte da frente do folheto. Alguém que fala a sua língua pode ajudá-lo(a). Este é um serviço gratuito.

**French Creole:** Nou gen sèvis entèprèt gratis pou reponn tout kesyon ou gendwa genyen konsènan plan sante oswa medikaman nou an. Pou jwenn yon entèprèt, tanpri rele nou apati nimewo apèl gratis ki sou kat idantifikasyon manm ou an oswa ki endike sou kouvèti ti liv la. Yon moun ki pale lang ou ka ede ou. Sa se yon sèvis gratis.

**Polish:** Oferujemy bezpłatne usługi tłumaczeniowe, aby odpowiedzieć na wszelkie pytania dotyczące naszego planu ubezpieczenia zdrowotnego lub planu refundacji leków. Aby skorzystać z pomocy tłumacza, proszę zadzwonić pod bezpłatny numer telefonu podany na Pana/Pani karcie identyfikacyjnej lub na okładce broszury. Osoba posługująca się Pana/Pani językiem Panu/Pani pomoże. Usługa ta jest bezpłatna.

Japanese: 当社の医療または処方薬プランに関する質問にお答えするために、無料の通訳サービスをご利用いただけます。通訳が必要な場合には、会員 ID カードまたは本冊子の表紙に記載されているフリーダイヤル番号を使用して、当社までお問い合わせください。お客様の言語を話す通訳者がお手伝いいたします。これは無料のサービスです。

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